

East Suffolk House, Riduna Park, Station Road, Melton, Woodbridge, Suffolk, IP12 1RT

Scrutiny Committee

Members:

Councillor Stuart Bird (Chairman) Councillor Mike Deacon (Vice-Chairman) Councillor Edward Back Councillor David Beavan Councillor Judy Cloke Councillor Linda Coulam Councillor Tony Goldson Councillor Tony Goldson Councillor Tony Goldson Councillor Tracey Green Councillor Colin Hedgley Councillor Geoff Lynch Councillor Keith Robinson Councillor Caroline Topping

Members are invited to a **Meeting of the Scrutiny Committee** to be held in the Deben Conference Room, East Suffolk House, Melton on **Thursday, 16 February 2023** at **6.30pm**

This meeting will be broadcast to the public via the East Suffolk YouTube Channel at <u>https://youtu.be/ghCD3g93JT0</u>

An Agenda is set out below.

Part One – Open to the Public

Pages

| 2 | Declarations of Interest Members and Officers are invited to make any declarations of interests, and the nature of that interest, that they may have in relation to items on the Agenda and are also reminded to make any declarations at any stage during the Meeting if it becomes apparent that this may be required when a particular item or issue is considered. | |
|--------|--|---------|
| 3 | Minutes To confirm as a correct record the Minutes of the Meeting held on 19 January 2023. | 1 - 10 |
| 4 | Matters Arising Update Sheet To receive the Matters Arising Update Sheet in response to the queries raised at the meeting held on 19 January 2023. | 11 - 12 |
| 5 | Integrated Care Systems ES/1462 Report of the Cabinet Member with Responsibility for Community Health | 13 - 31 |
| 6 | Scrutiny Committee's Forward Work Programme To consider the Committee's Forward Work Programme | |
| Dart T | wa - Exempt/Confidential | |

Part Two – Exempt/Confidential

Pages

There are no Exempt or Confidential items for this Agenda.

Close

Chris Bally, Chief Executive

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Minutes of a Meeting of the Scrutiny Committee held in the Conference Room, Riverside, on Thursday, 19 January 2023 at 6.30pm

Members of the Committee present:

Councillor David Beavan, Councillor Stuart Bird, Councillor Linda Coulam, Councillor Tony Goldson, Councillor Louise Gooch, Councillor Tracey Green, Councillor Colin Hedgley, Councillor Geoff Lynch, Councillor Caroline Topping

Other Members present:

Councillor Maurice Cook, Councillor Mick Richardson

Officers present: Chris Bally (Chief Executive), Ben Bix (Democratic Services Officer), Andy Jarvis (Strategic Director), Brian Mew (Chief Finance Officer & Section 151 Officer), Lorraine Rogers (Deputy Chief Finance Officer), Isobel Rolfe (Political Group Support Officer (GLI)), Julian Sturman (Specialist Accountant – Capital and Treasury Management), Heather Tucker (Head of Housing), Amber Welham (Finance Business Partner – Housing), Nicola Wotton (Deputy Democratic Services Manager)

1 Apologies for Absence and Substitutions

Apologies were received from Councillors Back, Deacon, Cloke and Robinson. Councillor Richardson was in attendance as substitute for Councillor Robinson.

2 Declarations of Interest

There were no Declarations of Interest.

3 Minutes

Upon the proposition of Councillor Hedgley, seconded by Councillor Coulam, the Committee

RESOLVED

That the Minutes of the Meeting held on 15 December 2022 be approved as a correct record and signed by the Chairman.

4 Matters Arising Update Sheet

The Committee noted the Matters Arising Update Sheet in relation to queries raised at the last meeting.

5 Capital Programme 2022-23 to 2026-27

The Cabinet Member with responsibility for Resources, Councillor Cook introduced report **ES/1418** and in so doing explained that the Council was required to agree a programme of capital expenditure for the coming four years as part of the annual budget setting process. The capital programme had been compiled and took account of the following main principles, to:

- Maintain an affordable four-year rolling capital programme
- Ensure capital resources are aligned with the Council's Strategic Plan
- Maximise available resources by actively seeking external funding and disposal of surplus assets; and
- Not to anticipate receipts from disposals until they were realised.

The General Fund capital programme included £260m of external contributions and grants towards financing the Council's £383m of capital investment for the Medium-Term Financial Strategy period. This represented 68% of the whole General Fund capital programme. The Housing Revenue Account capital programme totalled £83m for the Medium-Term Financial Strategy period and would benefit from £3m of external grants and contributions, which was 4% of the programme.

Councillor Cook emphasised that all capital expenditure must be financed, either from external sources (Government grants and other contributions), the Council's own resources (revenue, reserves, and capital receipts) or debt (borrowing and leasing). Debt was only a temporary source of finance, since loans and leases must be repaid, and therefore be replaced over time by other financing, usually from Minimum Revenue Provision (MRP). Alternatively, proceeds from selling capital assets could be used to replace debt finance. The Council's cumulative outstanding amount of debt finance was measured by the Capital Financing Requirement (CFR). That would increase with new debt-financed capital expenditure and reduces with MRP. The CFR was expected to increase by £72m between 2022/23 and 2026/27 due to capital projects potentially being financed through borrowing. Statutory guidance set out that debt should remain below the CFR. The programme as presented did not pre-empt the realisation of any future capital receipts. External funding was expected to be secured in respect of other major projects in the Programme, assisting the overall position and the ability of the Council to deliver on its Strategic Plan.

The Chairman thanked Councillor Cook for his introduction and invited questions from Members. Councillor Coulam noted the decline in public conveniences around Lowestoft Town Centre and queried whether there was provision in the budget to address that decline.

The Cabinet Member and the Chief Finance Officer reminded Members that many of the public conveniences in Lowestoft were actually owned by the Town Council; however, there was provision within the Asset Management Plan for repair and maintenance of those assets owned by the East Suffolk Council. Councillor Beavan queried the value for money of the Southwold Enterprise Hub. There had been an objective for the income to the Council to match short term interest rate income, but the income to the Council was now estimated to be lower than this. The Strategic Director reminded the Committee that the Southwold Enterprise Hub was originally proposed by the Town Council for business support provision and diversification, and not as a profit-making development for East Suffolk Council. The security for East Suffolk Council was a 20% ownership stake in the Enterprise Hub and the right to receive 20% of the rent. The Town Council retained a right to buy-out the District Council's stake in the development.

Councillor Beavan sought clarification of the number of housing completions that had been achieved in 2022/23 and the reasons why the budget for new builds shown in Appendix G had been revised from £14.1m to £1.3m for 2022/23. The Strategic Director acknowledged that there had been delays in the new build programme and consequentially the properties had not yet been built. The Committee heard that projects would span over more than one financial year. For example, £8m of the £15.9m allocated in 2023/24 related to developments that would be completed in 2024/25 and 2025/26, providing 61 new homes. Members had also previously requested an exemplar Passivhaus development which would be more expensive than a traditional build. It was emphasised that the annual number of completions would vary, and illustratively the forthcoming South of Lake Lothing development could deliver between 300 and 400 new dwellings. Consequently, the Chairman requested that a table setting out the projected annual number of Council-led completions be provided to the Committee as a Matter Arising.

