

Community Partnership Board

Thursday, 8 December 2022 at 10:00 am

**Venue: The Peter Pears Recital Room, Snape Maltings, Snape Bridge, Snape,
Suffolk, IP17 1SP**

		Pages
1	Welcome and Apologies for Absence - Welcome and Apologies for Absence - Steve Gallant. - Welcome to Snape Maltings from Roger Wright, to include an update on current work and future plans.	
2	Minutes To confirm as a correct record the Minutes of the Meeting held on 5 September 2022.	1 - 10
3	Focus on Community Partnerships - CP Newsletter (issue 2) - to follow - Felixstowe Peninsula Community Partnership - Mark Jepson - Lowestoft and Northern Parishes Community Partnership - Paul Ashdown	
4	Report from the Transport Task and Finish Task Group on the Katch electric taxi-bus service trial and the development of a new transport app Verbal update from Nick Khan.	
5	Social Isolation and Loneliness Task and Finish Group's Plan and Proposal To consider a report from the Social Isolation and Loneliness Task and Finish Group.	11 - 22
6	Update on the Shared Prosperity Fund and Rural England Prosperity Fund Verbal update from Paul Wood.	

7	Update on the Ease the Squeeze Programme Verbal Update from Nicole Rickard.	23 - 34
8	Any Other Business	
9	Date of Next Meeting Wednesday, 15 March 2023 at 2.00pm at the Riverside Centre, Stratford St Andrew.	

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Unconfirmed



Minutes of a Meeting of the **Community Partnership Board** held in the
Conference Room, Riverside, Lowestoft
on Monday, 5 September 2022 at 4.00pm

Community Partnership Board Members Present:

Steve Gallant (Chairman of the Community Partnership Board and Leader of East Suffolk Council),
Chris Abraham (Chief Executive of Community Action Suffolk (CAS)),
Paul Ashdown (Chairman of the Lowestoft and Northern Parishes Community Partnership),
Lesley Beevor (SALC representative),
Bobby Bennett (Suffolk County Council, Cabinet Member),
Chris Blundell (Chairman of the Kesgrave, Rushmere St Andrew, Martlesham, Carlford and Fynn Valley Community Partnership),
Norman Brooks (Chairman of the Carlton Colville, Kessingland, Southwold and Villages Community Partnership),
Judy Cloke (Chairman of the Beccles, Bungay, Halesworth and Villages Community Partnership),
Tony Cooper (Chairman of the Aldeburgh, Leiston, Saxmundham and Villages Community Partnership),
Susan Harvey (Greenprint Forum representative),
Rachel Hunt (Norfolk and Waveney Integrated Care Board),
Mark Jepson (Chairman of the Felixstowe Peninsula Community Partnership),
Tom McGarry (Head of Stakeholder Engagement for EDF Energy),
Lisa Perkins (Vice Chairman of the Community Partnership Board and Realisation Director for British Telecom),
Carol Poulter (Chairman of the Framlingham, Wickham Market and Villages Community Partnership),
Stephen Singleton (Suffolk Community Foundation),
Letitia Smith (ESC Cabinet Member with responsibility for Communities, Leisure and Tourism),
Nicola Turner (Acting Inspector, Suffolk Constabulary).

Others present:

Luke Bennett (Partnerships Manager, East Suffolk Council),
Andrew Cuthbertson (Communities and VSC Lead, Suffolk County Council),
Andy Joliffe (Communities Officer),
Sam Kenward (Communities Officer),
Nick Khan (Strategic Director, East Suffolk Council),
Matt Makin (Democratic Services Officer, East Suffolk Council),
Ben Porter (Funding Manager),
Jack Raven (Project Manager, EDF Energy),
Nicole Rickard (Head of Communities, East Suffolk Council and NHS Norfolk & Waveney / Ipswich & East Suffolk Integrated Care Boards),
Nicola Wotton (Deputy Democratic Services Manager, East Suffolk Council)

1. Welcome and Apologies for Absence

Steve Gallant welcomed everyone to the meeting.

Apologies for absence were received from Maddie Baker-Woods, Louise Hardwick, Michael Ladd, James Mallinder, Tim Passmore and Roger Wright.

2. Minutes

Steve Gallant presented the Minutes from the last meeting of the Board held on 13 June 2022. He then asked Luke Bennett to give a short update on a couple of matters which were referred to in the minutes.

Luke Bennett reported that in relation to Item 9, Outcomes from the Annual Forum 2022, it had been suggested that an additional event could be held in the North of the District. Due to the additional workload to respond to the cost of living crisis, there was not the capacity for this to take place this year. In relation to Item 11, Forward Work Programme, it had been suggested that a Scoping Group be set up to look at ways for the Community Partnerships to engage with local businesses in their areas. Lisa Perkins and Tom McGarry were supporting this initiative and a round table discussion with key business representatives was scheduled to take place on 2 November. The discussion would focus on how businesses can support the Ease the Squeeze campaign.

There being no comments or amendments proposed for the minutes, it was therefore

RESOLVED

That the Minutes from 13 June 2022 be confirmed as a correct record.

3. Update on the Cost of Living Programme

N.B. Letitia Smith and Carol Poulter joined the meeting during this item.

Steve Gallant commented that the Cost of Living Crisis was affecting residents and businesses alike and the Council was preparing a programme of support to assist them through this unprecedented time. He then invited Nicole Rickard to update the Board on progress to date.

Nicole Rickard reported that the Task and Finish Group, supported by staff in the Communities Team at East Suffolk Council, had previously developed an outcome proposal focussed on the four key areas for Action identified through an initial workshop held to scope the programme - Money, Food and Essentials, Energy and Fuel and Housing - and £100,000 of funding had been allocated to the programme.

Nicole then gave a detailed presentation on the Ease the Squeeze project, a copy of which would be posted on CMIS after the meeting. It was noted that the branding for the project would appeal to all people and would help to reduce the stigma involved in

asking for help. The new pages on the Council's website would provide information for those people who needed help, as well as those people who wished to volunteer or donate to the project.

The Board noted that a Financial Inclusion Strategy had been developed and 16 roadshows were planned for the market towns in East Suffolk between September and November 2022, to raise awareness of the support available to those in need. Over 70 projects had been identified through the workshops for staff, Councillors, partners and the June Community Partnership Board meeting. 12 priority projects had been identified through a voting process and Nicole provided an update on the following projects:

1. Network of Warms Rooms (E3)
2. Food Network Co-ordinator (F1)
3. Community Pantries (F3)
4. Handyperson Project (E9)
5. Cooking on a Budget Classes (F7)
6. Microwaves/Slow Cookers/Hobs (F11/F15/H12)
7. Comfort Food (F5)
8. ID Document Fund (M8)
9. Field to Fork Projects (F8)
10. Clean, warm bedding/Winter Warmth Packs (E12/E2)
11. Digital and Phone projects (M5)
12. School uniform/prom/interview Clothes Banks (F14)

Nicole then updated Members on the funding for the Cost of Living Programme, it was noted that funding was approaching £1 million and she reported that many people were approaching the Council for help, for the first time. The Board noted the detailed Outcome Proposal for the Cost of Living Programme and confirmed their support for the projects listed within. Nicole then took the opportunity to thank the Communities Team for all their hard work to date, to assist the residents of East Suffolk.

