

Community Partnership Grant Application (2020-2021)

Section 1 – Organisation Details

Contact Details	
Name of Group:	The Art Station
Address (incl. Post Code)	The Art Station 48 High Street Saxmundham IP17 1AB
Project Lead (Name & Position):	Clare Palmier
Contact Email Address:	clare@theartstation.uk
Contact Telephone Number:	07927770421

Group Status	
<input type="checkbox"/> Community or voluntary group	<input type="checkbox"/> CIC / Social Enterprise
<input type="checkbox"/> Registered Charity	<input type="checkbox"/> School
<input type="checkbox"/> Community Interest Organisation (CIO)	<input type="checkbox"/> Village Hall/Recreation Ground C'tee
<input type="checkbox"/> Local Branch of a National Organisation	<input type="checkbox"/> Town or Parish Council
X Charitable Company Limited by Guarantee	<input type="checkbox"/> Other
If registered charity, please state number:	
If registered as a company e.g. Community Interest Company or Limited By Guarantee, please state number:	10227051

Supporting Documents	
Does your organisation have the relevant policies and procedures in place? Please tick those which are applicable to your organisation/this project:	
Constitution / set of rules	Yes <input checked="" type="checkbox"/> No <input type="checkbox"/>
Child Protection Policy	Yes <input checked="" type="checkbox"/> No <input type="checkbox"/> Not applicable <input type="checkbox"/>
Vulnerable Adults Policy	Yes <input checked="" type="checkbox"/> No <input type="checkbox"/> Not applicable <input type="checkbox"/>
Health & Safety Policy	Yes <input checked="" type="checkbox"/> No <input type="checkbox"/> Not applicable <input type="checkbox"/>
Equal Opportunities Policy	Yes <input checked="" type="checkbox"/> No <input type="checkbox"/>

Section 2 – Project details

Project description

Please provide a brief description of your planned project or activity (up to 200 words).

We need to know the following:

- *What you intend to do*
- *How you intend to do it*
- *How your project demonstrates value for money*

Photo shed is a small, achievable six month pilot project that will use photography, walking and smart phones as a way of engaging participants in a local social network, support them to increase daily activity and allow them to document aspects of their life: cooking, walking, nature spotting or any other activities big or small. The project will focus on individual men (up to six participants) who may be experiencing isolation and loneliness, exacerbated by the pandemic who have identified by the social prescribing team and other local voluntary organisations over the last year.

This project will start online if some restrictions are in place and move into face-to-face sessions as this becomes possible. A communal, closed Instagram account will facilitate the sharing of their images and allow the men to comment and interact with each other.

The initial, fortnightly sessions will be led by a local artist/photographer Dominic Whiten and take place online. When appropriate, the participants and artist leader will start to meet and walk together. The sessions will give the participants the tools and understanding to have ownership over the project. The leader will also facilitate co-production amongst the men, focusing on what themes and subjects might emerge and develop. The artist/photographer will continue to support the group to become more self-reliant.

The communal walking will serve as an engaging and active way through which the men may discuss their activities and photographs, how to increase skills and explore photography more broadly and also to discover easy and pleasant local walks and places to visit – including the Community Garden in Saxmundham, and The Layers. The Railway Farm Project Benhall have agreed to host the group as a safe and welcoming destination to visit during the summer. A budget allocation for transport will allow the group special visits to the seaside or other locations that they choose.

If the demand increases a second group will be formed at six months, responding to the learning and feedback from the first six months and funding sought to continue the project. Smart phones will be project phones and re-used for new participants.

Photo Shed is a low-cost project with significant impact in terms of the long-term mental health of participants, enabling them to form social networks that will potentially last well beyond the duration of the project.

How does your project or activity address the following priorities (up to 200 words):

P1. Isolation

P2. Mental Health

P3. Obesity

P4. Low income

P5. Education attainment

Photo Shed is a project addressing social isolation and mental health specifically directed towards a group of men who have become significantly isolated (during the pandemic/ due to rural isolation). They have been identified through the local network and have expressed interest in engaging in creative activity, which this project would provide.

