



East Suffolk
Community
Partnerships

Bringing ideas to life

Melton
Woodbridge
& Deben
Peninsula

Priority	Smart Objectives	Indicators of change
<p>Increase Community Cohesion and participation by increasing the use of existing community spaces.</p>	<p>Increase attendance at existing community groups who are using community spaces.</p> <p>Increase use of community spaces by identifying local need and supporting the creation of new groups to use community spaces.</p>	<p>Increase in attendance at existing community spaces and groups.</p> <p>Number of attendees at new groups created.</p>
<p>Increase access to activities or options that support physical and mental well-being for young people.</p>	<p>Increase attendance of existing counselling sessions in Farlingaye High School by 50-100 young people by December 2023.</p>	<p>Number of young people accessing sessions.</p> <p>Number of new groups/activities and uptake.</p>

652 survey responses from Young people November 2022

Prominent issues:

Young people are struggling severely with mental health and wellbeing so further support around this is essential. Many young people said they felt the activities they were already participating in supported them to feel better, therefore, any further activities or provisions will be vital in supporting young people.

New activities:

Young people have identified that there are gaps in provision around the following areas:

Arts and creative groups

LGBTQ+ support

Counselling / mental health support

Digital technology related activities

Promoting activities:

Young people seemingly are not always aware of the activities and provisions available for them to join, so further work needs to be done on promoting existing activities through social media, schools, parents and posters in the local community.

Any new activities/provisions would also benefit from being promoted in a similar way.

Where, When, Cost:

It is important that, where possible, activities are subsidised so that they are free for young people.

Although many young people are currently able to get a lift to activities, to ensure longevity, local activities are preferable so that young people can independently attend activities.

It's important that activities are available after school, in the evening and weekends.

Key Takeaways and Recommendations

LGBTQ+ Support:

Outreach Youth. We see Youth Work as a distinct educational practice founded on a voluntary relationship with young people and shaped by their agendas. This funding will provide support LGBTQ+ in school for young people and in addition a training session for parents and school staff around the language of LGBTQ+. **Cost: £3000**

Compass Mentoring:

Just 42 Compass mentoring is well-being mentoring for young people aged 11 to 18 years of age, who are struggling with a variety of issues and who are without support of any kind or who has some statutory support, but this is not really working. This will be an extension of the service that Just 42 already offers because they have had such an increase in referrals that there is a need in an increase of this service. **Cost: £5000**

Compass Mentoring helped 55 young people during 2021-22 and this is expected to rise 100% in 2023. At a time when anxiety levels in young people were at a high and the pressure on statutory provision has been overwhelmed, we have been able to continue to offer early intervention well-being support locally. Young people can access this support easily and we see increased emotional health and well-being in the young people as they meet with their mentors on a weekly basis. This is measured by well-being surveys and also as we ask for feedback from the young people and also their mentors at the end of the process. We also aim to increase the capacity of the local community to support young people in their area. This year we had 21 local volunteers who mentored young people. The paid Coordinator trains and supports the team to provide mentoring to local young people, thus enabling them to make an impact on young people. Our mentors themselves enjoy supporting young people and taking an active part of impacting their local community.

Key Takeaways and Recommendations

Arts and Craft Lunch Club:

Just 42 drop-in sessions lunch time in School one day a week. Will provide quiet space for young people to participate in arts and crafts. Involvement with arts and crafts can help self-esteem and confidence, aids imagination, self-expression and creativity in young people. **Cost: £3000**

Creative Sessions:

Just 42 Mend Sessions will run after school during the spring/summer term. Workshops will teach young people how to repair bikes, sewing skills, carpentry, upcycling furniture etc. This teaches young people life skills whilst boosting their confidence and ultimately their wellbeing. **Cost: £3000**

Counselling:

4YP offers links with, and combines, all the elements of work that is carried out by the 4YP team. It is a confidential service for young people who are ready to enter one-to-one sessions focusing on difficult issues with a trained counsellor. One to one counselling for two days a month in School for one academic year. **Cost: £6000**

Current Funding 2023/24

Grow it, Cook it, Share it

Two hourly weekly sessions for a 6 week course for seven families. Grow their own food, nutritional advice and cooking demonstrations. This project covers both priorities.

Cost: £3,500

Woodbridge Community Chinwag

A monthly social befriending group for people aged 60+ for Woodbridge and surrounding area. This covers the community cohesion priority

Cost £5,302

Total spend so far: £8,802

What's next.....

- Due to poor uptake from more rural ward's we are looking to support a rural youth project.
- Working with SALC a survey has gone out to 130 parish and town councillors within our Community Partnership to increase engagement and participation within our local areas.