

Aldeburgh, Leiston, Saxmundham and villages Community Partnership Meeting

Wednesday 6 July 2022 at 4.15pm

The Fromus Centre, Street Farm Road, Saxmundham, IP17 1AL

Partnership Priorities

- Reduce social isolation and loneliness, particularly for carers, older people, and men over 40
- Encourage and enable everyone to more physically active and healthy
- Education, opportunities, and aspirations

Meeting Goals

1.

Standing Items		Lead	Supporting papers
1	Action Notes	Alli Stone, Democratic Services Officer	Yes
2	Community Partnership Board Update	Nicole Rickard, Head of Communities	Yes
3	Current projects and task and finish group updates	Zoe Botten, Communities Officer	Yes
4	Election of Vice Chair	Cllr Cooper, CP Chair	None
5	Date of the next meeting – 21 September 2022	All	None
Meeting Items		Lead	Supporting papers
6	Introduction to the Towns Development Programme	Jo McCallum, Town Development Co-ordinator	Presentation
7	Annual Service Providers Forum	Zoe Botten, Communities Officer Helen Greengrass, Leiston Change Manager	Update
8	Action Plan – Priorities/Objectives and KPIs	Zoe Botten, Communities Officer	Discussion

Chair: Councillor Tony Cooper (East Suffolk Council)

Vice-Chair: Mel Geater (Avocet Academy)

Communities Officer: Zoe Botten
zoe.botten@eastsuffolk.gov.uk

Partnership Organisations:

East Suffolk Council
Suffolk County Council
Local Town and Parish Councils
Suffolk Constabulary
Ipswich and East Suffolk Clinical
Commissioning Group
Community Action Suffolk
Leiston Together
Business Community
Youth Community
Environment

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democraticservices@eastsuffolk.gov.uk

Aldeburgh, Leiston, Saxmundham and villages Community Partnership

Action Notes of the Meeting held on Wednesday 9 March 2022 at the Waterloo Centre, Leiston

Core Membership:

ESC Councillors – Councillor Tony Cooper (Chairman), Councillor John Fisher, Councillor Russ Rainger

SCC Councillors –

Town and Parish Councils –Councillor Julian Cusack (Middleton Parish Council), Councillor Marianne Fellowes (Aldeburgh Town Council), Councillor Lesley Hill (Leiston Town Council), Caroline Rinder (Clerk, Leiston Town Council), Councillor Mary Schedrin (Friston Parish Council)

Partnership Organisations –Melissa Geater (Vice Chair, Avocet Academy), Sharon Cuthbert (Leiston Good Neighbour Scheme), Stuart Watson (Cyds Project)

Others present –Luke Bennett (Partnerships Manager), Zoe Botten (Communities Officer), Alli Stone (Democratic Services Officer)

Item	Discussion
1.	Welcome and Apologies for Absence Apologies for absence were received from Roz Barnett (Saxmundham Town Council), Di Eastman (IP17 Good Neighbour Scheme), Cllr T-J Haworth Culf (Suffolk County Council), and Cllr Paul Richards (Snape Parish Council).
2.	Notes of the Meetings of the Community Partnership The action notes of the meetings held on 15 December 2021 were agreed.
3.	Update from the Community Partnership Board held on 7 March 2022.

