

# Framlingham, Wickham Market, Kelsale, Yoxford and Villages Community Partnership

# Action Notes of the Meeting held at Castle Community Rooms on Thursday 25 January 2024

# <u>Attendees:</u>

Councillor Sally Noble (Chair), Nick Corke (Hour Community), Caroline Chenery (Park Gate Care Farm), Cllr David Chenery (Wickham Market Parish Council), Cllr Richard Cooper (Marlesford Parish Council), Cllr Rosemary Conibeer (Farnham with Stratford St Andrew Parish Council), Cllr Gemma Dempsey-Gray (Wickham Market Parish Council), Cllr David Findley (Ufford Parish Council), Jane Healey (Greenprint Forum), Dick Jenkinson (Wickham Market Good Neighbours), Lydia Kirk (Saxtead Parish Council, Parham Parish Council, Framlingham Town Council, Cllr Vince Langdon Morris (East Suffolk Council), Cllr Vashti Mouncer (Dennington Parish Council), Cllr Deborah Thompson (Yoxford Parish Council), Martin Thorold (SAX Community Fridge, Kelsale), Rosamund Webb (Station House Community Connections (Campsea Ashe)), Cllr John Cross, Great Glemham Parish Council,

<u>Others present</u> – Sam Kenward (Communities Officer, East Suffolk Council), Nicole Rickard (Head of Communities), Alli Stone (Democratic Services Officer, East Suffolk Council)

Apologies:- Cllr Julia Ewart, Cllr Owen Grey, Cllr Edward Watson, Anne Westover

Item	Discussion
1.	Action Notes
	The action notes of the meeting held on 5 October 2023 were confirmed as a correct record.
2.	Where are we now?
	Nicole Rickard (NR) updated on the most recent meeting of the Community Partnership Board. The Board had agreed £146,000 for tackling inequalities funding which includes workstreams on mental health and wellbeing, poverty, and young people's health. Examples of projects the board were considering as a part of this work were:  • Mental Wellbeing leaflets • Pillow swap for sleep health • Poverty Proofing the School Day report implementation • Projects to benefit people with disabilities living in poverty • Access to counselling in schools



• Reproducing the Lowestoft Healthy Habits booklet for all schools

An update on the Partnership's task and finish groups had been sent out with the agenda. Sam Kenward (SK) added that mappinghad been done on transport services in the area with more targeted engagement happening in some areas. It was clear that there was a lack of awareness on what was available and whether services had to be booked in advance or not. Rosamund Webb (RW) commented that the new Katch leaflet was now much better and clearer for people to understand.

SALC had run a survey of parish councils that hadn't attended the meetings in a while to see if there was anything the CP could help them with, or how we could engage with them in other ways. SK was looking at how he could assist parishes that had issues which did not come under the role of the Partnership, such as highways e.g. contacts and signposting.

# 3. Project proposals

SK confirmed that £9,508 remained in this year's budget. The Community Partnership discussed the following projects:

#### Mental Health Survey (no cost)

To create a survey to gauge a baseline for mental health needs in the area. Some areas of the CP were well covered in terms of intelligence about mental health needs, some weren't, and we needed to understand the gaps and requirements to provide the best help. This could be combined with one of the CP Board's projects to provide mental health support leaflets to signpost people to immediate help. SK confirmed the following points:

- The survey would be created and run by East Suffolk Council.
- It would be for the general population to respond to.
- It would be promoted through the Council's social media, and through other social media groups in the area.
- A limited number of paper copies would be produced for meet up groups etc. to capture people who weren't on social media.
- The survey also included wider questions on the cost of living etc. which would provide helpful information for other projects.
- A link to the survey would also be provided to all parish councils and other interested groups for them to share.

ACTION: project agreed.

MH activities – 'try it' (£4,000)



This would provide a grant fund for organisations to run in their area to allow residents to try something they wouldn't be able to do otherwise.

Nick Corke (NC) commented it was important to try different activities and so that we could learn from them.

The task and finish group would assess applications and report projects back to the Partnership.

ACTION: £4,000 to be allocated to 'try it' activities.

# Wild Wellbeing Days (£1,500)

Fund total of 36 people to visit Foxburrow Nature Reserve to explore and connect with nature.

Community Partnership members commented that the Green Light Trust and Potsford Farm also provided similar days and asked whether other providers been considered so that this was not duplicating effort.

