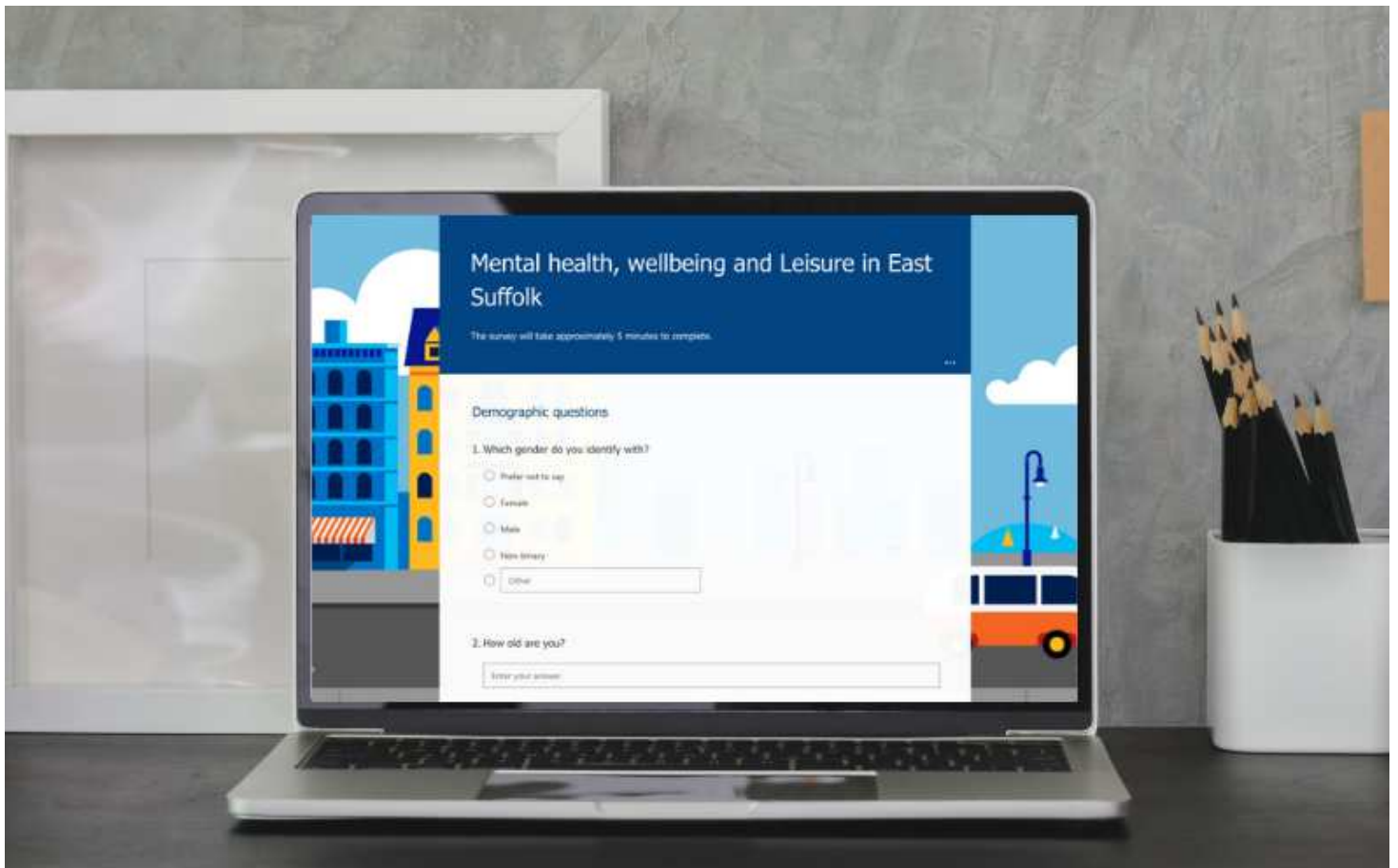


MENTAL HEALTH, WELLBEING AND LEISURE IN EAST SUFFOLK



A survey by Student Life in collaboration
with East Suffolk Council

STUDENT *life*



Developing opportunities for young people was voted the top priority for the Community Partnership Area at the initial workshop held in November 2019. A subsequent Consultation Evening was held to develop project options in September 2020. Representatives of a number of stakeholder organisations identified the need for mental health and wellbeing support for young people and also the desire to provide the opportunity for young people to participate in deciding what facilities and activities are required to encourage their engagement in the community and with their peers.

This survey was created by Student Life alongside young people to find out about the facilities and activities available in their area. Volunteers at Thomas Mills High School took part in a focus group for the survey to guide its development, including the best platforms to use for distribution and the questions included.

374 young people who currently live in East Suffolk completed the survey. Participants were recruited through high schools in the area, including Thomas Mills and Framlingham College, and the survey was also circulated to young people at FAYAP youth group.

An overview of the survey results can be found below. Some results are analysed in more depth, whilst others have been transferred to tables in the Appendices for use by the council as they wish.

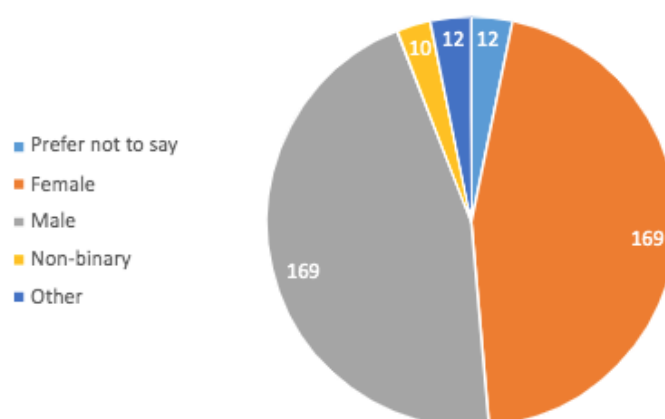
A Microsoft Forms summary of the survey can be accessed here:

https://forms.office.com/Pages/AnalysisPage.aspx?id=6uGzQ0t2X0qogaJ93ru_ynJ8OXmtW6ROiZ-8k9ts04ZUM0c5OE5HU1Y0QVpSUDBGUk9XODgzVFJZNyQIQCN0PWcu&AnalyzerToken=ZyolQcYf0wKjaZdZLkNeBkgjRvcHPnuS

Section 1: Participant Demographics

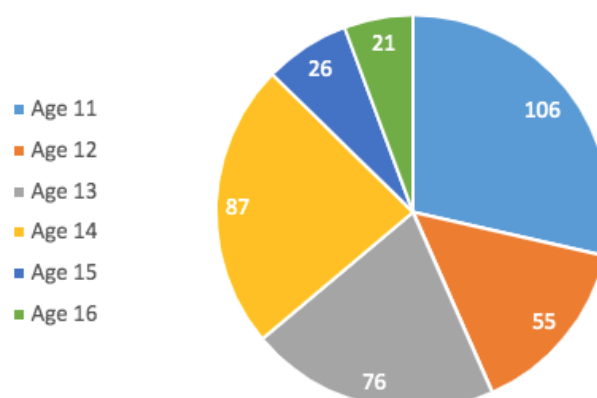
Participant Gender:

169 participants identified as Male, 169 as female and 10 as Non-binary. 'Other' included Cisgender, Gender non-specific, Demigirl and Gender apathetic.



Participant Age:

All participants who completed the survey were aged between 11-16. The figure below demonstrates how this was distributed across the age groups, with the numbers in the segments representing the number of that age group.



Are in which the young person lives:

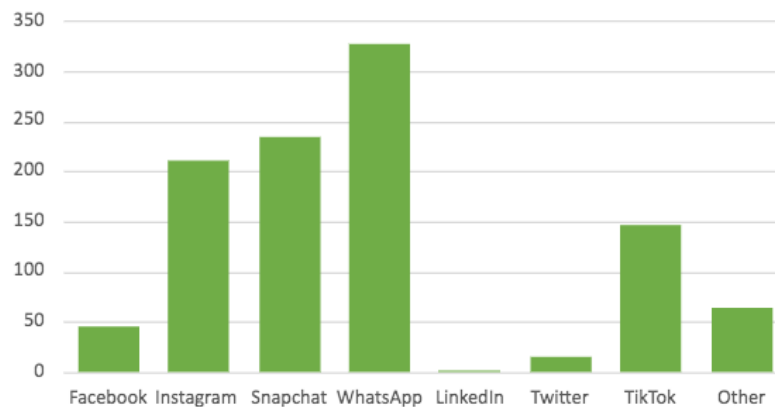
109 young people selected that they live in Framlingham, 30 said they live in Wickham Market, and 222 selected other. The word cloud below demonstrates the places in which the young people live, with the largest words appearing most and the smallest appearing the least.



Please see column 1 in Appendix B for the full list of where participants lived.

Section 2: Social Media

Nearly all participants reported using Social Media, the most popular of which were WhatsApp, Snapchat and Instagram. When 'Other' was selected, participants frequently reported using YouTube and Discord, as well as Pinterest, Red Bubble, Skype and 4chan. Only a small number of young people (approximately 4) said that they do not use social media.



Section 3: Mental Health and Wellbeing

In this section of the survey, young people were asked about what they do to look after their wellbeing, and what helps them to feel calm.

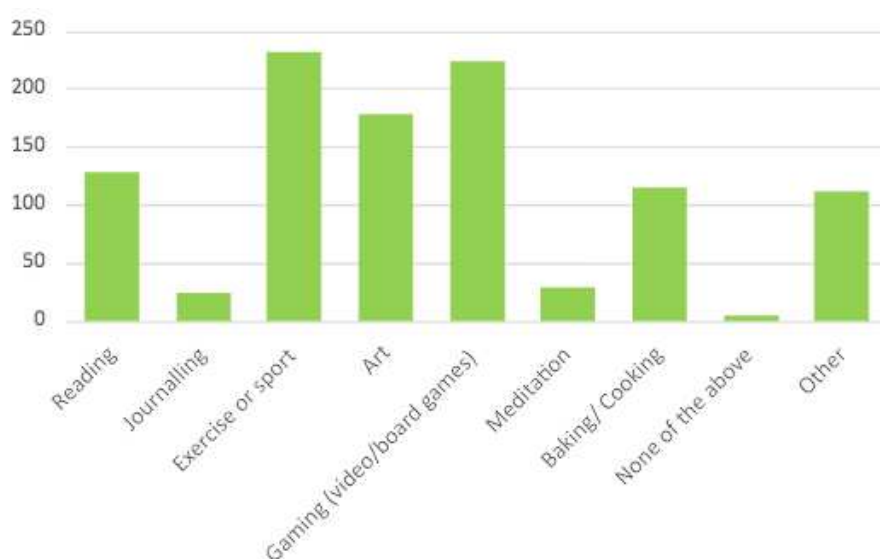
Looking after their wellbeing:

The word cloud below demonstrates phrases that appeared commonly in the participant's answers when asked 'What do you do to look after your wellbeing?'. Common activities included exercise, sleeping or napping, talking to or hanging out with friends, doing sport, reading and eating.



For a full list of answers to this question, please see Appendix A.

The graph below demonstrates answers that were given when participants were then asked, 'Which of the following help you to feel calm?'. They were able to select more than one answer, and asked to specify if they selected 'Other'.



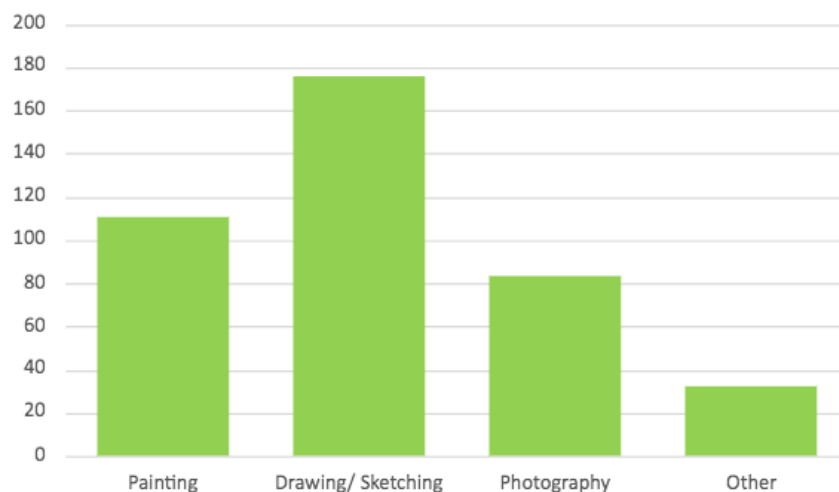
'Other' things that the young people do to help them feel calm include:

- Talking to friends or family, including parents, aunties and grandparents. This includes talking via phone/ face time
- Sleeping, napping and/ or resting
- Eating healthy foods, such as apples, or drinking smoothies
- Walking their dog or cuddling/ petting other animals

- Playing sport, including sports such as tennis or badminton, with family members
- Exercising and keeping fit e.g. through walking, running and lifting weights
- Showering everyday
- Playing video games, e.g. Minecraft, Roblox or more peaceful video games
- Going outside and/ or going on trips e.g. to London
- Shopping
- Watching TV or movies
- Listening to music or an audiobook
- Reading
- Writing
- Going to clubs, such as a youth club, scouts or cadets
- Socialising with friends
- Doing Skincare
- Doing puzzles
- Horse riding
- Ensuring they get enough sleep
- Trying to stay positive
- Using an online diary app, for example one called Emmo
- Taking time for themselves
- Dancing
- Redecorating, e.g. one's bedroom
- Going to therapy
- Keeping things clean
- Limiting screen time
- Ensuring social media is private
- Breathing exercises
- Growing crystals

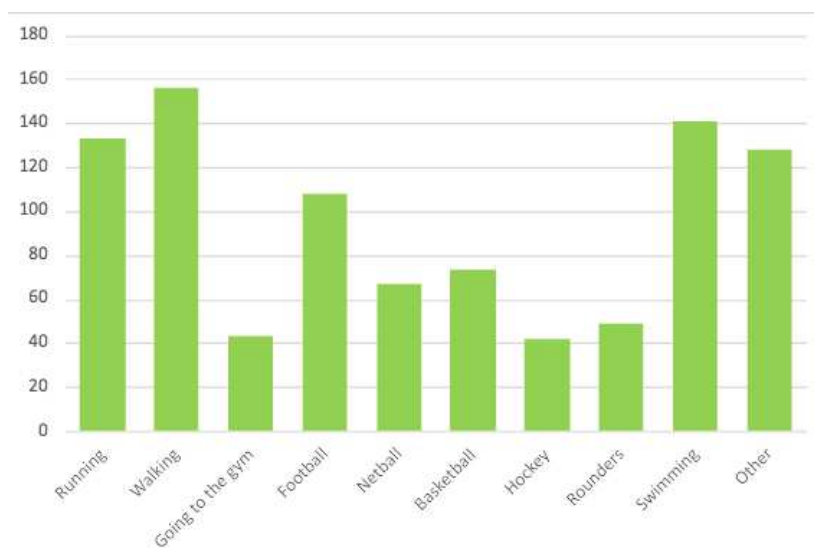
If participants selected exercise or art, they were then asked to specify which forms of each. The graphs below provide a summary of the most popular forms selected.

Art forms that were used to make young people feel calm:



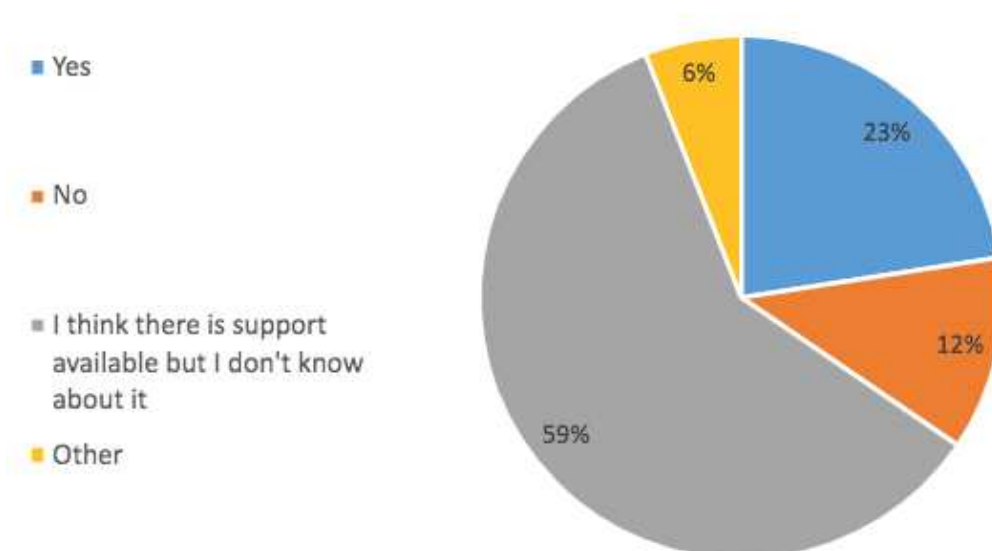
Others included doodling, sculpture, watercolour, printing, scrap booking, making patches for clothing, Musicals and 3D models

Sports/ Exercise that were felt to make young people feel calm:



Others include: Tennis, Rugby, Cricket, F1, Horse Riding, Mountain Biking, Volleyball, Badminton, Motor sports, Cycling, Dancing, Skiing, Golf, Kayaking and Karate.