Paul Ashdown gave an update on an opportunity to purchase a Community Hub in the Lowestoft and Northern Parishes Community Partnership area, which could be used for a variety of projects. Steve invited Paul to bring a business case to the next CPB meeting in December 2022, to seek funding in support of this project.

Chris Blundell commented that the rural populations were scattered over wide areas, therefore, mobile Food Banks or Pantries were needed to support these residents, rather than expecting residents to travel. Norman Brooks then asked if there was any progress in relation to setting up a mobile Food Bank? Nicole reported that this was being explored and she confirmed that it would be useful to supplement the fixed Food Banks and Community Pantries in this way. It was noted that work was progressing to improve the Food Pathways for Food Banks, as donations from the public had reduced significantly over recent weeks and months.

Susan Harvey stated that many rural parishes had charities of their own, whose money could potentially be used to support local residents who were struggling. There followed some discussion in this respect and it was agreed that Nicole and the Funding Officer would investigate this further, outside of the meeting.

Andy Cuthbertson commented that the Board needed to be aware of the impact of the cost of living crisis on the wider voluntary community sector. Many voluntary groups had had to close, as a result of rising utility costs and reductions in the hours that volunteers could provide, as many had been working additional hours to supplement their income. Chris Abraham commented that she would be keeping an eye on the situation. It was noted that the ability to only claim 45p per mile when undertaking volunteer driving was a problem, as it no longer covered costs. Susan commented that village halls provided a vital service, enabling people to mix and socialise, which was positive for their mental health and wellbeing. However, the rising cost of electricity was making the halls too expensive to use and, therefore, many clubs and groups were no longer able to meet.

There being no further questions or comments the Board moved to the recommendations and it was agreed by consensus:

RESOLVED

- 1) To advise Nicole Rickard if any of the Board Members' organisation/partnerships could provide support for the Cost of Living programme, in any way.
- 2) That a report on progress will be brought to the meeting to be held in December 2022, including about take up of and demand for the various projects.
- 3) That a business case will be brought to the next meeting to be held in December 2022, regarding the possible purchase of a Community Hub in the Lowestoft and Northern Parishes CP area.
- 4) That the Board supported the Cost of Living Outcome Proposal.

4. Focus on Community Partnerships

Letitia Smith invited Board Members to send her their comments and feedback on the latest Community Partnership Newsletter. She then invited the 2 presentations to commence.

Beccles, Bungay and Halesworth Community Partnership

Judy Cloke, Chairman of the Beccles, Bungay and Halesworth CP gave an update on their progress over the past year. It was noted that their 2 priorities were:

- Tackling social isolation and loneliness for all ages including young people
- Improving physical and mental health and wellbeing, enabling people to live healthy and encouraging physical activity including cycling and walking

Judy reported that one of the projects that had been supported was for Oral Health Packs. This had involved funding for 600 oral health packs for 11 year olds, which had been shared via primary schools, scout groups and food banks, to promote good oral hygiene. Each pack contained a toothbrush, toothpaste, timer and information sheet. Judy was pleased to report that 43% of young people surveyed stated that they had

made changes to looking after their teeth and 40% were brushing longer than before they received their packs.

Another project that had been supported was Slipper Swap, which had previously been a success in the Carlton Colville, Kessingland and Southwold Community Partnership. The project enabled older people to swap an old, worn out pair of slippers, for a new pair, free of charge. The aim of the project was to help prevent falls in the home and also to provide a gateway to additional support. This project had been very well received and referrals continued to flow in.

Steve Gallant thanked Judy for her update and commented that whilst the Slipper Swap project was unusual, it was clearly impactful and engaging with local communities.

Kesgrave, Martlesham, Rushmere St Andrew, Carlford and Fynn Valley Community Partnership

Chris Blundell, Chairman of the CP, introduced Andy Joliffe who gave an update on the Road Safety project to date. It was noted that this CP area had a mixture of very busy roads, such as the A12, and quieter country lanes, which both had their issues. He reported that a Road Safety Forum had been set up to work with partner organisations to try and improve dangerous junctions and road safety overall. The outcomes of the project included:

- Consistent attendance at the Forum
- New CP attendees, eg: Grundisburgh
- Highways engagement and trials in our CP
- Speed Indicator Device data influencing Police resourcing
- More hi-vis protection for young children
- Kesgrave Speed Watch
- SAVID expansion to 7 villages
- Road Safety Week – November 2021 40,000 vehicles saw the promotion 15,000 young people via Suffolk Rural social media Week of action with Speed Watch volunteers
- Lobbying and problem solving leading to outcomes
- National charity Brake aware of our work and success

Chris Blundell reported that he was very pleased with the way in which different organisations were working together to improve road safety in the area.

5. Tackling Social Isolation and Loneliness – Next Steps

Steve Gallant invited Nicole Rickard to give a presentation on this item.

Nicole reported that since the Community Partnerships were formed in 2019, Social Isolation and Loneliness had been the top priority for the Board and identified as a priority by seven of the eight individual Community Partnerships. The Covid-19

pandemic, specifically the national lockdowns, shone a spotlight on isolation and loneliness and its impacts were still being felt by people of all ages. There was also evidence that significant numbers of people in Suffolk do not feel that it is safe to return to previous groups and activities.

Nicole touched on some of the health risks associated with loneliness, which included:

- People who are widowed, with a long- term illness or with a disability are more likely to experience loneliness
- 43-45% of people reporting bad or very bad health are often/always lonely
- Loneliness is likely to increase your risk of death by 26% (Holt-Lunstad, 2015)
- Loneliness is worse for you than obesity and associated with high blood pressure, heart disease and stroke
- Loneliness, living alone and poor social connections are as bad for your health as smoking 15 cigarettes a day. (Holt-Lunstad, 2010)
- Loneliness is a risk factor for depression in later life and puts people at greater risk of cognitive decline and dementia
- Half a million older people go at least five or six days a week without seeing or speaking to anyone at all
- Two fifths of all older people (about 3.9 million) say the television is their main company

It was noted that loneliness mapping had been undertaken across East Suffolk, which tended to show that loneliness was the highest in urban areas. The prevalence of often / always feeling lonely was highest among 16-24 year olds and this got lower as age increased. However, there were significant numbers of people who often/always feel lonely across all age bands.

Nicole updated the Board on the 15 ideas for addressing social isolation and loneliness identified at the Forum in March 2022. She also circulated a form for all those present to complete, an electronic copy had also been sent to all Board Members, to see if anything had been omitted from the list. Board Members were asked to send their completed forms to Nicole, outside of the meeting.

Mark Jepson asked how this area of work impacted on the Council's service provision? Steve reported that there was no statutory duty for the Council to undertake this work, however, it was important to support local communities wherever possible and to avoid all duplication.

