Aldeburgh, Leiston & Saxmundham
Community Partnership profile

2022 update
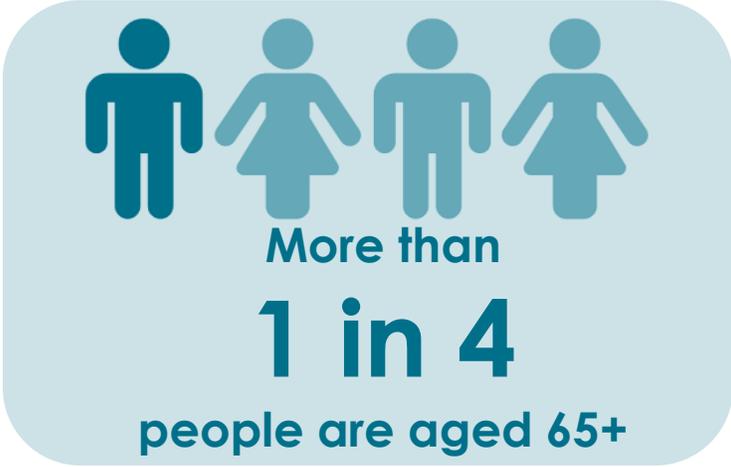
Population
Key facts

Total population
16,990
↑590

Largest age group
70-74

Smallest age group
20-24

Just over
1 in 6
people are aged under 16
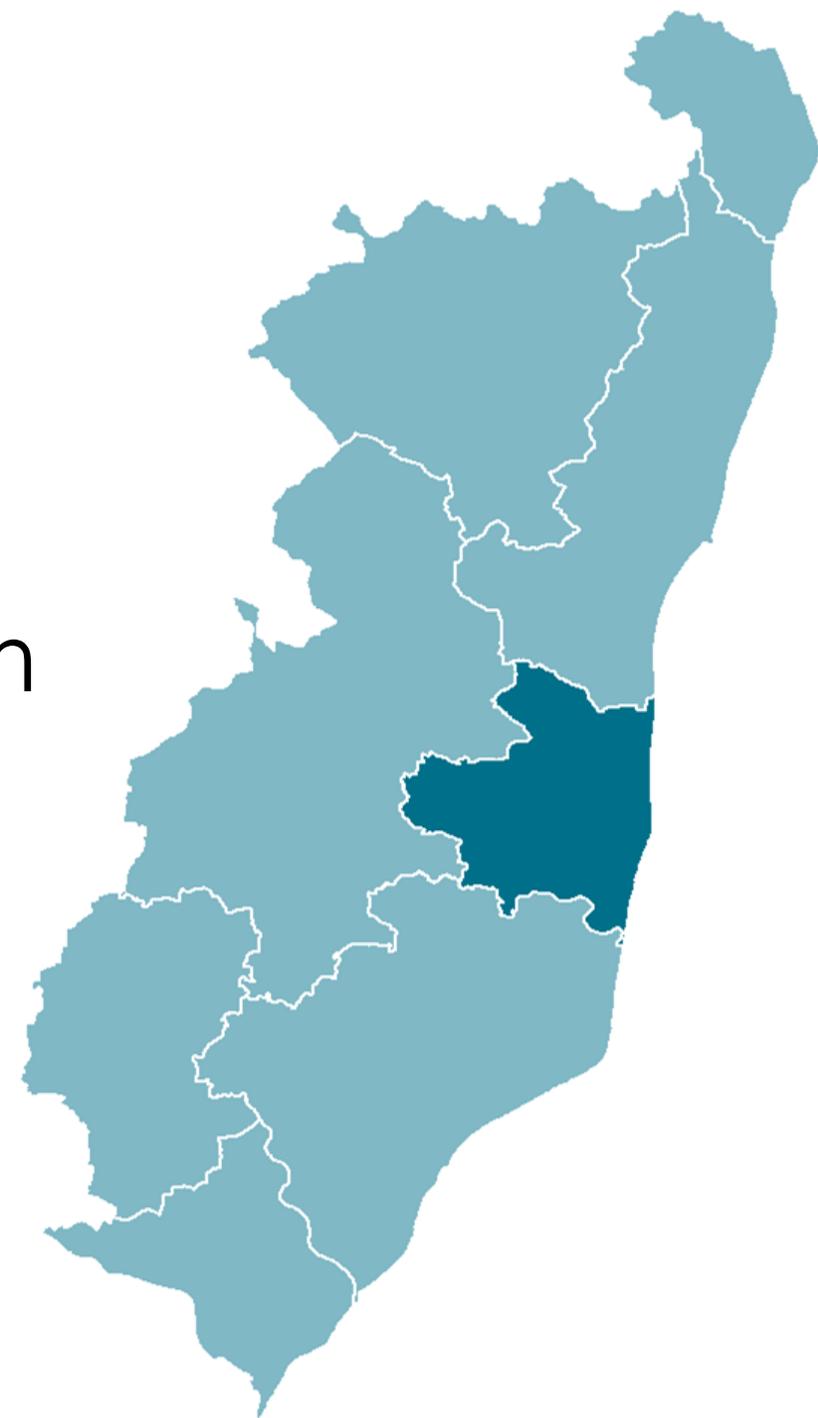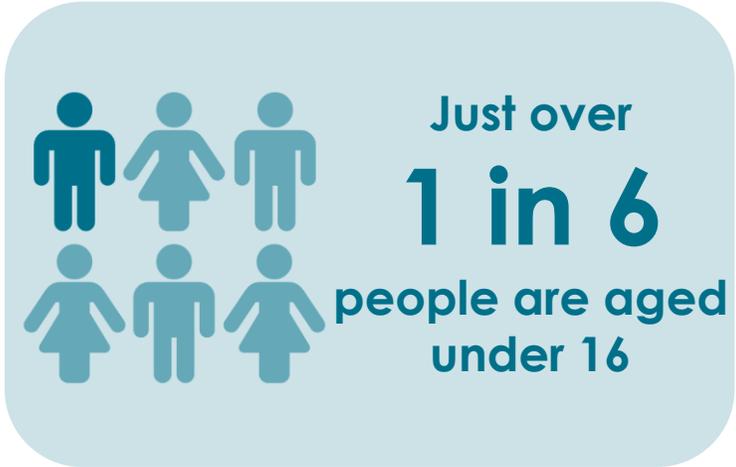
16%; national average 18.9%
↓1.1%

More than
1 in 4
people are aged 65+

30.9%; national average 18.7%
↑0.9%   ↑0.7%

760
people aged 85 or over
↑6.2%

4.5% of total population; national average 2.5%
↑0.1%   ↑0.1%

Deprivation
Key facts

↑3.9%

1,850

people affected by income deprivation

10.9%
Suffolk average 10.0%

↓0.1%

8.2%

of working age people affected by employment deprivation

Suffolk average 8.3%
720 people

↑2.5%

410

children affected by income deprivation

15.2%
Suffolk average 13.6%

↑6.4%

1,660

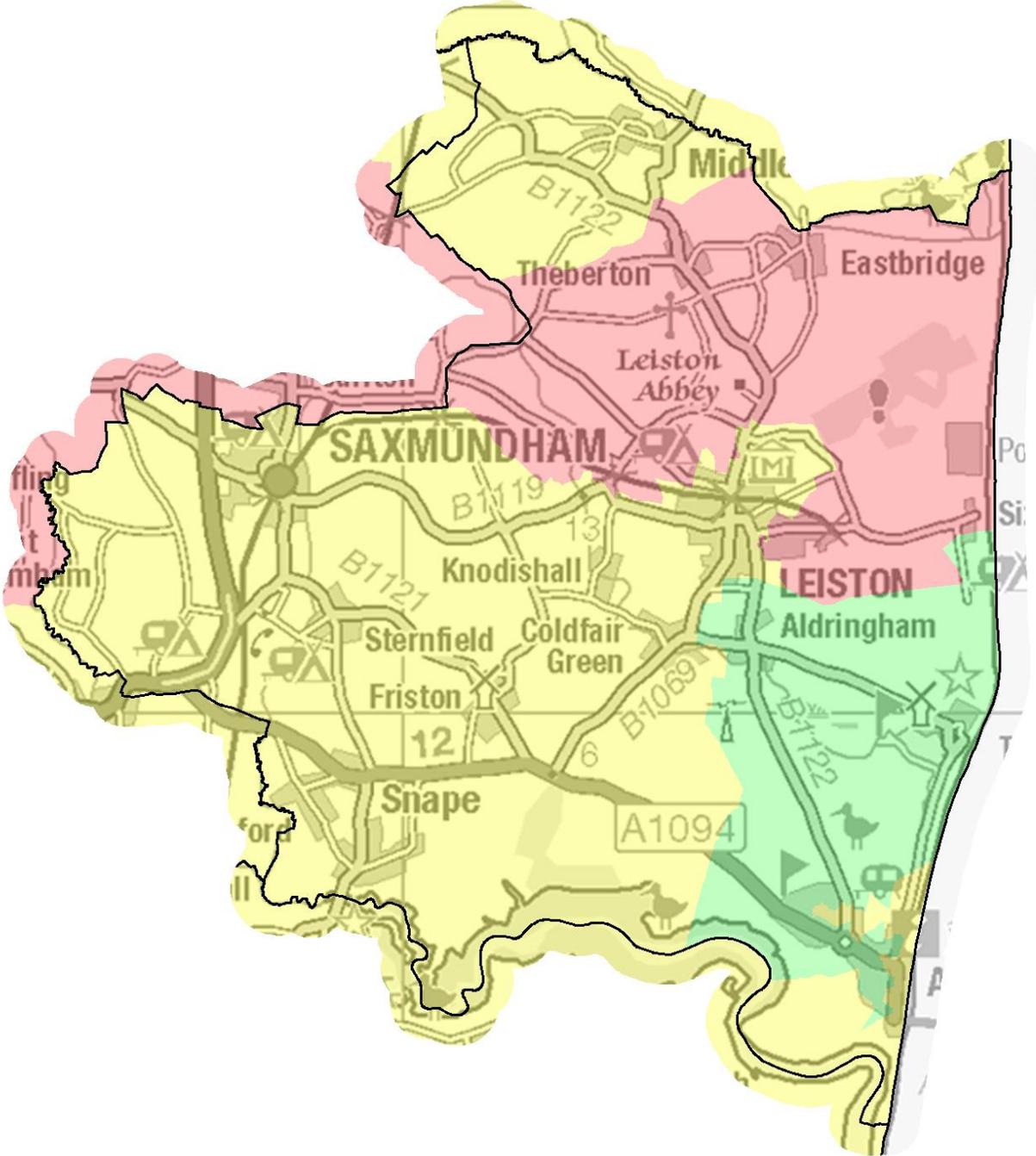older people affected by income deprivation