Attitudes towards mental health support: Do young people feel there is sufficient support available for mental health in their area?



59% of those surveyed felt that there is support available, but that they don't know much about it. In the follow up question, common reasons for giving this answer were that they have not needed

to seek help and/ or have not experienced mental ill-health, and therefore have not looked into what is available.

23% felt that there is sufficient support available for mental health. One reason given for this was that young people felt they can talk to their friends and/or family about their feelings. Many young people also described that they felt they were able to get support through school, for example through the school nurse, or through a Doctor.

12% of young people in the sample reported that they felt there was not sufficient support available for mental health. This was common among people who lived in small villages such as Blythburg and Ashbocking, where they described 'We live far away from (support) platforms', or 'in a small village in the middle of nowhere' 'because I live in a village that is very small and there's not a lot of things to do'. In contrast, one young person felt there was sufficient support due to living in a built-up area with lots of facilities. Further reasons that were given for believing there is not sufficient mental health support available included not wanting to talk at school due to people knowing, and having experiences where the doctor's/ support have not been helpful, for example bad counselling. Someone reported being recommended a counsellor, but unable to find counselling facilities in their local area. Finally, one young person felt that the support on offer was not confidential.

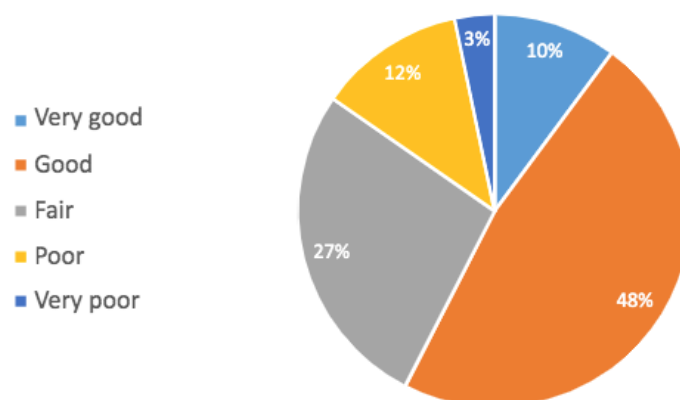
Regarding the 'Other' category, most young people said that they did not know, or were unsure of their opinion.

Section 4: Leisure

In this section, the survey looked at young people's opinions of Leisure facilities and activities in East Suffolk and aimed to gain an understanding of what they would like to see.

The graph below demonstrates how young people rated the leisure facilities in their area.

Overall, it was felt that the leisure facilities are good.



Below, there is a further breakdown of the ratings from young people living in the 3 most frequent places: Framlingham, Saxmundham and Wickham Market.

Framlingham

64 out of 109 young people living in Framlingham stated they felt the leisure facilities were 'Good'. 21 stated they were 'Fair' and 19 stated they were 'Very good'. Overall, 4 people said they were 'Poor' or 'Very poor'.

Several young people described that there are good leisure facilities available in Framlingham, such as a college pool, gym and tennis courts. However, some young people thought facilities were not easily available due to being attached to the college.

Others believed that there were good quality leisure provisions, but that there should be more. Only a few young people mentioned that the conditions of the current facilities were poor.

Some leisure provisions or facilities were thought to be difficult to get to, which can be a barrier especially when at the age surveyed, young people are unable to drive. Some also felt that facilities were expensive.

Saxmundham

26 out of the 49 young people who live in Saxmundham rated the leisure provisions as 'Good'. 6 said 'Very good', 7 said 'Fair', 8 said 'Poor' and 2 said 'Very poor'.

One criticism of the leisure facilities in this area was that you have to travel to get to activities. One young person described travelling to Leiston Leisure Centre. Some people felt there was not much to do while others felt there were enough activities due to having parks to play in and places to play sport and workout.

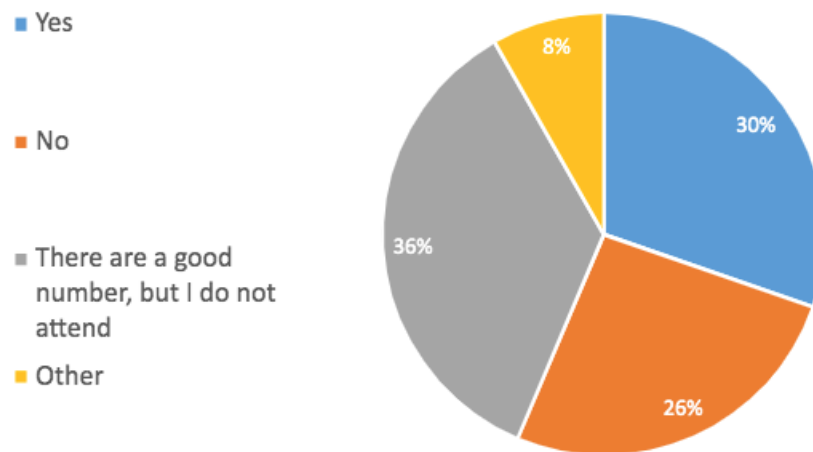
Wickham Market

In Wickham Market, leisure provision was reported to be 'Good' by 11 young people. 'Fair' by 10 young people, 'Poor' by 5 young people and 'Very poor' by 3. No young people marked this as 'Very Good'. Several young people seemed to feel that there was not really anything in Wickham Market. Some young people reported travelling outside of Wickham Market to use facilities and said the provisions further afield were good.

Appendix C provides a further breakdown of how young people in different areas feel about their leisure facilities.

Appendix D highlights leisure facilities that young people do and do not use in their area and why.

Participant views on community activities in the area: do they feel there is a sufficient number of community activities or events?



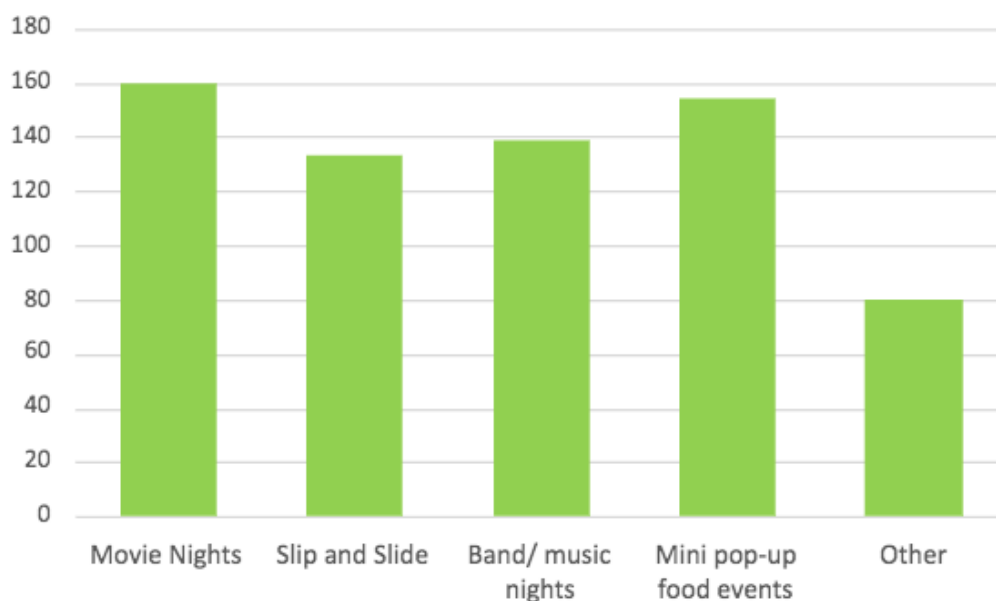
Overall, it seems young people felt there are a sufficient number of community activities in the area, however this depended on the area in which they live. 36% said that there are a sufficient number, but they do not attend them. 30% said there were enough and 26% said there are not enough. A breakdown of this question in relation to the area in which one lives can be found in **Appendix E**.

As a follow up to this question, young people were asked to explain the answer that they picked. Several young people who said that they did not attend events described that many events in the area are for adults or older people, rather than children/ teenagers. It was felt by some young people that without community events, it can be boring, lonely and/or too quiet.

In contrast, as above, many young people felt there were sufficient number of events. Some young people expressed that they were not interested in attending community events, for some people this was because they are too busy.

Participants were then asked to select what community events they would like in their area from a list, and offer more ideas. The community events that were suggested came from focus groups with Thomas Mills High School Students during the development of the survey.

Suggested Community activities/ Events:



When young people selected 'Other', they were invited to give some suggestions.

Suggestions includes:

- Baking
- Fast food
- Talent shows
- Art Trails and exhibitions that are suitable open to all people
- Music – that is suitable and appealing to young people
- Cinema events
- Pride Parade/ LGBTQ+ Party
- Art clubs, running events
- Running Club
- Old time fairs (e.g. 1700's/1800s)– food, music, dress up
- Carnivals and Circuses
- Show cases
- Go Kart Racing
- Football games
- Campfires
- Festivals and Fairs
- More cycle races
- Firework events
- BMX tournaments
- Pop up art galleries
- Football tournaments
- Local festivals and events
- Art and photography challenges

- BBQ

Finally, following this, participants were asked if there was a time/ place that would be most convenient to hold these events. It seems it would be best for these events to occur at the weekends, for some people specifically on a Friday or Saturday evening. Alternatively, some young people suggested holding events after school in the evenings. Many different time frames were suggested, with the majority between 6pm-9pm.

Many young people also suggested that these events should occur during school holidays, specifically summer holidays for events such as the slip and slide or music events. Several young people suggested seasonal events that should be held in their respective seasonal holidays e.g. Christmas holiday or Summer holiday.

Regarding location, this was variable between the individuals and location in which they were, but commonly it was suggested events were held in parks or local fields, as well as some suggestions in the castles.

For a full list of time/ place suggestions, please see **Appendix F**.

Appendix A:

Things that young people reported doing to look after their wellbeing		
eat food, sleep	sleep and talk, watch movies, music	Play football and do fitness
I like to chat with my friends and family	talk to people, sleep, reading and writing	I do things that I enjoy to take my mind of homework stress
talking to friends and sleeping	talk to my friends and i do football as well	Eat
sports	laugh and chat with friends	Sleeping
do sports, talking to friends, drink smoothies	I read and I think that helps me to calm down.	I make time for myself
just stay on my laptop or phone and watch youtube i guess. I dont know what else	i occasionally meditate	Calm down in my room
walk my dog	I dont know? i dont really care about my wellbeing	Good Routine, Get more work done so not stress, Good hygiene, Water
play tennis 2/3 times a week and talking to family	think whilst listening to music	I do exercise and gaming
i exercise and take a rest	Everything possible	I try and have fun
i like going on long walks/ runs	Talk to friends and go to youth club	Sleep, Eat, Exercise
play video games with friends	Talk to people	Sport, Sleep, Food
to go out with my firends, talk to my parents and draw	Listen to an audiobook, go to cadets	I play video games
I talk to my friends or play football or eat	Sport	Play sport and sleep well and eat well
Shower every day, game	I play football	Not worry about anything thats out of my control. Regular exercise. Lots of sports
Lots of walking and weights	Sleep and watch netflix	Eat, Sleep
I talk to my mum about any of my problems and I go outside to help my wellbeing	Socialising	Playing football 6 times a week
I go on dog walks with my father and I talk to my mum	I occasionally listen to music and go on runs	Nothing
I go on dog walks with my dad and I do exercise	I have a healthy life, exercising, eating well and enjoying school	Sports, Relaxing
Going to different places like London, and going out with my friends	Running, Gym, Golf	Sleep
I talk to my grandparent, mum, dad and friends. I also go shopping.	I play football and swim	Stay Calm
Shop and talk to my friends. I mostly talk to my auntie	Watch netflix, gaming, seeing friends	I go horse riding on the weekends which makes me feel relaxed and calm and I really enjoy it
Sport	I do things to calm down like running or doing any exercise	Play games
Friends, Parents	Playing coinmaster, skincare, walking my puppy, sleeping	I take time out for myself
I tell my friends everything	Play games	Eat chocolate
I eat healthy food and do exercise	Talk to my friends about what's bothering me	Talk to my mum when I'm worried
play games, call friends	Exercise to help focus. Lots of puzzles	I don't really know
Going out with my friends	Horseride	Make Hot chocolate
Going out with my friends	Talk to people about my problems	Wake up in a positive mood
I talk to my parents and family, play sports and I do gaming	Reading	Sleep, Eat
Have a good relationship with my friends	I make sure to get at least 9 hours of sleep	Go on walks, 30 mins or homework
I confide in my friends and family, I exercise regularly.	I play football, watch things on netflix, talk to my girlfriend	Go to walks
stay at home	Nothing, just stay very positive and I will be happy	Play with my dogs and remember moments that are special
Play sports	Keep healthy	I will talk to my friends and family listen to music and go on my phone
Go outside	Spend time with friends outside	I sleep

Deal with it	I talk	I play sports and talk to my friends
Not much	Exercise, drawing/ art	Shower
I dont do much for myself, I prefer to listen and help others because I am best at giving advise than receiving it	Exercise often, eat healthily and read a lot	Exercise, eat well and sleep
Nothing	Reading	Play rugby, I work out 5 days a week, I play x box, playstation, sleep at least 8 hours a day and I wash regularly
Use an online diary app called Emmo and tell my parents is something wrong and get advice	Eat healthy and exercise	Listen to Music
Draw to relieve stress, talk to my friends about what's bothering me	Eat fruit	Watch TV
I walk every so often	I go for walks and read	Sleep, see friends, watch TV/YouTube
I do exercise to clear my mind sometimes and I spend time by myself	Do exercise	Socialise
Keep healthy	I don't know	Exercise, sleep, relaxing
I sleep a lot	Drink water, read, draw	Reading
I do art and I love netball but I can only do it in school. I love listening to music too	I play tennis, hockey, baking, reading, and a bit of exercise, push ups, plant, etc.	I do exercise, I bake, I read and I analyse TV shows/ films
I do dance and eat healthy	I do netball and try to eat healthy	Sleep
Do lots of sports and talk to my friends	Play computer games	Nothing
fitness and sport	Play football	Be happy
I do swimming on weekends and I eat healthy	Nothing	Nothing
Eat	Swimming	Relax
Redecorate my room	Do sport	I sleep
Watch documentaries on YouTube	Talk to friends	I chat to people
Rugby, being with friends	Play basketball	I don't know
Roblox and hang out with friends	Play football and game	I talk to friends
Art, Swimming, Drawing, Cuddling Animals	Talk to my friends about how I feel	Sleep, See friends
Go shooting	Sports and outdoor activities	Going out with friends
Do lots of sport	Nothing	Listen to music and watch TV
Exercise, Eat, Sleep, Read	Play online with my friends it makes me happy	Nothing
I play games	I do many different clubs and play tennis	Sleep
Relaxing and listening to Music	Play football - don't be hard on myself. Lots of exercise	I do exercise or game
I relax by playing peaceful video games	Read lots of books	Speak to my friends and spend time with my family
Be productive and creative, draw, read, run	Spend time doing outdoor activities	Nothing
Listening to music, biking	I play basketball and football outside	Skin care, Sport, Taking a day to relax
I exercise and eat good food	Play with my puppy	Shower, Art/ Colouring, Bike Rides at sunset, Shopping
Running, healthy eating	I don't know	Relax with my pets, Read and exercise, Do something I enjoy - e.g. bake
Eat, Sleep, talk to friends	Go outside and go for a walk with my dog	Talk to mum and family
Not much	Walking and Drawing about my life	Nothing
I ignore it	Walking the dog	Go outside
I exercise and eat good food	I go outside and play football	Eat healthy and hang out with friends and family and do exercise
I ignore it	Play football and exercise	Sleep, Football, Eating with friends
Therapy	I play a lot of football - I love it	Drink a cup of tea, or eat Nandos. Swimming
Nothing	Colouring	Call with friends, watch and look at my social medias