In response to further questions from the Chairman, Councillors Topping, Lynch and Goldson, officers clarified that:

- The acronym 'ER' meant Earmarked Reserves. In recent years, Cabinet had earmarked reserves for specific capital projects brought forward by Officers, for example the Sports Hub and the Memorial Wall in Felixstowe.
- Earmarked Reserves were a method to recognise future spending need and to then build up funds for these specific purposes
- East Suffolk Council owned the Town Council Offices in Leiston, which were leased to Leiston Town Council
- Where projects had identified external funding, if that was not secured then those projects would look to secure other funding or would not be pursued
- Unspent disabled facilities grant funding would be rolled over to future years, with no penalty
- The £2.29m external funding support for the Pakefield Coastal Resilience Project would be spent in accordance with the Shoreline Management Plan previously approved by the Council
- The Council had spent £120,000 on swimming pool covers as part of its mitigation of rising energy costs and to keep increases in management fees to a minimum. The Council had acted swiftly to procure the covers, and there was now a shortage of covers as other leisure providers had sought the same covers
- A decarbonisation report would be forthcoming to Cabinet which would include options relating to solar panels, as part of the consideration of renewable energy sources for Council owned property assets.

The Chairman concurred with Councillor Lynch that it would be helpful to understand the anticipated and if possible actual saving from the installation of swimming pool covers as a Matter Arising to report to the next ordinary meeting of the Committee.

Councillor Gooch advised Officers of a typographical error on page 18 of the report where £40.66m had been incorrectly presented as £40.66. Further, on page 32 of the report there were words omitted after *examples could be additional...* the Specialist Accountant – Capital and Treasury Management explained that the words that were not displayed correctly were *...ground source heat pumps and efficiency measures*. Turning to the General Fund Capital Programme table set out at Appendix A, Councillor Gooch sought clarification of why the Environment and Port Health expenditure line appeared erratic over future years. The Specialist Accountant – Capital and Treasury Management clarified that a new system was being introduced and the budget was profiled to account for that in the first two years and easing thereafter. Councillor Topping asked why only £140,000 of the £3m allocated to refurbish St Peters Court in Lowestoft had been spent. The Strategic Director explained that the initial spend was for intrusive surveys, fire risk matters, and windows. A sprinkler system and fire doors had been installed promptly and budgeted for works would continue.

The Chairman invited the Committee to debate the report. There being no debate, the Chairman moved to approve the recommendations set out in the report, seconded by Councillor Lynch. A vote was taken, and it was by a majority

RESOLVED to RECOMMEND to Cabinet

- 1. The General Fund capital programme for 2022/23 to 2026/27 including revisions as shown in Appendix B
- 2. The Housing Revenue Account capital programme for 2022/23 to 2026/27 including revisions as shown in Appendix G

6 Housing Revenue Account (HRA) Budget Report 2023/24 to 2026/27

The Cabinet Member with responsibility for Resources, Councillor Cook introduced report **ES/1419** and summarised that the HRA budgets were fully funded to meet the Council's HRA spending plans, including the Capital Investment Programme and reserve balances in accordance with the HRA Financial Business Plan. Councillor Cook explained that Local Authorities were able to increase rents by up to CPI +1% utilising the September 2022 CPI value of 10.1% in calculating the increase. However, to protect current tenants the Government had applied a 7% rent increase cap for 2023/24 to strike a balance between the pressures that social housing providers were faced with and affordability for tenants. East Suffolk Council was proposing a 6% rent increase for 2023/24 to enable the HRA to meet its ambitions within its Capital Programme and continue to deliver services to tenants.

The Council would continue to collect rent and service charges on a 50-week cycle except for those dwellings let as Temporary Accommodation. The proposed average weekly rent was £96.28 for 2023/24 -an increase of £3.89 compared to 2022/23. Councillor Cook explained that service charges could only recuperate the cost of providing a service. The proposed average weekly General Service Charge for Grouped

Homes for 2023/24 had been set at £16.10. An increase of £1.53 compared to 2022/23. Overall, the budget proposals forecasted an HRA working balance for 2023/24 of £2.903 million, maintaining it above the minimum acceptable limit of 10% of total income. The Chairman thanked Councillor Cook for his introduction and invited questions from Members.

Councillor Beavan thanked Officers for their response to his questions submitted in advance and asked three supplementary questions. Firstly, he queried the value for money of the retrofitting programme which would cost £1.8m in the first year to retrofit 17 houses; secondly whether the size of the budget for wall insulation was sufficient to make a real difference, and thirdly as there were 500 properties with an Energy Performance Certificate (EPC) rating of less than C, was there a risk of not maintaining all properties to the same standard. At the invitation of the Chairman, who also expressed concerns with the timescale and cost of the retrofitting programme, the Head of Housing explained that the Council was challenged to determine how it could maintain its compliance, housebuilding and retrofitting aspirations.

Turning to Councillor Beavan's questions, firstly two pilot retrofitting schemes were planned, and those schemes would be of a greater standard than ordinary retrofits, and not all retrofits would cost the same. The £1.8m budget had been reprofiled and increased in to £2.4m in 2023/24 and £2.7m in 2024/25. The budgets were based on estimated costs and were subject to change as there were capacity shortages in retrofitting skills and resources nationally. Secondly, the budget for wall insulation was appropriate because most of the housing stock already had sufficient insulation, and the budget was intended for properties that may need upgrading where the insulation was becoming old or needed replacement. Thirdly, each of the improvement and efficiency measures that would be undertaken would improve the EPC rating and EPCs would be completed on all properties as part of the stock condition surveys due to commence in 2023/24.

In response to Councillor Gooch, the Head of Housing emphasised the importance of the data collection during the stock condition surveys which would then inform the HRA Business Plan. The in-house DLO team did not currently have sufficient capacity to undertake the works but once the rate and scale of retrofitting had been established, consideration would be given to how best to deliver the schemes to best achieve economies of scale through a report to Cabinet.

In response to further questions from the Chairman and Councillors Coulam, Topping and Green, Officers clarified that:

- The forthcoming refresh of the HRA Business Plan would illustrate by when it was intended that all the Council's housing stock would be rated as with a minimum EPC of C
- Private sector housing adaptations for disabled residents were distinct from the Council's HRA stock, and were budgeted for and resourced separately
- Housing staff vacancies affected all providers and had been escalated to the corporate risk register
- Arrears had stabilized for the first time since universal credit had been introduced in 2015/16 and continued to be monitored. Contextually, the level of arrears at

5.79% of total rents and charges raised was below the local authority provider average of 8%

- Universal Credit was paid directly to the tenant, not the housing provider
- Short-term consultants had been engaged to tackle compliance issues in housing and consultancy fees had increased due to inflationary cost pressures
- The HRA did not currently charge any tenants full market rent as very few tenants were in a position to exceed the £60,000 annual household income threshold. The Cabinet Member cautioned that the cost of identifying those tenants (if any) outweighed the benefit of any additional income.

The Strategic Director explained that due to the circumstances of residents which included the rising cost of living, there would always be some level of rent arrears. The Council had invested in predictive analysis software to actively keep arrears to a minimum. Councillor Hedgley asked whether there were mitigations in place to help those residents in arrears and the Strategic Director explained that the Anglia Revenues Partnership and the Council's new Financial Inclusion Officers were able to offer support to those who needed it. The Cabinet Member further emphasised that the government had provided support through a non-repayable grant of £150 on Council Tax Bills, and the energy support credit of £400.

Councillor Gooch empathised with those tenants that had been overcharged rent and sought assurance that the Council would make clear that refunds would only be made by East Suffolk Council, not an unknown third party. Officers noted the feedback and offered assurance that refunds would be on a case-by-case basis, rather than a flat rate refund.

The Chairman invited Members to debate the recommendations. Councillor Beavan proposed an amendment to add an additional recommendation to bring forward a report to Cabinet within 12 months setting out a detailed programme to deliver the retrofitting projects. At the invitation of the Chairman, the Strategic Director cautioned that a programme would be forthcoming to Cabinet but not necessarily in the timescale indicated, as compliance matters had been prioritised. Councillor Gooch was of the view that the amendment would be more suitably directed to the Environment Task Group, which Councillor Beavan as proposer was content with.