Tony Cooper queried if fewer people were now using the Council's Leisure Centres? Steve reported that the Leisure Centre's were energy efficient, however, he acknowledged that people had less cash to spare at the moment. He anticipated that Council facilities would be used differently and creatively in future. Letitia commented that they could be used as social hubs in future.

Rachel Hunt commented on the importance of the work that the Council was undertaking and the need for partner organisations working together to share information. She stated that nothing should be done in isolation, there should be an overlay, which was integral to the Integrated Care System's way of working.

Stephen Singleton commented on financial hardship, which would make isolation worse, due to the shame and embarrassment involved. He stated that this issue required a sophisticated and systematic approach.

There being no further discussion, it was therefore

RESOLVED

- 1) That the ideas from the Forum workshop about key sources and places of connection to reduce loneliness, and priority groups be noted, and any gaps be identified and sent to Nicole Rickard.
- 2) That the proposed approach to convene a focus group of residents, reform the Task and Finish Group and develop an outcome proposal for the December Board meeting be endorsed.
- 3) That all consider their future participation in the Task and Finish Group – either the Board Member themselves or someone else from their organisation/partnership.

6. Youth Voice

Sam Kenward gave presentation to the Board. It was noted that Youth Voice was a district wide forum with a difference and provided a conduit where young people could submit their concerns for their local area and ideas on how to improve it. The main Youth Voice form was online, however, there was also direct engagement with young people in various settings such as school visits, out of school clubs and high school assemblies.

Youth Voice was re-launched in January 2022 and since then, there had been around 465 submissions/engagements. Once a term, all the responses were collated and sent in one report to key decision makers and partners, which included local councillors, police, health and highways. Key themes that had been raised included:

- Safety on the streets and in skate parks
- Social activities and facilities for young people
- The environment and litter
- Support around mental health, including people students can talk to

The Board noted that there had been significant progress in relation to some of the concerns raised eg litter, poor lighting and the general condition of 5 underpasses in Kesgrave. As a result, work had been undertaken on improving the underpasses using a local street artist and designs from local young people being painted on the walls, lighting was repaired and anti-graffiti coatings added to the artwork. This had been very well received and the young people had been pleased to see the requested improvements to their local environment.

Youth Voice had started to be noticed, both locally and nationally. Councils in other parts of the Country were interested in adopting the concept of Youth Voice and in May

2022, the Local Government Association featured Youth Voice as a case study about young people.

It was noted that Youth Voice provided a useful snapshot of what young people felt about their community, at that time. This could lead to more opportunities for exploration about what young people want and how different partners can work together to achieve this.

Steve Gallant commended this innovative project and noted how difficult it could be to engage with young people.

Nick Khan stated that this was a great initiative and all commendations were well deserved. It was important for the Council and partners to respond to the requests of young people and to try and co-solve the issues together.

Chris Blundell commented that he would expect different concerns to be raised by different age groups and it would be interesting to see an age break down of the issues raised. He also stated that it was important for all of the Community Partnership Chairmen to have sight of this information too, so that they were aware of young people's concerns in their CP area. Sam confirmed that the information could be broken down by age in future reports.

7. Transport and Travel Task Group Update

The Board received a presentation from Norman Brooks, Nick Khan and Jack Raven regarding the work of the Transport and Travel Task Group.

Norman highlighted that Andrew Summers, Strategic Director of Transport East, was a member of the Task Group. This was very helpful as Transport East was now the national lead sub regional transport organisation for rural transport. Andrew's engagement with the Task Group was very important and he provided great input and strategic knowledge.

Nick reported that the Task Group was investigating community transport in East Suffolk. It had decided to focus on demand responsive transport. As such, the 'Lowestoft Buzzabout' pilot had been taking place in the North of the District and work was underway to develop an App to enable the public to make bookings. The App had significant potential and, if successful, could be used more widely, outside of Suffolk.

Jack then provided more detail regarding the Lowestoft Buzzabout pilot. The pilot had been launched on 4 July 2022 and bookings on the new service were averaging around 6 per week, 3 per day, however, the overall target was 10 bookings per day. Further marketing and communications were planned to encourage more people to use the service. A survey was also planned to understand how the service was being used and also get user stories for marketing purposes.

In respect of the App development, it was noted that a suggested contracting arrangement had been proposed, feedback had been sought on a preferred supplier and new research had been completed. The next steps were to develop and set up the

inception workshop, identify the model and start the procurement process for the app development.

The Board then received an update on Suffolk County Councils Katch pilot scheme and it was noted that a new contract had been agreed in May to extend the pilot to the end of the year. There had been a change in the subsidy arrangements and an additional route had been added towards Snape. The Board was pleased to note that bookings were increasing gradually and promotional activity was ongoing, including a loyalty scheme. There was also increased publicity, generally, such as posters and timetable adverts.

The Board noted that the CATS and Active Travel projects would be developed next and further information would be provided in due course. The Community Transport Business Feasibility Study was currently progressing and a meeting was planned to finalise the recommendations. The aim would be to test the concept of the transport community business in one CP area. Nick confirmed that formal bids had not been submitted yet, however, a review of costings and the business case would be undertaken and brought to a future meeting for consideration.

Steve thanked Norman, Nick and Jack for their ongoing hard work in respect of transport issues in the district.

8. Spot Wellbeing

Chris Blundell presented an Initial Outcome Proposal and request for the Board to fund health and wellbeing courses delivering appropriate exercise, health information and socialising for the over 50s, in an attempt to stay as healthy as possible, both mentally and physically. He reported that the scheme had been very successful in his CP area and a survey had shown a 98% satisfaction rate amongst those who had attended Spot Wellbeing. As a result, he felt that it was important to share this project with the other CP areas in the district. After further discussion it was

RESOLVED

That, 9 courses of SPOT Wellbeing's Health and Wellbeing course, at a cost of £12,600 be approved, as follows:

- 1) 2 courses within the Kesgrave, Martlesham, Rushmere St Andrew, Carlford and Fynn Valley – match funding two courses already approved for this CP as of July 2022.
- 2) 1 in each of the other 7 Community Partnership areas to expand the provision across the district on a trial basis. Venues, etc. will be confirmed in partnership with SPOT Wellbeing.

9. Forward Work Plan

Steve Gallant discussed the Forward Work Plan and the following items were confirmed for the December meeting:

- Transport Plans
- Social Isolation and Loneliness Task and Finish Group Plan – proposals

10. Any Other Business

Stephen Singleton

Steve Gallant reported that this would be the last Community Partnership Board meeting that Stephen Singleton would be attending, as he would be semi-retiring from his role with the Suffolk Community Foundation. He took the opportunity to thank him for his fantastic work over the last 18 years and stated that he should be very proud of all of his achievements. All those present congratulated Stephen and wished him all the best for the future.

Community Partnership Newsletters

Chris Blundell took the opportunity to request some additional paper copies of the Community Partnership Newsletter. It was noted that although some copies could be provided, however, the aim was to share the document electronically, where possible.