Read, exercise, sleep	I exercise and I read books. If I am angry I walk my dog and ride my horse	Keep calm and drink tea
Sleep, relax, watch TV, go horse riding, dog and cat	Drawing, Running	I play loads of sport to keep me fit
Have fun	Play Sport	Watch telly or read
I go to bed on time sometimes and eat properly	Play sports and hang out with my friends	Spend lots of time with the people I love
Play a lot of sport and meet up with my mates	I lift weights	I read to help my wellbeing
Go for a walk	Sleep	I normally talk it out or just doodle
Play X Box	Football	Ask my friends to come round, talk to my mum, facetimeing and going to dance
Watch tiktok/ youtube, depressing music	Phone	I'm always with my family, have a shower, go outside, limit screen time, all social media is private
I make sure I have time to myself and I talk to friends and family often	Thinking positively :)	Meditate
Be with friends and family or go on a run usually or read a book	Art, Music	I usually breath in and out and go to take my dogs for a walk
I like to read. I like to go out on my bike or go swimming	Think positively and talk about problems	I read books and chat with friends
I play with my lego and speak to my friends	Sleep	Play with my dog
I call my friends and go on my phone I also like to see my pets	I do something I enjoy like painting	Fitness, Football and other sports
I talk to my sister and then we go on a run to calm down	Listen to music and spending time with family	Fitness by playing football
I play no my tablet and see my pets and my family	I don't know	Walk and watch Youtube
I lay down and listen to depressing music	Interact with friends and familiy	Meditate
Keep things clean	Talk to my nan	Nothing
Football, Trampolining, running	Doing lots of sports	I go on walks time to time
Scouts, Trampolining	Hang out with my friends	Do art
I do club sports	I play FIFA with my friends	I don't know
Not much, watching Anime?	Nothing much	Sleep and eat
Exercise, Talk to people, Do things that make me happy	Play sport and games	I make sure I am in good health
Play with my dogs	Play clash of clans with friends	I play football and play on my xbox
Play football	Have time to myself	Sleeping, hanging out with friends. listening to music
Go to see my pets, talk to friends, family and go on my phone or tablet	I drink lots of tea	Spend time alone to feel relaxed
Eat healthy, shower and playing dodgeball, basketball and badminton	I play Clash Royale with my friends	Exercise
Exercise and go for a run, eat apples and shower	Exercise	Listen to Music, Read Mangas, Call Friends, Draw Sometimes, Gaming, Watch Youtube
Exercise, Reading, Listening to Music	Play sports, hang out with friends, play PS4 with friends	Sleep, Grow crystals, Experimenting
I play sports, reading and meditation	Hang out with friends	Go to local fields to play football
Football and sport to keep fit and happy	I play rugby	Pet my dog
Read before bed, sometimes colouring	Exercise, sleep, eating	Play video games,
Read and spend time with friends	Rugby training - all my other hobbies	Sleep
Talk with friends, play with friends and family	Playing guitar	Restrict my screen time, exercise
I play sports out of school	talk to my family/friends	I like to talk to my family

Appendix B

Place	Is there enough support available for Mental Health?	Reason given
Aldeburgh	I think there is support available, but I do not know a lot about it	I live in a well built up area, with lots of facilities but I have never needed to use a mental health facility
Aldeburgh	I think there is support available, but I do not know a lot about it	I don't know
Aldeburgh	Yes	I feel I can talk to my family if I am worried or anything else
Aldeburgh	I think there is support available, but I do not know a lot about it	I feel comfortable and safe about talking to my mum about many things and my sister, to get rid of my worries, but I do worry a lot
Aldeburgh	Yes	I don't know because I have never dealt with the mental health team
Aldringham	I think there is support available, but I do not know a lot about it	
Ashbocking	I think there is support available, but I do not know a lot about it	We live far away from the platforms
Badingham	Yes	I have heard of it
Badingham	Yes	
Badingham	I have no idea	
Badminton	I don't know any	I don't know any
Bedfield	Yes	I think my local area has support as we have lots of people to talk to
Benhall	I think there is support available, but I do not know a lot about it	I have never really had to talk to anyone about mental health so I don't know
Benhall	I think there is support available, but I do not know a lot about it	I don't know
Benhall	Yes	
blythburg	No	i like it's a small village with no friends on the a12
Blythburgh	No	My mental health isn't great and I had to end up in hospital to get counseling. Even still the counseling was bad.
Bramfield	I think there is support available, but I do not know a lot about it	people tell me that there is people to help me
Bramfield	No	I live in the middle of nowhere
Bramfield	I think there is support available, but I do not know a lot about it	
Brandeston	I think there is support available, but I do not know a lot about it	
Bruisyard	I think there is support available, but I do not know a lot about it	

Brundish	I think there is support available, but I do not know a lot about it	I'm very unaware of support available in my area
Campsea Ashe	I think there is support available, but I do not know a lot about it	I don't know - I'm not quite sure
Charsfield	I think there is support available, but I do not know a lot about it	
Charsfield	I think there is support available, but I do not know a lot about it	My village is small so I don't know if there is
Charsfield	No	I don't think there is
Chillesford	No	Because i live in a very small village in the middle of nowhere
Cretingham	Yes	Because I do Karate and that is local and takes my anger out
Cretingham	Yes	There are people you can go to
Debenham	Yes	They talk a lot about it in assembly and there is lots of people I can go to
Debenham	I think there is support available, but I do not know a lot about it	I am happy with my mental health so haven't looked into it
Dennington	I think there is support available, but I do not know a lot about it	i dont feel ill resently so i havnt tried to seek help
Dennington	Yes	Because family is there for you
Dennington	Yes	School nurse and family
Dennington	I think there is support available, but I do not know a lot about it	I don't know much about them
Dennington	I think there is support available, but I do not know a lot about it	I think there's always something to help everyone with mental health but I just don't know a lot about it
Dennington	I think there is support available, but I do not know a lot about it	
Dennington	Yes	My mum
Dennington	I think there is support available, but I do not know a lot about it	
Dennington	Yes	Because there are lots of posters everywhere
Dennington	I think there is support available, but I do not know a lot about it	
Earl Soham	I think there is support available, but I do not know a lot about it	I don't really know about the available support because I haven't needed to use it
Earl Soham	Yes	I currently don't need them but I am very aware it's there
Earl Soham	No	It's a very small village so not much help around
Earl Soham	No	It's a very small village so not much help around
Earl Soham	No	
Earl Soham	No	Because there is no support available to join. They are all religious
Earlsoham	No	I don't know
Earlsoham	I think there is support available, but I do not know a lot about it	I don't know about it

Easton	I think there is support available, but I do not know a lot about it	I know there is support at school (clubs) but I don't much about them
Easton	Yes	I feel that there is easily enough advertisement for places to help
Easton	I think there is support available, but I do not know a lot about it	
England	Maybe	
Famlingham and Saxmundham	I think there is support available, but I do not know a lot about it	
Felixstowe	I think there is support available, but I do not know a lot about it	I haven't looked into it
Framlingham	Yes	Because i can get a counsel if i need
Framlingham	I think there is support available, but I do not know a lot about it	
Framlingham	I think there is support available, but I do not know a lot about it	
Framlingham	I think there is support available, but I do not know a lot about it	i dont know if there is any
Framlingham	I think there is support available, but I do not know a lot about it	
Framlingham	Yes	Fram is very kind and supporting
Framlingham	I think there is support available, but I do not know a lot about it	I don't know of any facilities available but I am sure there are some
Framlingham	I think there is support available, but I do not know a lot about it	
Framlingham	I think there is support available, but I do not know a lot about it	i only recently moved here so i don't know about it
Framlingham	I think there is support available, but I do not know a lot about it	i am not sure but all I know is that there's one somewhere.
Framlingham	I think there is support available, but I do not know a lot about it	I have choose that one because i know there is help but I don't know if there's alot
Framlingham	I think there is support available, but I do not know a lot about it	
Framlingham	Yes	I feel that fayap the youth group in fram supply support and information
Framlingham	Yes	The school nurse, because they will listen to what you say, keep it anonymous
Framlingham	I think there is support available, but I do not know a lot about it	I have no idea
Framlingham	I think there is support available, but I do not know a lot about it	I don't know if there is or not
Framlingham		
Framlingham	I think there is support available, but I do not know a lot about it	I don't know about it
Framlingham	I think there is support available, but I do not know a lot about it	Haven't heard or read much about it
Framlingham	I think there is support available, but I do not know a lot about it	I haven't felt like I need to look into recently
Framlingham	I think there is support available, but I do not know a lot about it	I don't know

Framlingham	No	The doctors in Fram don't do much and I don't want to do anything in school as people will know
Framlingham	I think there is support available, but I do not know a lot about it	I don't need support so I didn't look into it
Framlingham	I think there is support available, but I do not know a lot about it	I don't feel the need for mental health support personally so don't find out a lot about it
Framlingham	I think there is support available, but I do not know a lot about it	I don't really know
Framlingham	No	Because there isn't
Framlingham	I think there is support available, but I do not know a lot about it	Because I don't need help
Framlingham	I think there is support available, but I do not know a lot about it	I have never really gone looking around where i live
Framlingham	I think there is support available, but I do not know a lot about it	I don't need to know
Framlingham	I think there is support available, but I do not know a lot about it	I know about help in school and online but not locally
Framlingham	I think there is support available, but I do not know a lot about it	Because I do not know about a mental health place in Framlingham
Framlingham	I think there is support available, but I do not know a lot about it	I don't need it
Framlingham	No	I am not aware of any support
Framlingham	No	I've never heard of any
Framlingham	I think there is support available, but I do not know a lot about it	Because I assume there is support but I just don't need it
Framlingham	I think there is support available, but I do not know a lot about it	I don't know
Framlingham	There is probably support available but I dont like talking about it	Because there is support available but i don't like talking about it
Framlingham	I think there is support available, but I do not know a lot about it	School, School Nurses
Framlingham	I think there is support available, but I do not know a lot about it	I think there is but I don't know much about it
Framlingham	I think there is support available, but I do not know a lot about it	Because of children in need
Framlingham	I think there is support available, but I do not know a lot about it	I don't reach out enough to know
Framlingham	I think there is support available, but I do not know a lot about it	School groups
Framlingham	Yes	I know because theres a school nurse
Framlingham	Yes	I know there is lots of help from the school nurses
Framlingham	I think there is support available, but I do not know a lot about it	Schools and Youth clubs
Framlingham	I think there is support available, but I do not know a lot about it	Because there is teachers and parents but not everyone is there?
Framlingham	Yes	There probably is and it is sufficient
Framlingham	Unsure	
Framlingham	Yes	

Framlingham	Yes	I chose this because people at school dressed up in yellow to support mental health
Framlingham	Yes	Because I do
Framlingham	I'm not sure	
Framlingham	Yes	There is lots of support around me
Framlingham	I think there is support available, but I do not know a lot about it	This is because I don't know much about the area but I know there is supportive doctors.
Framlingham	I think there is support available, but I do not know a lot about it	There probably is but I have never had to use it
Framlingham	I think there is support available, but I do not know a lot about it	I don't know if there is anything
Framlingham	I think there is support available, but I do not know a lot about it	I chose it because I feel like I could get help if I needed it. I just don't know where
Framlingham	Yes	Counseling and people around to talk to
Framlingham	Yes	Because there's people to talk to
Framlingham	I think there is support available, but I do not know a lot about it	
Framlingham	Yes	Because there is sufficient support
Framlingham	I think there is support available, but I do not know a lot about it	Because even though we have assemblies on it, it comes across confusing
Framlingham	Yes	We have school nurse drop-ins and you can talk to them about anything
Framlingham	I think there is support available, but I do not know a lot about it	I have not had a reason to research it
Framlingham	Yes	There is lots of village activities and kind people to talk to
Framlingham	I think there is support available, but I do not know a lot about it	Because it has 1 doctor but that's it
Framlingham	Yes	I play football for Fram -it's brilliant
Framlingham	I think there is support available, but I do not know a lot about it	I have heard of it but not really thought about looking
Framlingham	Yes	Lots of services
Framlingham	I think there is support available, but I do not know a lot about it	I think there good mental health but don't know a lot
Framlingham	I think there is support available, but I do not know a lot about it	I haven't needed it
Framlingham	I think there is support available, but I do not know a lot about it	I know there are school nurses but I don't know about other support
Framlingham	I think there is support available, but I do not know a lot about it	I've heard about it but I'm not interested and don't need it.
Framlingham	I think there is support available, but I do not know a lot about it	We don't really get told about it
Framlingham	I think there is support available, but I do not know a lot about it	I have no idea
Framlingham	Yes	Because they teach you a lot about it.
Framlingham	Yes	No complaints

Framlingham	I think there is support available, but I do not know a lot about it	I have heard of it but haven't really looked into it
Framlingham	I've never tried to access this	I don't know what there is.
Framlingham	Never tried to access it	Never accessed it
Framlingham	I think there is support available, but I do not know a lot about it	I have never felt open to support so I use my friends instead.
Framlingham	Yes	
Framlingham	Yes	I feel there is sufficient support available
Framlingham	I think there is support available, but I do not know a lot about it	
Framlingham	I think there is support available, but I do not know a lot about it	I haven't required any health/mental support.
Framlingham	Yes	I've been shown a lot of leaflets and posters about these things
Framlingham	I think there is support available, but I do not know a lot about it	Never needed to access it
Framlingham	I think there is support available, but I do not know a lot about it	I'm not sure if there is support but there might be/ don't know about it
Framlingham	I think there is support available, but I do not know a lot about it	I've never really had problems with my mental health
Framlingham	No	I think there is support available but it isn't confidential and therefore puts people off
Framlingham	I have never tried to access it so I don't know	I haven't needed to access mental health support so I don't know if there is any
Framlingham	I think there is support available, but I do not know a lot about it	We could go to the doctor or talk to someone at school
Framlingham	Don't really know or care that much	Because I have no reason to care
Framlingham	I think there is support available, but I do not know a lot about it	I don't know
Framlingham	I know about it but don't need it	
Framlingham	There is support available but can be hard to get sometimes	Because the wait can be ages and even then you sometimes have to speak about the same things which can be sensitive over and over
Framlingham	No	Don't want to tell people who are not qualified
Framlingham	I think there is support available, but I do not know a lot about it	I don't know is there is a mental support place
Framlingham	I think there is support available, but I do not know a lot about it	I don't really look for mental help
Framlingham	Yes	I go to my parents at teachers
Framlingham	I think there is support available, but I do not know a lot about it	I don't have mental health problems. So I don't think about it. I also don't know anyone who does
Framlingham	Yes	Going to the doctors
Framlingham	Yes	Youth club, form tutors/ school, local surgery
Framlingham		I haven't checked for any

Framlingham	No	Because there is only really help for those with noticeable problems. Often it's expensive
Framlingham	Yes	There probably is but I've never really needed mental health
Framlingham	I think there is support available, but I do not know a lot about it	There's no support in my village but there is in surrounding villages
Framlingham	I think there is support available, but I do not know a lot about it	
Framsden	No	I don't think there is enough
Fressingfield	I think there is support available, but I do not know a lot about it	
Fressingfield	I'm not sure	
Fressingfield	I think there is support available, but I do not know a lot about it	Because i live in a village that is very small and there's not a lot of things to do
Friston	I think there is support available, but I do not know a lot about it	
Great Glemham	I think there is support available, but I do not know a lot about it	
Great Glemham	I think there is support available, but I do not know a lot about it	I haven't used the services yet
Great Glemham	Yes	I have lots of people around me to help my wellbeing
Great Glemham	I think there is support available, but I do not know a lot about it	I know there is support available, but I only know about half of the information
Great Glenham	Yes	
Great Glenham	I think there is support available, but I do not know a lot about it	There aren't many people where I live
Halesworth	I don't know	I don't know
Halesworth	I think there is support available, but I do not know a lot about it	?
Halesworth	Yes	They offer a range of care and mental health sessions
Halesworth	I think there is support available, but I do not know a lot about it	There are definitely places that support mental health but I don't need it so haven't looked
Halesworth	I think there is support available, but I do not know a lot about it	I don't think there is any support where I live but I'm not sure
Halesworth	No	I just feel like there isn't
Halesworth	No	Because everyone says they care about it, but don't make an effort to actually help you or they just treat you like you're fine
Halesworth	I think there is support available, but I do not know a lot about it	I don't know about it alot (in school)?
Halesworth	I think there is support available, but I do not know a lot about it	I think is support available, but I don't know much because people don't tell me
Halesworth	I think there is support available, but I do not know a lot about it	I think there's support but I haven't looked into it
Halesworth	I think there is support available, but I do not know a lot about it	
Halesworth	Maybe, but I don't use it because I don't need to	I talk to people in real life rather than people I don't know - I get support from my friends and family

