

Theme	Whose Top 3?	What are we already doing?	What else could we do?
Isolation and Loneliness	<ul style="list-style-type: none"> • Suffolk Community Foundation • Community Action Suffolk • Suffolk County Council • East Suffolk Council 	<ul style="list-style-type: none"> • Suffolk Hidden Needs Report 2020 and East Suffolk Hidden Needs Grants – now finished • 175 Grandpads for loan across the District (digital isolation) • Social Prescribing – Connect for Health, Solutions Lowestoft and Social Connections (South Waveney) • Connected Communities for older people in rural areas (four CP areas) • Talking/Chat Benches • Meet Up Mondays (Rural Coffee Caravan) • Good Neighbour Schemes (CAS) • Community Restart – vibrant village halls/community buildings/groups with activities for whole community to enable social connections • Digital Inclusion Network and Digital Champions - SALC exploring online digital resources / masterclasses • SALC forums/networks for clerks and councillors, themes and speakers to help raise awareness • BSEVC have picked up some elements of the Age UK offer 	<ul style="list-style-type: none"> • Mapping to fully understand implication of Age UK Suffolk ceasing to operate, gaps in service and whether other relevant providers could be supported to work in East Suffolk? • Relaunch Hidden Needs grants but focus on specific target groups as per the Boost grants? • Men’s Shed development – CAS currently exploring funding opportunities • Support bid for further funding from COMF to extend Community Restart • Support reduction in isolation and loneliness further via Social Prescribing and linking with volunteers within the community
Mental Health and Wellbeing	<ul style="list-style-type: none"> • Suffolk Community Foundation • Suffolk Police • Ipswich and East Suffolk CCG 	<ul style="list-style-type: none"> • ‘Mental Health First Aid Introduction’ training for community groups and VCSE organisations (pilot) • ‘Supporting those in Distress’ training for community groups and voluntary sector 	<ul style="list-style-type: none"> • Explore other options for projects that would support those with minor to moderate Mental Health needs to enable faster recovery and prevent worsening of conditions – focus of December CPB