11. Date of Next Meeting

It was noted that the next meeting would be held on Thursday, 8 December 2022 at 10.00 am in the Peter Pears Recital Room at Snape Maltings, Snape Bridge, Snape, IP17 1SP.

The meeting concluded at 6.31 pm

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Chairman



East Suffolk Community Partnership Board
Social Isolation and Loneliness in East Suffolk
December 8, 2022

Introduction and Background

1. Since the Community Partnerships were formed in 2019, Social Isolation and Loneliness has been the top priority for the Board and identified as a priority by seven of the eight individual Community Partnerships. The Board has invested in a number of projects to reduce isolation and loneliness in the district since 2019.

Loneliness and Isolation Workshop – 2022 Forum

2. At the Community Partnerships Forum at Trinity Park in March 2022, the Loneliness and Isolation workshop focussed on key data about the topic, including new data relating to loneliness during the pandemic. This data, along with the ideas generated at the workshop in response to four key questions (below), was presented to the Board at their September meeting.
3. The focus questions for the interactive part of the workshop were:
 1. What already exists in East Suffolk to reduce isolation and loneliness?
 2. What are the gaps – who and where?
 3. If you had no budget but willing partners, what would you do to support the groups and places identified?
 4. If you had a magic wand and unlimited budget, what would you do to support the groups and places identified?
4. Headline results from the workshop were summarised in a report on the Forum to the June Board meeting and considered in detail at the September meeting, with an opportunity for the Board members to consider any gaps/additional ideas and prioritise the solutions identified by the workshop delegates.
5. At that meeting Board members were also asked to consider participating in a Task and Finish Group to work up the priority ideas, however no volunteers were forthcoming.
6. The top five ideas from the Board votes were as follows:
 1. Community Hubs
 2. Address Transport issues
 3. Designing solutions with communities building on local assets

4. Communication – about what is already available
 5. Learning from others and capacity building
7. Since the September Board meeting, the Government has announced a new stream of capital funding linked to the UK Shared Prosperity Fund (UKSP) – the Rural England Prosperity Fund (REPF). A priority for this fund is developing community facilities and hubs, including investment and support for digital infrastructure and circular economy projects in local community facilities.
8. It is therefore proposed that we should try to combine East Suffolk CPB revenue funding and Rural England Prosperity Fund programme capital funding to develop a competitive grant scheme aimed at enabling, developing and supporting community hubs in and serving rural communities. This scheme would bridge business and community needs and provides critical upgrades and improvements to community facilities, so they are fit for modern day, 21st century use.

Outcome Proposal

9. The outcome proposal attached as Appendix A to this report outlines the proposed approach but is subject to further development once additional details about the REPF are available from Government. East Suffolk Council had to submit its proposed addendum to the UKSP proposal by 30th November.
10. The proposed approach is outlined in detail in the outcome proposal but essentially is about undertaking a pre-REPF stage which utilised some existing funding carried over from East Suffolk Partnership (ESP) days and ring-fenced for business planning support to VCSE organisations. REPF capital funding and Community Partnership Board revenue funding would then be combined to create a package of support for community facilities that brings together a range of community connection, business and net zero ambitions.
11. The ESP funding for business planning would be used to provide one to one support to interested facilities and businesses, encouraging them to consider the range of options open to them in terms of creating a 21st century community hub. These include:
 - Improved digital infrastructure to enable use of the space as a digital hub by local residents and businesses
 - Improved kitchen facilities to enable provision of meals e.g. for a lunch club or cook and share session, use as a Meet Up Monday or for Cooking on a Budget classes
 - Building extensions (or adaptations to existing rooms/space to repurpose it) to provide additional space for a community shop or pantry, outreach services to visit (for example health, money or housing outreach from public or voluntary sector organisations), a digital hub, as a co-working space or health and wellbeing activities
 - Additional space for circular economic projects e.g. Men’s Shed or Makers Shed
 - Changes to enable use as a cultural, arts, heritage or events space
 - Adaptations to outside space e.g. development of a community growing space or green gym
 - Installation of EV chargers
 - Net zero upgrades to improve energy efficiency of buildings

- Supporting village halls to help the hyper local economy, local activism etc
12. It is intended that this funding will specifically be used in smaller market towns and rural communities in line with the REPF ambitions. Developing an enhanced network of community hubs across East Suffolk should play a key role in addressing the first (community hubs) and third (designing solutions with communities building on local assets) of the priorities identified by the Board at/following the last meeting.
13. Conversations are underway with the Transport and Travel Task and Finish Group about opportunities to ensure that community hubs funded through this programme are accessible, including through Demand Responsive Transport.

Recommendations

It is recommended that the Board:

- 1) Note the priority ideas identified through the September Board meeting (and subsequent survey) for reducing isolation and loneliness in East Suffolk**
- 2) Approve the outcome proposal attached as Appendix A to this report and allocate £45,000 from the 2022/23 budget and commit a further £70,000 from the 2023/24 budget**
- 3) Receive an update report at the March 2023 Board meeting**

Nicole Rickard, Head of Communities, East Suffolk Council

Nicole.rickard@eastsuffolk.gov.uk

Initial Outcome Proposal to the East Suffolk Community Partnership Board - FY2021/22

(Stage 1 Proposal)

1. Key outcome(s)

Please detail the KEY OUTCOME(S) (measurable and time specific) the proposal is looking to achieve:

The primary outcome that this project will help to deliver is **‘A reduction in isolation and loneliness due to increased community connections through community hubs’** with a range of more specific outcomes contributing to this:

- Improved access to services and support, particularly in rural communities
- Improved access for communities to digital infrastructure through digital community hubs
- Increased connectivity for small businesses with the local community through engagement in community hubs
- Improved perception of community facilities or amenities
- Increased users of community facilities or amenities
- Number of community-led programmes developed as a result of support
- Number of community-led arts, cultural, heritage and creative programmes as a result of creating new space in community hubs
- Improved energy efficiency of community buildings as part of a net zero approach
- Improved perceived or experienced accessibility to Community Hubs

2. How has the need been identified?

Definitions

Loneliness is a mismatch between the relationships we have and the relationships that we want – the pain of being alone. Isolation is where there is no choice but to be alone. The Campaign to End Loneliness talk about the link between poor health and loneliness but also about the health risks of being lonely.

Prevalence

Despite the headlines and focus of activities to combat loneliness being on older people, the prevalence of people who said that they ‘often/always’ feel lonely is highest amongst 16-24 year olds. Having said that there are significant numbers of people who often/always feel lonely across all age bands in East Suffolk. Reducing Social Isolation and Loneliness is one of the key priorities for the Community Partnership Board and is a priority for seven of the eight East Suffolk Community Partnerships.