10.1%
Suffolk average 10.4%

Deprivation
Overall

IMD quintile	Population	% of population
1	0	0%
2	1,845	11%
3	13,100	77%
4	2,045	12%
5	0	0%

1 = most deprived 20% of areas in England
5 = least deprived 20% of areas in England

Health and social care
Life expectancy

Ward/comparator area		Life expectancy at birth for males	Life expectancy at birth for females
Aldeburgh & Leiston		81.3	85.3
Saxmundham		81.6	85
East Suffolk	**2013-17**	80.5	83.8
Suffolk		80.8	84.1

Ward/comparator area		Life expectancy at birth for males	Life expectancy at birth for females
Aldeburgh & Leiston		80.2 ↓	84.3 ↓
Saxmundham		83.8 ↑	81.5 ↓
East Suffolk	**2015-19**	80.7 ↑	83.9 ↑
Suffolk		80.9 ↑	84.2 ↑

Highest and lowest life expectancy in East Suffolk

Melton Ward (Woodbridge CP)	85.9	90.5
Harbour & Normanston Ward (Lowestoft CP)	75.1	80.5

↑0.4

3.6 years the gap in life expectancy for males between Aldeburgh & Leiston and Saxmundham Wards

↑0.2

2.8 years the gap in life expectancy for females between Saxmundham and Aldeburgh & Leiston Wards
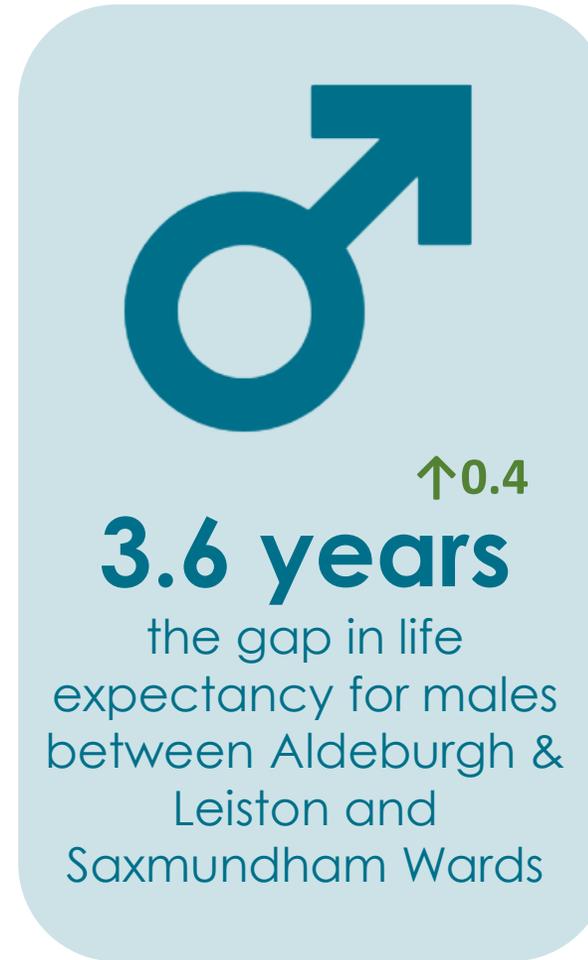
Health and social care
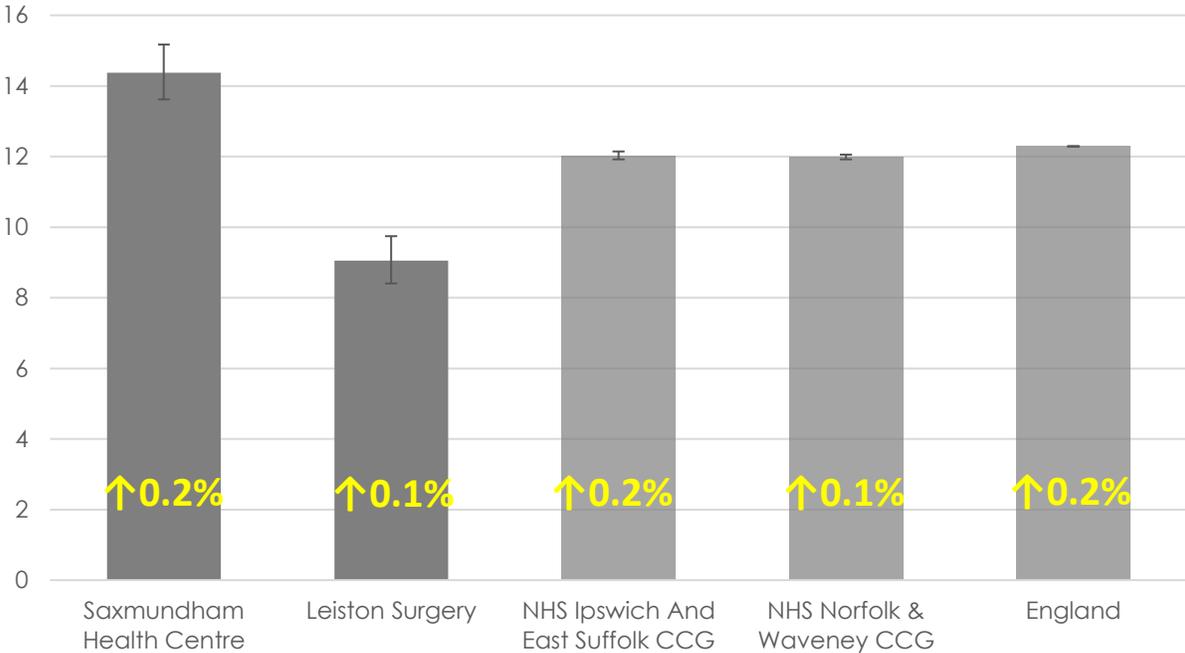## Mental health

Dementia: QOF prevalance (all ages)

Depression: recorded prevalence (aged 18+)
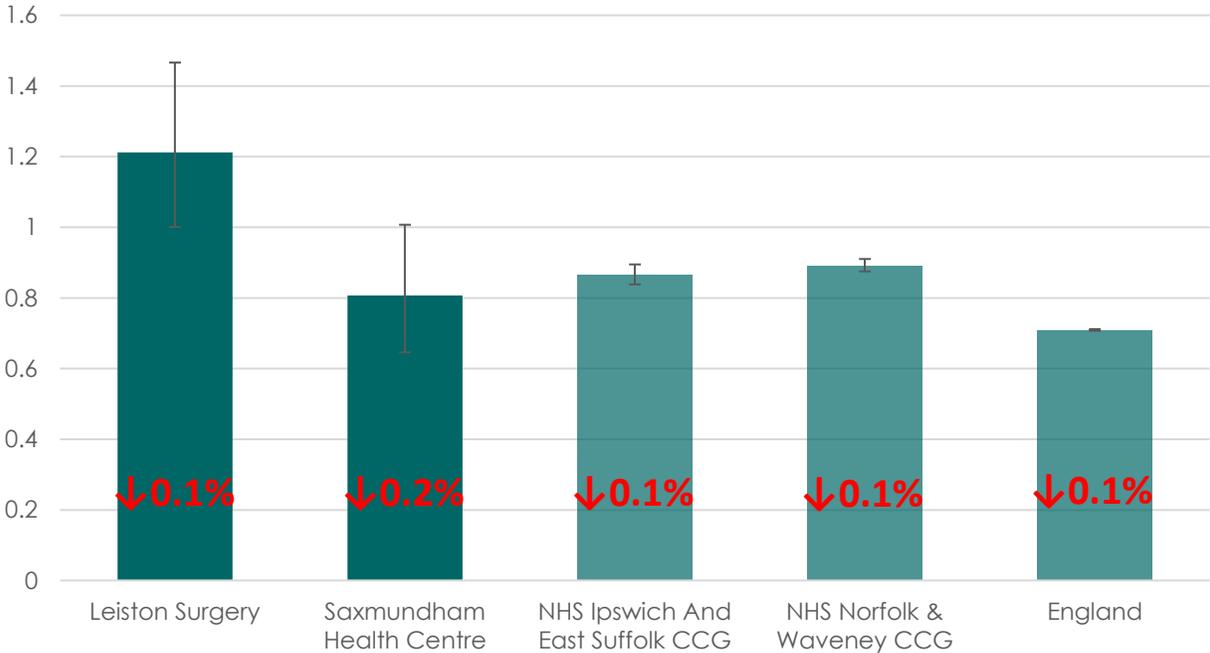
Prevalence of dementia is higher than the national average among patients Leiston Surgery. The estimated prevalence of dementia is also higher at Saxmundham Health Centre, but not statistically significantly so