	<p>Luke Bennett (LB) updated the meeting on the most recent board meeting and highlighted the following points</p> <ul style="list-style-type: none"> • Zoe Botten (ZB) gave a presentation on the work of this partnership and the work that had been going on in this area, particularly around partnership working and mental health. • The Boards mental health task and finish group updated the meeting. • The Boards tackling inequality task and finish group had met and would be reporting to the Board in June. This group would also cover fuel poverty issues. • Community transport was being expanded into this area <p>ACTION – ZB and LB to email group copy of CP presentation and Board mental health report.</p> <p>The Community Partnership raised the following points</p> <ul style="list-style-type: none"> • Whether a mental health first aid course could be run through the Community Partnerships, as this was becoming an increasing concern • Whether this Partnerships priorities should also include fuel poverty and the cost of living, and how the Partnership would be able to take advantage of ‘Levelling Up’ funding. • LB informed the Partnership that this was a Board priority as it was an issue in every area and encouraged this Partnership to feed ideas on this area to the Board through the Chairman or Cllr Rainger. • Information on support that was available was being collated to be distributed to communities and would be shared with the group. • The Partnership considered what could be done in the short term to tackle the issue of the cost of living and asked that individuals were identified and signposted to organisations that offered help. • ZB confirmed that the communities team did signpost people to assistance available via Citizens Advice and food banks, as did other organisations in the Community Partnership. • The impact of food and fuel poverty on mental health should be considered by the Partnership as part of the mental health priority. • The Partnership raised the importance of local businesses such as hairdressers, shops and pubs in distributing information, leaflets or posters should also be delivered here to ensure greater reach <p>ACTION – LB to feedback the Partnerships points on fuel and food poverty to the Board.</p> <p>ACTION – ZB and LB to arrange for leaflet on support available to be distributed to CP members and communities, CP members to distribute to their networks.</p>
4.	<p>Applications for funding</p> <p><u>Activ Lives</u></p>

	<p>A task group had met to provide feedback on this project. The Partnership raised the following points:</p> <ul style="list-style-type: none"> • How sustainable the project would be going forward once the CP funding had ended • More work needed to be done on rural proofing • The project seemed to be very reliant on volunteers, and there were issues with volunteer availability generally in other groups. • The mapping exercise was not as complete as it could be, and that other community organisations had not been consulted to see what structures were already in place and where there could be partnership working • More groundwork was needed to ascertain community need • Project needed to look at adding value to existing services rather than repeating existing provision. • Transport to activities needed to be considered (and volunteers to run transport solutions) <p>The Partnership agreed that they would like to support a project which would work more closely with existing services to add value and expand the reach of current projects.</p> <p>ACTION – ZB to feedback on project and meet with working group on project going forward.</p>
5.	<p>Consideration of the Community Partnership's Projects</p> <p><u>Talking Benches</u> Eleven benches had been requested, and an additional £2800 would be required in addition to the £1500 already allocated.</p> <p>ACTION – The Community Partnership agreed to provide an additional £2800 of funding to provide eleven talking benches</p> <p><u>Healthy Movers</u> ZB updated the partnership on the project. A minimum of ten locations would be needed and if the minimum number of locations could not be found within this area the project would be expanded to Framlingham.</p> <p>Project did cover all the priorities and would engage both parents and children. As the project trained teachers it could be run over a number of years and reach more children.</p> <p>ZB confirmed that the cost to the Partnership would be a maximum of £5000, and an additional £8000 of funding would be received from Suffolk County Council.</p>

	<p>ACTION – The Community Partnership agreed to provide £5000 of funding to the Health Movers project.</p>
6.	<p>Update on CP Projects</p> <p><u>Leiston Early Minds Project</u></p> <p>Mel Geater (MG) explained that the project targeted a particular year group where 60-70% of the children were identified as vulnerable and where staff had commented that they had never before seen this level of mental health need. The project was to help with a mental health crisis in this year group.</p> <p>The first sessions for staff had happened in February, and all teachers and support staff were able to attend.</p> <p>A document covering the initial feedback had been shared with the Partnership. Staff had commented that following the sessions with Mind, the language around mental health from children had changed and they were using language rather than action to get support. Number of behavioural issues had also dropped.</p> <p>The next step would be to expand the help to families as children were becoming increasingly aware of problems within their families. This session would be purposefully held in person to help break the stigma around mental health.</p> <p>It was clear from this project that there was a need to be able to signpost parents to mental health support, and that children's mental health could not be considered in isolation.</p> <p>MG had been discussing the project with other schools and encouraging them to consider repeating the project.</p> <p>There was a whole school package available for £8000 which embedded some preventative skills for managing mental health as part of the curriculum. There was discussion about whether it would be preferable to repeat this project in a number of other schools or whether to run the one project in Leiston.</p> <p>The Partnership suggested that £10,000 was ringfenced so that the project could be repeated in other areas, to help address the crisis in child, family and teacher mental health. The project would be revisited next year to look at a whole school preventative approach.</p> <p>The project would also be highlighted to the Community Partnership Board.</p>