	<ul style="list-style-type: none"> • East Suffolk Council 	<p>organisations (pilot)</p> <ul style="list-style-type: none"> • Student Life Mental Health Ambassadors pilot in 6 schools (3 north and 3 south) • Pilot hoarding project with Access Community Trust (bid to CPB in September) • Mentally Healthy Towns pilot in Beccles, Bungay and Halesworth • Growing Minds Project (Leiston/Sax) • Men’s Mental Health Community Fund (Leiston) • Equity In Mind Programme • SALC employee assistance programme (EAP) offered to councils at a reduced fee to aid their wellbeing (links to resilience) • SALC offer e-learning programmes through Team Doctor • SALC ran a sleep webinar with a specialist to help raise awareness • SALC podcasts, e-magazine articles, and weekly e-bulletins • Good examples of joint working between Police, social care and mental health in relation to individual cases. • Police have used the MH triage nurses within control room when dealing with individuals with MH related issues • Police work with the Dragonfly unit at Carlton Court Hospital – engagement with inpatients on the ward • Partners are taking a multi agency approach to a specific case in Lowestoft 	<p>meeting</p> <ul style="list-style-type: none"> • Further ‘Mental Health First Aid Introduction’ and ‘Supporting Those in Distress’ training sessions • Evaluate Mentally Healthy Towns pilot and offer other towns the opportunity to roll this out • Funding to support full Mental Health First Aid courses for VCSE organisations, for an East Suffolk wide Community Mental Health conference and a small grant scheme to enable community led mental health networks and projects e.g. Worry Tree Café’s, Men’s Sheds, Meet Up Mondays, Mentally Healthy Towns etc. • Explore specific Men’s Sheds development officer for East Suffolk • Encourage more East Suffolk communities to become Dementia Friendly Communities • SALC to seek funding that enables free training on becoming dementia friendly organisations • SALC to explore topic-based forum on health and wellbeing and encourage parishes to raise awareness of initiatives using good news stories • SALC to link with Suffolk MIND to explore ways to promote topic further to help community leaders become more informed • Green Social Prescribing schemes or Creative Health activities to support mental health
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Young People (education, emotional wellbeing, physical activity)	<ul style="list-style-type: none"> Community Action Suffolk Ipswich and East Suffolk CCG 	<ul style="list-style-type: none"> East Suffolk Youth Voice website relaunch Emerging Youth Healthwatch (Healthwatch Suffolk) Pilot Young Adult Carers project (Suffolk Family Carers) Waveney Youth Council Leaving Care work including 2 x Apprentices Youth Employment Service (YES) support for NEET 16–25-year-olds Social Prescribing for Young People – planned project with IESCCG in south Holiday Activities Fund – SCC, Districts and VCSE Suffolk Youth Focus project - 9 target areas identified in East Suffolk Youth Intervention Fund collaboration with SCC NALC key theme and SALC to do a topic-based Q & A session 	<ul style="list-style-type: none"> Ensure that youth groups in existence prior to CV19 are supported to resume post easing of pandemic restrictions – Community Restart and more specific support CAS/ESC project to explore the needs of young people living in rural communities (potentially 3 x CP areas) whilst upskilling local Town and Parish Councils and community groups to support youth activities Report to ESC Cabinet in September 2021 to seek £230,267 funding to extend YES for a further two years Start planning HAF activities for December 2021 onwards earlier and ensure co-ordinated programme with reach into urban and rural communities – ESC to include in Framlingham and Wickham Market CO role
VCSE Resilience and Town and Parish Council Resilience	<ul style="list-style-type: none"> Community Action Suffolk SALC Suffolk County Council 	<ul style="list-style-type: none"> East Suffolk ‘Bounce Back’ grants / Suffolk Community Restart programme – grants, workshops, advice Buddy Up programme (Community Action Suffolk) SALC and ESC joint visioning workshop planned for October 2021 Volunteering Passport (Community Action Suffolk) Volunteering Strategy and campaigns 	<ul style="list-style-type: none"> Raise awareness of the value of volunteering further, embed in other ESC strategies Ensure this theme includes community resilience as well as voluntary sector resilience CAS considering 5 yearly Rural Services Survey later this year (a year overdue due to covid) to get an understanding of rural communities post covid

		<p>(Community Action Suffolk)</p> <ul style="list-style-type: none"> • SALC improvement and development for local councils, including training and development programme for councillors and clerks including CiLCA qualification for clerks and Local Council Award Scheme for whole councils • SALC advisory services, internal audit services and payroll services • SALC forums (2020/21 increase of 300%) to help parishes network, share good practice, cluster etc., • PENDING – Parish Online for all town and parish councils to aid with emergency planning (links to numerous other datasets and potentially opens up two-way flow of information) 	<ul style="list-style-type: none"> • Support parishes to undertake village reviews, village appraisals to ascertain how to rebuild their communities – make small grant fund available to support the costs of doing this?
<p>Health Inequalities and Vaccine Inequality (deprivation, high risk, harder to reach communities)</p>	<ul style="list-style-type: none"> • Suffolk County Council • Norfolk and Waveney CCG • Ipswich and East Suffolk CCG 	<ul style="list-style-type: none"> • Health Inequalities Group (Waveney area) • Health Inequalities Toolkits (Norfolk and Suffolk) • Community Intervention Team Activity Plan (town centre businesses, accommodation providers, car washes, fast food outlets, Big Issue sellers, farms, food production, delivery drivers, taxi drivers etc) • Covid Neighbours Programme (Kirkley) • Vaccination Take Up modelling and associated action e.g. door knocking 	<ul style="list-style-type: none"> • Pilot (COMF) funded project in Waveney to increase vaccine take up and improve overall health outcomes • Use COMF funding to extend Community Intervention Team roles beyond March 2022 • Apply Social Value principles to all spend in east Suffolk to help address health address the wider determinants of health • ESC work in collaboration with CCG to understand and support deprivation and harder to reach communities to access flu and covid boosters via C-19 bus and pop up clinics particularly in rural communities
<p>Community</p>	<ul style="list-style-type: none"> • Suffolk Community 	<ul style="list-style-type: none"> • ESC 1-year Financial Inclusion Officer from 	<ul style="list-style-type: none"> • Continue to provide funding support to

