

COVID-19 YOUNG PEOPLE'S SURVEY

East Suffolk Council and Youth Voice wanted to understand how the Coronavirus has affected young people across East Suffolk. Therefore, we decided to conduct a survey.

87 YOUNG PEOPLE responded and East Suffolk Council will use the collected data to help identify what support may be needed for young people during future waves of Covid-19 and the recovery process.

47% of respondents were aged 13-15. **68%** of responses were from Lowestoft residents with 20 Towns and Villages being represented in total.

BIGGEST CONCERNS DUE TO COVID-19...

- School and education, including GCSE's and falling behind in their studies.
- Risk of family and people they care about catching Covid-19.
- Not being able to see friends.
- How will life look post Covid-19.

HOW HAVE YOU BEEN HELPED DURING COVID-19?

- Schools have provided work packs, online learning, teacher phone calls and zoom catch ups
- **21%** have been supported through community initiatives or groups such as youth clubs, church groups, the Scouts, drama clubs and sports.

16%
have received
support through talking
to friends online

24%
said family have helped
them with schoolwork
and mental and
emotional support

21%
said they felt
they didn't
receive any support

SUPPORT FOR THE FUTURE...

- Respondents discussed they would like more contact with their school including more Zoom lessons and better resources (internet for students who can't access it at home)
- More reassurance and updates of what is going on in the community and how things are going to change.
- Students would like more counsellors in school and on the internet to provide mental health support.
- Future unemployment support and advice.
- **15%** felt they don't require any future support.

POSITIVE IMPACTS...

- More time for themselves, getting to know themselves better, and appreciating what they have in life.
- Being more active and eating healthier.
- **26%** felt there was no positive impact for them.

23%
enjoyed spending
more time
with family

WHAT ARE YOU LOOKING FORWARD TO POST-COVID-19...

- **49%** are looking forward to seeing friends and family.
- **11%** said not having to worry mentally anymore about Covid-19.
- **23%** said continuing hobbies such as football, shopping, cinema and eating out.
- **17%** are looking forward to returning to school.

WHAT NEXT...

East Suffolk Council will share responses with our partners, including schools, Town and Parish Councils and youth service providers who will be encouraged to consider the findings when delivering services in the future which impact on young people. Students across East Suffolk will also be considering the findings from this survey during a multi-schools event in November this year to try and combat social isolation in communities. Funding from East Suffolk Council will assist in making some of the students ideas from this event become a reality.