Investment

The Board and the individual Communities Partnerships have between them invested more than a million pounds in projects aimed at reducing the levels of Isolation and Loneliness in East Suffolk, including:

- a. Four rounds of ‘Hidden Needs’ grants targeting isolation and loneliness ‘hot spots’
- b. ‘Boost’ grants aimed at reducing isolation and loneliness in specific groups - those with dementia and their carers, those with disabilities and their carers, and people experiencing mental ill health
- c. ‘Bounce Back’ (East Suffolk) and ‘Community Restart’ (Suffolk) grants to enable community groups

- and voluntary organisations to ‘open up’ again after the pandemic
- d. Grandpads – simplified tablets for older people launched as part of the Covid-19 response in East Suffolk
 - e. Virtual Walks e.g. Lowestoft Mile
 - f. Voice of a Friend befriending in Lowestoft, Kessingland and Carlton Colville
 - g. Covid Buddies (funding provided to Community Action Suffolk)
 - h. Talk and Chat benches
 - i. EAST (Everyone Active, Supported, Together) Bags – Christmas 2020

2022 Workshop

At the most recent Community Partnerships Forum, held at Trinity Park in March 2022, a workshop focussing on Loneliness and Isolation considered emerging data around isolation and loneliness, including loneliness during the pandemic and considered some key questions. The first two focus questions for the interactive part of the session were:

- 1. What already exists in East Suffolk to reduce isolation and loneliness?**
- 2. What are the gaps – who and where?**

The answers to these questions were considered at the September CP Board meeting and an updated list is attached as Appendix A to this proposal. The final two questions were:

- 3. If you had no budget but willing partners, what would you do to support the groups and places identified?**
- 4. If you had a magic wand and unlimited budget, what would you do to support the groups and places identified?**

The ideas generated in response to questions 3 and 4 are summarised below:

1. Designing Solutions – bring local partners together in individual communities to focus on solutions – what assets do we have and what do we need? What are the best ways to identify people who are lonely and isolated?
2. Coordination – a lead partner with dedicated resource, who can map to identify what is already there (to avoid duplication), connect groups together to share spaces and resources, coordinate volunteers
3. Communication – signposting about services that are already available, in different formats (not everyone online), between groups and between areas
4. Community Hubs – all ages, person centred, multi-agency - include a range of services and groups e.g. Pantry, Men’s Shed, Citizens Advice outreach, library, digital support, Meet Up Monday, face to face housing support, health services, opportunities to be active
5. Thinking differently – use resources and spaces in different ways to their traditional uses e.g. churches, schools, business premises, more activities in the evenings / weekends
6. Go to people / more outreach – mobile facilities e.g. Vinny Van Go, Rural Coffee Caravan
7. Address transport issues – increase availability, including home to location transport
8. Support for individuals - telephone / digital / face to face e.g. support to attend groups – buddies and paid befrienders, including carers
9. Intergenerational activities – funding for transport, venues, resources e.g. games,

technology, young volunteers to provide company and support for older residents
10. Funding - to enable individuals to participate in things e.g. group fees, seek sponsorship from local businesses
11. Regular Engagement – speak to the public about what they need / can offer, market-place events
12. Capacity Building – upskills local groups and organisations working with Town and Parish Councils
13. Learning – learn from other areas and communities – identify what works, and what doesn't
14. Volunteers – help to identify and support volunteers, develop a volunteer bank to work on different community projects
15. Support Carers – respite (mix of paid and volunteers), support for carers to attend groups and activities

3. Who will benefit from the outcomes?

The voting undertaken at and following the September Board meeting demonstrated that Board Members were most concerned about early years, young people aged 16-24, working age males, those aged 65+ and non-drivers. However several of the Board commented that they would like initiatives to support a reduction of isolation and loneliness in all ages.

In terms of the range of ideas/solutions set out in the final section of 1. above, the five solutions that received the most support were:

1. Community Hubs (number 4.)
2. Address Transport issues (7.)
3. Designing solutions with communities building on local assets (1.)
4. Communication – about what is already available (3.)
5. Learning from others and capacity building (12. & 13.)

Since the conversation at the Board meeting, an opportunity has arisen to bid for some capital funding from the Rural England Prosperity Fund (REPF), a top up to the UK Shared Prosperity Fund.

ESC has been allocated £1,129,881 across 2 years from the REPF, which succeeds EU funding from LEADER and the Growth Programme. This can be used to fund capital projects for small businesses and community infrastructure i.e. grants must be spent on lasting assets such as a building or equipment and on activities that specifically address the particular challenges rural areas face.

Use of funding must be complementary to funding used to support rural areas under the UKSPF and delivered within the UKSPF framework - it is a top-up to help address the extra needs and challenges facing rural areas. Local authorities have been asked to consult local rural partners to deliver the Fund.

The REPF provides capital funding to:

- support new and existing rural businesses to develop new products and facilities that will be of wider benefit to the local economy. This includes farm businesses looking to diversify income streams
- support new and improved community infrastructure, providing essential community services and assets for local people and businesses to benefit the local economy

Projects must be in a rural area:

- towns, villages and hamlets with populations below 10,000 and the wider countryside
- market or 'hub towns' with populations of up to 30,000 that serve their surrounding rural areas as centres of employment and in providing services

The areas of focus are the same as UKSPF interventions, plus two additional interventions (bullets 3 and 4):

- Supporting local business
- Communities and place
- Small scale investment in micro and small enterprises in rural areas
- Rural circular economy projects

It is therefore proposed that we should combine East Suffolk CPB revenue funding and Rural England Prosperity Fund programme capital funding to develop a competitive grant scheme aimed at enabling, developing and supporting community hubs in rural communities. This scheme would cross over between business and community needs and provides critical upgrades and improvements to community facilities, so they are fit for modern day, 21st century use.

Rural communities within the district are facing a wide range of compounding issues all at once. These include but are not limited to, rising energy bills, the fact that 60 percent of rural homes have an EPC of D or below, transport within rural areas is increasing in cost due to rising fuel costs, an ageing population in need of additional support and services and poor, outdated digital infrastructure which means that rural areas often find it hard to access fast, reliable digital connectivity. In addition to this, research published by the BBC that revealed almost all 50 of the UK's biggest employers have said they do not plan to bring staff back to the office full-time and demonstrates a need for improved provision closer to home.

ESC is therefore looking to implement a grant programme that will strengthen local rural communities and address the key challenges identified by creating community hubs that are multi-purpose, will deliver modern and 21st century capable community facilities and also provide space for sole traders, workers and small businesses to network with others, work in a space that overcomes the digital constraints many are facing and integrate into their local communities (on relevant grant applications). By combining both business and community purposes these hubs will have a real chance to become hearts of rural parishes and market towns.

This grant scheme will be open to village halls/community centres, churches, community buildings and commercial space looking to have a new purpose. This could include pubs wanting to diversify their offer and ensure longer-term survival. The fund will also be open to landlords of commercial and voluntary space.

The grants will provide funding to upgrade community facilities into community and business hubs in rural areas. Eligible projects include (but are not limited to):

- digital upgrades (equipment and connectivity)
- EV chargers
- net zero upgrades and improvements
- capital improvements such as to create community shops/pantries, meeting space, health or well-being activities, educational activities, skills and employment training, sports and fitness activities, other arts or cultural activities, community cafés, and co-working space

Priority grant applications will include both business and community use, e.g. a co-working space 1 day a week. The purpose is to enable additional activities in community hubs and to narrow the gap between communities and local businesses.