Participants could connect and build a social network with each other during the project and through walking and talking with the artist leader would share experiences and skills which will contribute to their sense of well-being, build self-esteem and allow them to develop where appropriate skills in photography and responding creatively to their environment while also encouraging them out into the local landscape.

A regular activity and contact with others as well as increasing physical activity outside will increase both physical and mental well-being.

How was the need for the activity/project identified (up to 200 words):

- *Please specify if your project idea is a result of a Parish/Neighbourhood Plan, a Market Town health check, a questionnaire or another means of consultation/engagement.*
- *You can also show need through anecdotal evidence such as ticket sales/reviews or events.*

While we have been delivering our recent 'Art in a Bag' project, commissioned by East Suffolk Community Partnerships; and other local organisations have identified a small group of men as significantly isolated and being one of the key groups in need. Although they want to engage with creative projects, they fell outside of the Art in a Bag activity which is aimed at elders.

When will your project start and finish?

Start Date (MM/YY)	01/08/2021
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Finish Date (MM/YY)	30/01/2022
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Section 3 – Budgets

Project Funding

Total Cost of the Project:	£ 4460
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How much grant is required?	£ 2460
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How much match funding is in place? (if applicable)	£ 2000
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Section 4 – Outcomes/Monitoring

What are the anticipated outcomes:

Outcomes are the specific changes that you want to result from the project

Participants will connect with each other forming bonds to help them feel less isolated
Participants will engage with their daily lives in a creative way to encourage positive outlook and mental well-being. Where appropriate, participants will build confidence in composing photographs and how photography can be used to express identity and how it can be used to create a sense of connection to the local area and place. As appropriate to

each individual, they will develop skills, using photography as a form of expression with support and mentoring of the lead artist and the group.

Participants will engage in a regular activity to promote well-being, confidence and self-esteem and will spend more time outside.

How will you monitor and evaluate progress towards these outcomes?

i.e What information do you need to record as the project develops to track progress

Regular feedback from participants to the lead artist and the Art Station

Evaluation methods will be developed with participants and the lead artist to measure well-being and changes in mood over the six month period, using the WEMWB scale

Using informal participant led methods such as conversations, post it trees, video/audio conversations/ Q&A sessions, interviewing each other throughout the project - information will be gathered on any increase in well-being and the experience and skills developed during the six month period. The evaluation will form an essential part of the development of the project for the following six months/ following year.

The project will be evaluated and reviewed with participants and, if it's working, we will find funding for another six months into 2022 and link this to other social prescribing activity: food, physical activity etc.

How will you promote and publicise the project?

N.B. We expect you to acknowledge East Suffolk Council funding support in any relevant publicity.

Photo Shed will be promoted through the Art Station newsletter and social media channels, posters on local parish notice boards, local parish magazines, local press and media and via the social prescribing network.

Declaration

I am authorised and eligible to sign and approve this application on behalf of the organisation and declare the information included in this application is true and accurate.

By signing below, the information you have supplied is being collected to allow us to process your application. By completing this form, you consent to East Suffolk using your information in this way.

I understand that in the assessment of this application the Council may share information contained within it, with other core funders for funding programmes we have applied too, relevant Council directorates and committees.

If you do not provide your consent, we will not be able to process this application. Your information will not be used for any other purpose unless we obtain your consent.

Your information will be retained for 4 years. You can request that your information is deleted at any time.

Data will be processed and held securely and in accordance with the General Data Protection Regulation (and any updates).

Further information about data protection can be found on the East Suffolk Website <http://www.eastsuffolk.gov.uk/assets/Your-Council/Access-to-Information/Privacy-Notices/Communities-Privacy-Notice.pdf>

To comply with General Data Protection Regulation 2018 and Data Protection Act 2018, I confirm that I have given my consent for my personal data to be used in accordance with the privacy notice above (please tick the box)



Signature:
2021

Date: 14/06

Enter your name only if you agree to be bound by the terms set out in this form. We will treat this as your signature of the form.

Please submit this Grant application to grants@eastsuffolk.gov.uk