Prevalence of depression is higher than the national average among patients at Saxmundham Health Centre, and significantly lower than average at Leiston Surgery
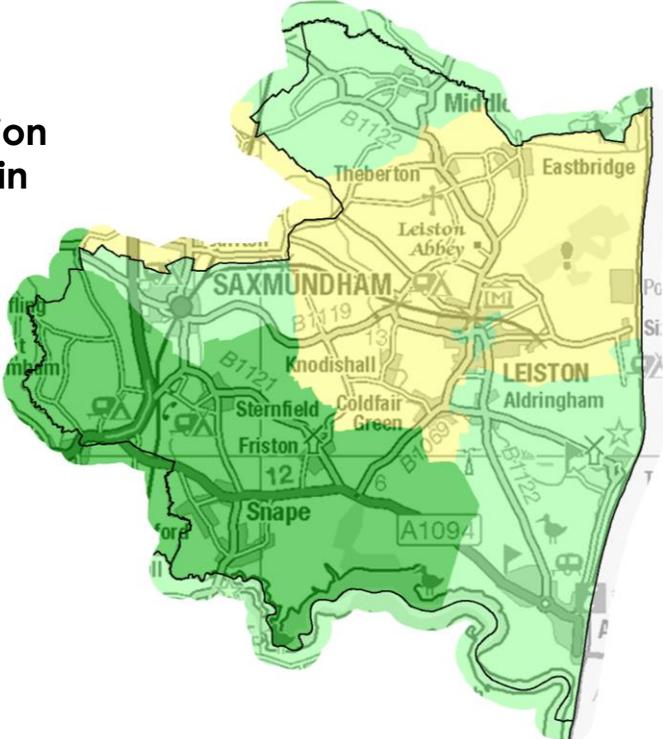
Error bars show Upper and Lower confidence limits. These are 95% confidence limits, meaning that there is a 95% probability that the true value lies within the two confidence limits.

Health and social care
Disability and social isolation

**IMD health deprivation
and disability domain**

Social isolation

	2017			**2019**	
IMD quintile	**Population**	**% of population**	**IMD quintile**	**Population**	**% of population**
1	0	0%	1	0	0%
2	0	0%	2	0	0%
3	5,020	31%	3	5,180	30%
4	9,679	59%	4	10,080	59%
5	1,670	10%	5	1,740	10%

Social isolation index

Lowest need

Highest need
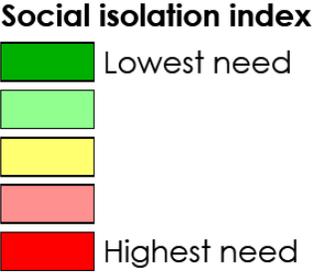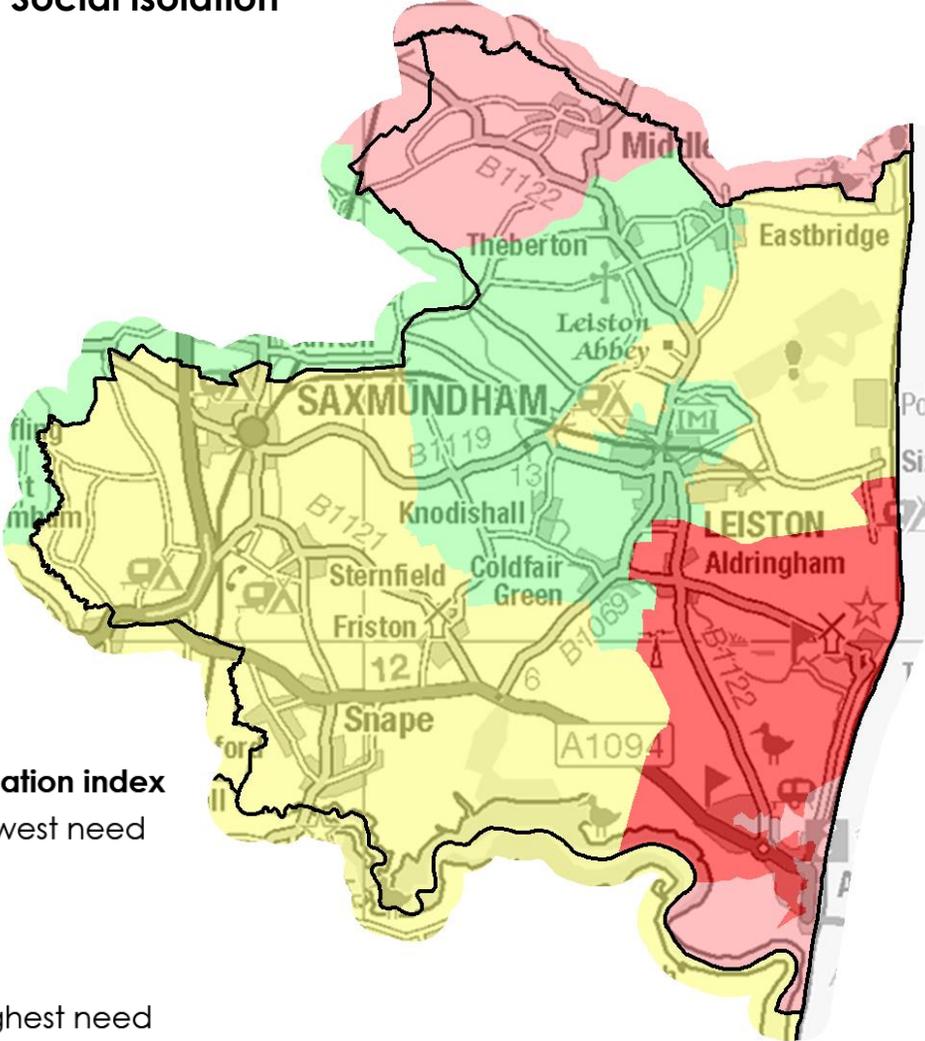
Sources: DCLG Index of Multiple Deprivation 2019 and ONS 2020 mid-year population estimates.
Map © Crown copyright and database rights 2022 Ordnance Survey 100023395

Employment and education
Employment

Utilities (energy), retail, hospitality and health

each account for around

1 in 7

jobs in Aldeburgh, Leiston & Saxmundham CP, compared to 1 in 100, 1 in 10, 1 in 15 and 1 in 8 respectively across Suffolk and England
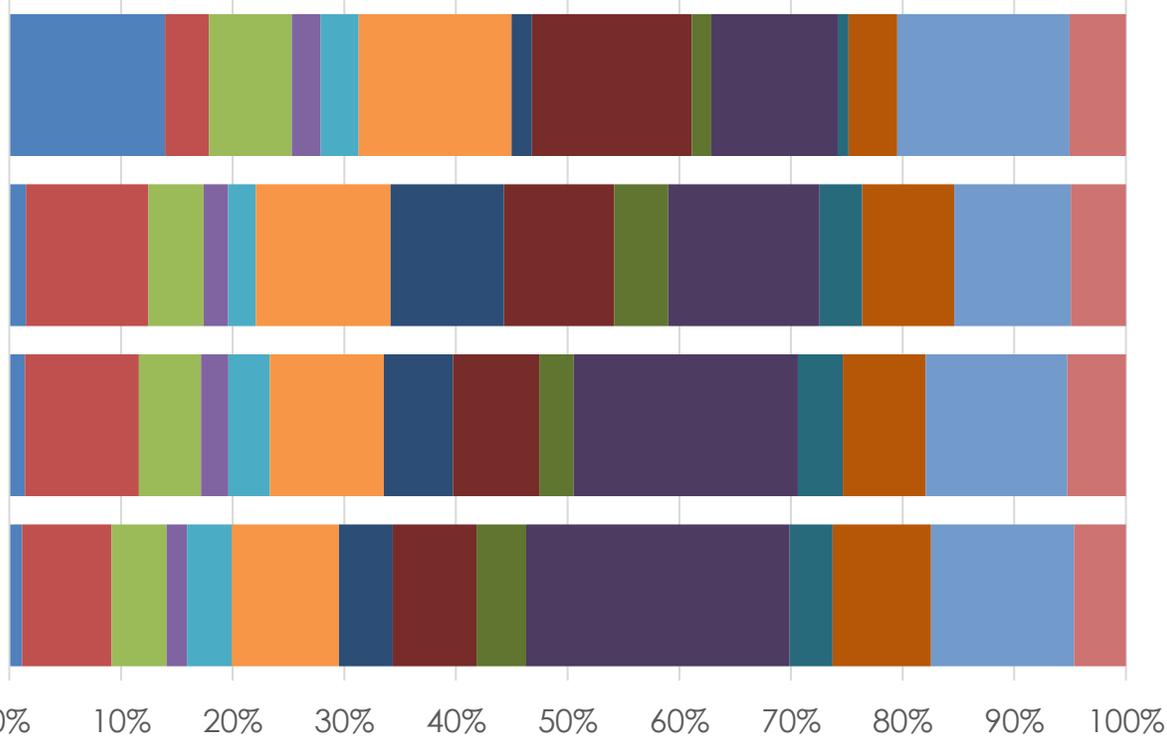
Legend:
- Mining & utilities
- Manufacturing
- Construction
- Motor trades
- Wholesale
- Retail
- Transport & storage
- Hospitality
- Information & communication
- Finance, property & business services
- Public admin & defence
- Education
- Health
- Other services

