



East Suffolk
Community
Partnerships
Bringing ideas to life

Kesgrave,
Rushmere St Andrew,
Martlesham, Carlford
& Fynn Valley

Kesgrave, Martlesham, Rushmere St Andrew, Purdis Farm, Carlford and Fynn Valley Community Partnership

Impact Report 2020/21

The first full year of the Community Partnership has faced significant challenges considering the Covid-19 pandemic. Individuals, organisations, and community groups had their focus drawn elsewhere whilst support was provided to the most vulnerable in our community.

Regardless of the difficulties faced, the Community Partnership has had a successful year in terms of engagement, funding allocation and addressing the priorities outline in October 2019.

The priorities of the Community Partnership are as follows.

- Social isolation and loneliness
- Environmental care and sustainable transport
- Helping people to age well
- Traffic and road safety

The Partnership also saw strong engagement with a range of stakeholders. These included Town/Parish Councils, Community Organisations, Specialist advisors and members of East Suffolk Council and its Councillors. Ongoing efforts will be made, with support from Community Action Suffolk, to engage with more stakeholders over the coming financial year and beyond.

Priority One – Social isolation and loneliness

Year One was predominantly focused on tackling social isolation and loneliness. using data from various sources and local knowledge and opinion, five projects have been awarded funding to begin.

1. Kesgrave Chinwag – replacing the previous version delivered by Age UK Suffolk, Kesgrave War Memorial Community Centre will deliver monthly events for the older population in and around Kesgrave. Events will include other support services and groups that may be of interest, creating an informal information hub for their benefit. The Chinwags have gained significant interest since being announced and are due to begin once lockdown restrictions permit.
2. Talking Benches – a scheme that breaks down the barrier of starting a new conversation by allocating a bench to be a 'Talking Bench'. Popular elsewhere, we are currently awaiting delivery of seven benches to different sites across the area. In the spirit of partnership working, the receiving organisations will arrange installation and promote its use within their communities.
3. Mental Health First Aid – Community Partnerships aim to enable communities to tackle the issues they face. By training individuals within our area we are embedding important mental health training in to towns and villages across the area. The first session saw 23 people trained to be Mental Health First Aid aware, with attendees from social care, welfare officers, youth workers, local Churches and

Parish Councils along with small business owners. The second and final cohort will be focused on upskilling small businesses and pastoral teams at local schools.

4. Meet Up Mondays – Our Partnership area already has 3 of these events running during less restricted times. However, our rural transport issues make it difficult for many to attend. We aim to have five new Meet up Monday events across our area in cafes and pubs. Café 66 was the first of the new group to participate, and Kesgrave Kitchen will be starting post lockdown. We have identified the three other potential sites we feel would be of benefit and will work with CAS to engage with their management.
5. Spot Wellbeing – Providing preventative advice, exercise and social interaction opportunities for older people will improve people’s wellbeing and reduce the strain on health services. These sessions have not yet commenced due to lockdown, but referral streams are already available and promotion will be a joint effort.

Priority Two – Environmental care and sustainable transport

Our second priority is Environmental Care and Sustainable Transport. At a district wide Board level, Transport is being explored in more detail and pilot schemes taking place in neighbouring areas. However, in September 2020 the Partnership agreed to match fund a speed reduction initiative in Great Bealings that will improve road safety, protect other road users and encourage more considerate behaviour.

In terms of environmental care, a small grant scheme was launched in November 2020. It enabled groups to further develop their schemes or launch something new based on local need. The grant scheme was extremely well received, with a total of 13 applications being considered.

10 projects were funded with awards ranging from £100 to £1,500. A total of £10,818 was awarded. Each of these projects will actively promote the work they are doing and will continue to push the benefits of environmental care.

As of February 2021, a total of £34,292 from a budget of £35,000 has been allocated.

Ongoing work

Moving forwards further work will be completed on the Environmental Care priority. A workshop involving Partnership members and external environmental groups was delivered on February 26th to explore the topic further. 14 attendees identified the strengths, issues and potential practical actions the Partnership may be able to take. From this point, the Partnership will identify further projects to deliver over the duration of the Partnership period.

