

Aldeburgh, Leiston, Saxmundham and Surrounding Villages

Priorities

- Encourage and enable everyone to be to be more physically active and healthy
- Reduce social isolation and loneliness particularly carers, older people and men over 40
- Education, opportunities and aspirations



Challenges

- Understanding the concept of Community Partnerships
- Rural proofing how implemented in practice
- Transport wider issues
- Funding allocation sustainability and the meeting of the criteria
- Covid Confidence, access to groups and services



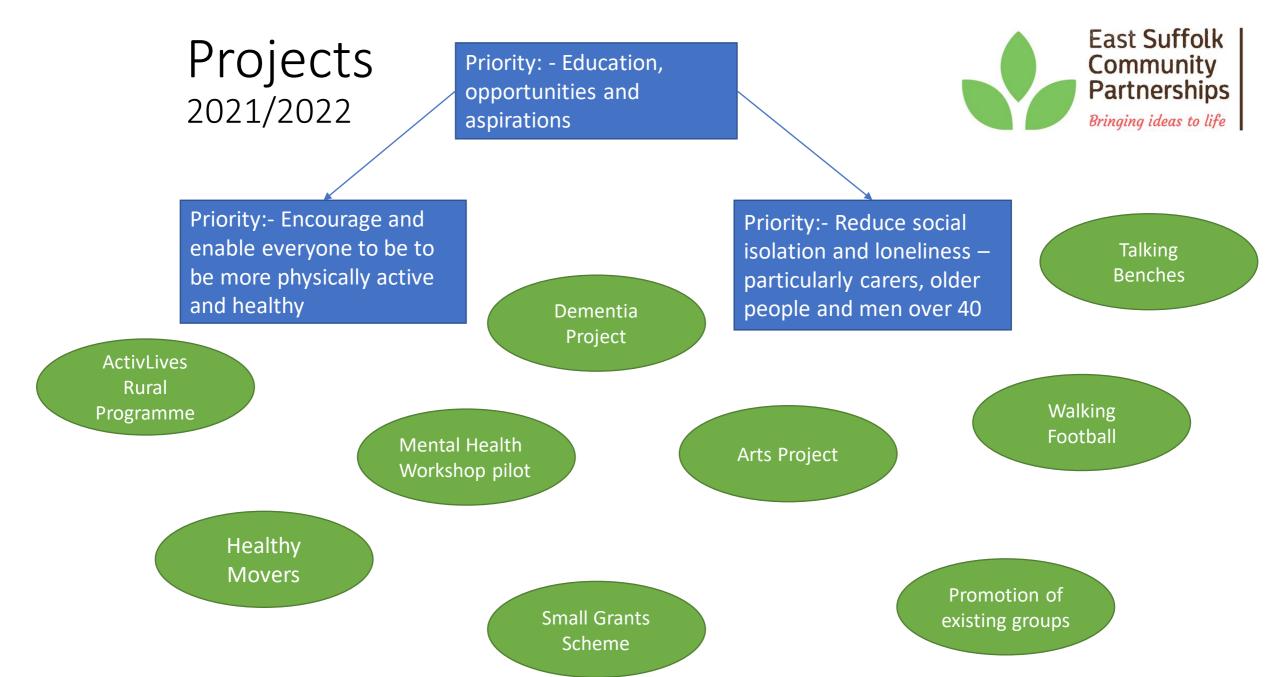
Key Achievement

- Working in partnership with the *Integrated Neighbourhood Teams* for shared priorities focusing on:-
 - Childhood obesity
 - Dental Care for young people
 - Mental Health provisions

Resulting in:-

- ✓ Sharing information/ data
- ✓ Sharing resources
- ✓ Match funding opportunities









Healthy Movers (CP/INT/SCC MATCH FUNDING PROJECT)

Developing physical literacy in children aged 2-5 and improving their school readiness and social mobility (physically, socially, emotionally)



Healthy Movers Teacher Training

- 1. Physical Literacy Training
- 2. Stay and Play Training
- 3. Networking Sessions for practitioner
- 4. SUSTAINABLE







Wall Chart

Ongoing Youth Sport Trust Support





Home Pack- whole family approach

Teaching Programme



SKILLS PLAY

Activity Cards