Employment and education
Benefit claimants

13.7% ↑**9.6%**

of adults in receipt of Universal Credit

Highest CP: Lowestoft 23.8%

Lowest CP: Kesgrave & Martlesham 6.3%

% adults claiming Universal Credit
- 18.7% to <55.6%
- 13.7% to <18.7%
- 9.1% to <13.7%
- 6.7% to <9.1%
- 2.6% to <6.7%

Housing
Prices and affordability

Median house price to income ratio

Average house price for the year to June 2021

House price to income ratio
- 4.5 to <6.7
- 6.7 to <7.5
- 7.5 to <8.5
- 8.5 to <9.5
- 9.5 to <18

Average house price
- £96,000 to <£198,000
- £198,000 to <£236,000
- £236,000 to <£290,000
- £290,000 to <£360,000
- £360,000 to <£585,000

Housing
Living environment

2,320

houses in poor condition;
28.7% of all houses

Lowest CP: Felixstowe 18.3%
Highest CP: Framlingham &
Wickham Market 44.0%

Housing in poor condition

🟩	0.68% to <1.70%
🟩	1.70% to <2.10%
🟨	2.10% to <2.90%
🟥	2.90% to <4.20%
🟥	4.20% to <7.89%
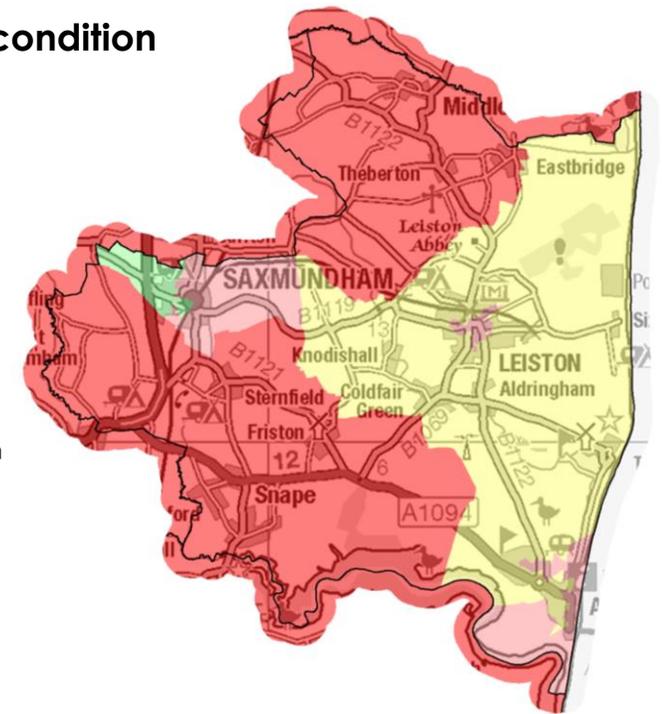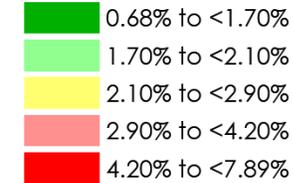
**Hard to heat homes
(IMD indicator)**

250

hard to heat homes;
3.1% of all houses

Lowest CP: Kesgrave & Martlesham 1.4%
Highest CP: Lowestoft 3.7%

Hard to heat homes

🟩	0.4% to <1.5%
🟩	1.5% to <2.0%
🟨	2.0% to <3.0%
🟥	3.0% to <4.0%
🟥	4.0% to <10.1%

Source: DCLG Index of Multiple Deprivation 2019. Map © Crown copyright and database rights 2019 Ordnance Survey 100023395
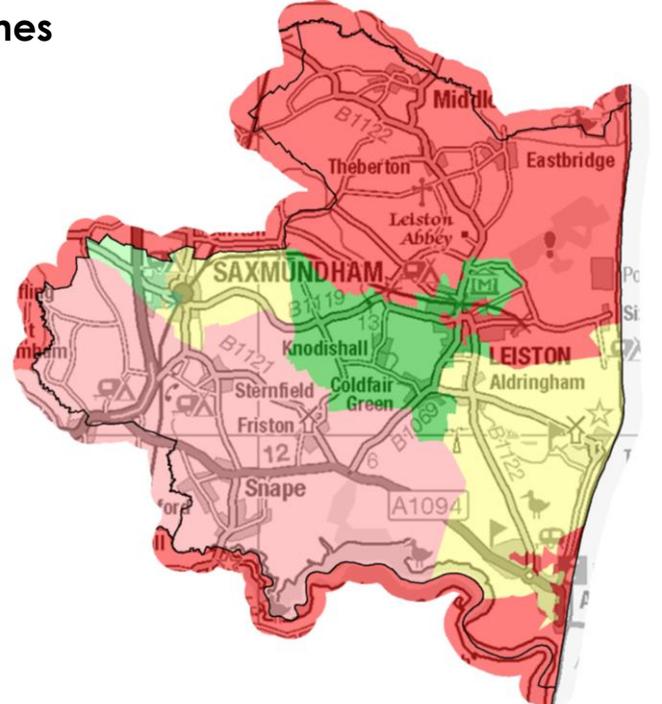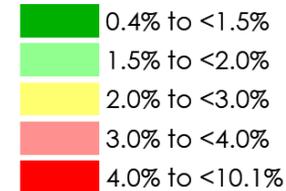
Environment
Air quality and attitudes towards climate change

52.5% ↑18% would pay more for green products (UK 50.7%)

3.3% ↓9.1% do not buy something if it has too much packaging (UK 2.7%)

56.1% ↓22.9% recycle items rather than throwing away (UK 50.9%)

33.3% ↓32.8% make effort to cut down on water usage (UK 29.3%)

48.8% ↑4% have a reasonable knowledge of climate change (UK 46.2%)

Air quality (IMD indicator)