SK suggested that the task and finish group look at who else was providing this in the area to ensure there wasn't any duplication, and to ensure support was put in the right place.

ACTION: task and finish group would map provision to see where they could best provide support/add value in the area, and how the referral process worked.

#### Field to Fork Ease the Squeeze top-up (£5,000)

A project to provide packs to local primary schools and community venues to supplement the wider Ease the Squeeze scheme. This would extend the scheme to all schools in the area.

NR confirmed that the kits would be different to the ones given out previously. Garden centres had provided seeds at a reduced cost, and information on growing was also sent out including follow up emails. The group who had received packs last year had provided feedback on what should be included in the kits this year. This project had been a bit of an unknown when it had been run previously, but it had gone down very well.

ACTION: £5000 to be allocated to the Field to Fork Ease the Squeeze top-up

# Wickham Market Men's Shed (£3,000)

This project would allow the Men's Shed to rewire and fit out the two portacabins they had for the group. The men's shed currently had twelve members, needed to have the new facility in order to grow.

£3,000 was the indicative cost, SK confirmed that the money would not be paid until a full quote and tender had been received. If the cost was significantly higher, there were other sources of funding that could be used. The men's shed did have the correct insurance and policies in place to enable them to apply for grants.



Nick Corke stated he would share information on funding from Framlingham Men's Shed.

ACTION: £3000 to be allocated to Wickham Market Men's Shed.

# SAX Community Barn (£800)

This was a project to renovate a barn on the community allotment. This would provide a dry and covered area for volunteers on the allotment, and allow them to expand to hold educational and community events.

£10,200 had already been funded from other groups. This £800 would make up funding to allow electricity to be supplied to the barn.

The group was speaking with social prescribers to help people access the allotment.

ACTION: £800 to be allocated to SAX Community Barn.

### Wickham Market Community Choir (£2,560)

This funding would keep the choir free to the local community for a year until 2025. The costs covered hire of the hall and the choir teacher for a year. The Choir currently has around twenty members but is slowly growing. The group was looking at how they could self-sustain beyond this year, and SK would help with this.

ACTION: £2,560 to be allocated to Wickham Market Community Choir

#### Hour Community Men's and Ladies Shed (cost to be agreed by the CP)

Funding would contribute to the running of the shed as they took on a restoration project of a bow topped wagon (Vardo). The actual restoration project was fully covered, but support was needed for ongoing costs.

The shed had 20 regular members.

The Shed also had an attached furniture project and were setting up a shop to generate more income and sell smaller items such as Christmas decorations. NC stated that Hour Community had employed a fundraising advisor to help them write funding applications, and she had worked with them on grant funding for a number of years. NC confirmed that this was always disclosed in funding applications, and that the support of a fundraising advisor had been invaluable.

ACTION: That £1,500 be allocated to Hour Community Men's Shed, should more be required then this could be discussed at the next meeting.

The group discussed how funding could be spread across the year to ensure money was always available for projects.



#### 4. Priorities

Following discussion from the previous meeting and the meeting in July, SK presented the following suggestions for the group's priorities:

- Retain Transport and Mental Health as priorities
- Remove 'Support for Volunteers' as a cross cutting theme
- All projects for all priorities must be 'cost of living proofed' to ensure they were low/no cost and accessible

The CP considered whether to add environmental care as a priority and what best to do with regard to the intergenerational skills exchange priority.

There was support for adding an environmental priority as it was clear people were passionate about this and it was important for the whole area.

Intergenerational skills had been a very narrow priority to work within, and the CP would be much better off focussing on skills sharing/exchangein general.

SK commented that there were a number of groups looking at the environment which the CP could link with and support, and a clear local interest, especially following the flooding.

There was discussion about flooding and how communities could ensure they were prepared for emergencies, there was a need to share these skills between communities as well as within communities

It was agreed that the new priorities would be:

- 1. Transport (especially around health appointments & isolated communities)
- 2. Mental health (all ages) links to lack of physical activities available
- 3. Enabling communities to share skills and knowledge within and between communities
- 4. Facilitate opportunities for local people to care for the environment and biodiversity (cross cutting theme)

#### 5. Date of the next meeting

The dates of the next meeting are:

25 April 2024

11 July 2024

10 October 2024

23 January 2025

24 April 2025