The Chairman moved to a vote on the amendment proposed by Councillor Beavan, seconded by Councillor Topping, to insert an additional recommendation that:

A report be made to the Environment Task Group within 12 months setting out a detailed programme to deliver HRA Housing Stock retrofitting projects.

The amendment was CARRIED

The Chairman invited debate on the substantive recommendations, there being none the Chairman proposed, Councillor Coulam seconded, a vote was taken and the Committee unanimously

RESOLVED to RECOMMEND to Cabinet

- 1. The draft HRA budget for 2023/24, and the indicative figures for 2024/25 to 2026/27
- 2. Movements in HRA Reserves and Balances
- 3. Proposed rent increase of up to 6%. 1% less than the Government 7% rent Cap for 2023/24 rent setting
- 4. Service charges and associated fees for 2023/24
- 5. Rent and Service Charges to be charged over a 50-week period unless being used for Temporary Accommodation when a 52-week period will be applied
- 6. A report be made to the Environment Task Group within 12 months setting out a detailed programme to deliver HRA Housing Stock retrofitting projects.

To note the following:

- 7. Revised outturn position for 2022/23
- 8. Changes affecting public and private sector housing and welfare to be noted
- 9. Effects of the cost-of-living crisis to the HRA to be noted.

7 Draft General Fund Budget and Council Tax Report 2023/24

The Cabinet Member with responsibility for Resources, Councillor Cook introduced report **ES/1421** which provided an update on the draft Medium Term Financial Strategy (MTFS) as presented to Cabinet on 3 January and presented an initial draft of the Council's General Fund Budget for 2023/24. The MTFS provided a baseline forecast of income and expenditure in the context of the overall financial climate, including public finances and the local government financial environment.

Councillor Cook reported a change to the 2023/24 budget due to an update in Government funding following the Provisional Local Government Finance Settlement in December. Due to the new Funding Guarantee Allocation the Government funding to East Suffolk Council would increase by £1.1m next year. The budget gaps for the current year and next year had consequently changed since the report to Cabinet on 3 January:

- The 2022/23 budget gap had changed from £0.786m to £0.904m, an increase of £0.118m. The change was due to the ongoing review of the budget updates processed
- The 2023/24 budget gap had changed from £2.629m to £1.347m, a decrease of £1.282m. The change was due to the new Funding Guarantee Allocation along with further review of the updated budgets.

The proposal to use the In-Year Savings Reserve to fund those gaps remained appropriate, and a balanced budget continued to be presented in the report for both years. Councillor Cook explained that the 2023/24 referendum limit for Council Tax had been increased from 2% to 3%, but the £5 threshold for Shire Districts in two-tier areas remained the same. The report therefore proposed a Band D Council Tax for East Suffolk of £181.17 for 2023/24, an increase of £4.95 or 2.81%.

Reserves were projected at around £29m by the end of the MTFS, but that did not include the use of reserves beyond 2023/24 to fund future projected budget gaps. In addition to the exhaustion of the Covid-19 reserve, there were other reserves that

were forecast to be fully or substantially utilised over the plan period, and not be replenished. Those reserves included: the In-Year Savings reserve, the New Homes Bonus reserve, the Transformation reserve, the Capital reserve and the Port Health reserve.

Councillor Cook drew the Committee's attention to prospective activities not yet factored into the MTFS, which had the potential to ease the budget gap toward the end of the MTFS period. Those activities included the Council Tax Premium on second homes and expected efficiencies from East Suffolk Services Ltd. However, despite those factors, and the uncertainty due to local government finance reforms, the range and scale of expenditure and income pressures indicated that a combination of actions would be needed to ensure a longer-term sustainable position including a phased use of reserves, maximisation of income, and the achievement of significant levels of savings.

Councillor Lynch referenced page 71 of the report and asked whether the 100% premium on second homes was the maximum premium and queried the criteria by which the Council would determine whether a property was a second home, and whether owners could avoid the premium. The Cabinet Member confirmed that the Council already knew which homes were second homes in the district, a heat-map visualisation was available, and a full report would be made to Full Council on 25 January. There were mechanisms in place to prevent the premium being avoided, including tightening of the criteria under which a second home could be registered for business rates rather than council tax. The Chief Finance Officer confirmed that 100% was the maximum premium and that further detail would be set out in the forthcoming report to Full Council.

Councillor Goldson sought three clarifications:

- 1. The type of properties that had been or would be transferred by the Council
- 2. In what circumstances would the Council invest in land
- 3. Whether the ambition of carbon neutrality was achievable

In response to Councillor Goldson, the Strategic Director, Chief Finance Officer and the Cabinet Member responded accordingly:

- 1. The Chief Finance Officer explained that the Council's land and property holdings were continually reviewed and that there were circumstances where disposal of the asset was the most appropriate business decision. Additionally, there was an ongoing community asset transfer programme to Parish and Town Councils.
- The Council had invested in land for economic development including the Enterprise Hubs and the PowerPark. The Council had previously decided to constrain its land investments to land within the district and would continue to bring forward opportunities to invest where suitable property had been identified. Investment in suitable housing land would be made in accordance with the Housing Strategy.
- 3. The Strategic Director was confident that the forthcoming decarbonisation report to Cabinet would set out how the Council would achieve around a 70% reduction in Carbon emissions in future years and offset the remaining 30%.

In response to further questions from Councillors Gooch, Topping and Lynch, the Cabinet Member and Officers explained that:

- The feedback from residents' surveys were used to inform the existing and future Council priorities
- Due to inflationary cost increases, there had been an increase in the green waste subscription charge and the quantity of green waste collected had not yet returned to pre-Covid-19 levels
- There had been a reduction in parking income and a district-wide review of parking was underway which would establish options for Cabinet to consider
- A reserve with annual contributions had been built up for the forthcoming election, however the means of funding new Voter Authority Certificate Identification requirements would be reported back to the next ordinary meeting of the Committee as a Matter Arising
- The introduction of the second homes premium would not countermand extant long term empty homes premiums of up to 300%.

Councillor Beavan referred to the response to his advance question regarding agency costs and queried the rationale for the reduction to the budget and questioned where agency staff had been or would be replaced with salaried staff, whether that had been captured with an increase in salary budgets elsewhere. The Deputy Chief Finance Officer responded that some agency roles were highly specialised consultancy roles that were utilised for specific matters and would not then become salaried roles in the future. The reduction shown in the budget was in anticipation of more general agency roles no longer being required as the roles had been absorbed within budgeted establishment costs. The Chief Finance Officer further clarified that the budget was subject to flux and it was desirable to budget appropriately according to business need.

Councillor Gooch sought clarification of how earmarked reserves were set out in the report and considered that it would be clearer to delineate between those reserves that were earmarked for statutory services and those that were earmarked for discretionary projects. The Deputy Chief Finance Officer further described the categorisation of reserves as shown in Appendix A7. This is to assist with identifying reserve balances that are not earmarked for specific purposes and assured Members that reserves not ringfenced for specific purposes are challenged if they have not been used for some time.

The Chairman noted that the Cabinet had chosen to increase housing rents by 6% rather than the 7% ceiling set by the Government and queried whether a full analysis of the consequence on the level of Council Tax of not increasing rents by the ceiling amount had been undertaken. The Cabinet Member countered that there was a cost-of-living crisis and that the Cabinet had made the decision not to levy the maximum rent increase to its most vulnerable residents. Similarly, Cabinet had for the same reason, and having received a greater than anticipated Government settlement, chosen to increase Council Tax by less than the referendum threshold of 3%. The Cabinet was cognisant of the volatile financial landscape and inflation, and it would not have been prudent to not increase Council Tax in those circumstances.