4. How will the outcomes(s) be sustained after the funding period (if appropriate)?

If the programme – which includes a combination of enabling support focussing on how existing community assets could evolve to play a wider role in the community and capital grants for physical changes to buildings – is a success, we would work with local partners to seek additional funding for its continuation.

5. Name of Project/activity that will deliver the outcome(s)

East Suffolk 21st Century Community Hub Programme

6. Brief description of the project / activity that will deliver the outcome(s).

We will deliver the programme by working with partners already active in rural communities, including Community Action Suffolk and the Rural Coffee Caravan (as well as the ESC Communities Officers).

Development stage 1 (pre-REPF process)

This phase of the project will be to promote the opportunities offered through the funding streams and run an initial expression of interest process to establish how many, and which communities may be interested in working with us to explore ideas to expand the use of their community building as a community hub. We will ask each potential community hub site to consider the needs of priority sectors in our population i.e. early years, young people aged 16-24, working age males, those aged 65+ and non-drivers (as identified in Section 3) as well as the wider population.

Development stage 2 (pre-REPF process)

Each interested community facility will receive one to one support to enable them to develop an outline business plan based on engagement with the wider community about existing assets, local needs and the overall vision for the facility (match funding for this element will be provided from existing Business Planning funding)

Stage 1

Once the REPF criteria are agreed and the interventions finalised, there would be a formal process of applications to a grant programme. Grants will support enhancements to existing community hubs to enable additional/new activities to be delivered or existing activities to be expanded, including business uses. Additional uses could include:

- Improved digital infrastructure to enable use of the space as a digital hub by local residents and businesses
- Improved kitchen facilities to enable provision of meals e.g. for a lunch club or cook and share session, use as a Meet Up Monday or for Cooking on a Budget classes
- Building extensions or adaptations to existing rooms/space to repurpose it to provide additional space for a community shop or pantry, outreach services to visit (for example health, money or housing outreach from public or voluntary sector organisations), a digital hub, as a co-working space, health and wellbeing activities, use by a Mother and Toddler Group
- Additional space for circular economic projects e.g. Men's Shed, Makers Sheds
- Changes to enable use as a cultural, arts, heritage or events space
- Adaptations to outside space to enable additional community activities e.g. development of a community growing space, green gym (NOT play equipment)
- Installation of EV chargers
- Net zero upgrades to improve energy efficiency of buildings
- Supporting village halls to help the hyper local economy, local activism etc

Stage 2

Grants awarded and support provided to each community hub to deliver the programme.

Project / activity START DATE; June 2022 END DATE: TBC

7. Who is involved?	
Who is involved in developing this outcome proposal?	Project / activity lead: East Suffolk Council – Nicole Rickard (on behalf of the Board Task and Finish Group)
Who will deliver the project/activity?	Name: Various
	Organisation:
	Telephone:
	Email:
Name of East Suffolk Community Partnerships Board Member supporting the project:	

8. Give information about match funding here:		
Source of match funding:	Funding confirmed?	Amount (£)
ESP Business Planning Fund	Y	£15,000
Rural England Prosperity Fund	N	£420,000*
[* £120,000 2023/24 and £300,000 2024/25]		

Total project / activity cost	£550,000
Total of confirmed match funding	£15,000
Total amount of Strategic funding required	£115,000

9. Identify where the Community Partnership Board Strategic Budget will be spent:	
Description of activity or item (by who and by when where appropriate)	Cost (£)
The CP Budget element in 2022/23 will be used to match fund the business planning support for community groups and diversifying businesses. The 2023/24 funding will provide the revenue element of the grants and contribute to support to help develop the projects	£45,000 £70,000

10. How will the project / activity be monitored, and outcomes reported (including project risks)?
Activity will be monitored at each of the stages outlined above. Individual projects receiving funding will be asked to complete a grant monitoring form

Community Partnership Board Member Declaration:
I confirm that I support this proposal:
Name:
Signature:
Date:

Lead Organisation Declaration:
I am authorised and eligible to sign and approve this proposal on behalf of the lead organisation and declare the information included in this proposal is true and accurate.
By signing below, the information you have supplied is being collected to allow us to process your application. By completing this form, you consent to East Suffolk using your information in this way.
I understand that in the assessment of this proposal the Council may share information contained within it, with other core funders for funding programmes we have applied too, relevant Council directorates and committees. If you do not provide your consent, we will not be able to process this proposal. Your information will not be used for any other purpose unless we obtain your consent. Your information will be retained for 4 years. You can request that your information is deleted at any time.
<u>Privacy Notice</u>
Data will be processed and held securely and in accordance with the UK General Data Protection Regulation (and any updates).
Further information about data protection can be found on the East Suffolk Website http://www.eastsuffolk.gov.uk/assets/Your-Council/Access-to-Information/Privacy-Notices/Communities-Privacy-Notice.pdf
<i>Please enter your name below only if you agree to be bound by the terms set out in this form. We will treat this as your signature of the form.</i>
Name:
Signature:
Date:

Please submit this proposal to the Funding Team at grants@eastsuffolk.gov.uk Hard copies can be submitted and returned to: Funding Team, East Suffolk Council, East Suffolk House, Station Road, Melton, Woodbridge, IP12 1RT.

Q1a. Sources of Community Connection

- Meet Up Mondays (CAS/RCC)
- Worry Tree Café's
- Rural Coffee Caravan
- Coffee and Friends Events (RCC)
- Good Neighbour Schemes (CAS)
- Men's Sheds/Menders Sheds/Community Repair Cafes
- Chin Wags (BSEVC)
- Hearts and Minds (BCS and ACT)
- Digital Champions
- Robopets (ESC)
- Christmas Card Campaign (ESC)
- Support/Peer Support Groups (e.g. dementia, carers, disability, mother and toddler)
- 'Living with / health recovery groups
- Compassionate Communities/Companions
- Environment / Nature Groups
- Gardening Groups
- Park Runs
- Befriending support
- Art/Craft Clubs
- Courses – e.g. photography
- Lunch Clubs e.g. Over 60's
- Social Prescribing
- Community Café's
- Walk & Talk Events
- Walking Groups
- Theatre / Dance groups
- Choirs/Singing for Health
- Knit and Natter Groups
- Membership Groups
- Youth Groups/Clubs
- Sports clubs/teams e.g. football, boxing, walking football
- Uniformed Groups - Brownies, Guides, Cubs and Scouts
- Keep Fit Classes
- Yoga
- Faith Groups
- Book / Reading Groups
- Outings and Day Trips
- Dog owner walks/get together

Q1b. Places of Connection

- Village Halls / Community Centres
- Leisure Centres and Gyms
- Community Café's
- More than a Shop (RCC)

- Top Up and Pop Up Shops
- Supermarkets
- Allotments
- Pubs
- Care Farms
- Dementia Day Centres
- Churches/faith buildings
- Libraries
- Schools
- Supported Housing
- Citizens Advice
- Parish Council offices
- 'Warm Rooms'

Chat benches

Doctors' Surgeries and Hospitals

Hairdressers and Barbers

Cafés and Hotels

Q2. Who are our Priority Groups in terms of isolation and loneliness?