	<p>ACTION – The Community Partnership agreed to ringfence £10,000 to enable the early minds project to be repeated in other schools. ZB and MG would contact other schools who were interested in running the project.</p> <p><u>Dental Health Project</u></p> <p>ZB suggested a project in high schools in partnership with the County Council to focus on dental health and hygiene. It was also suggested that the local Co-Op be contacted and asked to donate toothbrushes and toothpaste.</p> <p>There was a discussion about community dentist provisions. Dentaaid did visit the area, but community dentist provision at Aldeburgh hospital had stopped during the pandemic.</p> <p>ACTION – The Community Partnership agreed to provide £1000 to the dental health project.</p>
7.	<p>Core membership</p> <p>The Partnership considered their membership.</p> <p>ACTION – ZB to contact the Citizens Advice Bureau with regards to attending future meetings.</p>
8.	<p>AOB</p> <p>The Partnerships three priorities were:</p> <ul style="list-style-type: none"> • Encourage and enable everyone to be more physically active and healthy. • Reduce social isolation and loneliness, particularly carers, older people and men over 40 • Education, opportunities, and aspirations. <p>ACTION - A task group would be set up for each priority to look at it in more detail and see what more could be done around the priority in this area.</p>
9.	<p>Date of the next meeting</p> <p>It was noted that the next meeting would be held on the 11 May 2022.</p> <p>Friston Village Hall was suggested as the next meeting venue and would be confirmed.</p> <p><i>Post meeting note – the date of the next meeting was changed to 18 May 2022.</i></p>

The meeting concluded at 5.01 pm

COMMUNITY PARTNERSHIP CHAIR'S BRIEFING NOTE

COMMUNITY PARTNERSHIP BOARD – 13 JUNE 2022

HELD AT BT, THE HUBBLE ROOM, ADASTRAL PARK, IPSWICH, IP5 3RE

1 Introduction

All eight Community Partnerships are represented on the Community Partnership Board by their respective Chairs. The meeting agendas and papers can be viewed [HERE](#)

2. Vice Chair for 2022-23

Lisa Perkins will continue as Vice Chair of the Community Partnership Board. Lisa is Director of BT Adastral Park and Research Realisation.

3. Focus on Community Partnerships

The Board received the following update on activity of the eight Community Partnerships: [Community Partnerships Summary of Activity](#)

The Board then received a short presentation from the [Carlton Colville, Kessingland, Southwold and Villages Community Partnership](#) and the [Framlingham, Wickham Market and Villages Community Partnership](#)

4. Implementation of the Peer Challenge Action Plan

The Board received a verbal update from Nick Khan:

A major step in our development of the Community Partnerships was to invite a team from the Local Government Association to review our progress and make recommendations on what they observed. The review took place over three days 12 – 14 October 2021. At the conclusion of the review, the Team shared insights they had gained through the process and gave recommendations for East Suffolk Council and the Community Partnership Board to consider. Although the review was very positive, there were areas identified where we could do better.

The Community Partnership Delivery Group is delivering the Peer Review Action Plan to address these issues on behalf of the Board. The first phase is structured around three priorities:

1. Each Community Partnership needs to RESET after lockdown:
 - Review / refresh priorities
 - Produce a focussed Plan of what they will deliver
 - Set SMART outcomes
2. Each Community Partnership needs to equip itself to deliver its plan:
 - Build confidence to take a proactive problem-solving approach
 - Engage the right people to get the job done
 - Gain the necessary skills to perform the task well
3. We must all communicate what we do:
 - Between Community Partnerships to share best practice
 - Internally within East Suffolk Council to embed the process
 - Externally to promote the benefits of Community Partnerships to our residents

5. Annual Report 2021-22

Steve Gallant presented the [Annual Report 2021-22](#) which reviewed the progress that the Board and the eight individual CP's have made in achieving their original ambitions.