The Chairman called upon Members to debate the recommendations. There being no

debate, the Chairman moved the recommendations duly seconded by Councillor Coulam, a vote was taken and it was by a majority

RESOLVED to RECOMMEND to Cabinet

- 1. To approve the 2023/24 General Fund Revenue Budget as set out in the report and summarised in Appendix A5 and notes the budget forecast for 2024/25 and beyond;
- 2. To approve the reserves and balances movements as presented in Appendix A7; and
- 3. To approve a proposed Band D Council Tax for East Suffolk Council of £181.17 for 2023/24, an increase of £4.95 or 2.81%.

8 Scrutiny Committee's Forward Work Programme

The Chairman reminded Members that an Extraordinary Committee meeting would be held on Thursday, 26 January 2023 at 6.30pm to review the governance arrangements for the Council's Local Authority Trading Companies (LATCOs). Members had been consulted on the scope for that topic by email and Officers had prepared responses in the Committee report. Members also noted that at the meeting on 16 February 2023, the Committee would review of the impact of the new integrated care system on council services.

The meeting concluded at 8.48pm

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Chairman

Matters arising update sheet

From the Scrutiny Committee meeting on

19 January 2023

| Updates | | | | | | | | |
|----------------|---|---|---|---|---|--|--|--|
| ltem Number | Member Query Raised | Cabir | net Mem | ber/Off | icer Res | ponse | | |
| 5 | Provide a table setting out the projected annual number of Council-led housing completions | Housing Build and purchased Amount to remain HRA owned | 2023/24 53 48 | 2024/25 24 24 | 2025/26 94 75 | 2026/27 49 49 | Total for 4 years 220 196 | Average per year 55 49 |
| 6 | Provide a table setting out the anticipated and if possible, actual saving from the installation of swimming pool covers at the Council's leisure centres | Currently the estimated savi Council's leisure centres is a estimated saving as each po size of the pool hall, differer site is as follows: • Waveney Valley Leisu • Waterlane Leisure Ce movable floor which over night. • Felixstowe leisure Centre • Leiston Leisure Centre • Deben Leisure Centre • Deben Leisure Centre • Deben Leisure Centre • System) that will control ten the performance at Felixstow district by the same supplier Once the covers are installed | total of £ ol hall is d at roof insu- ure Centre entre, £6,0 will be lef entre, £4,0 re (2 pools e, £5,000 elixstowe operature we. The p | 29,000 pe ifferent d ulation et e (leisure 000 - Teac t at the to 000 s), £7,000 to install s more ef ool cover | er annum ue to hov c. The est pool inclu ching pool op of the p of the p ficiently a s are bein | across the v the build imated ar ded), £7,0 not inclu pool and a uilding Ma nd this w | e sites. Th ding was b nual savin 000 ded as it h act as a po anagemen ill further ed across t | ne built, the ng per has a bol cover ht increase |
| 7 | Quantify the budget requirement for the | The Council received £44k o incurred for the introduction The funding will be used to o the funding remaining at the | n of the ne cover sper | ew Voter / nd until th | Authorisa e end of I | tion Certi March 20 | fication in 23. Any ba | 2023. alance of |

| introduction | down in 2023/24 to cover further expenditure next year. Less than £4k has been |
|---------------|--|
| of new Voter | committed so far. Further funding is expected to be received in March 2023. |
| Authorisation | |
| Certification | |
| in 2023 and | |
| identify the | |
| source of | |
| funding. | |

Agenda Item 5

ES/1462



SCRUTINY COMMITTEE

Thursday, 16 February 2023

| Subject | Integrated Care Systems |
|-----------------------|---|
| Report by | Councillor Mary Rudd, Cabinet Member with Responsibility for Community Health |
| Supporting Officer | Nicole Rickard Head of Communities <u>Nicole.rickard@eastsuffolk.gov.uk</u> 07766 998074 |

| Is the report Open or Exempt? | OPEN |
|-------------------------------|-----------|
| Wards Affected: | All Wards |
| | |

Purpose and high-level overview

Purpose of Report:

To provide the East Suffolk Scrutiny Committee with an overview of the new health systems covering East Suffolk - the Integrated Care Systems (ICSs) for Norfolk and Waveney and Suffolk and North East Essex. To consider the appropriate level of participation i.e. how East Suffolk Council is / should be actively involved, engaged, consulted or informed on and about the work of the ICSs.

To explore specific areas of interest to the Committee:

- 1. How do the structures differ between the two Integrated Care Systems and what impact will this have on the Council and the residents of East Suffolk?
- 2. How is/will East Suffolk Council engage/be engaged in each level of the two structures 'system' (ICS-wide), 'place' and 'neighbourhood'?

- 3. Which Council services will be particularly engaged in work at the 'system' (Norfolk and Waveney Integrated Care Body/Partnership) and 'place' (Great Yarmouth and Waveney / Ipswich and East Suffolk Alliances) levels?
- 4. What structures exist below the 'place' level and how will the Council and its structures, particularly the eight Community Partnerships, be involved in these structures?
- 5. Where are/will Councillors be engaged in the new ICS structures?
- 6. How will engagement in the ICS structures help the Council to deliver its own priorities around Health and Wellbeing and vice versa:
 - Isolation and Loneliness
 - Mental Health and Wellbeing
 - Dementia
 - Carers
 - Ageing
 - Obesity?

Options:

This report is intended to inform the Committee about the purpose and structure of the two Integrated Care Systems. It includes national background and context, but focusses on the local position i.e. the two emerging ICS structures in the north and south of East Suffolk district and the implications of working across two systems for East Suffolk Council.

Recommendation/s:

That the Scrutiny Committee considers and comments on the report, which provides an overview of the position as at end January 2023.

Corporate Impact Assessment

Governance:

The report explores how East Suffolk Council is engaged in the various levels of the two Integrated Care Systems that cover the district. This includes Councillor and officer representation at the three nationally defined levels of system, place and neighbourhood.

ESC policies and strategies that directly apply to the proposal:

Health and Wellbeing fits within the 'We are East Suffolk' Strategic Plan – 'Enabling Our Communities' priority. East Suffolk Council has been, and will continue to be, part of the development of ICS strategy, particularly the five year plans for the Integrated Care Partnerships, the Great Yarmouth and Waveney Place Plan and the Ipswich and East Suffolk Alliance Strategy. ESC will lead the development of the Waveney Health and Wellbeing Partnership Plan/Framework.

Environmental:

This report is generally strategic and therefore there is no specific focus on the environment although there is in the work supported/funded at place and neighbourhood level by the ICSs e.g. green social prescribing, forest schools and 'wellbeing in the wild'. Healthy environments are, of course, a key component of the wider determinants of health.

Equalities and Diversity:

Given the strategic nature of the report, outlining as it does new and emerging health systems, there are no specific equality and diversity implications although of course those in our communities who experience health inequalities are often those who also other forms of deprivation. Deprivation/socio-economic disadvantage is ESC's tenth protected characteristic.

Financial:

The report provides an overview of Integrated Care Systems which control multi-billion pound budgets. There are no specific financial implications for ESC other than Councillor and staff time in attending meetings and workshops within the ICS structures, the specific sources of income to the Council identified in para 2.3 and project funding aligned to the delivery of ICS priorities.

Human Resources:

A wide range of Council Teams are involved in activity that promotes mental and physical health and wellbeing, including the wider determinants of health and reducing health inequalities (as outlined in para 2.3). In terms of specific capacity engaged in the ICS structures themselves, this in predominantly the Strategic Directors, Head of Communities, Integration and Partnerships Manager in the Communities Team, eight Communities Officers (who each have Health and Wellbeing within their job description) and the Leisure Manager and Corporate Events and Communities and Leisure Services .are currently being recruited to – a Senior Health, Wellbeing and Leisure Officer and a Health, Wellbeing and Leisure Project Officer.