Estimated pollutant level

🟥	0.92 to <1.18
🟧	0.83 to <0.92
🟨	0.75 to <0.83
🟦	0.68 to <0.75
🟦	0.59 to <0.68
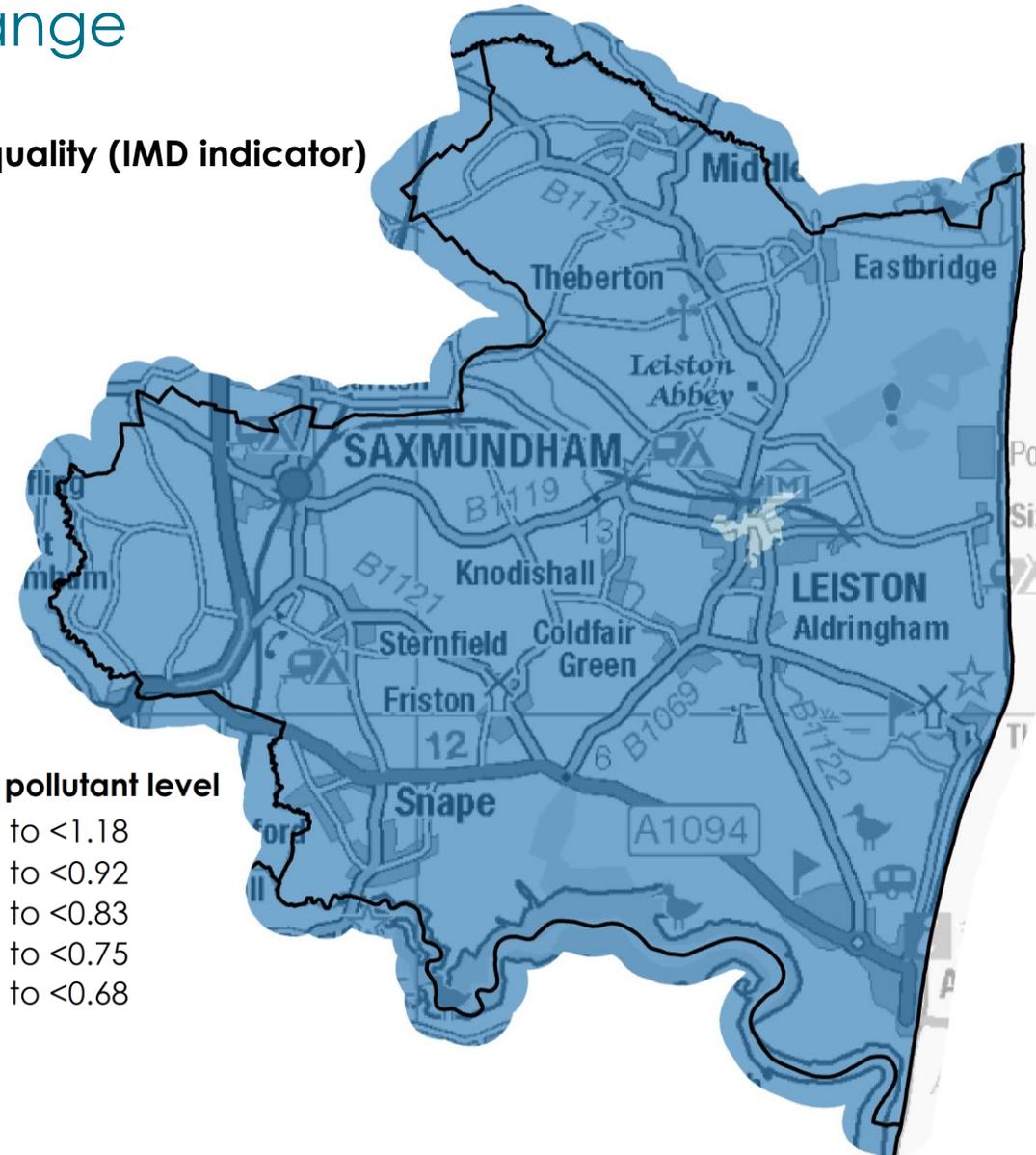
Community/services
Transport
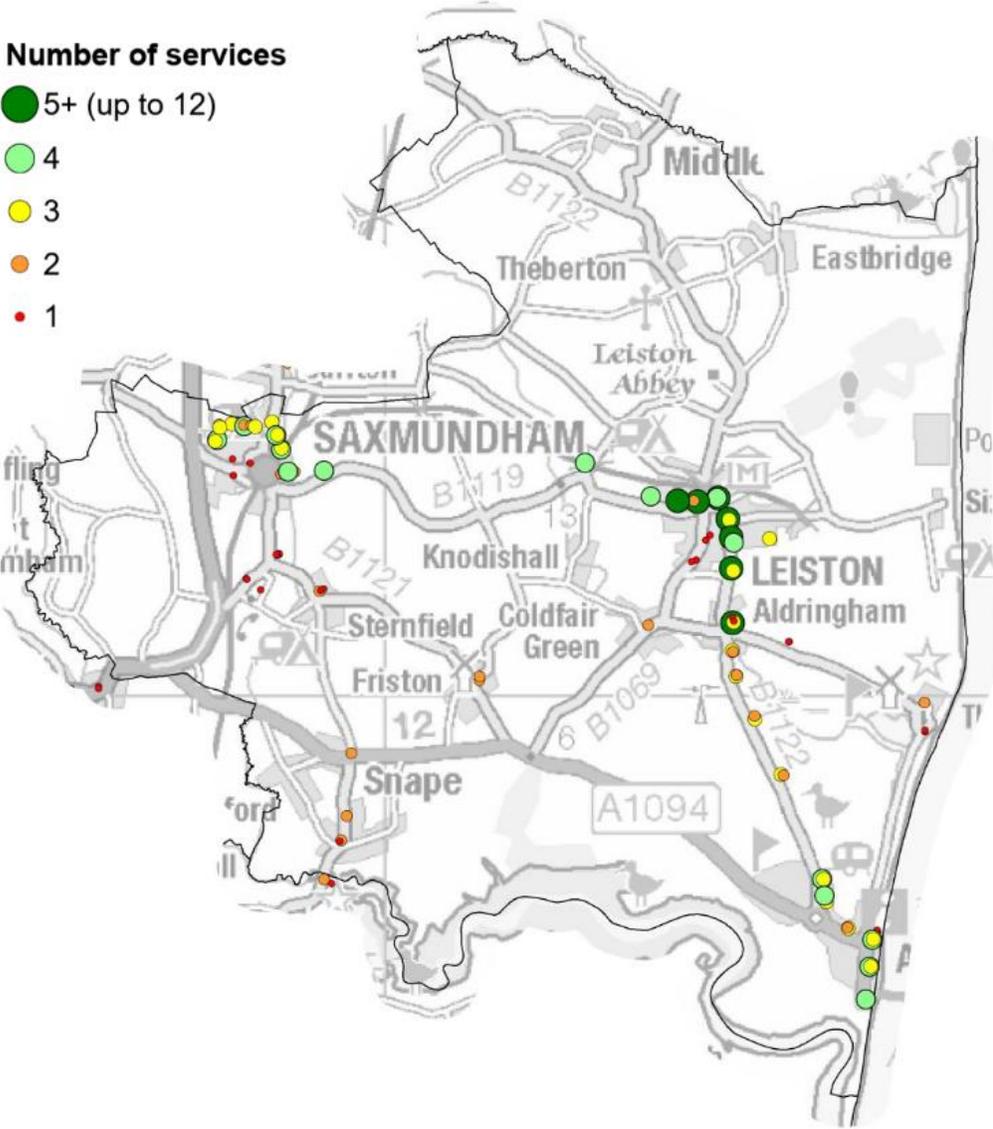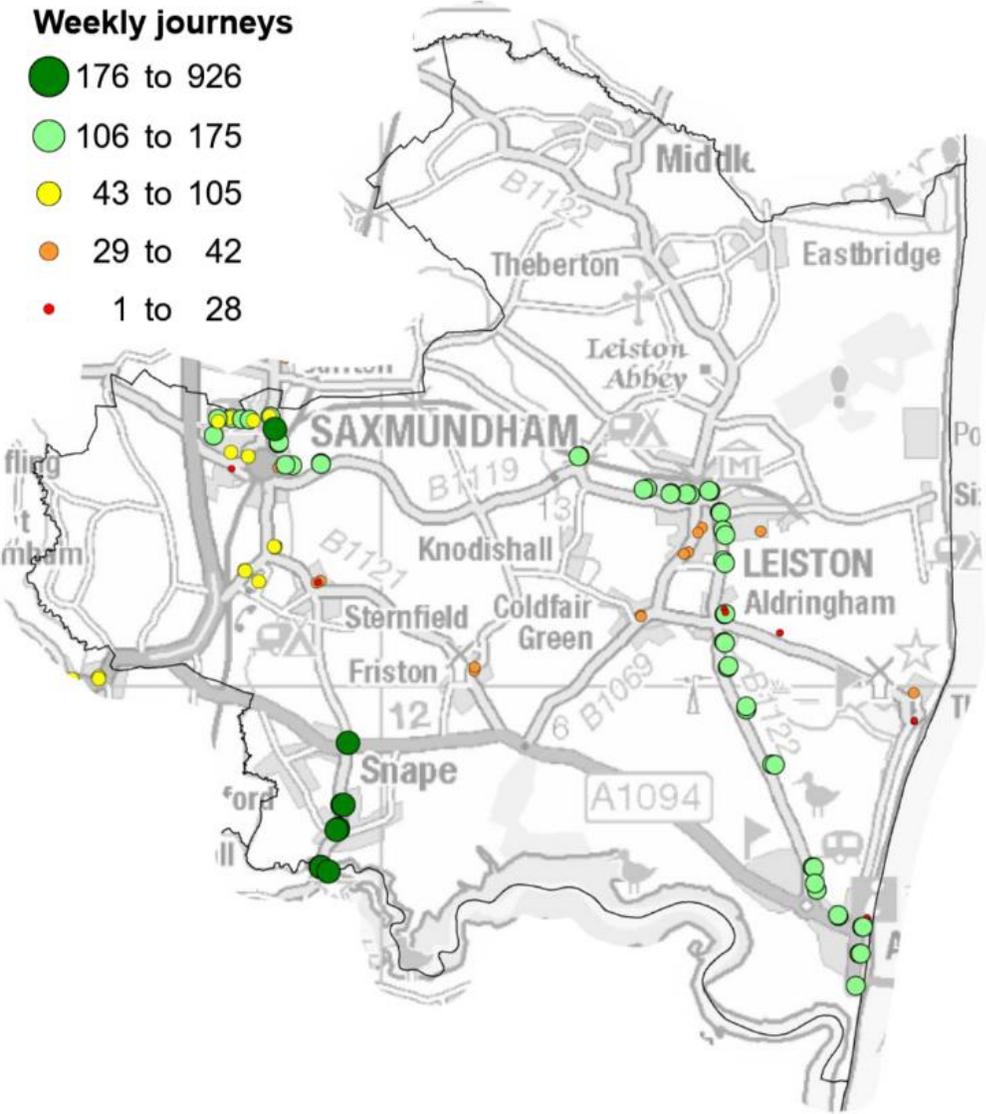
Coastal Accessible Transport Services

Door to Door / Dial A Ride
CATS operate Door-to-Door services using wheelchair accessible minibuses for the towns of Leiston, Saxmundham, Woodbridge and Aldeburgh, these journeys enable people who may need a little more assistance with their journey to remain independent, i.e., need a helping hand to the vehicle or find the walk to their local shops too far or for a journey within the same town/village.

