



## Lowestoft

### Meeting Ground Rules

1. Bring your experience, ideas, knowledge, skills and enthusiasm and be prepared to share this with the rest of the group.
2. Respect other people's views and opinions and remember not to dominate the meeting with issues relating to just your area.
3. Everyone is encouraged to participate throughout the entire meeting and treat everything you hear as an opportunity to learn and grow.
4. Allow every voice to be heard, avoid side conversations and value other people's contributions.
5. Come prepared to each meeting having completed any agreed actions from previous meetings or Task and Finish Groups - Staying on schedule is everyone's responsibility.
6. Be honest and respect confidentiality
7. Expect to be surprised and remain open to new ways of doing things and ensure you understand the pros and cons of every option, not just those you prefer.
8. Ask questions to seek clarification when you don't understand the meaning of someone's comments
9. Bring your humour and have fun!