ICT:

No specific ICT implications.

Legal:

There is no specific resource implication for the Legal Team related to our involvement in the Integrated Care Systems, although the expertise of the Legal, Procurement and Data Protection Teams is sought for specific projects e.g. the Connect for Health social prescribing procurement that ESC undertook on behalf of the (then) Ipswich and East Suffolk CCG.

Risk:

Risk assessments are undertaken in relation to individual projects as relevant.

| External Consultees: | A range of partners are actively involved in the three levels of the two Integrated Care Systems that cover East Suffolk. Representatives from both Integrated Care Bodies have been consulted in the development of this report. |
|----------------------|--|
|----------------------|--|

Strategic Plan Priorities

| this p | ct the priorities of the <u>Strategic Plan</u> which are supported by proposal: ct only one primary and as many secondary as appropriate) | Primary priority | Secondary priorities |
|--------|--|---------------------|-------------------------|
| T01 | Growing our Economy | | |
| P01 | Build the right environment for East Suffolk | | |
| P02 | Attract and stimulate inward investment | | |
| P03 | Maximise and grow the unique selling points of East Suffolk | | |
| P04 | Business partnerships | | |
| P05 | Support and deliver infrastructure | | |
| T02 | Enabling our Communities | | |
| P06 | Community Partnerships | | \boxtimes |
| P07 | Taking positive action on what matters most | | \boxtimes |
| P08 | Maximising health, well-being and safety in our District | \boxtimes | |
| P09 | Community Pride | | \boxtimes |
| Т03 | Maintaining Financial Sustainability | | |
| P10 | Organisational design and streamlining services | | |
| P11 | Making best use of and investing in our assets | | |
| P12 | Being commercially astute | | |
| P13 | Optimising our financial investments and grant opportunities | | |
| P14 | Review service delivery with partners | | \boxtimes |
| Т04 | Delivering Digital Transformation | | |
| P15 | Digital by default | | |
| P16 | Lean and efficient streamlined services | | |
| P17 | Effective use of data | | \boxtimes |
| P18 | Skills and training | | |
| P19 | District-wide digital infrastructure | | |
| T05 | Caring for our Environment | | |
| P20 | Lead by example | | |
| P21 | Minimise waste, reuse materials, increase recycling | | |
| P22 | Renewable energy | | |
| P23 | Protection, education and influence | | |
| XXX | Governance | | |
| XXX | How ESC governs itself as an authority | | |

How does this proposal support the priorities selected?

The Integrated Care Systems (ICSs) both support delivery of our priority around 'Maximising Health, Wellbeing and Safety in our District' and, in turn, the projects that the Council delivers around mental and physical health and wellbeing contribute to the achievement of ICS outcomes at different levels.

A number of East Suffolk Community Partnerships have Health and Wellbeing outcomes as a priority and the Chairs of the CP's and/or the Communities Officers supporting the CPs are engaged in the ICS structures, particularly the Waveney Health and Wellbeing Partnership and the three Integrated Neighbourhood Teams in the south of the District. In terms of taking positive action on what matters most, the Integrated Care Systems have set ambitions to move towards a more holistic view of health and wellbeing rather than an exclusively clinical model which fits with the emphasis in our communities on reducing loneliness, increasing mental wellbeing and supporting those who are most vulnerable.

In relation to community pride, a thriving, healthy community, where people look after themselves and each other, is much more likely to be a proud community where people from different communities and backgrounds to live together.

Background and Justification for Recommendation

| 1 | Background facts |
|-----|--|
| 1.1 | What are integrated care systems? Integrated care systems (ICSs) are partnerships of organisations that come together to plan and deliver joined up health and care services to improve the lives of people who live and work in their area. There are 42 ICSs across England, covering populations of between 500,000 and 3 million people each. |
| 1.2 | The journey to integrated care systems Developing more joined-up health and care has been a step-by-step journey for the NHS and its partners. ICSs are central to the reforms introduced through the 2022 Health and Care Act and they represent a fundamental shift in the way the English health and care system is organised. Following several decades during which the emphasis was on organisational autonomy, competition and the separation of commissioners and providers, ICSs depend on collaboration, with a focus on places and local populations as the driving forces for improvement. |
| | In 2014 , the NHS set out a widely supported vision for the future, describing the need for "triple integration" between hospitals and GPs, the NHS and social care, physical and mental health. |
| | In 2016 , NHS England asked all parts of England to begin planning together in new partnerships formed of all NHS organisations, local government and others, setting out their early thinking and working with partners to develop them. |
| | In 2018 , it named the most advanced parts of the country as the first integrated care systems, with NHS England working closely with them to pioneer best practice. |
| | In 2019 , the <u>NHS Long-Term Plan</u> set the ambition for all parts of the country to become integrated care systems by April 2021 – "the biggest national move to integrated care of any major western country." |
| | In 2019 , NHS England recommended that government unblock legislative barriers to integrated care following a major engagement exercise to identify consensus across the health and care system. |

| | In 2020 , the COVID-19 pandemic accelerated integrated working as health and care leaders joined forces to support people at risk, offer each other mutual aid, and deliver the vaccine programme. |
|-----|---|
| | In November 2020 , the NHS set out next steps for creating strong integrated care systems in every part of the country. |
| | In January 2021 , the NHS confirmed its <u>legislative recommendation to</u> <u>government</u> – making adjustments to reflect feedback from local government in particular – and the government took this forward in its White Paper in February. |
| | In April 2021 , Sir Simon Stevens announced that all 42 parts of England had been declared integrated care systems and in July the government published draft legislation proposing the creation of statutory ICSs. |
| | In April 2022 , the government passed the Health and Care Act 2022, confirming the creation of statutory ICSs. |
| | 1st July 2022, statutory ICSs arrangements are established. |
| 1.3 | The Integrated Care System (ICS) - 'System' level |
| | Integrated Care Systems (covering populations of around 500,000 to 3 million people): are intended to be where health and care partners come together at scale to set overall system strategy, manage resources and performance, plan specialist services, and drive strategic improvements in areas such as workforce planning, digital infrastructure and estates. |
| | Integrated Care Boards (ICBs) The role of the ICB is to allocate NHS budget and commission services for residents within the Integrated Care System area (the functions previously held by clinical commissioning groups - CCGs) and some of the direct commissioning functions of NHS England. The ICB is directly accountable to NHS England for NHS spend and performance. ICBs can choose to exercise their functions by delegating to place- based boards/committees (see below) but remains formally accountable. |
| | Each ICB has been tasked with preparing a five-year system plan setting out how they will meet the health needs of their population. In developing and delivering this plan, the ICB must have regard to the ICP Integrated Care Strategy and be informed by the Health and Wellbeing Strategies published by the Health and Wellbeing Boards in their area. In addition, the ICB and its partner NHS trusts and foundation trusts must develop a joint plan for capital spending (spending on buildings, infrastructure and equipment) for providers within the geography. |
| | Integrated Care Partnerships (ICPs) The ICP is a statutory joint committee of the ICB and local authorities in the area. It brings together a broad set of system partners to support partnership working and develop an 'integrated care strategy', a plan to address the wider health care, public health and social care needs of the population. This strategy must build on local Joint Strategic Needs Assessments (JSNA) and Health and Wellbeing |