Halesworth	Yes	Because I feel i can talk to my family and express if anything is bothering me
Halesworth	I think there is support available, but I do not know a lot about it	I don't know about it for sure
Hatcheston	I think there is support available, but I do not know a lot about it	I do not really mind
Hatcheston	I think there is support available, but I do not know a lot about it	I've been taught about it but never looked into it. Haven't really been made aware of different options
Helmingham	Yes	I feel there is
Holton	I don't know	
Holton	Yes	
Holton	Yes	As there are apps you can use
Holton	I think there is support available, but I do not know a lot about it	There are lots of posters about mental health at schools, for example. But I am not depressed so I don't need it.
Holton/ Halesworth	I think there is support available, but I do not know a lot about it	I've been taught about certain options but not all
Houtan	I think there is support available, but I do not know a lot about it	
Huntingfield	I think there is support available, but I do not know a lot about it	I think there must be help available but I don't know where or how to find it
Ipswich	I think there is support available, but I do not know a lot about it	I chose that box because I don't use it much or know a lot
Kelsale	I think there is support available, but I do not know a lot about it	i do think that there is support available but I don't know a lot about it.
Kettleburgh	I think there is support available, but I do not know a lot about it	
Kettleburgh	I think there is support available, but I do not know a lot about it	
Kettleburgh	Yes	I have seen lots of cards or promotions of children's mental health and also at school
Kettleburgh	I think there is support available, but I do not know a lot about it	I chose that option because I don't know much about it
Kettleburgh	No	Because there's not much to my village (it's small)
Kettleburgh	Yes	I don't have any mental health issues but there is a lot of support
Kettleburgh	Yes	
Knodishall	I think there is support available, but I do not know a lot about it	Because I don't know that there is help available
Laxfield		
Laxfield	Don't know	I am not smart and I don't know
Leiston	I think there is support available, but I do not know a lot about it	I think there is but I don't know as I never used it
Leiston	I think there is support available, but I do not know a lot about it	Depends what kind of mental health?
Leiston	I think there is support available, but I do not know a lot about it	I have never needed help with my mental health so I don't know

Leiston	Yes	
Lieston	I think there is support available, but I do not know a lot about it	I'm not sure if there is but I think there is
Little Glemham	I think there is support available, but I do not know a lot about it	
Little Glemham	I think there is support available, but I do not know a lot about it	I don't go to the village hall that much
Little Glenham	Yes	
Mendham	Yes	Yes, I feel this because everyone in my local village support people who feel like an outsider or need more support
Mendham	I think there is support available, but I do not know a lot about it	I don't really know much because we live in a small village
Middleton	I think there is support available, but I do not know a lot about it	There probably is but I don't know
Monewden	Yes	My parents are doctors and all of my family on my mums side live in my village
Otely	I think there is support available, but I do not know a lot about it	Because some people are worried about asking for help so they don't get it
Parham	No	Because i live near fields and there ain't nothing around here
Parham	I think there is support available, but I do not know a lot about it	Because i have not researched it
Peasanhall Saxmudham	Yes	Because there are teachers I can talk to
Peasehall	I think there is support available, but I do not know a lot about it	I never need support and only just moved there so I don't know
Peasehall	Yes	Well my friends are very caring and my local area is really supportive and kind but I don't really know how many people in my area need more help than others. Some of my friends need more help but they can always go to anyone including me
Peasehall	Yes	I have friends around me
Peasehall	I think there is support available, but I do not know a lot about it	Because there isn't much
Rendlesham	Yes	Because I can do sport and there is a lot
Rendlesham	Yes	I chose yes because there is a lot of equipment
Rendlesham	I think there is support available, but I do not know a lot about it	There is probably available support but not sure how much there is
Rendlesham	I think there is support available, but I do not know a lot about it	I don't think I need mental health support so I have never looked into it but I know they are around if I ever need it
Reydon	I think there is support available, but I do not know a lot about it	I don't like leaving my house
Reydon	I think there is support available, but I do not know a lot about it	There is quite a lot of support stuff but I don't need it so I don't really bother

Reydon	There is but I don't feel comfortable telling people	We learn some about mental health but not much
Samundham	I think there is support available, but I do not know a lot about it	I haven't got mental health problems so I haven't looked into it
Samundham	I think there is support available, but I do not know a lot about it	
Saxmundham	I think there is support available, but I do not know a lot about it	lots of clubs with play grounds
saxmunden	I think there is support available, but I do not know a lot about it	
saxmundham	I think there is support available, but I do not know a lot about it	i haven't seen any places to help but i think there is some
Saxmundham	I think there is support available, but I do not know a lot about it	I feel that I would know where to go for my mental health but I still do not know for sure
Saxmundham	I think there is support available, but I do not know a lot about it	I know there are places you can go but I don't know a lot about them
Saxmundham		I don't know if there is
Saxmundham	Yes	Because I can speak to family and friends and also get support in school
Saxmundham	I think there is support available, but I do not know a lot about it	I don't know if there is anything
Saxmundham	I think there is support available, but I do not know a lot about it	
Saxmundham	I think there is support available, but I do not know a lot about it	Haven't been told about it
Saxmundham	I think there is support available, but I do not know a lot about it	I don't really know
Saxmundham	I think there is support available, but I do not know a lot about it	There is likely therapists and counselling available but I haven't seen it
Saxmundham	I think there is support available, but I do not know a lot about it	I've never looked
Saxmundham	I do but ignore the help	I think no one really cares about me
Saxmundham	I think there is support available, but I do not know a lot about it	I don't need support because most of the time I am happy
Saxmundham	I think there is support available, but I do not know a lot about it	I think that there might be help but it's just hard to get/ find out about
Saxmundham	I think there is support available, but I do not know a lot about it	
Saxmundham	I think there is support available, but I do not know a lot about it	I think there might be but I have never been to them
Saxmundham	No	Because I have never needed help with my mental health
Saxmundham	I think there is support available, but I do not know a lot about it	School nurses are apparently very bad here. Some of my friends who have gone to see them said they were no/ little help. (Thomas Mills)
Saxmundham	I think there is support available, but I do not know a lot about it	I've never really seen anything about it or looked for it to be honest
Saxmundham	No	Because my village is tiny and it is filled with moody old people
Saxmundham	I think there is support available, but I do not know a lot about it	I think there is good support for mental health but I don't know much about it
Saxmundham	I think there is support available, but I do not know a lot about it	I haven't needed to reach out for serious help

Saxmundham	I think there is support available, but I do not know a lot about it	I haven't needed to look but I'm sure there is a supporting option
Saxmundham	I think there is support available, but I do not know a lot about it	There are posters
Saxmundham	I think there is support available, but I do not know a lot about it	I don't know a lot about my area as I've recently moved and only really go to waitrose
Saxmundham	I think there is support available, but I do not know a lot about it	I think I know places to go. I don't know much about them though
Saxmundham	No idea	
Saxmundham	Yes	I chose yes as there is a lot of support in Sax,undham
Saxmundham	No	I don't think there is a lot of help in school. There is only help if you pay for it
Saxmundham	I think there is support available, but I do not know a lot about it	Because i don't know
Saxmundham	No	Haven't heard about it
Saxmundham	I think there is support available, but I do not know a lot about it	I'm not sure if there is a lot of support around my area, I think there is
Saxmundham	I think there is support available, but I do not know a lot about it	I'm not sure
Saxmundham	No	I live in a small town and don't leave my house
Saxmundham	I think there is support available, but I do not know a lot about it	I don't really know a lot about it but I know it is available
Saxmundham	Yes	My mum is a therapist
Saxmundham	I think there is support available, but I do not know a lot about it	I don't really know about it
Saxmundham	I think there is support available, but I do not know a lot about it	
Saxmundham	I think there is support available, but I do not know a lot about it	Because I haven't been told but we seen it
Saxmundham	No	
Saxmundham	I think there is support available, but I do not know a lot about it	I don't use it
Saxmundham	I think there is support available, but I do not know a lot about it	Because i don't have mental health problems
Saxmundham	I think there is support available, but I do not know a lot about it	
Saxmundham	I don't know	
Saxmundham	I think there is support available, but I do not know a lot about it	Don't need mental health support
Saxmundham	I think there is support available, but I do not know a lot about it	I don't really know if there is support but I think there is some
Saxmundham/ Ipswich	No	There isn't many easy ways to get support
Saxtead	I think there is support available, but I do not know a lot about it	I have never had to search for it
Saxtead	I think there is support available, but I do not know a lot about it	I know about things like the school nurse but not much more
Saxtead	I think there is support available, but I do not know a lot about it	

Saxtead green	Yes	There are always people in school who you can talk to.
Sibton, Peasenhall	I think there is support available, but I do not know a lot about it	Because I don't need support for my mental health
Snape	I think there is support available, but I do not know a lot about it	I have never needed to reach out for help with mental health but everyone I have met in my town is nice
Snape	No	I don't think there is
Snape	Yes	There are a lot of support systems available at school
Snape	No	I've never heard or seen one
Snape	I think there is support available, but I do not know a lot about it	I don't know about it
Snape	Yes	Please to go, people to talk to
southwold	Yes	I know a lot about childline and more mental help
Southwold	I think there is support available, but I do not know a lot about it	Because I think there is but I don't know a lot about it
Southwold	I think there is support available, but I do not know a lot about it	I haven't really looked into mental health support in my area because I haven't felt comfortable to do so
Stowmarket	No	I've been recommended to have a councillor but I can't find counseling facilities near me
Stradbroke	No	I live in a village full of old people, they don't know a lot about mental health
Stradbroke	No	I don't know but there isn't much
Stradbroke	I think there is support available, but I do not know a lot about it	I haven't been around Stradbroke much so I don't know
Stradbroke	I think there is support available, but I do not know a lot about it	Haven't tried to access it
Stradbroke	Yes	My mum is supportive
Sudborne	I think there is support available, but I do not know a lot about it	I haven't had to research any support so I wouldn't know.
Sudbourne	Yes	I've got lots of lovely people around me that I can always talk to
Tunstall	I think there is support available, but I do not know a lot about it	I live in a very rural area so I don't know a lot about it
Ubbeston	Yes	School gives us support and information
Walberswick	No	Well I live in a tiny village with tons of rich old people, and I haven't seen one therefore i do not think there is anything
Walpole	No	Because i don't think there are any mental health support groups in my area
Wangford	I think there is support available, but I do not know a lot about it	I know basically nothing about it
Westleton	I think there is support available, but I do not know a lot about it	I've seen posters and things online
Weybread	I think there is support available, but I do not know a lot about it	I personally have no mental health issues
Wickham Market	I think there is support available, but I do not know a lot about it	ummmm... generally i don't know anything about it :(

Wickham Market	I think there is support available, but I do not know a lot about it	
Wickham Market	No	
Wickham Market	Yes	
Wickham Market	I think there is support available, but I do not know a lot about it	I haven't tried to talk to any support except my school nurse
Wickham Market		
Wickham Market	No	
Wickham Market	No	There is nothing around where I live
Wickham Market	I think there is support available, but I do not know a lot about it	I don't know much about it
Wickham Market	No	Because i've never heard of it
Wickham Market	I think there is support available, but I do not know a lot about it	I think there is but I don't know about it
Wickham Market	I think there is support available, but I do not know a lot about it	Because I know there are people who can help but I don't know how it works or how they help
Wickham Market	Yes	I chose yes because there are loads of groups and school nurse service
Wickham Market		
Wickham Market	I think there is support available, but I do not know a lot about it	I'm not sure
Wickham Market	Yes	Yes, because there is a pharmacy, another medic place and a doctors
Wickham Market	Yes	Because we have a dentist, doctors and pharmacy in our little village
Wickham Market	I think there is support available, but I do not know a lot about it	I have heard that there is but I don't know about it
Wickham Market	Yes	There is a doctors
Wickham Market	Yes	Because there's a doctors
Wickham Market	I think there is support available, but I do not know a lot about it	I know that there are many mental health supports are available but I don't know any numbers and things like that
Wickham Market	I think there is support available, but I do not know a lot about it	I don't know but I think there is support
Wickham Market	I think there is support available, but I do not know a lot about it	I don't know who you're supposed to talk to
Wickham Market	I don't know	I have never learned about the mental health support
Wickham Market	I think there is support available, but I do not know a lot about it	I've never had to talk to someone about mental health
Wickham Market	I think there is support available, but I do not know a lot about it	I've not heard anything but there was groups to help
Wickham Market	No	
Wickham Market	No	I don't know

Wickham Market	I think there is support available, but I do not know a lot about it	
Wickham Market	I think there is support available, but I do not know a lot about it	
Wingfield	Yes	i think there is because i've heard school talk about it
Wingfield	I think there is support available, but I do not know a lot about it	I live in the middle of a field
Woodbridge	I think there is support available, but I do not know a lot about it	Because I don't know
Woodbridge	I think there is support available, but I do not know a lot about it	
Woodbridge	I think there is support available, but I do not know a lot about it	I don't really know if there is support or there isn't
Woodbridge	Yes	It's very important where we live
Worligworth	I think there is support available, but I do not know a lot about it	I don't know much about it
Yoxford	No	
Yoxford	Yes	I have friends around me
Yoxford	I think there is support available, but I do not know a lot about it	I don't know any mental health stuff
Yoxford	I think there is support available, but I do not know a lot about it	My school provides care but I don't have hospital or dentist in my area
Yoxford	I think there is support available, but I do not know a lot about it	I think there are support areas to go to
	I think there is support available, but I do not know a lot about it	I don't know
	I think there is support available, but I do not know a lot about it	I don't know
	I think there is support available, but I do not know a lot about it	
	I think there is support available, but I do not know a lot about it	
	I think there is support available, but I do not know a lot about it	
	I think there is support available, but I do not know a lot about it	I think they try but I don't want my parents to find out and I don't want to get better
	Yes	Yes, because at school you can go to a teacher or form tutor or head of year
	I think there is support available, but I do not know a lot about it	
	I think there is support available, but I do not know a lot about it	
	I think there is support available, but I do not know a lot about it	Never tried as I haven't had to
	I think there is support available, but I do not know a lot about it	Because I live in a small village which has a doctors so I don't know
	Yes	School nurse drop-ins, clubs, friends & teachers
	Yes	Clubs and school nurse
	No	I don't know what it is

Appendix C

Place	Rating for Leisure Facilities	Reason given for the rating
Aldeburgh	Good	there is a beach, a nice park, and a swimming pool/ leisure centre in the next town along
Aldeburgh	Good	There is a lot of parks and hang out areas
Aldeburgh	Poor	There's nothing there
Aldeburgh	Good	Because swimming in my favourite place to be and it is friendly
Aldringham	Good	There are a lot of sports clubs within my area
Ashbocking	Good	
Badingham	Good	Loads of clubs to go to
Badingham	Good	There are a few
Badingham	Good	Because there is nothing to do in Badingham but I do dance and tennis and drama locally
Badminton		I don't know any
Bedfield	Very good	There are lots of clubs in my area including swimming, hockey, tennis, running, etc.
Benhall	Good	There are alright but I don't always do much
Benhall	Good	Because there are a variety of sports available
Benhall	Fair	No McDonalds
blythburg	Poor	the nearest shops and food are not walking distance, miles away
Blythburgh	Poor	There are a lot of walks and rivers to do things on but not much else
Bramfield	Fair	i dont know anything about leisure facilities
Bramfield	Fair	I live in the middle of nowhere
Bramfield	Fair	There isn't many facilities to go to near me
Brandeston	Fair	I don't really know much about it
Bruisyard	Good	There's lot of fields and walks, there's a park. there's also do hokey and use the local swimming pool
Brundish	Poor	There's not a lot of sport available after school
Campsea Ashe	Fair	It's quite a small village so they can't fit a lot in
Charsfield	Poor	There is only a park
Charsfield	Fair	There is a park
Charsfield	Fair	There is no facilities
Chillesford	Good	There aren't a lot of leisure facilities, but the ones that are there are good
Cretingham	Poor	Because there's only my karate
Cretingham	Fair	We don't have much facilities
Debenham	Fair	There is a lot of clubs I can join in and out of school
Debenham	Good	There is a gym and pool but the nearest dance studio is Ipswich

Dennington	Fair	n/a
Dennington	Fair	Because we live in the countryside but I can ride
Dennington	Fair	Not many in Dennington
Dennington	Good	I don't know much about it
Dennington	Very poor	In Dennington we don't have any sport facilities but a park and field
Dennington	Fair	Not much to do
Dennington	Good	I have a bike
Dennington	Poor	There are not many activities in my area
Dennington	Good	Because there is a lot to do
Dennlington	Good	there good because theres sports facilities like a tennis
Earl Soham	Good	I have used some and they were good
Earl Soham	Good	I prefer walking or calm exercise but it is there
Earl Soham	Poor	
Earl Soham	Poor	It is a small enclosed village so to go swimming I have to travel 30 mins
Earl Soham	Fair	
Earl Soham	Very poor	Because there aren't any. I have to go far to find them
Earlsoham	Very poor	Because there are no leisure facilities near me
Earlsoham	Poor	I live I the middle of nowhere
Easton	Very good	I think that there are clubs at school for everyone
Easton	Fair	I am interested in a range of sports and am interested in history
Easton	Fair	Because there is a village hall
England	Poor	We need more facilities for sports such as basketball courts
Framlingham and Saxmundham	Good	Pool is fine
Felixstowe	Fair	I haven't looked into them
Framlingham	Fair	not many in Fram the gym us always closed
Framlingham	Good	I think it is good because there is a lot of them
Framlingham	Good	i think that they are good because there are lots of clubs
Framlingham	Good	because some are very good and some are quite bad
Framlingham	Very good	Lots of clubs, college pool. gym, tennis courts
Framlingham	Good	
Framlingham	Good	There is few in my area but the ones in my area are good
Framlingham	Good	
Framlingham	Fair	there are a lot of activities, I am not sure about leisure facilities. There are some in outside villages though