Covid restrictions and lockdown have had a profound effect on the development of CP's BUT we should recognise the outstanding achievement of all eight CP's and the Board by continuing to operate virtually, finding creative ways to engage online, and delivering tangible support to their communities during the pandemic.

With SALC support we have had successes in engaging Town and Parish Councils – but there is more to do, so we have recommissioned SALC for another 12 months.

We have enjoyed good support from our private sector partners on the Board, but not so much at CP level. The Board set up a small task group to develop proposals on how we can work more closely with our local businesses.

We recognise that we have not publicised the magnificent work that the Community Partnerships are doing enough and are taking steps to address this. Early progress includes:

- Completely refreshed website so that our residents can easily find out more about their Community Partnership.
- Publishing our first quarterly e-newsletter to promote communications between the CP's and partner organisations.

6: Report from the Tackling Inequalities Task Group

Chris Abraham introduced the [Report from the Tackling Inequalities Task Group](#) and the accompanying [Outcome Proposal](#) that included a request for £100,000 this financial year.

Nicole Rickard reported that the Task and Finish Group had used information provided by Suffolk County Council based on their Making Ends Meeting cost of living profile and information dashboard. As a result, four themes have been identified – see below – and it is key to identify any gaps in provision, boost funding available and collaborate with existing projects.

Money:

Key Challenges – Are people accessing the right benefits? Can people budget properly? Do they have access to a bank account? Are people able to afford the relevant ID documentation (e.g. passport or driving licence) they required to access bank accounts and other services? How do we identify and assist those people who were Just About Managing (JAMs)?

Food and Essentials:

Key Challenges - Some people have a lack of cooking facilities, cannot afford to purchase cookers and must rely on food made with hot water. Others are just unable to afford basic items such nutritious food, school uniform / interview clothes or basic items for personal

hygiene, such as a toothbrush. People may also lack the skills to cook with basic, nutritious ingredients. Some people in work are in desperate need of assistance from Food Banks but are not able to attend during their opening hours.

Energy and Fuel:

Key Challenges – The high cost of energy to heat homes and to cook, as well as the high cost of fuel, affecting all forms of transport, both personal and public.

Housing:

Key Challenges – Increased pressure on the home rental sector. More people falling into rent arrears and then facing potential eviction over time. Homes falling into disrepair as homeowners or landlords cannot afford to repair them, which will exacerbate other issues such as poor health

Nicole provided the Board with a list of 65 projects identified by the Task Group for them to consider and the top scoring projects were as follows:

E3 Network of 'Warm Rooms' for Winter 2022/23

F1 Food Network Coordinator

M3 Expand the Family Early Intervention Model

F3 Expand 'Your Local Pantry' across the District

M1 Develop a comprehensive ES Financial Inclusion Framework

E9 Handyperson to fit draught excluders, curtains, LED bulbs etc

F7 Expand 'Cooking on a Budget' classes

H5 Use data to identify people who need support asap

F11 and F15 Fund microwaves and slow cookers (and energy cards)

F5 'Comfort Food' project – a free hot meal and drink at a local café

M8 A fund to pay for people to access ID documents

M7/M12 MECC for key workers / workers to go where people are

F8 Food to Fork projects – community allotments/gardens/planters

E12 Access to clean, warm bedding

M5. Build on digital projects (libraries) to make kit and support from digital champions available

F14 Fund School Uniform, Prom and Interview clothes

The Board agreed that the outcome proposal attached to the report, requesting the allocation of £100,000 to the emerging East Suffolk Cost of Living programme was approved – and that a report on progress be received at the next Board meeting on 5 September 2022.

7: Outcomes from the Annual Forum 2022:

Luke Bennett gave a summary of the [Report on the Outcomes of "Bringing Ideas to Life" the Community Partnership Annual Forum 2022](#)

The Board agreed that the Forum had achieved high impact against its original purpose.

8: Update from the Mental Health Task and Finish Group

Nicole Rickard updated the Board on [Progress in Delivering the Well Minds East Suffolk Project](#) since the Stage 2 outcome proposal was approved in late March 2022

Luke Bennett, Partnerships Manager, East Suffolk Council.



