



Connect

Community | Local Services

Co-production | Solutions

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OPEN OUT TO SEE HOW WE CONNECT TOGETHER

Integrated Neighbourhood Team (INT) Leadership Team

Health, Social Care and other professionals working together to deliver key health objectives which improve the wellbeing of residents and reduce the demand on services.

Who is involved:

Integrated Neighbourhood Team Manager

Primary Care Networks Clinical Directors (GP's)

Social Prescribing Lead

District/Borough Council

Norfolk and Suffolk Foundation Trust (NSFT)

Connect

The voluntary and community sector working collaboratively with statutory services to improve the health and wellbeing of our communities, by identifying localised priorities and solutions.

Who is involved:

Good Neighbour Schemes

Community Health

Mental Health Support Groups

Schools

Dementia Services

Community Transport

Children & Young People Services

Care Homes

Libraries

Police

Plus many, many more!

Other Partners and Programmes of Work

Connect works in partnership with a range of other partners, services and projects to improve the health and wellbeing of residents.

This includes:

Ipswich and East Suffolk Clinical Commissioning Group (Changing to Integrated Care System - July 2022)

Connect & Catch-up's (Health themed virtual workshops)

Connect for Health (Social Prescribing)

District/Borough Communities Teams

Other District/Borough/County health & community projects/initiatives

SEE OVERLEAF FOR EXAMPLES OF PARTNERSHIP WORKING

Working Together to Improve the Health and Wellbeing of everyone within our Communities!

As Partnership Managers we work collaboratively as a team for cross-council working and to support a joined up approach with partners to offer and support local projects and communities

We hold monthly **Connect & Catch Up's**, informal virtual meetings which present topics and themes you may wish to learn about...subjects include: mental health, personalised care, carers.

We hold **Connect Meetings** to bring partners together, make connections and to develop ideas for improving health and wellbeing of local residents.

We are delivering public facing **Health & Wellbeing events** across the Ipswich & East Suffolk Alliance area, to raise awareness and support topics such as cost of living.

- **ICOPE for South Rural** – Working with Abbeycroft Leisure, Hadleigh GP Surgery and VCSE's to deliver an intervention project for older people in the South Rural area
- **Ageing Well Programme** – Working with SPOT Wellbeing to deliver health & wellbeing sessions across the Northwest INT area, aiming to prevent and prolong frailty. It will offer residents and the community the opportunity to continue to meet and help each other after the project has finished
- **Support for Young People & Families** – Working together with Connect partners to deliver local projects including a family fun event for Stowmarket, to promote healthy lifestyles and bring together support services to offer advice

- **Improving the mental health and wellbeing of local communities** - Connect working with service providers to design and deliver localised projects – e.g. a community garden, a safe and trusted central hub for information and support, and more support for young people in schools. Additional to this, 7 projects offering support for all ages across the community and funded by East Suffolk Council's Community Partnership's
- **Connect and INT's working together** - Developing a range of projects based on issues identified through the INT's – e.g. Good Neighbour Schemes / Phone Befriending to support family carers / Tackling Childhood Obesity
- **Termly workshops with secondary schools** - Bringing together staff, students, and service providers to identify barriers to accessing health and wellbeing services and possible solutions on how to support staff and students

- **Hospital Prevention Programme** – 200 monitoring & response alarms provided free of charge to residents identified. Residents can be referred by healthcare professionals and all Social prescribing initiatives. (Welcome Home, BAME Social Prescribing & Connect 4 Health)
- **ICOPE for Ipswich West** – Working with Welcome Home, HEARS and VCSE's to deliver an intervention project for older people in the Ipswich West area
- **Ipswich Chinwag** – Working in partnership with the voluntary sector and Ipswich West INT, to deliver a monthly Social group for those aged 65+ with refreshments & entertainment to combat social isolation living in the Northwest Ipswich area



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