- Early years, particularly children born during the pandemic
- Children
- Young people aged 16 – 24
- Children in care
- Young people leaving care
- 25 – 29 year olds
- Working age males
- Men aged 40 plus
- Single parents
- Aged 50 - 64 - preventative ageing
- Older people 65 plus
- Older people 80 plus
- People who are new to an area
- With mental ill health, particularly Men
- With long term/acute health issues
- Discharged from hospital
- Carers – need respite support
- Non-drivers (particularly rural areas)
- New mum's/dad's
- BAME communities
- Refugees

Other issues of concern include affordability, accessible technology and holding social groups in evening

HELP EAST SUFFOLK EASE THE SQUEEZE

As the Cost of Living crisis unfolds, many local people in your community are finding it incredibly hard to make ends meet.

COULD YOU HELP THEM?

East Suffolk Council is co-ordinating a wide range of vital support for local residents during this difficult time. We're funding Warm Rooms, Community Pantries and cooking classes and equipment. We're encouraging people to have a go at growing some of their own food and even paying for meals in local cafes for those people and families desperately in need of a happy hour or two.

In what looks like a bleak situation, there is some good news
– you can help too.

SPONSOR OR DONATE

You can sponsor or donate to any of our projects. You can give space, facilities, expertise or contribute financially.

All our sponsors or donors will be thanked publicly on our website, on our social media channels and, where possible, in local media (unless you'd like to remain anonymous).

Most importantly, you'll be thanked by those East Suffolk residents who will benefit enormously from the help you give.

OUR OPPORTUNITIES

We've set out the wide range of sponsorship and donation opportunities below. At the end, there's a form which gets more specific and identifies what's needed for each opportunity. If you'd like to help in any way (or have a new idea), please email communities@eastsoffolk.gov.uk with your contact details and which opportunity or opportunities are right for you. Thank you so much for taking the time to help your local community.

WARM ROOMS

With rising energy prices, many people in your community will struggle to heat their home this Winter. That will leave them at risk of poor physical health, due to the cold (which is particularly dangerous for babies and older people) and struggling with their mental health due to social isolation.

So East Suffolk Council is co-ordinating a network of Warm Rooms across the District, working with partners like Suffolk Libraries and the Rural Coffee Caravan, to give thousands of people somewhere to come to stay warm, connected and healthy.

HOW WE'RE HELPING:

Our funding contributes towards heating and lighting costs, and for refreshments for people using the Warm Room, in 30 venues across East Suffolk, ranging from villages halls to hotels to libraries.

HOW YOU AND YOUR STAFF CAN HELP:

- Sponsor or donate a Warm Room, keeping 100's of people warm and healthy this winter
- Donate items to keep people stimulated in a Warm Room, for example board games, DVDs and player, books, physical games

COMMUNITY PANTRIES

Community Pantries change people's lives. For a small weekly membership fee of around £4.00, local people can shop in the pantry and choose up to 10 items, significantly more food than they'd get in a supermarket. They save the average family around £780 a year, which makes an enormous difference. Pantries operate as membership food clubs and neighbourhood hubs, bringing people together around food, loosening the grip of poverty and contributing to healthier, happier lives. We'd also really like to develop a mobile pantry that visits rural communities with the same offer: affordable food with dignity.



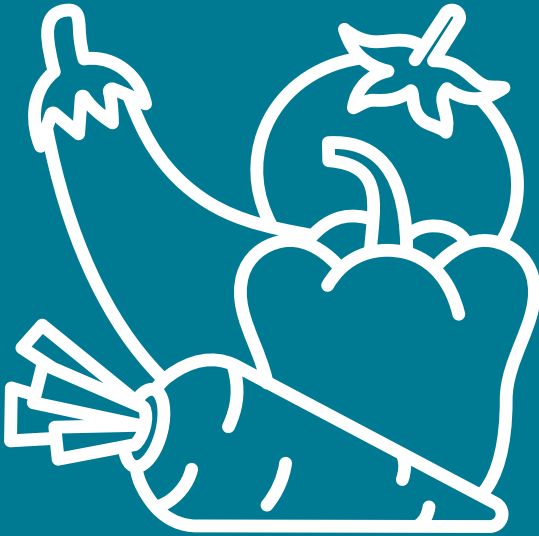
HOW WE'RE HELPING:

East Suffolk Council's funding will help open and operate 8 Community Pantries across the District.

HOW YOU AND YOUR STAFF CAN HELP:

- Sponsor a Community Pantry, helping up to 100 families save around £780 a year
- Donate equipment – for example a fridge, freezer, till or shelving
- Host or donate space for a Pantry
- Donate excess food items or hold a weekly collection in your workplace
- Volunteer at a community pantry

COMMUNITY GROWING: FIELD TO FORK



Growing food can be transformational. It gives people skills, builds community and helps families reduce their food costs, improve their diets and be more environmentally conscious.

Field to Fork provides starter growing kits to residents in 23 of the most deprived areas of the district to inspire, educate and enable people to grow their own fruit and vegetables.

It also works with local communities to help identify and fund community farms/allotments/gardens to make additional space available to local residents for larger scale 'grow and eat' activities.

HOW WE'RE HELPING:

We're funding 1,000 growing kits and 8 community growing spaces

HOW YOU AND YOUR STAFF CAN HELP:

- Sponsor or donate the land for a community growing space
- Help to prepare the land for a growing space
- Fund a set number of growing kits for local families
- Donate equipment: tools, seeds, compost, pallets to make planters for the growing spaces

COMFORT FOOD

Comfort Food allows individuals and families to eat for free in local cafes. Food banks and Community Pantries help support people in food need. Comfort Food does that too, but it also gives people the positive experience of eating out with their family, giving everyone a really welcome break from the everyday. Feedback from customers who visit Comfort Food venues, and from the venues themselves, is incredibly positive.

HOW WE'RE HELPING:

We're working with 32 cafes across East Suffolk to deliver a minimum of 3,200 Comfort Food meals



HOW YOU AND YOUR STAFF CAN HELP:

Donate a set number of Comfort Food meals at £10 each. Choose whether you want them to be used in a café in your town so you support a local business, or across the District.

COOKING ON A BUDGET

Many people don't have the confidence to prepare a reasonably priced, healthy, home cooked meal. Our Cooking on a Budget classes are aimed at families and give them the skills and confidence to cook for themselves. They receive one-to-one tuition and family food packs and recipe cards to take home. These classes bring families together and help them cook efficiently and healthily, helping food budgets go further and improving diets.