Wheels within Wheels
This service is provided by a wheelchair accessible MPV and is charged at 45p per mile plus VAT from its base at Leiston back to base. This service is ideal for journeys further afield like attending Ipswich Hospital where the volunteer driver will wait for you for up to two hours.

Community Car Services
Volunteers using their own vehicles to provide journeys. The journey is charged at 45p per mile from the volunteer's home, we try and match you to your nearest driver to keep the cost as low as possible. Drivers will usually wait for up to 1 hour for shopping or appointments and 2 hours for Hospital appointments. This service is available to anyone who does not have access to a private car or are unable to use public transport.

Community Group Hire
Our minibuses are available to hire to community groups and not for profit organisations.

Connected Communities Bus Service
CATS operates three Demand Responsive Bus Services on behalf of Suffolk County Council for rural villages which have no regular bus service to enable you to get to your local hub or to connect to a regular bus service or train service. These services operate 6 days a week, from 7am to 7pm, can be booked by phone or online and cost the same as it would on a bus.

Questions?

Kevin Hines

North East Integrated Neighbourhood Team Manager

NHS 75

East Suffolk and North Essex

NHS Foundation Trust

What are the three highest reasons for GP encounters?

1) Serious Mental Health
   - Impact rating 2.6, SNEE average = 1.5
2) Atrial Fib
   - Impact rating 1.9, SNEE average = 1.4
3) Immunodeficiencies
   - Impact rating 1.9, SNEE average = 1.2

Rheumatoid Arthritis noted to be inaccurate.
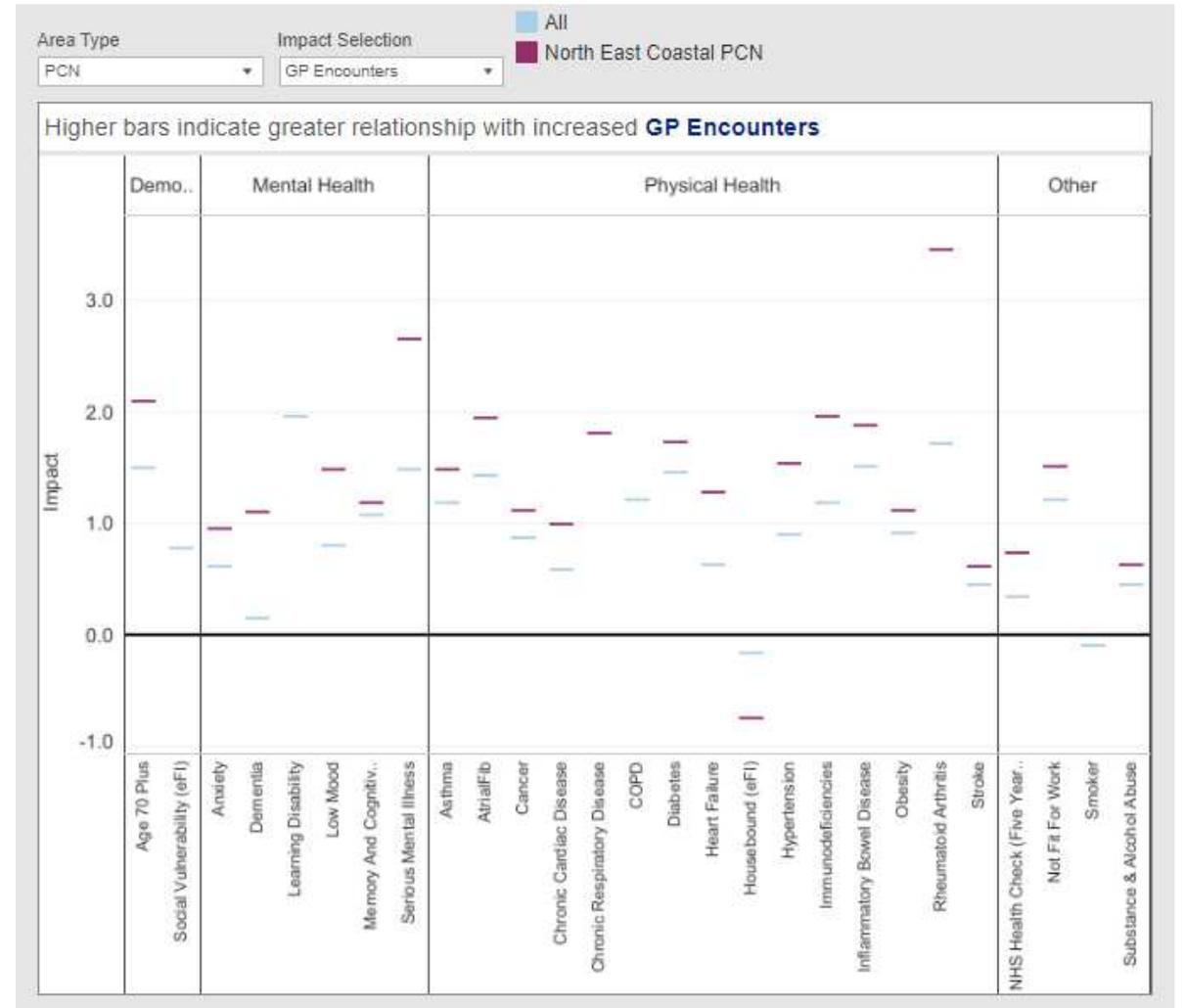
What are the three highest differences in local GP encounters against the average for all other areas?

1) Rheumatoid Arthritis
   - Impact rating = 3.4, SNEE average = 1.7, Difference = 1.7
2) Serious Mental Health
   - Impact rating 2.6, SNEE average = 1.5, Difference = 1.1
3) Dementia
   - Impact rating 1.1, SNEE average = 0.1, Difference = 1.0

What the three highest reasons for A&E activity in the area?
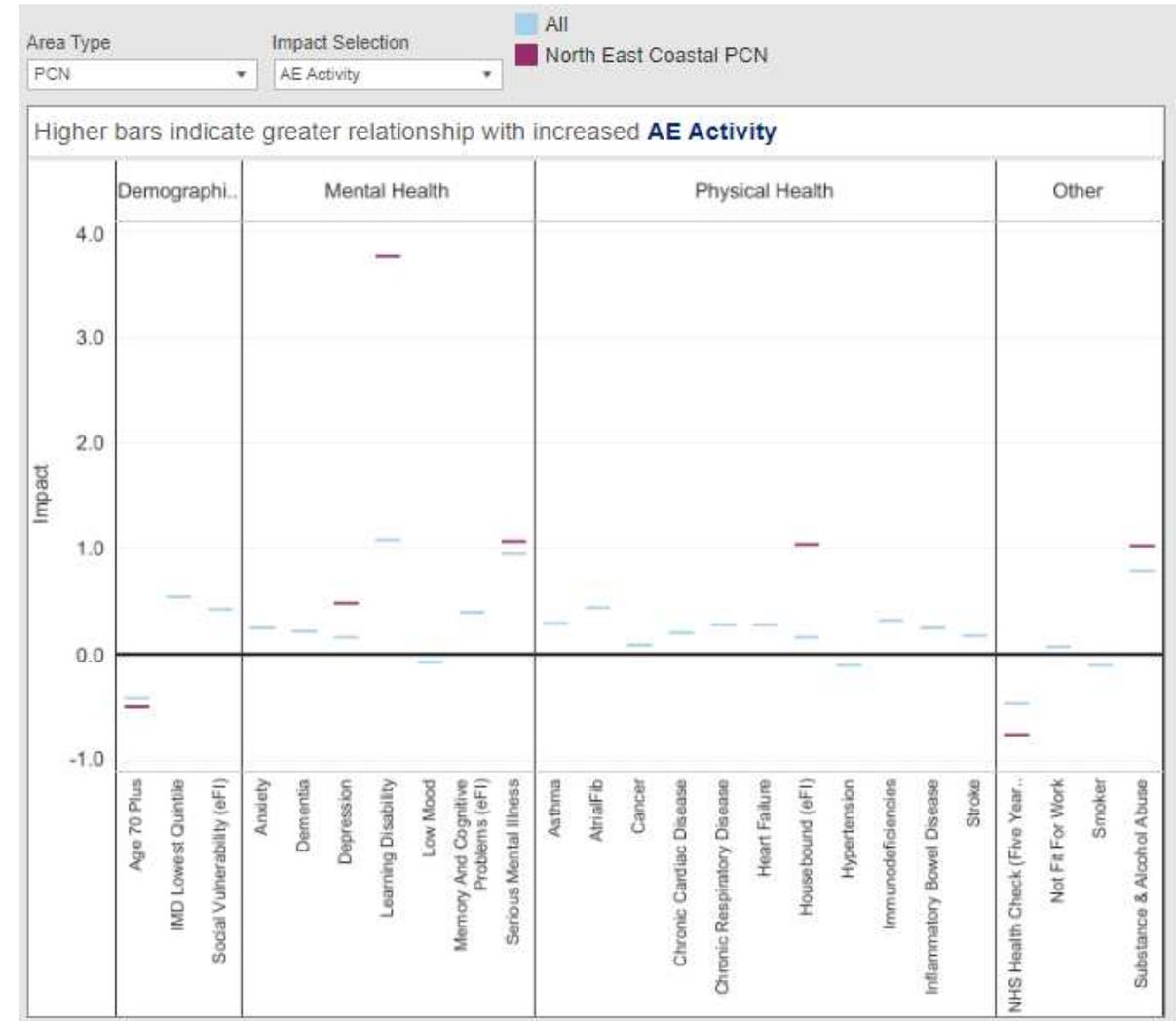
1) Learning Disabilities
   - Impact rating = 3.7, SNEE average = 1.1
2) Serious Mental Illness
   - Impact rating = 1.1, SNEE average = 1.0
3) Substance and Alcohol abuse
   - Impact rating 1.0, SNEE average 0.8
4) Housebound (Electronic Frailty Index)
   - Impact rating = 1.0, SNEE average = 0.2

What are the three highest differences in local A&E activity against the average for all other areas?

