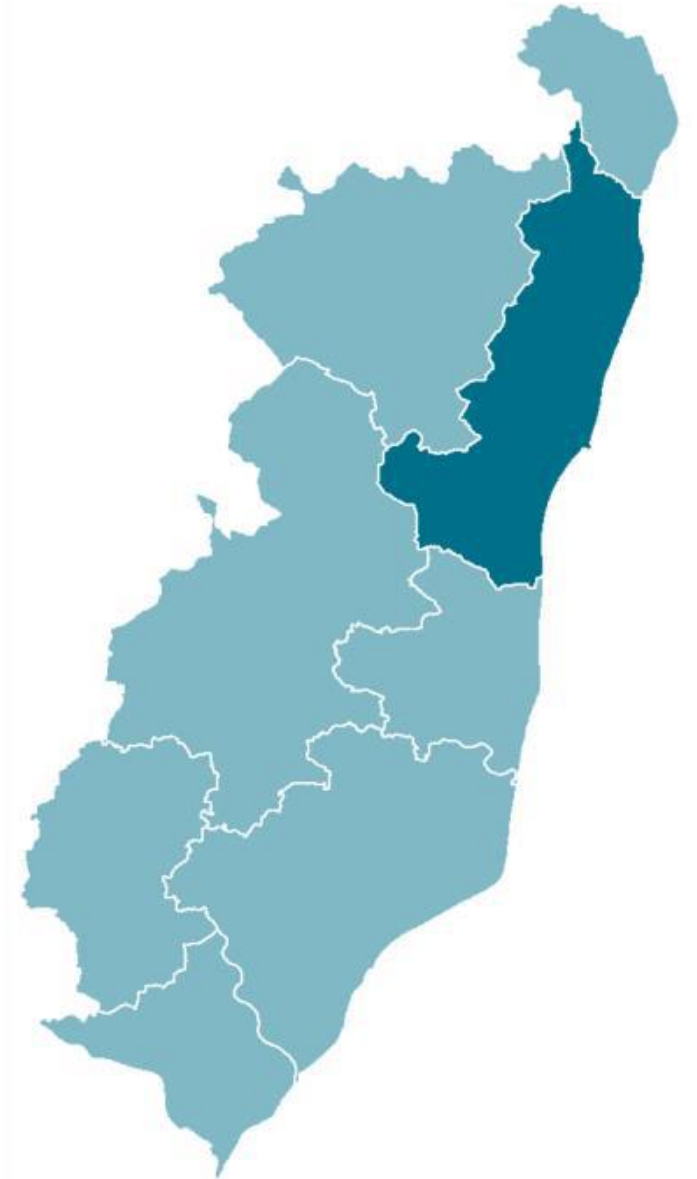




East Suffolk
Community
Partnerships

Bringing ideas to life

Carlton Colville
Kessingland
Southwold
& villages



Priorities Reset 2022

01

Reduce social
isolation and
loneliness

02

Facilities,
activities and
education for
young people

Priority 1

Reduce Social Isolation and Loneliness



The Issues:

- Rurality
- Age demographic: larger than average elderly population
- Mental health issues.
- Family situations : new parents, domestic abuse etc
- Deprivation and Cost of Living crisis
- Lack of volunteers for existing community services.
- Covid
- Digital interactions – this is complicated though!

CP SPEND ON PRIORITY 1 2022

1. Volunteering Project
(spend agreed last session of 22/23
session, being implementing this
year)

“To implement the Suffolk
Volunteering Strategy and action plan
at a local level with the aim of
increasing the recruitment and
retention of volunteers in order to
maximise the benefits of volunteering
for residents and communities.”

£7,607.20



CP SPEND ON
PRIORITY 1
2022



Actions:

RESEARCH project with volunteers and ex volunteers.



TRAINING programme for local community groups and charities, including the development of an ongoing learning community.



Develop a year long plan of EVENTS AND PUBLICITY to raise the profile of volunteering, the Volunteer Suffolk portal and local opportunities.



Timebanking UK

Investigate the potential of VOLUNTEER REWARD SCHEMES such as Timebank (already launched in Lowestoft) and Tempo.