| | Strategies and must be developed with the involvement of local communities and Healthwatch. The ICB is required to have regard to this plan when making decisions. |
|-----|--|
| | There is significant flexibility for ICPs to determine their own arrangements. Membership must include one member appointed by the ICB and one member appointed by each of the relevant local authorities, but others can be determined locally and can include social care providers, public health, Healthwatch, VCSE organisations and others such as local housing or education providers. |
| | This dual structure of ICBs and ICPs was designed to support ICSs to act both as bodies responsible for NHS money and performance and as a wider system partnership. |
| 1.4 | The Integrated Care System (ICS) – 'Place' and 'Neighbourhood' levels |
| | Much of the activity to integrate care, improve population health and tackle inequalities will be happen at smaller geographies within ICSs (often referred to as <u>'places'</u>) and through teams delivering services working together on even smaller footprints (usually referred to as <u>'neighbourhoods'</u>). This is because ICSs cover large geographical areas (typically a population of more than 1 million people) unsuited to designing or delivering changes in services to meet the distinctive needs and characteristics of local populations. |
| | An overview of neighbourhoods, places and systems is provided below: |
| | <u>Places</u> (covering populations of around 250,000 to 500,000 people): where partnerships of health and care organisations in a town or district – including local government, NHS providers, VCSE organisations, social care providers and others – come together to join up the planning and delivery of services, redesign care pathways, engage with local communities and address health inequalities and the social and economic determinants of health. In many (but not all) cases, place footprints are based on local authority boundaries. |
| | <u>Neighbourhoods</u> (covering populations of around 30,000 to 50,000 people): where groups of GP practices work with NHS community services, social care and other providers to deliver more co-ordinated and proactive care, including through the formation of primary care networks (PCNs) and multi-agency neighbourhood teams or Integrated Neighbourhood Teams. |
| | The structures of the ICSs that cover East Suffolk are outlined in Section 2 below. |
| 1.5 | What is the purpose of integrated care systems (ICSs)? |
| | The purpose of ICSs is to bring partner organisations together to do four things: improve outcomes in population health and healthcare tackle inequalities in outcomes, experience and access enhance productivity and value for money |
| | help the NHS support broader social and economic development. |

| | organisations to tackle complex challenges, including: improving the health of children and young people supporting people to stay well and independent acting sooner to help those with preventable conditions supporting those with long-term conditions or mental health issues caring for those with multiple needs as populations age |
|-----|--|
| | supporting people to stay well and independent acting sooner to help those with preventable conditions supporting those with long-term conditions or mental health issues |
| | acting sooner to help those with preventable conditions supporting those with long-term conditions or mental health issues |
| | supporting those with long-term conditions or mental health issues |
| | |
| | caring for those with multiple needs as populations age |
| | |
| | getting the best from collective resources so people get care as quickly as possible. |
| 1.6 | Why are ICSs needed - King's Fund analysis? |
| | When the NHS was set up it was primarily focused on treating single conditions or illnesses, but the health and care needs of the population have changed. People are living longer but living with multiple, complex, long-term conditions and increasingly require long-term support from multiple services and professionals. As a consequence, people often receive fragmented care from services that are not co-ordinated around their needs. To deliver joined-up support that better meets the needs of the population, different parts of the NHS (including hospitals, primary care and community and mental health services) and health and social care need to work in a much more joined-up way. |
| | The King's Fund assert that an integrated health and care system is one of the <u>four</u> <u>pillars of a population health system</u> , the other three being: |
| | There is now a wealth of evidence that the wider determinants of health are the most important driver of health. In addition to income and wealth, these determinants include education, housing, transport and leisure. Our health behaviours and lifestyles are the second most important driver of health. They include smoking, alcohol consumption, diet and exercise. For example, while reductions in smoking have been a key factor in rising life expectancy since the 1950s, obesity rates have increased and now pose a significant threat to health outcomes. There is now increasing recognition of the key role that places and communities play in our health. For example, our local environment is an |
| | important influence on our health behaviours, while there is strong evidence of the impact of social relationships and community networks, including on mental healthIt is proven that the wider conditions of people's lives have the greatest impact on |

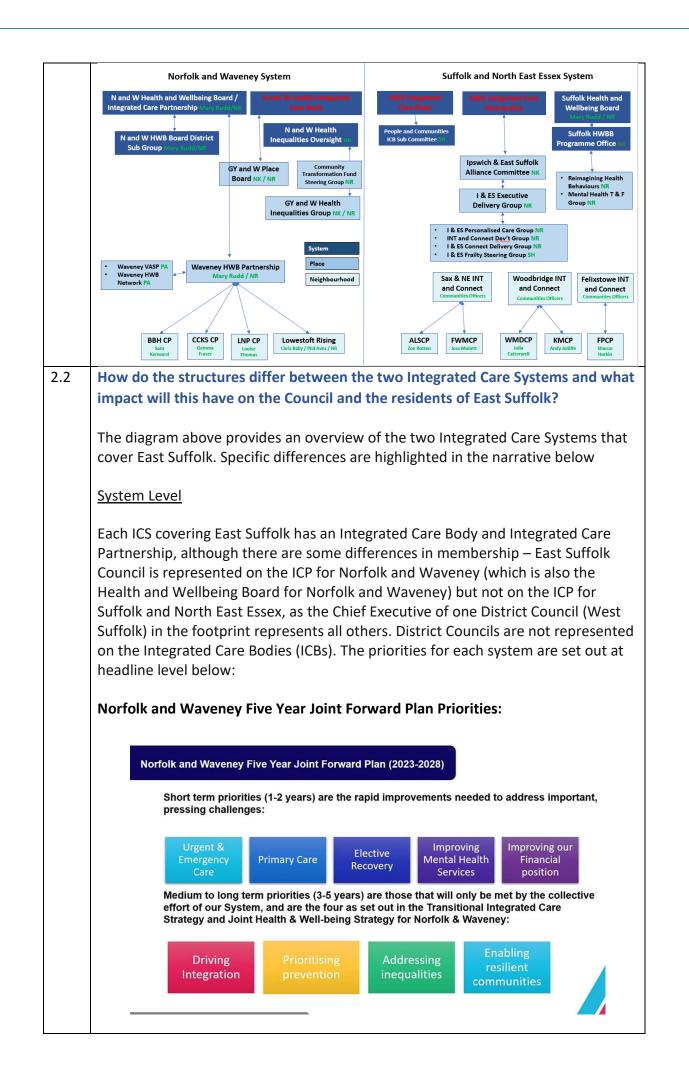
| | Behaviours | | | Built Environment | | | |
|-----|--|---|---|--|--|--|--|
| | 30% | 40 % | 20% | 10% | | | |
| | Smoking10%Diet/Exercise10%Alcohol Use5%Poor Sexual Health5% | Education10%Employment10%Income10%Family Social Support5%Community Safety5% | Access to care 10% Quality of care 10% | Environmental Quality 5% Built Environment 5% | | | |
| | <u>Health inequalities</u> e. inevitable and a conc poor health, can mak | erted approach to ac | | | | | |
| 1.7 | ICSs have a critical role to play in driving forward efforts to improve population health and tackle inequalities in their local areas. These goals are clearly set out in the four functions of ICSs (set out in para 1.5 above), and the new Triple Aim for NHS bodies, a legal duty which requires them to consider the effects of their decisions on: | | | | | | |
| | the health and wellbeing of the people of England (including inequalities in health and wellbeing) the quality of services provided or arranged by both themselves and other relevant bodies (including inequalities in benefits from those services) the sustainable and efficient use of resources by both themselves and other relevant bodies. | | | | | | |
| | All new ICSs include a focus on 'Core 20 PLUS 5' – the 20% most deprived LSOAs in each area, 5 target areas of focus defined nationally (plus smoking), PLUS locally defined priorities - at the Suffolk level, based on data and evidence, the following are identified as Suffolk's PLUS Populations: | | | | | | |
| | People from n Coastal comm Rural communication | | nunities | | | | |

| | <section-header><section-header><section-header><section-header><section-header><section-header><section-header><complex-block></complex-block></section-header></section-header></section-header></section-header></section-header></section-header></section-header> |
|-----|---|
| 1.8 | What does this mean for local government? |
| | as equal partnerships "with local government not just involved but jointly driving the agenda alongside the NHS and other key partners". Importantly, partnerships between local government and NHS organisations are also developing at the level of 'place', which is <i>usually coterminous with local authority boundaries</i> . The involvement of local government in ICSs and place-based partnerships can bring three key benefits: |
| | joining up health and social care at all levels in the system, creating better outcomes and a less fragmented experience for patients and users improving population health and wellbeing and tackling inequalities by acting together to address wider determinants of health such as housing, local planning and education enhancing transparency and accountability through supporting engagement with local communities and providing local democratic oversight. |
| | However, now that ICBs have significant NHS budgets and responsibilities, there is a risk that their focus on NHS performance and challenges overrides wider system priorities. This is already causing tensions between the NHS and local government in some areas, for example around the lack of focus and investment in prevention due to the huge pressure on resources from urgent and critical care, particularly this winter. |