Framlingham	Very good	I find it good as there is a football club, a swimming pool at the college and a lot more clubs to enjoy.
Framlingham	Good	there is lots of activities in them.
Framlingham	Good	there is a good amount of activity
Framlingham	Fair	There are things to do but for young people that don't have a car and litter ally want to go to the town next door to go and see friends, Debenham for example, or Grt Glenham , all these towns within no regular public transport makes young people very isolated in rural areas.
Framlingham	Good	I feel there could be more available however what's there already do a great job
Framlingham	Good	There are always there, and can always help you
Framlingham	Good	Good
Framlingham	Good	There are lots of sports to get into
Framlingham	Good	They are good
Framlingham	Fair	There is a park pretty much and that's about it
Framlingham	Good	I know there is the park, pool and gym but they're only at the college
Framlingham	Fair	I don't know of many activities available but I'm sure there is some
Framlingham	Good	College gym and swimming pool
Framlingham	Good	There are some but expensive
Framlingham	Fair	There's not much I'm interested in, and it's too calm around here
Framlingham	Very good	Generally good quality
Framlingham	Good	We have a college
Framlingham	Fair	Because there is the college and nothing else
Framlingham	Good	There are lots of places to walk
Framlingham	Good	
Framlingham	Good	There is a sports club
Framlingham	Good	
Framlingham	Very good	I do know a gym and swimming pool in Fram
Framlingham	Good	There's a lot but depends if you're free
Framlingham	Poor	It's basically just a playground
Framlingham	Poor	It's mainly hockey, swimming... not a wide range
Framlingham	Very poor	I love to play football but can't get into a club and I want to make it pro but frame football club is full
Framlingham	Good	There is a lot of things a kid like me needs. I haven't gone to the doctors yet
Framlingham	Good	Because there's a few local activities
Framlingham	Very good	College cause it's got a pool and a gym
Framlingham	Good	There is a lot of resources but I don't use them all

Framlingham	Good	Because there is easy access to schools and shops
Framlingham	Fair	It gives a couple of places, enough, but I wish there was more
Framlingham	Very good	You can do clubs out of school and or in school
Framlingham	Fair	There aren't very many but there is some
Framlingham	Good	I think the leisure is very good as there's lots of gyms and swimming pools. There is also lots of sports clubs
Framlingham	Good	Running club, Football, Park Run, many others
Framlingham	Fair	I've only heard of 2 leisure things
Framlingham	Very good	There are lots of different things and they are all good
Framlingham	Fair	I only go to one
Framlingham	Good	Parks, Play areas, Swimming pool
Framlingham	Good	I love to swim at the college pool
Framlingham	Very good	The area is calm and there is a pool at Framlingham College
Framlingham	Fair	They really only have Framlingham college and their sports club
Framlingham	Good	There are lots of fun things to do in my area
Framlingham	Very poor	There are no leisure centers or anything in Framlingham, apart from a swimming pool and a football team
Framlingham	Fair	I know that there is a lot of clubs I just don't really enjoy them
Framlingham	Very good	Because there is parks and shops
Framlingham	Good	I chose it because I know people can do activities, I just don't know if they're amazing
Framlingham	Good	Everything i like doing is here
Framlingham	Very good	Because the stuff I need for sport is here
Framlingham	Good	I have seen lots of leisure centers around
Framlingham	Good	
Framlingham	Good	There are train stations, bus stops, pools, leisure centers, etc.
Framlingham	Very good	There is a lot of sports and clubs for you to go to
Framlingham	Good	We have a park and a big field to play in a tennis court
Framlingham	Very good	There are very fun and helpful things to do
Framlingham	Fair	Because it has a fair amount of activities bt at the same time not a lot so I think it is fair
Framlingham	Good	Because there are many things you can do in Fram
Framlingham	Good	I think its good because I do lots of sport
Framlingham	Very good	The leisure center
Framlingham	Good	I think there is good activities but I'm not sure
Framlingham	Good	There are lots of places to do sport
Framlingham	Good	There's a swimming pool, football fields, tennis places and more

Framlingham	Good	Good facilities but could be better
Framlingham	Good	There is a wide choice
Framlingham	Good	
Framlingham	Fair	
Framlingham	Fair	There isn't loads around
Framlingham	Good	Good football pitches have tennis courts but not much else
Framlingham	Very good	There are a lot of parks, football fields and clubs
Framlingham	Good	Football
Framlingham	Good	There are a lot of activities you can do here.
Framlingham		I have never tried it
Framlingham	Good	There's enough facilities for most people
Framlingham	Fair	I don't use any so I don't know
Framlingham	Good	There is a good amount of activities in Framlingham
Framlingham	Very good	There are a lot of sports facilities such as films, swimming pools and tennis courts
Framlingham	Good	Because we have been to them more than once
Framlingham	Fair	I don't know/ haven't been to any
Framlingham	Very good	I see people doing it all the time
Framlingham	Good	
Framlingham	Good	There's lots to do but it becomes boring eventually
Framlingham	Good	The college
Framlingham	Good	Because there's a lot to do but not loads
Framlingham	Good	It's alright but not that good
Framlingham	Very good	Lots of PE opportunities
Framlingham	Good	Because there are loads of leisure centres but can sometimes be hard to get to
Framlingham	Fair	Acceptable, sometimes nothing interesting
Framlingham	Good	because there is a good amount of activities
Framlingham	Good	The activities are good, there are plenty of them
Framlingham	Good	There are sports clubs and gyms
Framlingham	Very good	There are lots of sports to do at school and outside school like at Fram sports centre
Framlingham	Good	I think they are good because you can go to the park swimming
Framlingham	Good	There is a lot in Framlingham
Framlingham	Fair	There's nothing other than FAYAP
Framlingham	Poor	Not a lot for young people, or it's expensive, poor conditions

Framlingham	Good	I enjoy activities and there are a lot but there could be more that everyone would enjoy
Framlingham	Very good	I live near Fram
Framlingham	Fair	
Framsden	Very poor	We have none near us
Fressingfield	Very good	Because there is so many things to do. And they're well run and looked after
Fressingfield	Good	
Fressingfield	Fair	Because it's very small
Friston	Fair	
Great Glemham	Good	
Great Glemham	Fair	Not many gyms
Great Glemham	Good	I live quite close to a lot of places where there are activities
Great Glemham	Good	The area I live around is calm
Great Glenham	Good	
Great Glenham	Poor	My local area is rural so there aren't many
Halesworth	Fair	
Halesworth	Poor	theres not much to do because i live in a village
Halesworth	Good	There is a wide range of activities in my area
Halesworth	Good	There is not a leisure center or a gym in my area. There are forests and walks that I go to
Halesworth	Fair	No outside netball team to where I live
Halesworth	Poor	The council don't think about the young people at all. There is no opportunities in halesworth
Halesworth	Fair	I don't know much about it really
Halesworth	Good	School
Halesworth		
Halesworth	Fair	Because I've been to one but it was small and I don't know about the others
Halesworth	Good	
Halesworth	Fair	There are things to do but not a lot in the town
Halesworth	Fair	I feel like there aren't many for a lot of people and they're expensive and need to do more time-wise, because I especially get home at 5pm. I would like some art clubs and things like that.
Halesworth	Good	There aren't very good leisure activities but there are fields for rugby and football and a golf course
Hatcheston	Good	
Hatcheston	Good	I think it's good because there are a few clubs that are interesting
Helmingham	Good	There are a few
Holton	Fair	I don't know

Holton	Good	
Holton	Poor	No clubs are in my area
Holton	Good	There are quite a few leisure centers around but I think there could be more as some sports there is a lot more
Holton/ Halesworth	Fair	I don't really find anything interesting
Houtan	Fair	There's not much really to do
Huntingfield	Good	I dance at clubs, do clubs at school and play sports but most of it is a little out of my area
Ipswich	Very good	I chose that box because I have a lot of that near me
Kelsale	Good	in my area there is sometimes fun activities to go to which me and my family have been to some before.
Kettleburgh		
Kettleburgh		
Kettleburgh	Good	Woodbridge and Ipswich have lots to offer
Kettleburgh	Fair	I picked this answer because there is a part of it but its not big
Kettleburgh	Poor	Because my village only has a park and there's not much to it
Kettleburgh	Fair	
Kettleburgh	Very good	Because there is.
Knodishall	Fair	Because there is only 1 leisure centre near me
Laxfield	Fair	Because I live near fields not places
Laxfield	Fair	I want more basketball places
Leiston	Good	I think good as there are loads of sports clubs and there is a leisure center. But, there could be clubs for less popular sports
Leiston	Fair	I don't know if there is any activities yet
Leiston	Good	There is a leisure center in my area with a sports hall, gym and swimming pool
Leiston	Good	There is a lot of good life friends that I have made doing swimming
Lieston	Very good	There is a gym, pool and park
Little Glemham	Good	
Little Glemham	Poor	We don't have that many activities in the area
Little Glenham	Good	
Mendham	Fair	This is because we don't supply many activities however there are some that help
Mendham	Good	We don't live near a gym but we do have some things available
Middleton	Fair	I don't know much about them
Monewden	Fair	I live in a small village so there's a dog walking club and lots of riding. There is also a park
Otely	Poor	There isn't really anything
Parham	Poor	Because i live near fields and there ain't nothing around here

Parham	Fair	The leisure facilities are good but few and far between
Peasanhall Saxmudham	Good	There is a lot of fun places I look to go
Peasehall	Good	There is good entertaining things but could be more
Peasehall	Good	Well there is tennis courts, which you can do many other sports on, and when you go on a walk, you see people running, cycling and more
Peasehall	Good	I chose it because its good but a bit far
Peasehall	Fair	There is a tennis court and a bowling club and that's it
Rendlesham	Fair	Because it's only in one area, not spread out
Rendlesham	Fair	There is no public toilets available
Rendlesham	Fair	In my area there is some stuff but not a lot
Rendlesham	Poor	There is no gym or sports center where i live you can only go walking or running without driving anywhere
Reydon	Fair	It is good but I don't like leaving my house
Reydon	Fair	There is some stuff in Southwold but not much
Reydon	Good	It's a quiet town but we don't have leisure centres or a big building
Samundham	Good	
Samundham	Good	It is okay but you have to travel to get to activities
Saxmundham	Good	there is lots of clubs with play grounds
Saxmundham	Good	because there's a few where i live and their pretty good
saxmundham	Fair	i've only seen a football club and a couple of tennis courts
Saxmundham	Good	I feel we have good leisure facilities in the area but it takes some time to find the place for you
Saxmundham	Good	There are good leisure facilities or activities in the area (swimming pool/ park)
Saxmundham	Good	There is enough to provide
Saxmundham	Good	There are lots of places to do sports and other activities
Saxmundham	Good	there is no swimming pool in Sax
Saxmundham		
Saxmundham	Fair	We don't have that good stuff
Saxmundham	Good	Because there's leisure centres and gyms
Saxmundham	Good	There is a leisure center nearby
Saxmundham	Very poor	There is nothing to do
Saxmundham	Fair	There is not much to do
Saxmundham	Poor	There are loads of shops but we go outside my area for activities
Saxmundham	Good	There's not a lot of leisure facilities in Saxmundham but there is a lot around. There is a tennis court and other stuff

Saxmundham	Good	Because there's a swimming pool at Leiston and we normally go there
Saxmundham	Very good	Because they are good exercise for your body
Saxmundham	Good	There is a park, more than one and there is a big field to play football on
Saxmundham	Fair	Not many activities i want to do here
Saxmundham	Poor	There's not really anything to do - there's a few parks and shops but that's really it
Saxmundham	Very poor	There is no leisure centres or anything
Saxmundham	Good	
Saxmundham	Good	There is lot's of things available but compares to other places there isn't much
Saxmundham	Good	There are lots of things available but not as many as other places have
Saxmundham	Fair	Gaming, Drawing, Cooking,
Saxmundham	Poor	I don't do much in Sax so I don't know but from what i know I know there aren't a lot of sports, etc.
Saxmundham	Good	There is lots of places to play sports/workout
Saxmundham	Good	There's lots of clubs and parks for socialising
Saxmundham	Very good	I chose very good as there is a lot of clubs I could join
Saxmundham	Poor	There isn't very much around our area
Saxmundham	Fair	Because there isn't much in Saxmundham
Saxmundham	Good	
Saxmundham	Good	There is a gym, a few parks, a skate park, a field with football and cricket pitches
Saxmundham	Very good	There are gyms near me
Saxmundham	Poor	I have to go to Leiston. There's nothing in Saxmundham really unless you count old people dancing in the townhall on a monday
Saxmundham	Good	Because it is not bad at all its good
Saxmundham	Good	Because I find them fun and enjoyable
Saxmundham	Poor	There's no leisure center here
Saxmundham	Very good	Very good because there are loads of sports clubs
Saxmundham	Very good	Because I like biking and football it makes me feel calm
Saxmundham	Poor	Not many leisure centres, but some things to do
Saxmundham	Very good	I use the gym very often
Saxmundham	Good	Gym - good for health
Saxmundham	Poor	
Saxmundham	Good	Don't go to them
Saxmundham	Fair	Not that good but school was good
Saxmundham	Good	There is a swimming pool in Leiston but none in my area

Saxmundham/ Ipswich	Fair	
Saxtead	Very good	There are a lot of good activities that can be undertaken
Saxtead	Fair	Not many things close by
Saxtead	Fair	Not many
Saxtead green	Good	There are plenty of things you can do
Sibton, Peasenhall	Fair	There is a tennis pitch but nothing else except a pool 10 mins away
Snape	Good	i'm happy because i could join clubs and be included.
Snape	Good	We have Leiston leisure center
Snape	Good	There are a few shops & other business, a gym and a swimming pool
Snape	Poor	Nothing much except walks you can go on
Snape	Very good	Tennis courts, Football pitch, I have a garden close to a swimming pool
Snape	Poor	Almost nothing in Snape. Nice walking routes, too many tourists
southwold	Good	well i live in siuthwold with a very nice park but i think it needs upgrading
Southwold	Good	Because it is quite good like the clubs and the rugby hall
Southwold	Fair	There isn't many leisure facilities in my area
Stowmarket	Good	In my area there are parks and gyms to use, as well as cinemas, etc.
Stradbroke	Good	There is a sports centre and two parks
Stradbroke	Very good	Stradbroke gym/ swimming pool
Stradbroke	Fair	There isn't many things I can do in my area
Stradbroke	Good	Sports clubs and co-ops
Stradbroke	Fair	Pretty bad because I live in a small village
Sudborne	Good	They are good but could be better.
Sudbourne	Very good	I've got a swimming pool and a forest near my house and I really love to swim and ride my bike
Tunstall	Very poor	The village is tiny so nothing
Ubbeston	Good	there isn't much in Ubbeston but town's close and have parks, shops and a pool.
Walberswick	Poor	I live in a small village near the coast of Southwold so everything is quite far away
Walpole	Poor	There is one playground that is really boring
Wangford	Poor	There are none
Westleton	Good	There is not too many but there's some and they've got okay access
Weybread	Fair	
Wickham Market		i don't go to any :/
Wickham Market	Poor	There isn't much at all, but there is some
Wickham Market	Poor	Because there arent many sports around me

Wickham Market	Good	it is good, but not the best
Wickham Market	Fair	It's good and fair but only really Ipswich has things to do
Wickham Market	Fair	
Wickham Market	Good	Because i go to the gym and on days out I go to trampoline parks
Wickham Market	Poor	Nothing around me really
Wickham Market	Fair	I dont think there are any
Wickham Market	Good	Because they are good
Wickham Market	Good	I do things at school
Wickham Market	Good	Sports at school is good but the local gym isn't that good because children can't use it
Wickham Market	Fair	Because there aren't very many but the ones we have are quite good
Wickham Market	Good	Not just in Wickham Market, but there's a lot of local places that are good and fun to do with family
Wickham Market	Good	The people in clubs and teams are really nice and the teachers are really good but there is probably better
Wickham Market	Fair	Because there is football pitches, a park but otherwise it's fair
Wickham Market	Good	We have a football team and a running club
Wickham Market	Fair	Nothings really going on at the moment but there has been a small amount
Wickham Market	Very poor	There is no gym
Wickham Market	Very poor	We don't have a leisure centre or gym which I like to use
Wickham Market	Good	Because in Wickham Market there isn't a lot of things but I live close to leisure facilities
Wickham Market	Fair	
Wickham Market	Good	I do dance on Wednesdays and Tuesdays
Wickham Market	Fair	There are some but I have to go quite a long way to get there
Wickham Market	Fair	
Wickham Market	Very poor	There aren't any clubs or what I want to play in clubs
Wickham Market	Poor	
Wickham Market	Good	It's good because there is sports in my village
Wickham Market	Fair	Not too many clubs with a variety of sport
Wickham Market	Poor	There's not much stuff
Wingfield	Good	Because we provide lots of sports
Wingfield	Good	
Woodbridge	Fair	I'm not sure if there is any activities or leisure facilities in my area
Woodbridge	Good	
Woodbridge	Good	Because there are tennis clubs, swimming and a gym and sailing
Woodbridge	Poor	I live in a small area

