



East Suffolk  
Community  
Partnerships

*Bringing ideas to life*

Aldeburgh, Leiston, Saxmundham and Surrounding Villages

# Priorities

- Encourage and enable everyone to be to be more physically active and healthy
- Reduce social isolation and loneliness – particularly carers, older people and men over 40
- Education, opportunities and aspirations



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# Challenges

- Understanding the concept of Community Partnerships
- Rural proofing – how implemented in practice
- Transport – wider issues
- Funding allocation – sustainability and the meeting of the criteria
- Covid – Confidence, access to groups and services



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# Key Achievement

- Working in partnership with the *Integrated Neighbourhood Teams* for shared priorities focusing on:-
  - Childhood obesity
  - Dental Care for young people
  - Mental Health provisions

Resulting in:-

- ✓ Sharing information/ data
- ✓ Sharing resources
- ✓ Match funding opportunities



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# Projects 2021/2022



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Priority:- Encourage and  
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Priority:- Reduce social  
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Dementia  
Project

Talking  
Benches

ActivLives  
Rural  
Programme

Mental Health  
Workshop pilot

Arts Project

Walking  
Football

Healthy  
Movers

Small Grants  
Scheme

Promotion of  
existing groups



## Healthy Movers (CP/ INT / SCC MATCH FUNDING PROJECT)

Developing physical literacy in children aged 2-5 and improving their school readiness and social mobility (physically, socially, emotionally)



### Healthy Movers Teacher Training

1. Physical Literacy Training
2. Stay and Play Training
3. Networking Sessions for practitioner
4. SUSTAINABLE



Resource Cards



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Wall Chart

Ongoing Youth Sport Trust Support

Teaching Programme



Activity Cards



Home Pack- whole family  
approach