1) Learning Disability
   - Impact rating 3.7, SNEE average = 1.1, Difference = 2.6
2) House Bound (EFI)
   - Impact rating = 1.0, SNEE average = 0.2, Difference = 0.8
3) Depression
   - Impact rating = 0.5, SNEE average = 0.2, Difference = 0.3

What's the dentistry need at A&E for the area?

How accessible are dentists in the area?

	Barrack Lane & Ivry	Blackbrook PCN	Bury St Edmunds PC	Clacton PCN	Colchester Medical Gr	Colte Partner (Ara)	Colte Partner (Tmr)	Colte Partner (Wc	Creffield Medical Grou	East Hill Abbey	East Ipswich PCN	East Suffolk PCN	Forest Heath PCN	Haverhill PCN	North Colches PCN	North East Coastal	North East Ipswich	Orwell PCN	Ranwor PCN	South Rural PCN	Sudbury PCN	Tendring PCN	The Deben Health	Wggl PCN	Wolsey PCN	Grand Total
Overall Population Measures																										
Population	####	####	####	####	####	####	####	####	####	####	####	####	####	####	####	####	####	####	####	####	####	####	####	####	####	####
Age	39	46	44	44	39	44	39	47	40	38	39	44	42	40	38	47	42	38	49	46	44	46	47	48	41	43
Male %	51%	49%	49%	50%	50%	49%	54%	49%	49%	50%	52%	50%	51%	50%	50%	49%	50%	52%	49%	49%	49%	49%	49%	50%	51%	50%
% Ethnic Minority (if recorded)	20%	3%	6%	5%	12%	6%	11%	4%	13%	13%	21%	10%	7%	7%	13%	9%	15%	20%	5%	9%	4%	4%	7%	3%	16%	9%
Multimorbidity (acute & chronic)	0.9	1.2	1.1	1.2	0.9	1.0	0.7	1.2	0.9	0.9	0.9	1.1	0.9	1.0	0.8	1.1	1.0	0.9	1.4	1.1	1.2	1.2	1.1	1.2	1.1	1.0
Housing and Health																										
Income VS House Price (%) ▾	16	10	12	14	14	11	12	12	13	13	16	13	14	13	12	11	15	17	13	11	12	14	12	11	15	13
Households In Poverty (%) ▾	23	15	16	27	21	16	19	18	17	20	22	17	18	19	16	17	18	25	26	15	20	24	15	17	19	19
Male Healthy Life Expectancy ▾	64	70	69	61	64	68	67	67	67	65	65	67	68	65	67	68	67	63	61	69	67	63	69	70	66	66
Female Healthy Life Expectancy ▾	63	69	67	59	63	67	65	65	66	64	63	66	66	65	66	66	66	61	60	68	65	61	68	68	65	65
Children In Poverty (%) ▾	18	17	16	21	3	16	18	30	18	18	21	16	17	20	18	16		21	20	16	21	21	17	15	16	18
Additional Wider Determinants																										
Dentist Accessibility ▾	6.1	1.3	3.4	4.8	6.6	4.4	4.5	5.1	5.6	5.5	5.6	4.1	3.9	4.3	5.7	3.7	5.4	6.3	5.1	3.1	3.8	4.3	4.0	1.3	5.1	4.5
Overall Space Decile ▾	6.5	1.5	2.0	2.8	5.1	2.7	3.9	3.0	4.8	4.3	7.1	3.7	2.9	3.3	5.5	2.2	5.7	6.8	3.7	2.3	5.0	2.2	3.6	2.0	4.8	3.8
Overall Air Quality ▾	3.6	5.9	5.3	5.6	4.1	4.5	5.4	6.2	4.0	4.2	3.6	4.9	6.3	6.0	3.7	6.8	3.9	3.5	6.1	5.4	5.3	5.7	6.2	6.1	4.1	5.0
General Practice Accessibility ▾	5.8	2.3	3.4	5.7	5.6	4.3	5.5	5.6	4.8	4.8	6.2	4.2	3.9	3.8	5.6	4.1	5.6	6.1	6.0	2.8	3.4	4.6	3.3	2.8	5.2	4.5
Overall Deciles ▾	5.7	1.8	2.9	4.2	5.8	4.1	5.4	4.5	5.4	5.1	6.3	4.1	3.3	5.0	6.4	3.6	6.5	6.1	5.4	2.7	4.5	3.1	4.9	2.4	5.4	4.5
Social Risk Factors																										
Social Vulnerability incl. isolation	911	748	1,981	1,155	795	657	364	490	686	732	710	2,805	1,040	767	799	554	591	663	1,053	939	729	1,074	574	412	628	####
Deprivation Lowest Quintile	####	37	1,934	####	8,342	817	4,055	2,604	2,262	6,620	8,353	8,580	203	66	1,043	126	2,843	####	####	257	27	####	130	69	9,387	####
Domains of Deprivation																										
IMD	4.5	7.2	6.8	2.9	5.0	6.8	6.9	6.0	6.4	5.1	4.7	6.1	6.1	5.6	6.8	6.0	6.6	3.5	3.3	7.5	5.8	3.6	7.0	6.5	6.0	5.8
Crime	3.9	8.4	7.4	3.9	4.7	6.8	6.7	6.8	5.7	4.6	4.0	6.5	6.6	5.0	6.3	8.3	6.0	3.4	4.7	8.3	5.8	4.4	8.3	7.6	5.4	6.1
Education	4.3	6.0	6.3	2.3	4.9	6.5	5.2	5.1	6.9	5.0	4.6	4.9	4.3	3.9	7.1	5.4	5.9	3.0	2.6	6.0	4.5	2.9	6.7	5.9	4.7	5.1
Employment	4.9	7.9	7.1	2.5	5.0	6.5	6.8	5.1	6.6	5.2	5.3	6.2	7.2	5.9	6.5	6.5	6.6	3.9	2.8	7.6	6.0	3.4	7.2	7.2	6.1	6.0
Health and Disability	4.2	8.4	7.1	2.4	4.7	6.4	6.5	5.0	6.4	5.0	4.2	7.0	6.5	6.3	6.2	7.8	5.6	3.6	2.6	8.8	5.9	2.9	8.0	8.2	5.5	6.0
Housing and Services	5.4	3.4	3.1	6.0	4.1	4.1	5.1	6.5	3.8	3.4	5.4	5.2	3.5	3.1	3.9	5.6	6.1	5.2	6.6	4.1	3.6	6.1	5.4	3.3	6.1	4.7
Income	5.0	7.3	7.2	2.9	4.9	6.9	6.8	5.7	6.3	5.1	5.2	6.4	6.8	6.3	6.9	6.1	6.7	4.0	3.3	7.5	6.0	3.9	7.1	7.0	6.1	6.0
Living Environment	4.6	5.5	7.5	5.7	7.1	6.9	7.4	6.8	6.9	7.1	4.4	5.1	6.1	8.5	7.6	3.6	5.6	4.8	6.6	5.4	6.0	5.3	4.1	5.1	6.3	6.0

How many people are living in the area with dementia and/or a memory or cognitive issue and require the support of a carer?