<p>Recovery (health and wellbeing support, employment, financial insecurity, long Covid)</p>	<p>Foundation</p> <ul style="list-style-type: none"> • Suffolk County Council • Ipswich and East Suffolk CCG 	<p>Nov/Dec 2021</p> <ul style="list-style-type: none"> • Volunteering Pathways project (Community Action Suffolk) • Employment Readiness project (ESC) • Ambitions to Employ project (MENTA) • Review of Local Welfare Assistance Scheme (LWAS) underway • Lowestoft Food Network • Period Poverty project • Ongoing work with Good Neighbour Schemes and Mutual Aid Groups about future plans and support needs • SALC exploring on high street recovery 	<p>enable resumption of BAU activity across the sector – support COMF bid to extend Community Restart grants</p> <ul style="list-style-type: none"> • Enhancing Social Prescribing by embedding further within the community and increasing number of self-referrals and those received from VCSE orgs, Borough and District Councils, Health and Social Care • Reprocare Connect for Health in the south of East Suffolk (CCG and ESC). • Work towards the City of Culture bid and recognising the opportunity this will bring to impact positively on health and wellbeing.
<p>Health and Wellbeing, Admission Avoidance and 'Waiting Well', frailty and long-term conditions</p>	<ul style="list-style-type: none"> • Norfolk and Waveney CCG • Ipswich and East Suffolk CCG • East Suffolk Council 	<ul style="list-style-type: none"> • East Suffolk Boost Grants – four themes of Dementia, Disabilities, Get Fit, Community Food • 'Finding My Way' support for carers with complex needs (Suffolk Family Carers) • Work with Everyone Active (north) and Places (south) on community activity programmes • Work with Active Suffolk on physical activity pilots linked to GP practices 	<ul style="list-style-type: none"> • Joining up social prescribing with volunteers in the community to support communities further, particularly following discharge from hospital and supporting through the winter • Support citizens further, whilst on elective care waiting lists, to be fit and well • Support the funded project working with JPUH, GYBC and local social prescribing providers to ensure residents are enabled to 'wait well'. • As part of the GY&W tackling health inequalities collaboration, aimed at identifying preventable LTC, support the embedding of tangible actions to improve health outcomes for diabetes, hypertension, obesity, depression and respiratory conditions.

			<ul style="list-style-type: none"> • Work alongside health partners to support the anticipated NHS England initiative 'Core20plus5' to reduce health inequalities.
Domestic Abuse	<ul style="list-style-type: none"> • Suffolk Police 	<ul style="list-style-type: none"> • Pilot Domestic Abuse Community Advocates Training (SCC) • Positive action being taken when DV is reported. DASH books completed to fully understand wider situation including other offences • Leeway IDVA support service follow up on any Higher risk DV cases, providing extra support beyond the Police - many of the prosecutions would not have happened without them providing the extra support and advice to the victims. • Referrals are regularly sent through from the MASH for an SNT officer to contact an individual that a third party has reported may be the victim of domestic abuse 	<ul style="list-style-type: none"> • Additional DA Community Advocates Training sessions in East Suffolk
Vulnerability	<ul style="list-style-type: none"> • Suffolk Police 	<ul style="list-style-type: none"> • Data project through Collaborative Communities Board to link Vulnerability and Low-Income Family Tracker (LIFT) • Police have Olga Filatova in place who has been reaching out to the harder to reach communities focusing on hidden harm and Modern Day Slavery in particular • Police, PCSO's and ESC Community Intervention Team have visited car washes in the Beccles and Lowestoft areas to ascertain if any issues around forced labour / illegal immigrants being housed in inappropriate premises. 	<ul style="list-style-type: none"> • Information sharing and joint patrols to dynamically tackle emerging vulnerability issues