Priority 2

Facilities, Activities and Education for Young People

The Issues:



- Rurality: Can make access to facilities, activities and desired educational opportunities difficult
- No secondary schools in our CP area. This means young people have to travel to attend school and might not have local peers
- Mental health issues.
- Deprivation and Cost of Living crisis. We have pockets of significant poverty and a significant rise in Universal Credit claimants in the last 3 years
- Digital interactions – this is complicated though!

CP SPEND ON PRIORITY 2 in 2022

1. Early Years wellbeing and Covid recovery

£4,530

Mitigating the negative impact of pandemic lockdowns on childrens' social and emotional development and family capacity through training for staff and increased support services.

2. Primary age wellbeing

£9,870

Mitigating the negative impact of pandemic lockdowns on childrens' mental health by offering increased support services through local primary schools.

3. Secondary school counselling – In partnership with BBH CP.

£2,170

Supporting young people showing signs of mental distress at an early stage in a familiar setting.

EARLY YEARS WELLBEING AND COVID RECOVERY



Actions:

1. TRAINING for staff and volunteers in two day nurseries/pre-schools in child development, emotional wellbeing and supporting mental health plus 2 year subscription to Thrive.
2. TRAINING course for toddler group leaders and volunteers in social development, emotional development and supporting mental health.
3. Understanding Trauma online TRAINING
4. Age appropriate social and emotional development RESOURCE PACKS for 5 settings. These include activity plans for teaching emotional literacy and developing communication, games, play resources, worksheets, story books and sensory items.
5. START UP COSTS for community groups in areas that don't have provision.



PRIMARY AGE MENTAL WELLBEING



Actions:

1. Fund the setup costs for the THRIVE programme in two local primary schools.
2. Fund one member of staff to go through Thrive practitioner training at one primary school. They already have the full Thrive programme which is fully embedded. Kessingland have offered to mentor the other schools
3. Fund the adoption of the Early Minds approach in one of our small, rural primary schools.
4. Understanding Trauma training for 20 staff across our local primary schools and support services, led by the Solihull Approach.
5. Fund the purchase of age-appropriate emotional literacy RESOURCE PACKS for 5 settings.

SECONDARY SCHOOL COUNSELLING PROJECT



Action:

In partnership with BBH CP and Well Minds we funded one extra day a week professional counselling provision in Sir John Leman High School in 12 week blocks. SJL is the primary catchment secondary for a large portion of our CP area.

COST OF LIVING

In 2022 The CP contributed funds towards the Ease the Squeeze project.

These were allocated to school uniform support in areas that didn't yet have uniform banks and slow cookers/microwaves to mitigate cost of oven use or where there were no facilities.

Some funds remain for winter 23/24.



**HELPING EAST SUFFOLK
EASE THE SQUEEZE
ON THE COST OF LIVING**

Transport

In 2021 rural transport was escalated to the CP Board as it required that level of authority and budget to make an impact.

In 2022 the CP made a statement of commitment on transport.

“The Carlton Colville, Kessingland and Southwold Community Partnership is committed to improving access to active and sustainable transport, particularly in rural areas.

We acknowledge that capacity for significant impact lies at board and council level and we will continue to feed into and support wider policy and projects within our locality.

Although the Community Partnership will not be taking direct action on transport, we commit to making transport and accessibility a core consideration when considering all other priorities.



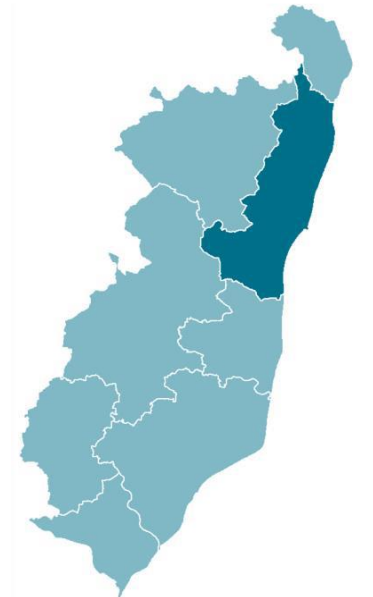
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CP principles:

We are:

- **Data and intelligence led**
- **Flexible and free to respond**
- **Good stewards**
- **A partnership**
- **Proactive as well as reactive**
- **Committed to equity**





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23/24 session:

Where now?