2 Current position

2.1 Integrated Care Systems – East Suffolk

East Suffolk is covered by two separate Integrated Care Systems (ICSs) – Norfolk and Waveney ICS and Suffolk and North East Essex ICS. The diagram below (and in Appendix A) provides an overview of ESC involvement in key groups at each of the three levels – system, place and neighbourhood:



Suffolk and North East Essex Integrated Care Strategy Ambitions



FOUR COLLECTIVE AMBITIONS

We are united around our FOUR collective ambitions:

- the best health and wellbeing a genuine reality for all
- the opportunity of health equality for everyone
- everyone able to 'Live Well' Start Well, Be Well, Stay Well, Feel Well, Age Well, Die Well
- a genuinely 'Can Do' Health & Care System that people can trust.

The Suffolk Health and Wellbeing Board has an officer Programme Office which plans the Agenda for the Board meetings, whilst the Norfolk and Waveney Health and Wellbeing Board has a joint Councillor and Officer District Council Sub Group.

<u>Place Level</u>

Whilst the guidance implies that the place level of the ICS structures is generally based on local authority boundaries, the 'place' level in both our two systems is larger than a single local authority and, given the geography of our ICS's, bisects the District in two. The two 'places' that include East Suffolk are Great Yarmouth and Waveney and Ipswich and East Suffolk (which includes most of Babergh and Mid Suffolk and only half of East Suffolk, in addition to Ipswich).

There is a Place Board for Great Yarmouth and Waveney (with various emerging sub-groups) and an Alliance Committee and Executive Delivery Group for Ipswich and East Suffolk.

Neighbourhood Level

In the Norfolk and Waveney system there is a new Waveney Health and Wellbeing Partnership (chaired by the Cabinet Member for Community Health) which, along with the seven Norfolk Health and Wellbeing Partnerships, sits below the Norfolk and Waveney Integrated Care Partnership. Each of the three East Suffolk Community Partnerships, Lowestoft Rising, the Waveney VASP (mental health partnership) and new Waveney Health and Wellbeing Network (physical health partnership) is represented on the Waveney Health and Wellbeing Partnership.

In the Suffolk and North East Essex system, within the Ipswich and East Suffolk Alliance (Place) there are three Integrated Neighbourhood Teams (INTs) in East Suffolk (and a further five covering the rest of the Alliance area) – each with a Core Leadership Team that includes the relevant Communities Officer and with colocated teams of health and care staff who work with a wider network of key public and voluntary sector organisations. The three INTs are Woodbridge INT, Saxmundham and North East INT and Felixstowe INT.

The five Community Partnerships in the south of East Suffolk nest below these INTs (Melton, Woodbridge and Deben Peninsular CP and Kesgrave, Rushmere St

| | Andrew, Martlesham, Carlford and Fynn Valley CP in Woodbridge INT, Aldeburgh, Leiston and Saxmundham CP and Framlingham and Wickham Market CP in the Saxmundham and North East INT and Felixstowe Peninsular CP within the Felixstowe INT. Each of the INTs has a wider Connect space with much wider representation including VCSE organisations, which is convened and supported by the Integration and Partnerships Manager in the Communities Team (funded by Ipswich and East Suffolk Alliance). The Head of Communities is the Sponsor for the Saxmundham and North East INT. |
|-----|--|
| 2.3 | Scrutiny Committee Question 2: How is/will East Suffolk Council engage/be engaged in each level of the two structures - 'system' (ICS-wide), 'place' and 'neighbourhood'? Scrutiny Committee Question 4: What structures exist below the 'place' level and how will the Council and its structures, particularly the eight Community Partnerships, be involved in these structures? Scrutiny Committee Question 5: Where are/will Councillors be engaged in the new ICS structures? The diagram at 2.1 above and Appendix 1 indicates current Councillor involvement in the three levels of each ICS structure. The Cabinet Member is represented on both Health and Wellbeing Boards, the Norfolk and Waveney Integrated Care Partnership and on the Waveney Health and Wellbeing Partnership as Chair. The three Community Partnership Chairs in the north are represented on the Waveney Health and Wellbeing Partnership. |
| | At officer level, most meetings at Place level in each structure are covered by a Strategic Director (Nick Khan – NK) and/or the Head of Communities (Nicole Rickard – NR). |
| | The relevant Communities Officers are involved in the Integrated Neighbourhood Teams (south) and Waveney Health and Wellbeing Partnership (north) and the Integration and Partnerships Manager (Stuart Halsey – SH) attends the Integrated Neighbourhood Team/Connect meetings and meetings such as the People and Communities ICB Committee and Frailty Steering Group for the south system. |
| | There is significant pressure on staffing resources given the range of Boards, Partnerships and Working Groups in each structure – the diagram on the previous page represents only the parts of each system that District Councils are involved in rather than the whole system. However this should be eased slightly by the appointment of two new joint Health, Wellbeing and Leisure Officers (one Band 7 and one Band 5) working across the Leisure and Communities services from March 2023 as the Senior Officer in particular will be able to substitute at meetings if required. |
| 2.4 | Scrutiny Committee Question 3: Which Council services will be particularly engaged in work at the 'system' (Norfolk and Waveney Integrated Care Body/Partnership) and 'place' (Great Yarmouth and Waveney / Ipswich and East Suffolk Alliances) levels? |

| | In addition to the Communities Team, engagement in the ICSs is important to a wide range of Council services, particularly Leisure, Housing, Planning, Regeneration, Environmental Protection and Assets and when the two new Health, Wellbeing and Leisure staff are in post, part of their role will be to engage with other Council services to ensure we provide a collective voice in terms of influencing ICS, Place and Neighbourhood priorities and that all parts of the structure understand our invaluable role in relation to the wider determinants of health. |
|-----|---|
| | It is important to recognise that some funding is provided by the ICSs to District Council services including: |
| | Ipswich and East Suffolk Alliance fund the Integration and Partnerships Manager post (to March 2025) and part of the Head of Communities post (to March 2023) in the Communities Team as well as part-funding the new Health, Wellbeing and Leisure Projects Officer role Ipswich and East Suffolk Alliance fund the Stepping Home project led by Housing |
| | Norfolk and Waveney ICB fund part of the Head of Communities post and one third of the new Health, Wellbeing and Leisure Projects Officer post Norfolk and Waveney ICB provided £75k of Suffolk COMF funding towards the ESC Community Intervention Team to support engagement with minority communities |
| | ESC led the procurement process for the 'Connect for Health' social prescribing programme on behalf of the Ipswich and East Suffolk system in 2019 and 2022 and hold the enabling pot of Community Chest funding that sits alongside the Connect for Health programme advised by the Community Connectors employed through that programme in the eight Integrated Neighbourhood Teams across the Alliance area. The total value of this funding over two phases is over £4 million. |
| 2.5 | Scrutiny Question 6: How will engagement in the ICS structures help the Council to deliver its own priorities around Health and Wellbeing and vice versa: Isolation and Loneliness Mental Health and Wellbeing Dementia |
| | Carers Ageing Obesity? |
| | A key role for the Council is to ensure that focus is retained on the wider determinants of health and make the case for investment in preventative programmes and projects that, in the long term, will help to reduce demand on acute and emergency services. However, this shift of emphasis and resources is a huge challenge given the current pressures on both primary and secondary care and acute health services, as well as social care. |

