

## Beccles, Bungay, Halesworth and villages Community Partnership

### Action Notes of the Meeting held in via Zoom on Monday, 10 January 2022 at 6.00pm

#### Core Membership:

<u>ESC Councillors</u> – Cllr Caroline Topping (Vice-Chairman), Cllr Alison Cackett, Cllr Tony Goldson, Cllr Sarah Plummer, Cllr David Ritchie

<u>Town and Parish Councils</u> – Cllr Graham Catchpole (Beccles Town Council), Cllr Sue Collins (Bungay Town Council), Paul Cunningham (Beccles Town Council), Cllr Annette Dunning (Halesworth Town Council), Cllr Linda Kersey (Worlingham Parish Council), Cllr Beryl Matthews (Wissett Parish Council), Cllr Joyce Moseley (Halesworth Town Council), Cllr Bob Prior (Bungay Town Council)

Partnership Organisations – Phil Love (Suffolk Family Carers)

<u>Others present</u> – Sarah Carter (Democratic Services Officer), Edward Elphick (Member of a Local Changemakers Group run by Inspire Suffolk), Sam Kenward (Communities Officer), Nicole Rickard (Head of Communities).

Item	Discussion
1.	Welcome and Apologies
	In the absence of the Chairman, the Vice-Chairman of the CP, Councillor Caroline Topping, advised she would be chairing the meeting. She welcomed everyone to and set out a few housekeeping points to assist with the smooth running of the meeting.
	Cllr Topping warmly welcomed Edward Elphick to the meeting, a local young person and a member of a local Changemakers group run buy Inspire Suffolk as part of the National Citizenship Service.
	Cllr Topping offered congratulations to Sue Collins having received a British Empire Medal in the Queen's New Year's Honours for services to the community during the Covid lockdown. Sue said it had been an incredible shock and expressed thanks to those who had nominated her. Further mention was made of Graham's nephew, Jordan Catchpole, a Paralympic gold medallist who had been made an MBE for services to swimming.



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	Apologies for absence were received from ESC Councillor Judy Cloke and Fran Bedding (Community Action Suffolk)
2.	Notes of the Previous Meeting
	Subject to amending Bungay Town Council to Beccles Town Council for Cllr Graham Catchpole in item 1 Apologies, the Notes of the meeting held on 20 September 2021 were agreed as a correct record.
3.	Feedback from the Community Partnership Board on 6 December 2021
	The CP received a report which provided details of the progress and outcomes of the CP Board meeting held on 6 December 2021.
	The Head of Communities explained that many points had been covered as detailed in the written report and made particular reference to the Peer Review. She congratulated Sam on producing his draft Action Plan as a result of that review. This CP was particularly strong in its pro-active approach.
	The Head of Communities advised that the CP Annual Forum was to take place on 25 March 2022 face-to-face at Trinity Park, Ipswich; however, depending on the situation with Covid at the time, it might have to be a remote meeting.
4.	Project Proposal Ideas from the CP Members
	The Chairman advised that she would be taking Agenda item 7 next due to Cllr Goldson having to leave early in order to attend another meeting.
	The Communities Officer reported on the project ideas that had been suggested through a number of channels, details of which had been circulated prior to the meeting via email. Each project was discussed in detail as follows:
	a) Research Project on Young People's views on the Future of Youth Facilities in Halesworth
	Cllr Moseley explained the intention to look into the future of youth provision in Halesworth and seek the views of young people to see what they would like and what facilities should be provided in the town. They had been calling on expertise from other people and organisations. There had been restrictions during Covid lockdown for nearly two years which made it even more imperative to provide support now.
	Cllr Moseley advised that due to the proposed new sports facilities, the Apollo building would be demolished so consideration would need to be given to the



possibility of re-siting the youth club. The proposal for CP funding was to commission consultants to undertake an appropriate survey of young people, details of which had been provided to the CP members. Other funding had been applied for and Cllr Goldson was also providing funding from his Enabling Budget. Cllr Dunning advised that the Town Council might also provide funding towards the proposal.

Cllr Moseley welcomed views from Edward and advised that they would be working with a number of organisations including Access Community Trust and the local primary schools. It was suggested they should follow up with the Waveney Youth Council. Edward suggested that, rather than asking young people what they wanted, they should be asked what they liked to do and what they enjoyed doing, such as sport or art. That would result in more positive answers. He said it would be appropriate to use social media for consultation as young people were comfortable with that platform. Cllr Moseley advised that the research project would focus on both the youth club and arts at The Cut.

Following full discussions, it was felt that the project should be supported

Agreed: To fund £3,000.