Community Partnership Meeting Wednesday 6th July 2022

Project Update Document

Healthy Movers:-

10 settings offered the opportunity to take part in the initiative. 6 have confirmed, 2 of those being from the Framlingham and Wickham Market CP, funding to be allocated following their CP meeting. (£8k SCC, £1k ECB underspend, £5k CP) - £2k needed from Fram/WM CP.

Locations confirmed:- Leiston Primary School, Saxmundham Primary School, Aldeburgh Primary School, Sunflower Montessori Nursery, Easton Primary, Wickham Market Primary school.

Coldfair Green Primary, Snape Primary School, Middleton Primary School, and Benhall Primary School still chasing.

Talking Benches

Talking Benches encourage people to start new conversations with people. They remove the awkwardness that may come from meeting someone new in a public space. With this barrier removed the opportunity for tackling isolation/loneliness increases.

Also, when buying from Realise Future, we change people's lives:

- You are supporting a social enterprise with a mission to improve people's social and economic wellbeing
- You are giving people who are long-term unemployed, disabled and/or disadvantaged the opportunity to progress in work and life
- You are helping thousands of people access learning and development in their communities
- You are doing right by people and the planet by buying recycled plastic otherwise destined for landfill sites
- You'll be helping people who haven't had the best breaks in life to progress and succeed

Benches have been delivered to:

2 x Leiston
1 x Aldeburgh
1 x Friston
1 x Knodishall

Realise futures are waiting to hear back from

1 x Middleton
1 x Theberton
1 X Eastbridge
1 x Snape
1 x Aldringham
2x Saxmundham

Will be looking to promote the benches through all means, would be grateful if town and parishes could support with this.

Dental Project

We have allocated some £1k+ towards this bespoke project that can be offered to the high schools within the patch. AVA have not confirmed they would like to be part of the pilot but hoping this can be revisited at the end of this term for September. Saxmundham Free keen to be part of this.

Leiston Primary School were not identified by SCC to receive input regarding oral health and hygiene I have asked what the costs would be for the CP to commission this for our CP patch as this is vital considering the lack of dental care in the area.

Early Minds

Really concerned at the lack of take up by the local provisions. £10k has been allocated to this which will provide support for 5 schools. We are looking to invite Suffolk Mind to the academy meeting to see if they can give some info to encourage sign up

Tasking Group – Social isolation and loneliness – update

Group focusing on:-

1. Creative ways to provide information (work around Info Link)
2. Annual service providers event – purpose (identifying gaps, working together, commissioning services, funding opportunities etc)
3. Data Mapping – Meeting with CAS - Helen Greengrass leading on the mapping of patch
4. Minimum Standards for ALS – what does this look like, what will it include? What will the benefits be?

Tasking Group – Education, Aspirations and Opportunities – Helen Wade update

Group looked at SEN group support/provision in the Sax/Leiston/Aldeburgh area and found that there is very little. The questions were around what ACT would be offering with their BEANS project but this is still unclear and referrals are not being picked up.

We discovered that the 'Smile' club that was run by PASTEL for many years in Sax has closed with no plans to re-open. The Activities Unlimited Website for supported activities or groups that young people with an AU budget can use their budget for in Sax/Leiston/Aldeburgh there is nothing (other than the Smile Club which still hasn't been taken down).

We then met with HomeStart who have been commissioned in other areas by SCC and other funding streams to provide various groups and services for families around Suffolk. HomeStart have just appointed an SEN Navigator who's focus will be to get provision extended into areas that have none, so they were keen to meet to discuss getting something up and running in our area. They are looking at getting an SEN group running, possibly fortnightly after school, where there will be an opportunity for young people to take part in a range of activities and for their parents to receive peer support and signposting. They are currently trying to tap into a grant for £8000 for one year to get a project off the ground. The bid will be submitted Wednesday 22nd June 2022 and we hope to hear back from them soon after that. This may be something the CP consider match funding in the future.

If there is any support that can be offered to the project or tasking groups by town and parish councils or local groups or services that would be much appreciated.

Zoe Botten – Communities Officer

20/06/2022