| T | The Waveney Health and Wellbeing Partnership has identified seven key priorities: | | |
|--|--|--|--|
| 1 | 1. Mental Health and Wellbeing (Young People) | | |
| 2 | 2. Health Inequalities (Behaviours) – Smoking | | |
| 3 | 3. Health Inequalities (Behaviours) - Physical Activity | | |
| 4 | Health Inequalities (Health Outcomes) - Diabetes | | |
| 5 | 5. Health Inequalities (Health Outcomes) - Obesity | | |
| e | Prioritising Prevention – Cost of Living | | |
| 7 | 7. Social Isolation – Young People | | |
| i | being formed around each of these to develop a delivery plan and lead project implementation and our lead role will ensure alignment with our own Strategic Plan and Community Partnership delivery plans. | | |
| a C f | The Council is actively involved in the INTs in the Ipswich and East Suffolk Alliance area through both the Core Leadership Teams and the Connect spaces. The INT Delivery Plans include priorities aligned to the Council's priorities due to this inp for example ageing population, mental health and wellbeing and isolation and loneliness. | | |
| | In addition to the areas of activity outlined above, the Council is working closely | | |
| with both ICSs on specific programmes of activity and projects – including s | | | |
| | and balance programmes in the Ipswich and East Suffolk Alliance area and Active | | |

| How to address current situation |
|---|
| This section of the report has been used to highlight some specific challenges and opportunities in relation to the current Integrated Care Systems that cover East Suffolk. |
| Challenges |
| <u>Structures</u> - ESC is part of two quite different, complex and currently quite 'form' focussed health systems. It can be challenging to understand these systems ourselves and, in turn, to help local communities and VCSE organisations to understand the new world of health and wellbeing. However both systems are relatively new, and the focus is starting to shift further towards 'function' i.e. the delivery of projects that positively impact on health outcomes. |
| <u>Resources</u> - there are some clear challenges in relation to both Councillor and staff capacity to represent ESC at three different levels of two separate Integrated Care Systems, particularly as these structures differ and overlap. However the geography of ICSs was agreed at national level based on the local health economy (i.e. hospital catchment areas) and therefore ESC has to focus its energy on identifying where and how it can have most impact and influence across the two systems and three levels within each system and deploy its resources accordingly. The two new posts referenced in 2.2 should help to increase Officer capacity to |
| |

| | engage in both ICS structures, although senior level capacity to engage is still an issue. |
|-----|--|
| | <u>Funding</u> – Para 2.4 above outlines the limited funding provided through the ICSs to East Suffolk Council just prior to and since the formation of Integrated Care Systems but it is important to recognise that ICSs face significant financial pressures due to challenges such as increased demand for services, including the ongoing recovery from the Covid-19 pandemic. Things are much more challenging financially now than in previous years – for example in 2019 the then Ipswich and East Suffolk CCG provided £550k of funding to East Suffolk Council for projects to tackle the wider determinants of health and health inequalities and the last of this funding will be spent by September 2023. |
| | The Cabinet Member for Community Health contacted the Chairs of both the Integrated Care Partnership and Health and Wellbeing Board for Norfolk and Waveney about the lack of resources (staff and funding) to support the Waveney Health and Wellbeing Partnership. She made the case that each Norfolk HWP has an identified Norfolk Public Health lead and an allocation of funding to support Partnership delivery against the agreed HWP priorities from the Norfolk COMF budget. The request was referred back to Suffolk Public Health who, although aligning a Place 'lead' to the Waveney HWP, have confirmed that they have no additional resources to provide - Suffolk have allocated their COMF resource in a different way (to the Mental Health programme that ESC is also part of). |
| | Additional investment has been made by both ICB's into their own staffing roles to support the development, transformation and delivery of the new structures and programmes. However investment in the joint Head of Communities role by the Suffolk and North East Essex ICB ends in 31 st March 2023 due to lack of funding and, although we welcome the fact that £35k per annum core funding is in place from Norfolk and Waveney ICB (£15k towards the Head of Communities role and £20k towards the Project Officer role), this has remained at the same level for three years and therefore in real terms is worth less each year as staffing costs rise. |
| | <u>Priorities</u> – both ICSs are very clinically focussed, which is unsurprising given the challenges facing both health and care currently in the midst of Winter pressures. There is therefore limited focus on preventative activity and limited opportunity to secure resources for ESC activity around the wider determinants of health. However, our involvement at different levels of the two ICSs, as well as both Health and Wellbeing Boards does provide the forum to identify opportunities as they arise. |
| 3.3 | Opportunities |
| | ICSs offer an opportunity to refocus from a 'national illness service', as some have described it, to a 'national wellness service' - with the emphasis on keeping people well rather than treating them when they become ill. |

The model below, reproduced from a presentation by Bromley by Bow Health, proposes a new model of health care - one where there is more focus (and aligned resources) on care accessed in communities, care provided by family and friends and self-care - rather than the current model, with its emphasis on tertiary (specialist), secondary (hospital) and primary (GP and community health services) and challenges Integrated Care Systems to 'rethink care'.



ESC already has influence over specific levels of the two ICSs, particularly the INTs/Connects in the south of the District and the Health and Wellbeing Partnership in Waveney. In general terms both ICSs have demonstrated that they value the input of District Councils and the opportunity to build on our connections into communities through mechanisms such as the Community Partnerships, Youth Voice and Disability Forums, but also our influence on the things that sit alongside health inequalities to create wider inequalities that in turn have a huge impact on health, including financial instability, access to services, worklessness, poor housing and lack of access to a healthy environment.

Our Ease the Squeeze programme to help residents with the rising cost of living is a clear example of how our work can help reduce demand in health and care services for example living in cold, damp homes will lead to more residents ending up in hospital with severe respiratory illnesses and therefore our Warm Rooms, Warm Homes, Winter Warmth packs and a new Warmth on Prescription pilot (in development in the Great Yarmouth and Waveney area) should all help to reduce this and, in turn, reduce demand and cost on the ICSs. Similarly, maximising income and reducing expenditure for residents through our financial inclusion team will enable them to eat well and heat their homes and, therefore, to focus on their health and wellbeing as a priority.

Once the ICSs are embedded as the new way of working and structures, strategies and funding are finalised, there will be opportunities to influence their strategies and areas of focus and it is important that all Councillors play their role in this.

| 4 | Reason/s for recommendation |
|-----|---|
| 4.1 | The report provides an overview of the new Integrated Care Systems in East Suffolk, outlining both the similarities and differences between the two areas – |

Norfolk and Waveney and Suffolk and North East Essex. It considers specific areas of focus including ESC involvement in the different levels of the two structures (both Councillor and officer) and outlines potential challenges and opportunities.

Appendices

| Appendice | ppendices: | |
|--|------------|--|
| Appendix A Map of ESC involvement in the two Integrated Care Systems | | |

| Background reference papers: | | | |
|------------------------------|------|----------------|--|
| Date | Туре | Available From | |
| None | | | |

Norfolk and Waveney System

Suffolk and North East Essex System