#### b) Dental Pack for Schools

The Communities Officer advised that the project was to provide packs to primary schools in the patch to promote dental hygiene. Each pack would include toothbrushes/toothpaste and learning materials, details of which had been circulated to the CP members. The Communities Officer advised on the options available as to the cost of the different packs and how and which schools would be approached.

The CP was very supportive of the proposal but raised issues concerning schools not in the mainstream, splitting the budget over 2 years, targeting one age group, seeking match funding and the possibility of Councillors using their Enabling Budgets. Comment was also made relating to the Department of Health funding dentists to visit schools and contacting the toothpaste companies or local supermarkets for packs. Cllr Ritchie sought clarification as to whether the CP or the local CCG should be funding the project.

The Head of Communities advised that another CP had progressed the idea and she and Sam would seek feedback on their success. Edward suggested that rather than addressing 3-4 year olds, the project could be rolled out to the children in their last year in primary school and that would catch everyone before they moved on to secondary education.



	Agreed: To defer a decision, awaiting further information to be presented at the
	next meeting of the CP in February.
	Action: Nicole Rickard and Sam Kenward
	c) Slipper Swap
	The Communities Officer outlined the project for a slipper swap, a scheme where older people were given a pair of new slippers to wear at home. This had been successfully rolled out by the Carlton Colville, Kessingland, Southwold and villages CP. By offering this, it would provide safe footwear and help to pick up on people facing social isolation and those who might benefit from Grandpads and other community services if eligible.
	Cllr Dunning advised that the Rural Coffee Caravan had provided something similar and outlined details of the preferred styles that were cheaper to purchase whilst still providing the same safe footwear. A slip-on style had been found to be better than those with velcrose. This information was to be shared with Phil and Sam.
	The CP supported the proposal which would help those older people who were highly vulnerable, reduce trip hazards and provide people with a simple conversation that would help those feeling isolated.
	<b>Agreed:</b> To fund up to a maximum of £1,017 subject to reviewing the type of slippers being provided.
5.	Extra Time Sports Sessions for the over 65s
	The Communities Officer reminded the CP that the original over 55s sports activities for Beccles in the summer of 2021 had been funded through the Councillors' Enabling Budgets. The evidence had shown that this should be run for the over 65s and in all three towns. However, that was not going to be possible by the current provider and he had been in touch with BACT and HACT over transport between towns. There had also been delays due to the Christmas and New Year holiday period and the activity was to be pushed back to around February.
	However, since his emails and the CP's vote by email, the Communities Officer had been in communication with the organiser of the youth activities that had been provided in the summer to see whether they could support the activity in the three market towns. That would spread the provision as much as possible over the whole of the CP's area. An update would be provided at the next meeting.
	Action: Sam Kenward



6.	Physical and Mental Health and Wellbeing Workshops
	The Communities Officer reminded the CP that they had revised their priorities at the last meeting and it was hoped to encourage both walking and cycling which would support both priorities. Following that, he had arranged a physical and mental health and wellbeing workshop attended by 19 attendees from 17 organisations. Feedback and full details of the conversations had been circulated with the agenda and contained a list of possible recommendations / things for the CP to consider.
	To take this forward, the Communities Officer was seeking nominees for a Task and Finish Group to work on the ideas and report back to the CP's February meeting.
	Following discussions, it was agreed the Task and Finish Group, in addition to the Chairman and the Communities Officer, would comprise:
	CCG representative Connected Communities - Phil Love East Coast Community Healthcare Pear Tree Centre Beccles representative OneLife Suffolk Village(s) representative Youth representative Reserves: Cllr Annette Dunning, Wellbeing The Communities Officer would set up a meeting end January/early February to develop ideas for the CP to consider and the membership could be broadened out if necessary. Action: Sam Kenward
7.	Community Partnership Action Plan 2022
	The Communities Officer advised that, following the Peer Challenge Review and event in November to which all CP Chairmen and Vice-Chairmen had been invited, he had produced a broad Action Plan, a copy of which had been circulated with the Agenda. He drew particular attention to the diagram showing 'spheres' of engagement and advised that the document outlined steps that could further strengthen the work of the CP and help chart a course for the CP in 2022. The Communities Officer advised that the CP was engaging well with other parties and the plan was an evolving document that could be added to with other ideas and actions.



