

Lowestoft and Northern Parishes Community Partnership

Action Notes of the Meeting held on 28 November 2023

The Seagull Theatre, 19-75 Morton Road, Pakefield, Lowestoft NR33 0JH

Attendees: Councillor Paul Ashdown (Chairman), Councillors Back, Gee, King, Rumble, Craig, Gooch and Pitchers, Councillor Peter Armstrong (Corton Parish Council), Councillor Miles Thomas (Lound Parish Council), Phil Aves (Lowestoft Rising /Mental Health Ambassador, Danny Steel (Lowestoft Vision), Councillor Neil Livingstone (Somerleyton, Ashby and Herringfleet Parish Council), Claire Taylor-Haigh (Women Like Me)

Supporting Officers: Katy Cassidy (Democratic Services Officer), Alli Stone (Democratic Services Officer), Louise Thomas (Communities Officer), Rachel Tucker (Communities Officer/ASB ESC)

Apologies: Jen Rose (Creative Patient), Councillor Sarah Whitelock, Councillor Graham Parker, David Lawrence (Kirkley People's Forum), Matt Grafton (Kirkley People's Forum), Sarah Foote (Lowestoft Town Council), Councillor James Reeder

Item	Discussion
1.	Welcome and Apologies for Absence
2	Action Notes The Action Notes of the meeting held on 19 th September were agreed.
3.	Where are we now? Healthy Habits Update <ul style="list-style-type: none"> • Every year 5 and 6 pupil in the district has had the booklet. • Very positive feedback received. • Booklet shared at the Community Partnership training session, other CP's wanting to adopt the idea. • Louise Thomas (LT) confirmed that there had been money set aside for the Healthy Habits booklet to be used by every CP. • All of the children who receive the booklet will get a certificate and can share their findings with their families to encourage further positive results.

Mental Health and Isolation Task and Finish Group Update

Phil Aves (PhA) circulated an update with the meeting notes which was discussed with the group.

- Updated Solutions Social Prescribing Directory is held on the 8 GP websites
- Warm Welcome Rooms panel meeting confirmed 3 of the existing rooms applying to continue. Pathways have decided to stop
- Poster has been created and circulated and as of 1/11/23 Warm Welcomes started to open up.
- LT has created a network of the 10 venues to enable swifter communication to them all.
- It was noted that Lowestoft is by far the best served for Warm Welcome Rooms with an impressive spread across the days.
- Monday evening men only group operating in Gunton which hopes to connect some people who may not otherwise attend.
- Match funding from Town Council of £3,000 confirmed for BACT.
- By working with CTEA it is anticipated that the Befriending Service will be expanded across the whole of Waveney.
- The leaflet advertising services for the most vulnerable has gone to print.
- Distribution lists are being gathered, and a suggestion was to team up with local schools in the most deprived areas to help distribute the leaflets.
- LT confirmed that the East the Squeeze leaflets were available and members took them to share with their communities.
- LT had huge orders for Warm Rooms leaflets and requested assistance to distribute.
- PA noted that bespoke winter Warm Room packs were now available, with the possibility of the Community Fund topping up if necessary.

Update from Lowestoft Town Council

Danny Steele (DS) reported on the update from the Town Council. It was noted that apologies were received from Andy Pearce (AP) due to a scheduling clash with LTC Full Council Meeting.

- £3,000 grant to part fund BACT transport to and from Warm Welcomes was approved at November Town Council Finance and Governance Committee.
- Gunton Community news was being delivered early December, request made to jointly deliver ESC leaflets.

Buzzabout Bus

- Paul Ashdown (PA) confirmed leaflets would be distributed from 12th December, delays were due to issues with the app.

	<ul style="list-style-type: none"> • Service now running Tuesdays and Thursdays. Tuesdays are very successful and numbers increasing. <p>Presentation – Social Isolation and Sports Lockers Project</p> <p>Presentation from Rachel Tucker (RT), Cllr King and Cllr Gooch on the potential project for sports lockers and equipment at Normanston Park. The group presented to the CP, outlining the following:</p> <ul style="list-style-type: none"> • Overview of the scheme • Types of equipment that the lockers could contain • Potential locker locations – priority being to aim at deprived areas, giving access to sports equipment to those that don't usually have it • Consideration to be given to the type of equipment that is in the lockers, opportunity to provide for different sports and activities • Funding – different models for renting or buying – a hybrid model of renting the lockers and using local sports suppliers for equipment was proposed • Timeframes to get the project started • Shared research from speaking to Switzerland and Ireland who were already successfully using the scheme. • Areas of concern such as potential vandalism or theft and mitigation • Links to Social Isolation – ideas for getting young people involved and engaged. • Promotion in schools, encouraging positive peer pressure • Links to surgeries, agencies to promote and increase take up • Potential for this to be the first area in the UK to adopt this scheme which would generate huge interest <p>ACTION – Partnership to support the project for two locations, one North and one South. Initially renting the lockers for the first year. Data would be reviewed after year one for the next phase. Agreed a budget of £16,186.40 to include possible concrete plinths.</p>
4.	<p>Workshop</p> <p>This will take place at the January meeting.</p>
5.	<p>AOB</p> <ul style="list-style-type: none"> • PhA - met with the Daily Mile coordinator for Suffolk to get more schools on board • PhA - as part of his Lowestoft Rising activity he was looking to start a Junior Park Run in Lowestoft. • PA confirmed that there were 10 planters in construction.

	<ul style="list-style-type: none"> • DS noted the positivity and proactive nature of the CP.
6.	30 th January 2024 at 6pm.

The meeting concluded at 19.45pm