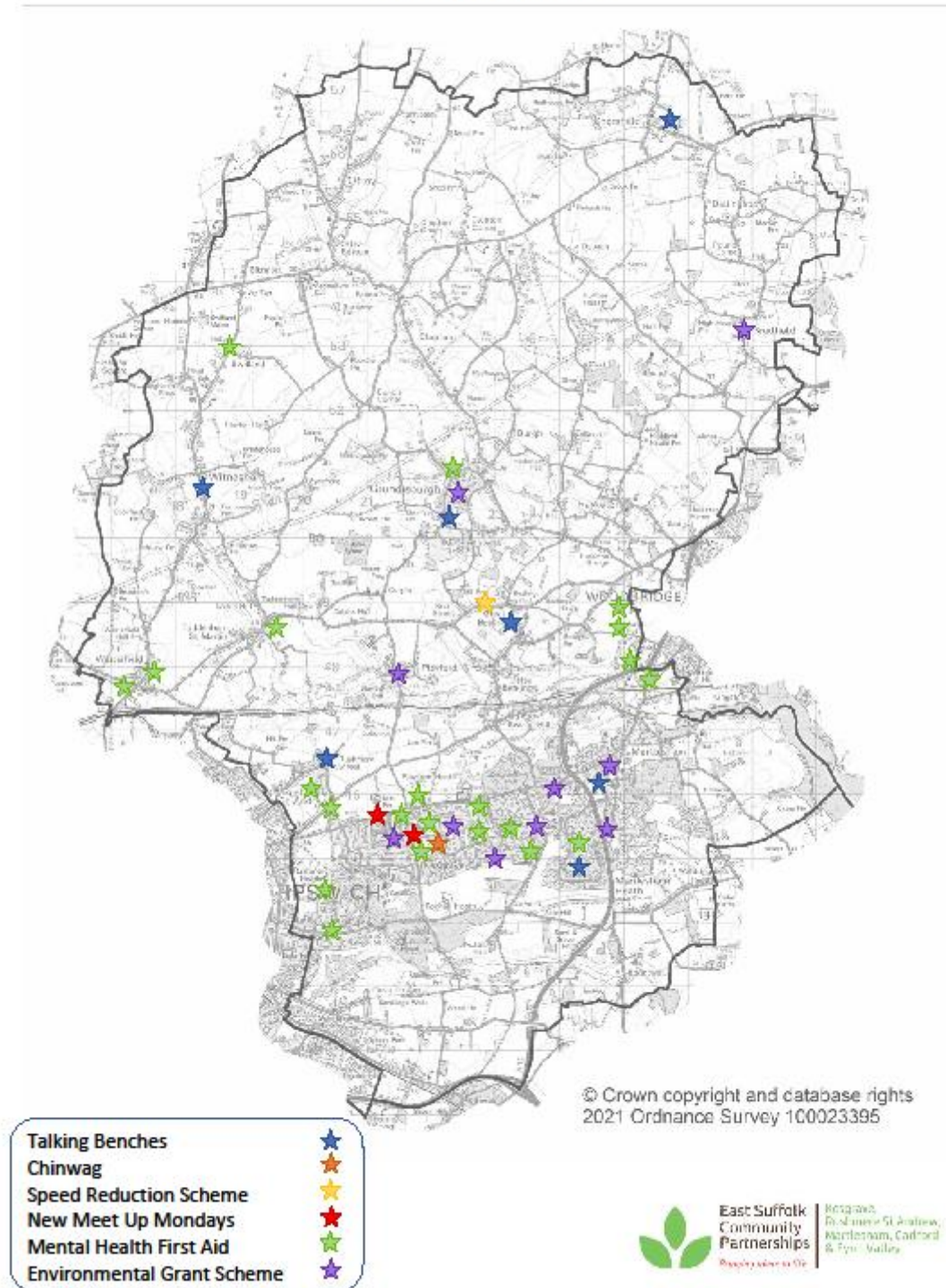
Impact Map

The Partnership area consists of urban and rural areas alongside each other. There has been an effort made to spread the benefit of the Partnership across the entire area.

The impact map below demonstrates the sites of our projects and can suggest where the impact will be felt the most. In comparison to the hidden needs data available to the Partnership, much of the impact correlates with the areas of greatest need. For example, Kesgrave West has a high concentration of people at risk of isolation and loneliness. The relaunch of the Chinwags, ongoing activities provided outside the Partnership by Kesgrave Town Council and others, and two Meet up Monday events surrounding it will reduce the risk to those living nearby. The development of further Meet Up Mondays will also mirror the areas at greatest need.

The impact map will continue to be updated as the Partnership makes further progress.

Impact Map – 2020/2021



Note – the Impact Map only shows new provision delivered by the Community Partnership. It does not take in to account current services or similar activities and provisions to those provided by the Partnership.

Note – The four green stars (Mental Health First Aid) along the border with Woodbridge indicate people that attended the training and work across the entire Partnership area.