	The Head of Communities commented that this was a really positive approach and very pro-active. It was the first of its kind amongst the 8 CPs and it would be shared with the CP Chairs at their next meeting as an example of good practice. Comment was made by ClIr Dunning that this CP was very engaging and everyone worked well as a group. Phil Love thanked the Communities Officer for his work which was commendable.
8.	Current Issues and Emerging Themes
	The Communities Officer advised that this was to be a standing item on all future agendas. That would allow all CP members to report on issues they had picked up in the community which could be addressed by the CP or referred back to the CP Board.
	The Chairman asked if anyone had matters they wished to raise.
	a) Bungay Warm Rooms Project
	Cllr Collins advised that the initial project had been funded through Connected Communities and had been put on hold because of Covid. The purpose of the project was to support those people who were struggling with the rising cost of fuel and therefore sitting in cold homes by opening up "warm rooms", for example in the library and Holy Trinity Church, where people of all ages could attend 3 hour sessions. Once Covid risks had reduced sufficiently, this would be taken forward. Sue wondered if other towns and parishes might wish to offer something similar and possibly access CP funding.
	b) Outside Ping Pong Tables
	Cllr Collins advised they had considered keeping the tables or removing them due to lack of use in Bungay. It was hoped to keep them to encourage physical activity and then explore usage by small groups or have fun games collectively with other towns and villages.
	It was confirmed that there was an outside table at Worlingham which was well used. Cllr Dunning advised the one at Halesworth was indoor near the location of the coffee caravan. It was agreed that they would make contact outside of the meeting.
	Action: Cllrs Sue Collins and Annette Dunning



9.	Any Other Business
	a) Rural Asset Mapping
	The Communities Officer advised that, following the Rural Proofing Workshop, they were pulling together a rural asset map of physical assets, for example halls, pubs, shops, and community groups. A survey was being undertaken with the Parish Councils and via SALC and 16 out of 23 in the CP's area had responded. Gaps would also be identified.
	The Communities Officer gave an example of the asset mapping providing tangible actions as one parish council raised social isolation of older people in the survey and that had led to the introduction being made between the parish council and Connected Communities. They could bring Vinny Van Go (their engagement vehicle) to the village and one parish lunch club had expressed an interest in that.
	The Communities Officer confirmed he would be presenting back via an interactive PowerPoint which would be shared with the CP.
	Action: Sam Kenward
	b) Communications
	The Communities Officer advised that they would be inserting articles in newsletters around the parishes introducing the CPs and also publishing an article in the local community newspaper. He had successfully negotiated a free column in the Beccles and Bungay Journal every month which would be shared with Connected Communities.
	c) Connected Communities
	The showcase event at Bungay Community Centre had been well attended and those projects that had received financial backing had given presentations. Further updates related to St Luke's Church Covid response to the lunch club, the continuing work with the Pear Tree Centre, recent referrals and the on-going work with other providers and leaders. Reference was made to the pop up events that the Communities Officer was facilitating in Bungay, Beccles and Halesworth.
	Phil advised that if an urgent response was needed for funding for a project, Connected Communities could be contacted.
	The Chairman thanked Connected Communities for their continued work.

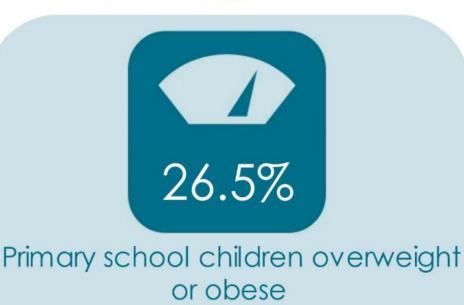


	Cllr Matthews thanked the CP for the valuable information, enthusiasm and great ideas that would be fed back to her next parish meeting.
10.	Date of Next Meeting
	It was noted that the next meeting would be held on Monday, 28 February 2022 at 6.00pm.
	Subject to any Covid restrictions that might be in place, it was proposed that the meeting be held in person in The Rifle Hall in Halesworth.
	Action: Sarah Carter
	Prior to the closure of the meeting, the Chairman thanked Edward for attending the CP meeting, this being the first CP to have a youth representative, and she hoped that he be able to attend in the future. Edward said he found the meeting very interesting and would be happy to attend again.

The meeting concluded at 8.17pm.



# Health and social care Childhood weight



Lowest CP: Southwold & Kessingland 20.1%

Highest CP: Felixstowe 27.9%

Suffolk: 27.5%

Source: National Child Measurement Programme 2017/1199/20. Map @ Crown copyright and database rights 2021 Ordnance Surve 921389/5

The map shows the percentage of children measured as overweight or very overweight according to the National Child Measurement Programme (NCMP) % overweight or very overweight 11.8% to <20% 20% to <25% 25% to <28% 28% to <32% 32% to <45%