Age Band (All) ▼	Children & Younger People (0-17)		Adults (18-74)			Older People (75+)			Grand Total
Complexity ▼	Low Complexity	Middle Complexity	Low Complexity	Middle Complexity	High Complexity	Low Complexity	Middle Complexity	High Complexity	
Overall Population Measures									
Population			7	30	18		47	75	184
Age	14	16	54	50	64	81	84	86	75
Male %	100.0%	50.0%	57.1%	63.3%	66.7%	25.0%	25.5%	29.3%	39.1%
IMD	5.0	7.0	6.1	5.4	5.0	7.0	6.1	6.7	6.1
% Ethnic Minority (if recorded)	0%	0%	0%	11%	6%	25%	10%	7%	8%
Multimorbidity (acute & chronic)	1.0	2.5	0.9	2.5	6.3	0.8	3.3	7.0	4.8
Finance PPPY ▼									
Finance Total	£0.00M	£0.02M	£0.02M	£0.08M	£0.18M	£0.02M	£0.13M	£0.47M	£0.93M
PPPY - Total	£406	£12,104	£2,821	£2,668	£10,257	£4,993	£2,867	£6,244	£5,066
Acute Planned	£0	£381	£15	£477	£642	£0	£205	£292	£317
Acute Unplanned	£0	£2,974	£0	£523	£3,939	£2,264	£1,151	£2,064	£1,687
Acute Drugs & Devices	£0	£0	£0	£0	£0	£0	£0	£0	£0
GP Encounters	£106	£499	£277	£514	£715	£704	£622	£797	£670
GP Prescriptions	£0	£0	£0	£0	£0	£0	£0	£0	£0
Community & Mental Health	£300	£8,250	£2,529	£1,153	£4,961	£2,025	£889	£3,091	£2,392
Social Care	£0	£0	£0	£0	£0	£0	£0	£0	£0
Activity PPPY - GP Contacts	2.0	8.5	6.0	10.9	15.3	14.8	12.7	16.8	14.0
Beddays PPPY - Acute EM	0.0	1.0	0.0	0.9	7.6	5.3	2.4	6.1	4.1
Physical Health									
Asthma ▼	0.0%	0.0%	0.0%	13.3%	27.8%	0.0%	4.3%	18.7%	13.6%
Diabetes ▼	0.0%	0.0%	0.0%	13.3%	44.4%	0.0%	2.1%	36.0%	21.7%
Hypertension ▼	0.0%	0.0%	0.0%	16.7%	77.8%	25.0%	36.2%	80.0%	52.7%
Obesity ▼	100.0%	50.0%	71.4%	50.0%	50.0%	25.0%	14.9%	21.3%	29.9%
Stroke or TIA ▼	0.0%	0.0%	0.0%	3.3%	55.6%	0.0%	12.8%	32.0%	22.3%
Mental Health And Learning Disability									
Anxiety or Phobias ▼	0.0%	0.0%	0.0%	20.0%	38.9%	0.0%	10.6%	34.7%	23.9%
Depression ▼	0.0%	0.0%	0.0%	23.3%	55.6%	0.0%	12.8%	37.3%	27.7%
Low Mood ▼	0.0%	0.0%	0.0%	36.7%	50.0%	25.0%	31.9%	33.3%	33.2%
Mental Health Flag ▼	0.0%	0.0%	28.6%	56.7%	83.3%	25.0%	44.7%	60.0%	54.9%
Other Characteristics									
Social Vulnerability eFI ▼	0.0%	0.0%	28.6%	33.3%	16.7%	0.0%	23.4%	26.7%	25.0%
On a Waiting List ▼	100.0%	50.0%	0.0%	33.3%	33.3%	0.0%	29.8%	34.7%	31.5%
History of Falls eFI ▼	0.0%	0.0%	0.0%	10.0%	55.6%	50.0%	51.1%	78.7%	53.3%
Opioid Prescription ▼	0.0%	0.0%	0.0%	20.0%	27.8%	25.0%	34.0%	29.3%	27.2%
History of Smoking - Tw... ▼	0.0%	0.0%	14.3%	20.0%	27.8%	0.0%	2.1%	6.7%	9.8%

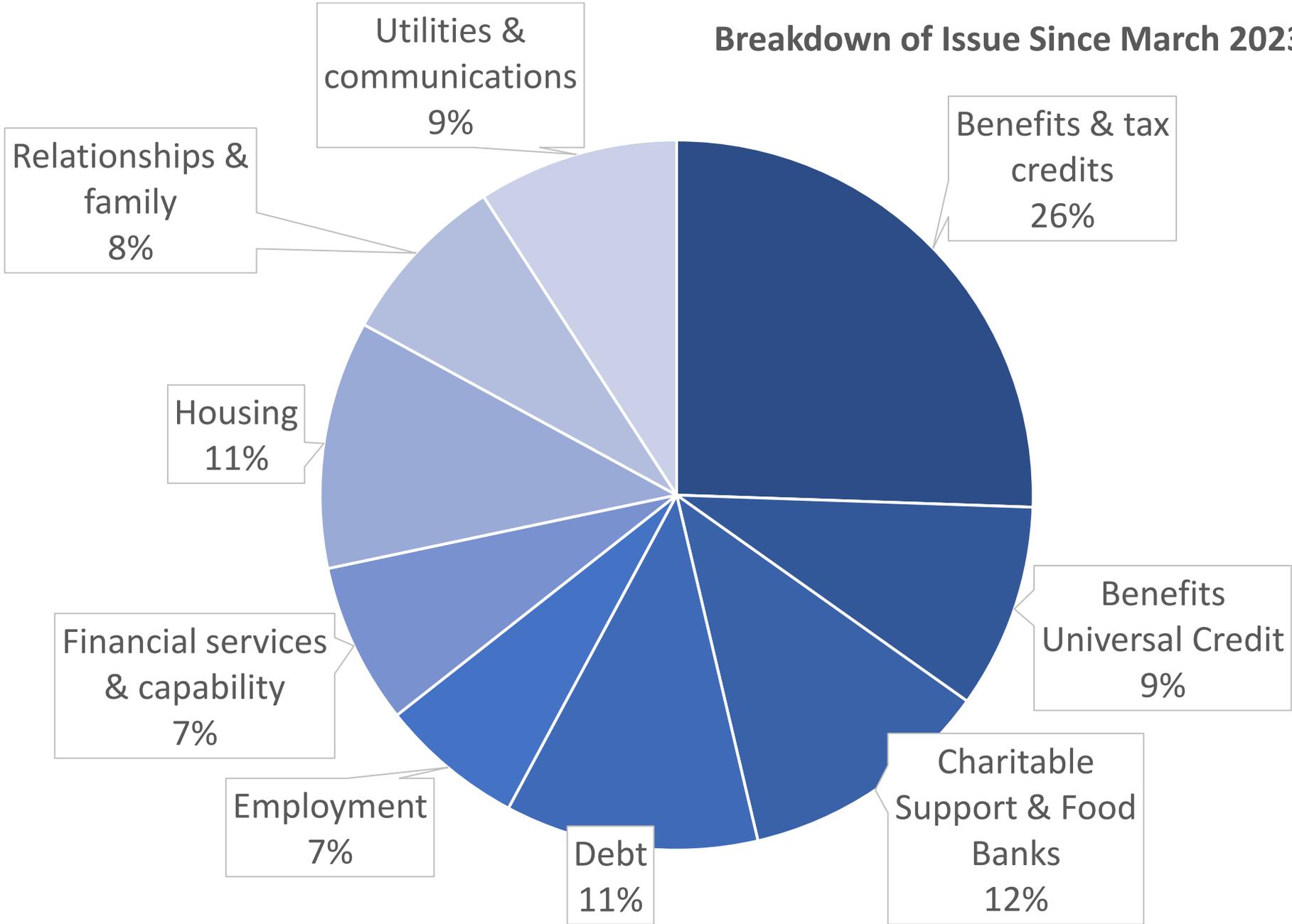# Questions?

Chiara Saunders

Chief Executive Officer at Citizens Advice East Suffolk

Breakdown of Issue Since March 2023

- Benefits & tax credits 26%
- Benefits Universal Credit 9%
- Charitable Support & Food Banks 12%
- Debt 11%
- Employment 7%
- Financial services & capability 7%
- Housing 11%
- Relationships & family 8%
- Utilities & communications 9%

Questions?

Population
by Parish

Parish name	2017	2020
Leiston	5,670	5,850
Saxmundham	4,330	4,720
Aldeburgh	2,450	2,430
Knodishall	810	790
Aldringham cum Thorpe	790	790
Snape	660	690
Benhall	550	590
Middleton	370	390
Friston	340	350
Theberton	290	270
Sternfield	130	110

Source: ONS 2020 mid-year population estimates. Rounded to the nearest 10

	Response 1	Response 2	Response 3	Response 4	Response 5	Response 6	Response 7	Response 8	Response 9
Q1	No Peninsula Practice or dental data	Life expectancy		Males' life expectancy, decrease in childhood obesity, Universal credit increase		Child obesity	Older people deprivation and life expectancy	Environment	
Q2	Aldeburgh data - dementia and old age deprivation stats	Uptake of health/social care services	Mental health		Dentist	Housing and affordability	Deprivation, mental health, access to services	Education/schools	Housing (EPC ratings, rents, social housing, second homes/holiday lets)
Q3	Impact of Sizewell C and power project, how power companies will help mitigate	Transport	Gaps in mental health services	NHS facilities, dentists	Dentist	Digital exclusion			Affordable housing, graduate employment opportunities, transport routes
Q4		More data for A&E, opportunities, and aspirations	Include mental health		Changing population due to energy projects	Priorities we can actually impact	Mental health, physical health, and climate attitude	Impact of Sizewell C on infrastructure	
Q5					Local impact of energy projects	Effects of covid on YP			Transport and housing
Q6			Many community groups			GP surgeries	Young people and Sizewell C (EDF)	Not all community groups, keep precise	Theberton PC, Wayne Saunders
Priority 1			Mental health & Wellbeing all ages	Integration between groups		Older people - resources			Improvement of housing in the private rented sector
Priority 2				Prepare for the future with young people		Cost of living			Preparing for SZC and the Energy Project
Priority 3						Digital inclusion			Improving transport and encouraging cycling/walking