Worligworth	Fair	There are some sport places but not many, some parks
Yoxford	Fair	
Yoxford	Good	
Yoxford	Good	I have a pass to Leiston Gym
Yoxford	Very good	Because this school has already lots of activities to do
Yoxford	Good	In my area there are many things - biking, running, football area and lots of things

Appendix D

Place	Leisure facilities that the young person uses and why	Leisure facilities that the young person does not use and why
Aldeburgh	I use the rugby club and the beach aswell as the local clubs	football club, gym that i dont go to
Ashbocking	Nothing	Nothing
Badingham	Dance clubs, acting clubs, netball clubs	Because I don't like pouring bowling
blythburg	none	swimming that is miles away and boring
Blythburgh	I go on the walks and paddleboard on the rivers	There isn't much to do, I do what I can
Bramfield	i dont do leisure facilities	if a swimming pool is a lesure thing, then there's a swimming pool in my village
Bramfield	Nothing where I live	Nothing where I live
Brandeston	Football at Framlingham	I don't know
Bruisyard	go to some clubs and activities	gym, dancing
Brundish	Guitar, because it's something to focus on and something to give your full attention to	The gym in Stradbroke because if you're under aged then you can't go
Chillesford	The swimming pool because its relaxing	
Debenham	There isn't any I go to at the moment but I am looking into joining a netball club outside of school	There are lots of clubs in my area like hockey, football, rugby and a lot more
Dennington	i use the swimming pool	i dont use the football feild as im not interested in football
Dennington	Riding because I love it	Swimming because it is too far away
Dennington	Karate - it is fun	Swimming as too expensive
Dennlington	Harlstons magpie hockey club, Cricket	the bowls club
Earl Soham	Youth Club because it is nice to have a few hours away from home	There isn't many I can think of
Felixstowe	The park because I go on walks	
Framlingham		the gym because i got to weak to exercise "cancer"
Framlingham	i dont go	i think it's fine
Framlingham	i use clubs (scouts)	i dont use the gym as i don't like it
Framlingham		tennis courts, football pitches, because they are my favourite sports
Framlingham	swimming pool and scouts to calm down to waste time	The gym - not old enough. Pagent field because there is drugs
Framlingham		All of them, I don't like to

Framlingham	I dont use any	I do not use any of them because I prefer to go out in the countryside and do sport
Framlingham	swimming	?
Framlingham	football because it makes me calm and enjoy sports	i dont use hokey facilities because I'm way to busy with other things.
Framlingham	park, i use it often but not alot	there is a skatepark but i dont really use it
Framlingham	parks, the Framingham castle, footpaths	gym, football club
Framlingham	Framlingham college pool and sometimes Ufford Park.	Skate Park in winter because there are no flood lights, a lot has been going on up there lately over summer. Police have even said it would be safe if the skate park was lit up properly.
Framlingham	Fayap	
Framlingham	I do cadets, tennis, chess and bike rides	Basketball, hockey, netball, football and running because its not my thing
Framlingham	Swimming pool sometimes because its fun	Gym because i'm not old enough to use it
Framlingham	Rugby and bootcamp because it is fun and it gets you fit	Football, swimming and tennis because I am more interested in these things
Framlingham	Fram college pool, Fram Leisure Center	
Framlingham	None	Gym because I can't be bothered
Framlingham	Sometimes park with family/ friends	College pool and gym because they're too expensive and very busy
Framlingham	The park	The gym, the swimming pool
Framlingham	The gym to get fit	
Framlingham	Would do hockey but too expensive	Hockey - expensive
Framlingham	None, there's nothing interesting	Mostly gyms and sports centers. I'm too busy at the moment and never have the confidence/ energy
Framlingham	I don't use any leisure in my area but I used to. But if Thomas mills high school counts, sometimes I use that	College pool, Sports club
Framlingham	I use the pool at the college	Tennis court, football pitch - I cant play either sport
Framlingham	The park	
Framlingham	Dont use any as there is not much to go to	There are none
Framlingham	College because it has a swimming pool	Tennis court because I don't play tennis

Framlingham	Swimming pool and football	Tennis court
Framlingham	Stables	The gym - not old enough
Great Glemham		
Halesworth		
Halesworth	swimming	i dont know
Halesworth	Tennis Courts, Football pitches, swimming pools, basketball court, skate park, play park, because they take my mind off school work	There is no facilities I have not used/ use in my area
Halesworth	I use the basketball court sometimes and I go on walks in the fields and forest	
Halesworth	There isn't much that interests me where I live	I don't use any of them
Hatcheston	I use the local bike parks alot because I love working towards things and getting better and mountain biking allows me to do this. i also love adrenaline	
Helmingham	High lodge to go shooting	
Holton	I don't know	Nothing
Holton	None	
Houtan		
In which area do you live?	Which leisure facilities or activities do you use in your area, and why?	Which leisure facilities or activities are available in your area that you do not use, and why?
Ipswich	Fram Youth Club	Not really any I can think of
Kelsale	there is skate parks, parks and nature walks	none.
Laxfield	Swimming pool (fram college), Sports Club	
Lieston	I use the gym and pool	
Otely	None	None
Parham	Nothing	Nothing
Peasanhall Saxmudham	I use a football field and loads of swimming places	
Rendlesham	Football, basketball because they are fun and I enjoy them	
Rendlesham	Football because there is a lot of people willing to play in my area	Basketball because a lot of the older kids hang out there
Reydon	I don't because I like being inside	All of them because I like watching TV

Saxmundham	park and football goals ad skate park	swimming
saxmunden		i used to do swimming in Leiston but i know how to now but I still want to go there from time-to-time
saxmundham	i play for fram football club	
Saxmundham	I usually use the local leisure centre but I mostly use my local park because it is close and quite quiet	I don't really use the gym because I usually get exercise differently
Saxmundham	I use the park so I can see my friends and play football	I don't usually use the swimming pool in Leiston but that is only because of Covid-19
Saxmundham	The pool and the rugby pitches	Nothing
Saxmundham	I use the park to play football and I sometimes go to the swimming pool	
Saxmundham	football- Benhall gym and swimming - Leiston	Saxmundham FC - benhall are better
Saxmundham	none	i dont know
Saxmundham	I use the swimming pool and football pitch	I don't use the gym because I'm already huge
Saxmundham	Leiston Leisure centre, because I swim a lot	Table tennis, I have one at home
Saxmundham	Leisure center	Gym, skate park, basketball court, cricket field, tennis
Saxmundham	Leisure Centre in Leiston Sometimes	There aren't any anywhere near me
Saxmundham	I don't use them because there are not many apart from far away	
Saxmundham	The skate park because I skate	None because there aren't really any
Saxmundham	Gym	Swimming pool
Saxmundham	I use the parks to exercise, football pitches to play football	I use all of them
Saxmundham	Leiston Leisure centre	Not sure
Saxmundham	Park I guess	There are none
Saxtead	I use copleston high school for karate because it gets my heart pumping	The school facilities because there is nothing of interest
Saxtead green	The park in Framingham, it is usually quite loud	
Sibton, Peasenhall	Tennis area, pool	None
Snape	i use the foot paths in my area to go on nice walks, bike rides and runs.	i havnt gone sailing on my river i never got the time.
southwold	a park because it fun with swings and seesaws	tennis court because i have tennis club somewhere else
Stowmarket	I don't engage with facilities because I prefer to engage in my hobbies online	I don't use nay of them very often

Stradbroke	Parks - meeting up with friends, Sports Center - Tennis	The rest of the sports center
Stradbroke	Swimming sometimes	Gym - I have a bike and I have legs and I don't have to pay
Westleton	None really because i don't really go where they are	Swimming pool its quite far and I don't have time for it sometimes
Weybread	none, i stay at home most of the time and in school i dont do anything either	reason above
Wickham Market	I don't use any	like i said, i dont use any and i don't have time anyway because of homework
Wickham Market	I do football in Fram and I do gymnastics in Ispwich	There is a wickham market football but it isn't very good. There is dance but I don't like dancing.
Wickham Market		
Wickham Market	youth clubs	some clubs, sportsclubs
Wickham Market	The park as it's really the only place	I am not sure
Wickham Market		
Wickham Market	The gym, trampoline parks, skate parks, d&d cafe because those are my main interests	swimming pools because I have health issues
Wickham Market	I run and do home gym stuff, nothing really outside in Wickham	Nothing
Wingfield	i do a ballet class	i don't use the gym
Woodbridge	I don't use leisure facilities or activities in my area because I'm not sure there is any	
Dennington	I go to the gym	There is a gym, swimming pool and football club and I go to the gym
Framlingham	I play football and run a lot so I used roads and fields	A gym - i don't have membership as it doesn't interest me
Dennington	I do running on Dennington village field. I do this because I am thinking about applying to the army to be a military police officer	
Aldeburgh	The park to see mates	Youth club, to long of a list to join
Wickham Market	None really	A park. I don't really go out around much in Wickham. I mainly do outside stuff with my dad in Felixstowe
Framlingham	The college and Sports Club	College Swimming pool and Tennis court
Saxmundham	The dojang in Hailsworth for kuk sool	Idk
Framlingham	Park to hang out in, and castle	fayap - Nothing interesting
Halesworth	None	There isn't any
Badingham	None	All of them

Framlingham	wickham market - horse riding is fun. None in my area	Gym - loads of people, age
Framlingham	None because there's none	I don't have any facilities or activities the only one I used to use was fram football club
Tunstall	None because there isn't many to use	There's a football club and the reason I don't is because there's no one to go with
Wickham Market	None around	There isn't any
Bramfield		Nothing - park
Dennington	Fram college pool	Dennington bowls club
Halesworth	I stay at home	I dont really know any
Earl Soham	A footpath	
Saxmundham	I go to a lot of parks with nearby friends but there are not any pools or gyms or stuff like that	I don't use most of them because there are no fun things nearby
Fressingfield	My dad uses the gym and sometimes I go there to go running	The tennis court, dance space
Saxmundham	I go to the tennis court, I go swimming in Leiston, I use the basketball court	I dont do dance because I find it boring
Yoxford		
Fressingfield	I use the local swimming pool because its usually empty and good for practise	I don't use the gym because the gym has an age rule
Southwold	I use the field for football, the common, golf club	Tennis court and gym - i am too young to go to gym and don't really like tennis
Kettleburgh	I sometimes go play football over at the park	
Framlingham	Football fields, my dads fishing lakes	Pageant field - drug addicts
Wickham Market	Football	
Huntingfield	Leisure/ swimming centre, dance academy because I enjoy doing them	
Framlingham	I go swimming in Fram	The college gym doesn't allow under 16's
Framlingham	college	gym
Framlingham	The park because there are swings, etc, and a gym	The college because I don't have a membership
Saxmundham	"jump in" because it's fun	"Play 4 fun" because I don't know
Framlingham		I don't know I've never looked into them
Wickham Market	Well I have a barn where I keep my horse so I use the riding facilities there	Framlingham college because I can't use the gym because I'm under 16
Framlingham		Football Club - got bored of my position

Framlingham	I use a football pitch in Framlingham, and Ipswich swimming in Stradbroke	Tennis Pitch
Kettleburgh	I go to the park	
Yoxford	Sports hall and my house	Football because I didn't like kicking a ball around and it's just more boring for me than others
Wickham Market	Athletics to keep me fit and also I enjoy it	Swimming because I don't know how to swim
Framlingham	College Pool as I enjoy swimming	The college gym as I don't enjoy it
Saxmundham	I use a swimming pool at Leiston because it's good for me and it's fun	There's a tennis club that I used to go to but now I don't because it wasn't very fun
Easton	Gymnastics (Pipers Vale)	The gym because I wouldn't be able to do much
Peasenhall	Leiston because we play badminton there	Tennis courts because it's expensive
Framlingham	Running clubs because I like running and it keeps me fit	Football, I want to join soon
Little Glenham	I use my park and go for walks	
Halesworth	I use my games console because I like gaming	
Leiston	I use football clubs at Fram	I don't use leisure center because I haven't had that much time to go swimming
Kettleburgh	Rugby club, Planet music academy, lots of scouts groups and swimming pools	football clubs
Framlingham	Badminton - I use this activity on Wednesdays at 6-7 after school in sports hall 2	All apart from Badminton
Great Glenham	Stagecoach because I really enjoy dancing and drama	Youth club because my parents are at work most of the time so I have to get the bus
Wickham Market	Swimming pools because me, my mum and my friend go swimming every other week to get us out the house	The gym, even though I beg my mum to go I think it's too much to do
Peasenhall	Tennis courts because you can play many other sports on there	Well, there is like a bowling type of thing behind the tennis courts but I don't use it because like I've already tried it and don't like it
Framlingham	Youth club, swim club, park	Some parks
Sudbourne	Swimming pool because I really love to swim and it makes me feel happy and good	The rec because I prefer to do lots of activities with my brother and he likes to go swimming more than the rec
Mendham	I use tennis because it helps me by hitting a ball to get some stress out. Walking because it feels great to be surrounded by the country.	I don't know many so I'm just going to say I have none

Wickham Market	Dance	Sunday school, brownies, guides, Choirs, Dance, Bowls, Football, maybe more
Earl Soham		Framlingham Gym, Fram College activities
Framlingham	I go to tennis court, I play tennis	
Bedfield	I do tennis every summer I do long bike rides, There's lots of tracks to run on	
Saxmundham	Pencils and pens to draw and create	
Framlingham	I use fram college because it's close to where I live and a space where I swim	
	I use loads of clubs in my area because they keep me fit and healthy and I also have fun with my friends	Not sure
Wickham Market	Football pitch and park basketball court and skate park	Running, Football (play for Fram instead)
Wickham Market	Football because I love it. Also, skate park because I love to ride my scooter and bike	Running because I don't like it that much. Also, Wickham football (Fram is better)
Framlingham	Framlingham College Swimming Pool because it's fun to swim	I don't know any other facilities that I don't use
Halesworth	The park because it's relaxing	
Badingham		Football because I once went there and the people weren't very fair
Little Glemham	The park because its the only thing that I have in the area	
Woodbridge	Golf, Crazy Golf, Swimming, I do them just for fun	
Framlingham	Football and Swimming	The sports club for other sports than football
Wickham Market	None	Clubs or fairs
Framlingham	Swimming	There isn't really any I don't use
Earlsoham	None	None
Saxmundham	I just walk	A lake because it's dirty
Saxmundham	Swimming. There is dance but I don't attend	Dancing because I don't like it anymore.
Framlingham	I walk round the town to get exercise	I would like to see a sports hall
Framlingham	Sometimes swimming for exercise	I don't really know about many but I don't really have time
Snape	We only take Leiston leisure centre that is it	Leiston as I can't be bothered
Framlingham	None	None because i don't know of anything
Kettleburgh	I go to the park sometimes to play with my friends	

Saxmundham	I use football goals at the park because it makes me feel calm	Football club because I play for Behnall
Framsden	I don't use any because they're not near me	There's none near me
Framlingham	I don't use any	I think the college. I don't use because I don't like exercise
Mendham	I use a hockey place it doesn't have that many things. We do have a village hall it does have multi-sports events	I actually don't know
Saxmundham	None	
Charsfield	Park to do sport	I have no other ones
Framlingham	Tennis courts because I play Tennis	Football because I don't play football
Framlingham	Football club, because I like football	Tennis courts because I don't like tennis
Framlingham	I only really use the music room.	I used to use the college public swimming pool but I don't anymore. Fram college has quite a few leisure facilities but I don't use any of them
Kettleburgh	Nothing	The park because its for small people - under 12
Charsfield		
Framlingham	None - just not interested	I don't know what is available
Saxmundham	Leiston Leisure Center, Carlton Park	
Wickham Market	None	None are there
Southwold		There is a gym in Southwold but that's not the kind of facilities that interest me
Debenham	I go to dance east dance studios	The gym, have to be 15 for membership
Framlingham	The leisure centre near Ipswich	
Framlingham	I do swimming, football and cricket	I do not use the gym because I'm too young
Easton	I play tennis in Framlingham because I love it	I use all the ones that I know about
Framlingham	Big field and goals to play football in. A tennis court to play tennis in	
Parham	None, because there are none near me	None, because there are none near me
Framlingham	I used to do scouts. I do big walks, climbing trees and gardening	The park - it is a piece of rotting wood
Peasenhall	Leiston Leisure Center as it is the closest	None - they are all far apart from Leiston
Campsea Ashe	Dance because I love it	Clubs, because they're all like 15+ to go to them
Middleton	Leiston Leisure Center - Snow domes, Leiston Pool and Ipswich bmx track	Nothing that I know