HOW WE'RE HELPING:

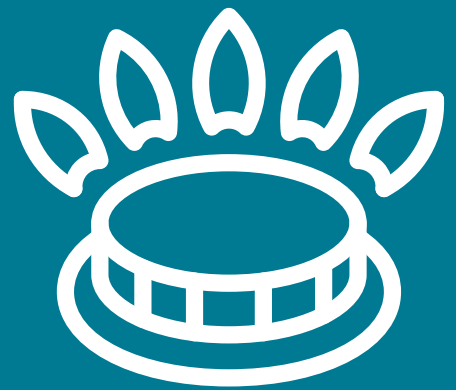
We're funding cooking classes for 160 families.

HOW YOU AND YOUR STAFF CAN HELP:

- Sponsor Cooking on a Budget workshops, giving families the confidence to cook
- Donate a venue for and/or staff to lead a Cooking on a Budget class
- Sponsor or donate the ingredients for a class
- Sponsor one of our new 'cooking on a budget with a slow cooker' or cooking on a budget with a microwave' classes

COOKING EQUIPMENT

Not knowing how to cook is one thing. Not having the equipment to cook is another challenge. Some people only have a kettle. It means their food choices are incredibly limited and they can come to rely on unhealthy, expensive (and often cold) choices. In other cases, people are so worried about the cost that they are no longer using their oven. In the worst cases, preparing food seems so difficult that they don't eat properly at all.



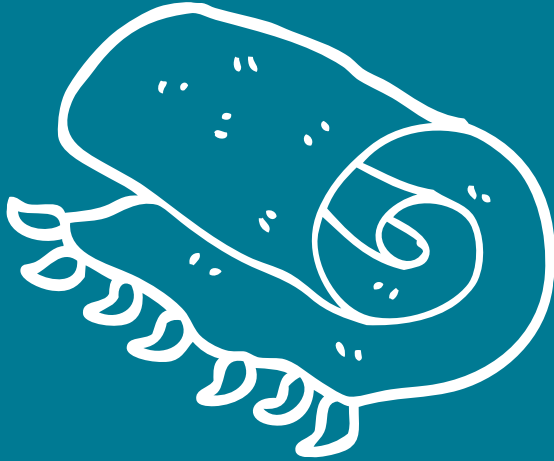
HOW WE'RE HELPING:

We're providing 90 slow cookers, 50 hobs, 40 microwaves and 100 kettle packs of food that can be cooked just using a kettle

HOW YOU AND YOUR STAFF CAN HELP:

- Sponsor the purchase of slow cookers, hobs, microwaves or kettle packs
- Donate individual items of equipment
- Donate food for the kettle packs

WINTER WARMTH PACKS AND ENERGY EFFICIENCY



More than 8,000 people die every year in the UK due to cold homes. Providing duvets, blankets, scarves and a range of other items is a key part of this programme, because it can help people stay warm even when they can't afford to turn their heating on

Poorly-insulated homes also contribute to the problem. We're helping people stay warmer with free draught-proofing and energy efficiency measures, including a handy person to fit them when they can't be fitted by a resident (or their friends and family).

HOW WE'RE HELPING:

Funding and distributing 200 Winter Warmth Packs

Funding simple draught-proofing and energy efficiency measures for up to 900 households

HOW YOU AND YOUR STAFF CAN HELP:

- Sponsor as many Winter Warmth and draught-proofing measures as you can, to genuinely save lives this winter
- Donate handy person skills or energy saving equipment e.g. light bulbs, draught proofing strips, chimney balloons

OTHER WAYS TO HELP

Sponsor or donate laptops or tablets for Warm Rooms and other projects, helping people get online and access other forms of vital support.

Work in marketing? Then why not donate skills and/or budget to help promote Ease the Squeeze initiatives to customers and volunteers.

Donate a location for another initiative like our school uniform banks

And much more...

Just let us know how you think you might help in other ways.

REMEMBER...

If you'd like to help, please email communities@eastsoffolk.gov.uk with your contact details and which opportunity is right for you. The full list of opportunities is below – first the sponsorship opportunities and then, if you scroll down, the donation opportunities. There are suggested amounts for each opportunity but you can give the amount that's right for you.

Thank you so much for taking the time to help your local community.

CODE	SPONSOR...	TARGET	COST
1	...a Warm Room this winter or all of the Warm Rooms in one Community Partnership area	Minimum = 27 (3 per Community Partnership area (x7) and six for Lowestoft)	£2,900 for one £8,700 for three (one CP area)
2	...the East Suffolk mobile Community Pantry – whole or part sponsorship	1 for rural East Suffolk	TBC
3	...a Community Pantry	7 – one for each Community Partnership area (excluding Lowestoft)	£4,500
4	...items of equipment for a Community Pantry - fridge, freezer, till, shelving	7 Pantries	Various
5	...a Comfort Food Cafe or all of the Comfort Food Cafes in one Community Partnership area	Target = 32 – 4 per Community Partnership area	£1,000 for one £4,000 for four (one CP area)
6	...a set number of Comfort Food meals in local cafes	Target = 1,000 extra meals	£10 per meal
7	...a Community Growing Space	Target = 16 new or expanded in East Suffolk	£2,500

CODE	SPONSOR...	TARGET	COST
8	...ten Field to Fork Growing Kits	Unlimited (1,000 initially)	£100
9	...a Cooking on a Budget workshop for low income families/individuals	32 across the eight Community Partnership areas	£600 per workshop
10	...lower cost cooking equipment – hobs (£29.74 / £42,79), slow cookers (£39.99 / £41.59), microwaves (£65.99)	Unlimited	£29.74 - £65.99 each
11	...one or more Winter Warmth packs	Unlimited	£65 each
12	...Laptops and/or tablets for Warm Rooms and other projects	Unlimited	Various e.g. Dell laptops @ £554 each

CODE	DONATE...	TARGET
13	...a building or room for a Warm Room	27 across East Suffolk
14	...a building or room for a Community Pantry	7 new Pantries

CODE	DONATE...	TARGET
15	...excess food items for a Community Pantry	7 new Pantries
16	...volunteers to support one or more Community Pantries	Unlimited
17	...land for a Community Growing Space (or a loan of land for a set period)	16 new Growing Spaces
18	...items for the Field to Fork Kits or Growing Spaces – planters, tools, seeds, plants, compost, shed	1,000 Growing Kits
19	...materials to make planters for schools and community groups e.g. pallets	Unlimited
20	...equipment for a Community Pantry - fridge, freezer, till, shelving	7 Pantries
21	...a venue and/or the staff for a Cooking on a Budget workshop	32 in total across the 8 CP areas
22	...one or more low cost cooking equipment items – hobs, slow cookers or microwaves	Unlimited
23	...laptops or tablets for use in Warm Rooms, Pantries and other community locations	Unlimited

CODE	DONATE...	TARGET
24	...location for a school uniform bank	Unlimited but minimum of six additional ones
25	...budget and skills to promote ETS initiatives to end users and volunteers	
26	...handyperson skills and/or equipment for energy efficiency measures	

CODE	OTHER IDEAS
27	Staff could volunteer to support a Warm Room or Pantry Project as part of a ESV programme
28	Staff could offer specific skills e.g. setting up a Pantry, creating a budget
29	Staff to support schools to build, plant, maintain growing spaces