Framlingham	We do walking and biking because it is exercise and it is good for you	Football, because I don't enjoy it
Kettleburgh	Panto because it's fun	We don't have any except panto
Yoxford	Leiston Leisure centre as it's near me - I also like to go there with friends and we can go swimming	
Cretingham	I use karate because it's fun	Squash court because I can't wake up in time
Framlingham	I used to do swimming and I do football	I don't do a lot of sports because they're not my thing
Cretingham	Hockey Pitch	A pool because it's far away
Woodbridge	Swimming and Tennis - I do swimming just incase there is a flood and I do tennis with my best friend	
	I'm not sure	There is a park, and Fra castle and more but I am not sure
Framlingham	I go to Framlingham Football Club and Leiston Football Club and Fram Tigers	College pool because it's a good facility
Saxmundham	Gym because muscles	Because they're boring
Earl Soham	None in my area but do swimming in Deban	None
Woodbridge	The park so my little cousin can play	I use them all
Saxmundham	Sax FC and gym	
Earl Soham	None	All because I can't be bothered, are none anyway
Framlingham	Fram leisure center	Tennis courts/ netball courts
Wickham Market	I use swimming a lot	There are often zumba classes but I don't go
Benhall	In Leiston I go swimming sometimes	Sometimes there are music things and food shows
Wickham Market	Horse riding - Valley Farm	
Wangford	Park - only place to go	
Framlingham	I don't really use any	Running club, football
Saxmundham/ Ipswich	The gym and pool	
Leiston	There is the leisure centre	I don't know the activities
Framlingham	Play on football pitches and tennis courts very occasionally swimming pool	Library because I buy books
Saxtead	Swimming pool, I like swimming	Library, I like being at home
Saxtead	Fram college pool	Youth club
Benhall	Swimming pool to swim. Sports centre for running and football	I do not know
Snape		Tennis court - no one to play with

Framlingham	Football, swimming, running	
Framlingham	Swimming Pool	Park, Football pitch - too populated
Framlingham	David Lloyds, because my mum has a free trial for the place	Golf clubs because they are boring
Framlingham	Park because there is a basketball hoop	Swimming pool because you need a membership and I don't like swimming, gym because I exercise at home
Framlingham	Football pitches	College pool don't do much swimming
Framlingham	I don't use them	Swimming pool, I don't use this because I don't have the time
Aldringham	I play rugby for Southwold rugby club because I love it	The gym - I can't be bothered to go
Framlingham	Football field	Random sports near the FC
Saxmundham	My house	Gym, Shops, etc.
Ubbeston	Swimming pool, fields, shops and parks	None really.
Framlingham	My local youth club	Too many to name and I don't have time.
Snape	I go to the leisure center in Leiston & to the shops in Saxmundham	The parks and the town halls
Framlingham	Never been to activities	I don't use the librarys only look
Framlingham	Stradbroke gym	Framlingham swimming pool
Snape	Swimming because it makes me feel	No facilities
Framlingham	None	I don't know
Framlingham	I go to Framlingham Sport Club and playing football.	Framlinham Swimming pool because I don't like swimming
Sudborne	Sailing club, livery (horseriding) yard, gym	Swimming pool, gardening club.
Framlingham	I can occasionally go swimming and play badminton	I don't use the gym anymore as it became too expensive
Benhall	Gym in Leiston and swimming pool, gymnastics club	Library - don't need that much
Framlingham	Don't really go to the leisure facilities	I find enjoyment in other things
Framlingham	I don't use any, I can't go because I'm busy doing something else	Leisure center
Fressingfield	None because there isn't really any	None
Dennington	My bike	
Reydon	I don't use them	
Saxmundham	School and Sax Tennis	
Walpole	None cause there are no good ones	There are none

Worligworth	A gym, cricket club	A gym. I don't use it because I don't think about it
Dennington	Paris	Pub because I'm too young by myself
Leiston	The sports hall in the leisure center to play badminton or basketball	The gym
Great Glenham	The park	A pub because I can't go
Stradbroke	Swimming pool because it is calming	Nothing that I've seen
Yoxford	The park that isn't far from me	There isn't any I don't use
Saxmundham	The big field which I play with on my friends	The youth club because it is 15 and over
Framlingham	Pageants field, but apart from that, nothing	Swimming, Library, FAYAP centre, as I do not find it worth my time
Rendlesham	Park because it has a lot of space	
	Don't really use them	Swimming pool because it costs a lot to use
Framlingham	The park, castle and crystal shops, Library	Swimming pool. not interested
Framlingham	Swimming because it's calming and fun	Horse riding, football club
Saxmundham	Skiing (Ipswich), Occasionally Badminton in Leiston Leisure Centre with my parents	I don't know a lot. Tennis, Netball, Football, Gym, etc. I don't use them because I don't really like those things
Framlingham	I use the college because I have a pool membership	I don't use the gym
Wickham Market	There is a swimming pool in Woodbridge	I've never been to the gym in Woodbridge
Framlingham	The football club	A lot
Framlingham	Rugby club/ gym - swimming pool	Football clubs/ basketball clubs/ cricket club
Halesworth	I only use the youth club in Reydon sometimes because it is something to do. I use the youth club in fram in the spring and summer because it's fun	I don't know a lot of activities in Halesworth or Reydon. There really isn't much to do. There is a beach in Southwold, next to Reydon but I am not keen on it
Wickham Market	Swimming pool sometimes, youth clubs	Libraries, Gyms, Books that I'm not interested in, Too expensive in some places
Framlingham	Football club	Swimming because i don't do it
Rendlesham	Don't have one where I live but when I go to the one away from me I use it for swimming and sometimes the gym	
Saxmundham	I go to the swimming pool in Woodbridge or Leiston and the Skate Park	I don't know I'm not aware of many
Little Glemham	Walk in the park	

Halesworth	I don't use any at the moment. I don't have the time, I get lots of homework, get home late and it's expensive	Youth Club, because it is not interesting and I struggle with the food there's, due to having coeliac disease
Framlingham	Swimming pool, climbing wall. Library, because they are good ways to have fun	Gym - youth club because I am busy on those nights
Wickham Market	Tennis- because I like tennis and play with my dad	
Wickham Market	None - there aren't any	There aren't any
Famlingham and Saxmundham	The pool for D of E	I'm not sure
Saxmundham	None - there is no leisure facilities	
	I go swimming with my nan, sometimes play Rugby with dad at Halesworth, Running at Diss and A lot of walking	The gym at Stradbroke because it's for people who are older than me
Great Glemham	I use Leiston Leisure Centre and sport clubs	Framlingham Park, it's far from my house
Holton	None because there aren't any	None
Saxmundham	Football pitch because I like football	Saxmundham Gym, Leiston Leisure Centre
Stradbroke	Football Field	Tennis court and bowls club - not interested in these sports
Samundham	I play football in Framlingham as I like it and my friends do it	There is a football club in Saxmundham but I don't know anyone there so I play football in Fram
Holton	Waveny Valley Leisure Centre. The pool in Bungay with your sign on it. Thanks for renovating it. The pools looks really modern now and the sauna/ steam room is cool	
	Swimming pool because I like swimming. Horse yard - because I love horses and riding	Sports - because I don't like competitive sports
	Swimming, Bowling	Swimming club beacuse I don't like swimming competitively
Framlingham	Sports Club field	
Aldeburgh	I go horse riding in Wickham Market	
Framlingham	Footpaths for walks	The gym because I don't like getting up early to go there
Wickham Market	There is none	
Saxmundham	Cinema's and swimming pool	
Saxmundham	I use the parks and tennis courts, I use the shops	The ones I don't know about
Saxmundham	Leiston swimming centre	I used to use the swimming centre but I don't that much now
Aldeburgh		Leiston swimming pool = it's too cold

Saxmundham	I don't use any	I don't use any
England	I use football goals because I enjoy sport	There's not many close to me - i have to drive everywhere so I can't always go
Laxfield	The football goals and a basketball goal	I don't know any
Framlingham		I don't use most of them because I don't have time
Leiston	Pool gym	
Hatcheston	Fram flyers running, Dance	Football because I don't enjoy that much
Aldeburgh	Leiston leisure centre and i am joining Fram football	Aldeburgh Football club
Knodishall	The swimming pool because I like swimming	The gym because I don't like the atmosphere in the gyms
Snape	Football pitch and the par	Tennis courts because we don't have tennis balls or rackets and have no one to play with
Framlingham	Nothing, I do it in other places	Pool, gym because I didn't have a membership
Yoxford		Cricket, it is too early in the morning
Wickham Market	The football field near my house	I don't go to the library because all the books are boring
Dennington	Defence against and martial arts, Swimming, Rugby, Sax lessons, Cadets, Tennis, Hockey	
Framlingham	I go to Fram sports centre often because me and my sister both play for Framlingham FC	I do not go to any other sports clubs because I don't have the time
Reydon	Swimming pools, gymnastics, athletics, and horse riding	Boxing as it's a violent sport and rugby as I don't want to get really hurt
Framlingham	Swimming	
Framlingham	Pageant Field, Basketball hoop	Football goals, don't like football
Framlingham	Park	There is none
Framlingham	Swimming pool - I like swimming, Sports club, Skate park - I can't skate at all but it's nice to be there	They are hardly any so I use any of the ones that you can
Saxmundham	I use the park to play football and hang out with my friends	The pool in Leiston - there isn't really a reason we just don't go there a lot
Saxmundham	None of them because I'm an introvert	
Wickham Market	Football and basketball - there's goals and baskets	Bowls because not my type
Saxmundham	Leiston Leisure centre for swimming, Scouts for general knowledge, Tennis for tennis and basketball, down at Carlton Park or Farlingaye	I do not go to the football club as I am not very good
Halesworth	I use the common and the fields nearby to walk my dog	The rugby field. I don't do rugby

Framlingham	Netball because I enjoy it and it keeps me fit	Football/ running because I don't enjoy them
Framlingham	Park	Fram college - I don't swim
Wingfield	There are none	
Walberswick	In southwold I go to rugby and I go to halesworth to go to the gym and I go to rugby there aswell but there only a small co-op in my village	Southwold gym because it's really expensive but there's not much in Walberswick

Appendix E

Place	Opinion on number of community activities/events
Aldeburgh	Yes - there are enough
Aldeburgh	There are a good number, but I do not attend them
Aldeburgh	No - I would like there to be more
Aldeburgh	No - I would like there to be more
Aldeburgh	There are a good number, but I do not attend them
Aldringham	Yes - there are enough
Ashbocking	There are a good number, but I do not attend them
Badingham	No - I would like there to be more
Badingham	I think it's a fair amount but I would like there to be more
Badminton	No - I would like there to be more
Bedfield	Yes - there are enough
Benhall	I don't know much about it yet
Benhall	No - I would like there to be more
Benhall	No - I would like there to be more
blythburg	No - I would like there to be more
Blythburgh	Yes - there are enough
Bramfield	There are a good number, but I do not attend them
Bramfield	Nothing where I live
Bramfield	There are a good number, but I do not attend them
Brandeston	Yes - there are enough
Bruisyard	Yes - there are enough
Brundish	No - I would like there to be more
Campsea Ashe	Yes - there are enough
Charsfield	No - I would like there to be more
Charsfield	There are a good number, but I do not attend them
Charsfield	There are a good number, but I do not attend them
Chillesford	Yes - there are enough
Cretingham	No - I would like there to be more

Debenham	There are a good number, but I do not attend them
Debenham	Yes - there are enough
Dennington	Yes - there are enough
Dennington	Yes - there are enough
Dennington	There are a good number, but I do not attend them
Dennington	There are a good number, but I do not attend them
Dennington	No - I would like there to be more
Dennington	Yes - there are enough
Dennington	No - I would like there to be more
Dennington	No - I would like there to be more
Dennington	No - I would like there to be more
Dennlington	Yes - there are enough
Earl Soham	No - I would like there to be more
Earl Soham	There are a good number, but I do not attend them
Earl Soham	No - I would like there to be more
Earl Soham	No - I would like there to be more
Earl Soham	There are a good number, but I do not attend them
Earl Soham	There aren't a good number but the ones there are I don't attend
Earlsoham	No - I would like there to be more
Earlsoham	There are a good number, but I do not attend them
Easton	Yes - there are enough
Easton	Yes - there are enough
England	I don't know
Famlingham and Saxmundham	There are a good number, but I do not attend them
Felixstowe	I've never looked into it
Framlingham	Yes - there are enough
Framlingham	Yes - there are enough
Framlingham	Yes - there are enough
Framlingham	add a wider range of sports
Framlingham	Yes - there are enough
Framlingham	Yes - there are enough
Framlingham	There are a good number, but I do not attend them
Framlingham	Yes - there are enough

Framlingham	there are lots but i dont come to all of them
Framlingham	Yes - there are enough
Framlingham	There are a good number, but I do not attend them
Framlingham	No - I would like there to be more
Framlingham	Yes - there are enough
Framlingham	Yes - there are enough
Framlingham	There are a good number, but I do not attend them
Framlingham	Yes - there are enough
Framlingham	No - I would like there to be more
Framlingham	Yes - there are enough
Framlingham	There are a good number, but I do not attend them
Framlingham	There are a good number, but I do not attend them
Framlingham	No - I would like there to be more
Framlingham	There are a good number, but I do not attend them
Framlingham	No - I would like there to be more
Framlingham	Yes - there are enough
Framlingham	There are a good number, but I do not attend them
Framlingham	Yes - there are enough
Framlingham	Yes - there are enough
Framlingham	No - I would like there to be more
Framlingham	Yes - there are enough
Framlingham	There are a good number, but I do not attend them
Framlingham	Yes - there are enough
Framlingham	Yes - there are enough
Framlingham	No - I would like there to be more
Framlingham	No - I would like there to be more
Framlingham	There are a good number, but I do not attend them
Framlingham	There are a good number, but I do not attend them
Framlingham	Yes - there are enough
Framlingham	There are a good number, but I do not attend them
Framlingham	There are a good number, but I do not attend them
Framlingham	There are a good number, but I do not attend them
Framlingham	Yes - there are enough

Framlingham	There are a good number, but I do not attend them
Framlingham	Yes - there are enough
Framlingham	There are a good number, but I do not attend them
Framlingham	Yes - there are enough
Framlingham	There are a good number, but I do not attend them
Framlingham	There are a good number, but I do not attend them
Framlingham	No - I would like there to be more
Framlingham	There are a good number, but I do not attend them
Framlingham	There are a good number, but I do not attend them
Framlingham	Yes - there are enough
Framlingham	No - I would like there to be more
Framlingham	There are a good number, but I do not attend them
Framlingham	There are a good number, but I do not attend them
Framlingham	There are a good number, but I do not attend them
Framlingham	Yes - there are enough
Framlingham	Yes - there are enough
Framlingham	There are a good number, but I do not attend them
Framlingham	I don't know
Framlingham	Yes - there are enough
Framlingham	Yes - there are enough
Framlingham	Yes - there are enough
Framlingham	No - I would like there to be more
Framlingham	Yes - there are enough
Framlingham	There are a good number, but I do not attend them
Framlingham	There are a good number, but I do not attend them
Framlingham	Yes - there are enough
Framlingham	There are a good number, but I do not attend them
Framlingham	Yes - there are enough
Framlingham	No - I would like there to be more
Framlingham	There are a good number, but I do not attend them
Framlingham	Yes - there are enough
Framlingham	I don't know
Framlingham	No - I would like there to be more

Framlingham	There are a good number, but I do not attend them
Framlingham	Yes - there are enough
Framlingham	There are a good number, but I do not attend them
Framlingham	There are a good number, but I do not attend them
Framlingham	There are a good number, but I do not attend them
Framlingham	Yes - there are enough
Framlingham	Yes - there are enough
Framlingham	There are a good number, but I do not attend them
Framlingham	There are a good number, but I do not attend them
Framlingham	There are a good number, but I do not attend them
Framlingham	There are a good number, but I do not attend them
Framlingham	Yes - there are enough
Framlingham	Yes - there are enough
Framlingham	There are a good number, but I do not attend them
Framlingham	No - I would like there to be more
Framlingham	Yes - there are enough
Framlingham	No - I would like there to be more
Framlingham	There are a good number, but I do not attend them
Framlingham	No - I would like there to be more
Framlingham	Yes - there are enough
Framlingham	There are a good number, but I do not attend them
Framlingham	Yes - there are enough
Framlingham	No - I would like there to be more
Framlingham	No - I would like there to be more
Framlingham	Yes - there are enough
Framlingham	There are a good number, but I do not attend them
Framlingham	There are a good number, but I do not attend them
Framsden	No - I would like there to be more
Fressingfield	There are a good number, but I do not attend them
Fressingfield	Yes - there are enough
Fressingfield	There are none but I like it that way
Friston	Yes - there are enough
Great Glemham	I don't know

Great Glemham	Yes - there are enough
Great Glemham	There are a good number, but I do not attend them
Great Glenham	Yes - there are enough
Great Glenham	There are a good number, but I do not attend them
Halesworth	No - I would like there to be more
Halesworth	No - I would like there to be more
Halesworth	Yes - there are enough
Halesworth	Yes - there are enough
Halesworth	There are a good number, but I do not attend them
Halesworth	No - I would like there to be more
Halesworth	I don't know any
Halesworth	There are a good number, but I do not attend them
Halesworth	There are a good number, but I do not attend them
Halesworth	No - I would like there to be more
Halesworth	I don't know about them
Halesworth	No - I would like there to be more
Halesworth	There are a good number, but I do not attend them
Hatcheston	There are a good number, but I do not attend them
Hatcheston	Yes - there are enough
Helmingham	Yes - there are enough
Holton	No - I would like there to be more
Holton	There are a good number, but I do not attend them
Holton	No - I would like there to be more
Holton	There are a good number, but I do not attend them
Holton/ Halesworth	I don't know
Houtan	No - I would like there to be more
Huntingfield	Yes - there are enough
Ipswich	Yes - there are enough
Kelsale	i dont attend all of them but most
Kettleburgh	No - I would like there to be more
Kettleburgh	No - I would like there to be more
Kettleburgh	There are a good number, but I do not attend them
Kettleburgh	No - I would like there to be more

Kettleburgh	There are a good number, but I do not attend them
Kettleburgh	No - I would like there to be more
Kettleburgh	There are a good number, but I do not attend them
Knodishall	No - I would like there to be more
Laxfield	Yes - there are enough
Laxfield	There are a good number, but I do not attend them
Leiston	There could be a little more
Leiston	Yes - there are enough
Leiston	Yes - there are enough
Leiston	No - I would like there to be more
Lieston	There are a good number, but I do not attend them
Little Glemham	No - I would like there to be more
Little Glemham	No - I would like there to be more
Little Glenham	Yes - there are enough
Mendham	There are a good number, but I do not attend them
Mendham	No - I would like there to be more
Middleton	Yes - there are enough
Otely	Yes - there are enough
Parham	No - I would like there to be more
Parham	No - I would like there to be more
Peasanhall Saxmudham	There are a good number, but I do not attend them
Peasenhall	Yes - there are enough
Peasenhall	Yes - there are enough
Peasenhall	No - I would like there to be more
Peasenhall	No - I would like there to be more
Rendlesham	There are a good number, but I do not attend them
Rendlesham	Yes - there are enough
Rendlesham	There are a good number, but I do not attend them
Rendlesham	There are a good number, but I do not attend them
Reydon	There are a good number, but I do not attend them
Reydon	There are a good number, but I do not attend them
Reydon	Yes - there are enough
Samundham	There are a good number, but I do not attend them

Samundham	There are a good number, but I do not attend them
Saxmundham	I think there needs to be more but i dont go to them
saxmundham	No - I would like there to be more
Saxmundham	Yes - there are enough
Saxmundham	No - I would like there to be more
Saxmundham	There are a good number, but I do not attend them
Saxmundham	Yes - there are enough
Saxmundham	No - I would like there to be more
Saxmundham	There are a good number, but I do not attend them
Saxmundham	Yes - there are enough
Saxmundham	No - I would like there to be more
Saxmundham	Yes - there are enough
Saxmundham	There are a good number, but I do not attend them
Saxmundham	No - I would like there to be more
Saxmundham	No - I would like there to be more
Saxmundham	Yes - there are enough
Saxmundham	Yes - there are enough
Saxmundham	There are a good number, but I do not attend them
Saxmundham	No - I would like there to be more
Saxmundham	There are a good number, but I do not attend them
Saxmundham	No - I would like there to be more
Saxmundham	No - I would like there to be more
Saxmundham	There are a good number, but I do not attend them
Saxmundham	There are a good number, but I do not attend them
Saxmundham	There are a good number, but I do not attend them
Saxmundham	There are a good number, but I do not attend them
Saxmundham	Yes - there are enough
Saxmundham	There are a good number, but I do not attend them
Saxmundham	Yes - there are enough
Saxmundham	There are a good number, but I do not attend them
Saxmundham	There are a good number, but I do not attend them
Saxmundham	No - I would like there to be more
Saxmundham	Yes - there are enough

Saxmundham	Yes - there are enough
Saxmundham	There's nothing - it doesn't effect me
Saxmundham	Yes - there are enough
Saxmundham	Yes - there are enough
Saxmundham	No - I would like there to be more
Saxmundham	Yes - there are enough
Saxmundham	No - I would like there to be more
Saxmundham	No - I would like there to be more
Saxmundham	There are a good number, but I do not attend them
Saxmundham	I don't care
Saxmundham	There are a good number, but I do not attend them
Saxmundham	There are a good number, but I do not attend them
Saxmundham	There are a good number, but I do not attend them
Saxmundham	There are a good number, but I do not attend them
Saxmundham/ Ipswich	No - I would like there to be more
Saxtead	There are a good number, but I do not attend them
Saxtead	No - I would like there to be more
Saxtead	No - I would like there to be more
Saxtead green	Yes - there are enough
Sibton, Peasenhall	There are a good number, but I do not attend them
Snape	Yes - there are enough
Snape	Yes - there are enough
Snape	There are a good number, but I do not attend them
Snape	There are a good number, but I do not attend them
Snape	Yes - there are enough
Snape	Yes - there are enough
Southwold	There are a good number, but I do not attend them
Southwold	There are a good number, but I do not attend them
Southwold	There are a good number, but I do not attend them
Stowmarket	There are a good number, but I do not attend them
Stradbroke	There are a good number, but I do not attend them
Stradbroke	No - I would like there to be more
Stradbroke	No - I would like there to be more

Stradbroke	Yes - there are enough
Stradbroke	No - I would like there to be more
Sudborne	No - I would like there to be more
Sudbourne	Yes - there are enough
Tunstall	There are a good number, but I do not attend them
Ubbeston	No - I would like there to be more
Walberswick	There are a good number, but I do not attend them
Walpole	No - I would like there to be more
Wangford	There are a good number, but I do not attend them
Westleton	There are a good number, but I do not attend them
Weybread	There are some but i dont go because i'm at home
Wickham Market	There are a good number, but I do not attend them
Wickham Market	There are a good number, but I do not attend them
Wickham Market	No - I would like there to be more
Wickham Market	Yes - there are enough
Wickham Market	No - I would like there to be more
Wickham Market	Yes - there are enough
Wickham Market	There are a good number, but I do not attend them
Wickham Market	Not really anything but I don't mind
Wickham Market	There are a good number, but I do not attend them
Wickham Market	Yes - there are enough
Wickham Market	There are a good number, but I do not attend them
Wickham Market	No - I would like there to be more
Wickham Market	No - I would like there to be more
Wickham Market	No - I would like there to be more
Wickham Market	Yes - there are enough
Wickham Market	Yes - there are enough
Wickham Market	Yes - there are enough
Wickham Market	No - I would like there to be more
Wickham Market	No - I would like there to be more
Wickham Market	No - I would like there to be more
Wickham Market	I don't know much
Wickham Market	There are a good number, but I do not attend them

Wickham Market	There are a good number, but I do not attend them
Wickham Market	There are a good number, but I do not attend them
Wickham Market	No - I would like there to be more
Wickham Market	I don't know
Wickham Market	There are a good number, but I do not attend them
Wickham Market	There are a good number, but I do not attend them
Wingfield	There are a good number, but I do not attend them
Wingfield	Yes - there are enough
Woodbridge	I'm not sure if there is any
Woodbridge	Yes - there are enough
Woodbridge	No but I don't mind
Worligworth	There are a good number, but I do not attend them
Yoxford	No - I would like there to be more
Yoxford	Yes - there are enough
Yoxford	There are a good number, but I do not attend them
Yoxford	Yes - there are enough
Yoxford	No - I would like there to be more

Appendix F

Place	Preference for time/place of community events
Aldeburgh	In the summer on the beach
Aldeburgh	Kings field on the field area or rugby area
Aldeburgh	Saturday
Badingham	After school
Bedfield	Where the park and tennis club there is a massive field of grass it would be great there
Benhall	Weekends/holidays/friday nights
Benhall	3x a week
Benhall	Saxmundham
blythburg	school holidays not this one though
Blythburgh	Evening, in Southwold/ Reydon, Blythburgh, Walkberswick
Bramfield	Maybe things for young people
Brandeston	2pm
Bruisyard	On a friday afternoon at the village hall
Brundish	Holidays or school breaks
Campsea Ashe	A band/ music night because they would be really fun
Charsfield	Summer holidays
Cretingham	Sunday or Saturday
Debenham	Weekends and holidays
Debenham	In the holidays or on weekends
Dennington	summer
Dennington	Field
Dennington	Park field - it's massive
Dennington	Not sure
Dennington	Every night
Dennington	Playing field
Dennington	Anytime after 12pm

Dennington	The ping pong at Fayap Centre
Dennlington	Village hall
Earl Soham	Anywhere and Anytime
Earl Soham	Summer Holidays
Earl Soham	Summer holidays on the green
Earlsoham	A football pitch
Earlsoham	Countryside
Easton	Friday - movie nights
Easton	Around about 10-6 on the Village Green
Framlingham	Nights time midday "slip and slide"
Framlingham	after the first day of school
Framlingham	on the summer holidays
Framlingham	in the summer holidays
Framlingham	Yes in fram if they don't overload fram with houses :(
Framlingham	in winter because it will be less crowded
Framlingham	on a football feild
Framlingham	pageant feild
Framlingham	Around Town, FAYAP Centre , Library
Framlingham	7:00pm - 10:00pm or 7:00 - 9pm
Framlingham	In the summer
Framlingham	Christmas Time
Framlingham	Field (at the college)
Framlingham	Friday nights
Framlingham	Holidays
Framlingham	Slip and Slide at castle
Framlingham	On the weekends, at a park
Framlingham	At the castle
Framlingham	Movie nights - half terms, slip and slide - summer holidays, band/ music nights - friday and saturday nights

Framlingham	Slip and Slide in Summer, Movie nights in winter
Framlingham	Evening outside - the castle
Framlingham	the castle, autumn/spring
Framlingham	On weekends/ special occasions.
Framlingham	The castle, Slip and Slide at the college
Framlingham	Summer days
Framlingham	The school because there is a massive area
Framlingham	Either in the big field near the castle or Fram college
Framlingham	The town square in fram
Framlingham	On weekends
Framlingham	Because it is nice to have events
Framlingham	Monday, Thursday and Friday evenings
Framlingham	6-9pm, maybe on weekends 3-4pm
Framlingham	At about 1pm on saturday in summer - smaller castle hill
Framlingham	Castle in Summer
Framlingham	Weekends
Framlingham	They could be movie nights at Christmas
Framlingham	Hills
Framlingham	All the time
Framlingham	Castle or market hill
Framlingham	Saturday or nights of weekdays
Framlingham	Always and everything
Framlingham	Saturday or Friday nights
Framlingham	5 o'clock in the afternoon.
Framlingham	Summer holidays
Framlingham	This might attract quite a few people to my area
Framlingham	In Fram and every weekend
Framlingham	Early evening and locally

Framlingham	On weekends
Framlingham	For movie nights, it could be outside in the fields in Thomas Mills on Saturday, Friday evenings
Framlingham	Not really, maybe Pageants field during summer
Framlingham	In the summer time
Framlingham	On the weekend so I can go with friends
Framlingham	Next to my house
Framlingham	Next to my house
Framlingham	Maybe at local halls or near the castle
Framlingham	I don't mind if it's in the afternoon
Framlingham	In Pageant Playing Field
Framlingham	Friday and saturday nights
Framlingham	Maybe at the pageant field or the field next to the castle
Framlingham	Friday, Saturday
Framlingham	Not in school time - evenings
Framlingham	Summer
Framsden	Sunny time, 2pm
Fressingfield	summer/autumn
Great Glemham	The village hall
Great Glemham	Weekends
Great Glemham	Maybe in the field next to the castle
Great Glemham	In the castle or at the college
Great Glenham	There area a lot of fields
Halesworth	Around nighttime with the lights (6-8pm)
Halesworth	I'm not sure
Halesworth	7:30-10pm, halesworth
Halesworth	The Rifle hall at the weekend
Halesworth	I'm free most of the time
Halesworth	A sunday, 3-6 with snacks, suitable for coeliacs, vegetarians, etc.

Halesworth	In village hall
Hatcheston	Village Hall
Helmingham	Helmingham
Holton	Weekends
Huntingfield	Evenings or weekends
Kettleburgh	Slip and Slide in the Summer with food on the village green
Kettleburgh	In the Summer and on the village green
Kettleburgh	The field in the park
Kettleburgh	Saturday or early Sunday, Thursday or half terms
Kettleburgh	Weekends
Knodishall	10:00-18:00 and 20:00-23:00
Leiston	On Sunday race 4pm, training on Tuesday and music nights 6pm or 7pm Friday
Lieston	Summer holidays
Little Glemham	Home
Little Glemham	Birthdays, Christmas Eve, Easter, Fireworks night
Mendham	Sunday
Middleton	BMx track in Ipswich
Parham	Weekends
Parham	Weekends
Peasanhall Saxmudham	Summer holidays
Peasehall	Summer
Peasehall	Yes, when I do to another friends town I can normally do these things
Peasehall	Saturday afternoon
Rendlesham	At the local park - it is massive
Rendlesham	Night so a lot of people can have fun without worrying
Rendlesham	Rendlesham, Jubilee Park
Rendlesham	Weekends or Holidays
Reydon	Saturday or Sunday - all day

Samundham	At night
saxmunden	make some of the shops or in the post office because they once did an art gallery in the post office
saxmundham	Kelsale park
Saxmundham	Probably night time but not on school nights
Saxmundham	In the summer when it is hot
Saxmundham	movie night - at night slip and slide - during the day
Saxmundham	At cartlon park at 7pm
Saxmundham	Yes, on a Sunday afternoon
Saxmundham	Halloween events in october, same with Christmas events and carnivals in spring/ summer
Saxmundham	There is a big field by the skate park
Saxmundham	Probably at the park in my area
Saxmundham	On Weekends
Saxmundham	Carlton park because it's a big field
Saxmundham	5pm - 9pm (after school times)
Saxmundham	At a park/ Big field
Saxmundham	Parks
Saxmundham	Holidays
Saxmundham	Weekends, Evenings
Saxmundham	On the weekends
Saxmundham	Saxmundham/ Framlingham, Halloween
Saxmundham	Weekend, after school times
Saxmundham	In the summer
Saxmundham	After school
Saxmundham	Probably Summer - like July
Saxmundham	Holidays at a town centre
Saxmundham	Day before the end of term
Saxmundham	Probably around christmas
Saxmundham	Summer

Saxmundham	around 7'oclock
Saxmundham	Summer and on the roads
Saxmundham	At night in the summer
Saxtead	Saturday/Sunday afternoon or holidays
Saxtead green	times i dont have school
Sibton, Peasenhall	The village hall
Snape	a summer afternoon
Snape	It would be great fun
Snape	At the weekends, Summer holidays & half term holidays
Snape	At Snape Maltings
Snape	One of the pubs or village hall
Stowmarket	June - i dont know
Stradbroke	Every fortnight or so
Stradbroke	Sunday
Stradbroke	Summer and easter holidays, In fram
Sudborne	Weekends
Sudbourne	Probably a nice place for kids to be and a nice daytime event
Tunstall	Summer
Ubbeston	Christmas, halloween and other good times to have a holiday
Walberswick	8am-9pm
Walpole	The field in walpole
Wangford	Weekends
Westleton	Just in the local area
Wickham Market	In Wickham and 5-6 on Tuesday or something
Wickham Market	Maybe the slip and slide should take place in the summer and maybe fun events in the school day
Wickham Market	Around Christmas Time and Summer time
Wickham Market	Weekends maybe
Wickham Market	Saturday afternoon

Wickham Market	Wickham Square, After School and work hours
Wickham Market	Sunday night
Wickham Market	We have plenty on the pitch and it's really good
Wickham Market	Slip and Slide only as there is a massive field
Wickham Market	We have a lot of space on the field
Wickham Market	Maybe near holidays
Wickham Market	Weekends/half terms/friday night
Wickham Market	Saturdays
Wickham Market	Maybe near Christmas there could be a Christmas Food Stall
Wickham Market	Evenings, Weekends
Wickham Market	Movie nights in summer, Band/ music anytime not in winter, Fairs - anytime, themed like the season
Wickham Market	After school before dark ,e.g. 6-9
Wickham Market	Weekends
Wickham Market	The sports field in the summer
Wickham Market	Wickham Market Primary School
Wingfield	Summer
Woodbridge	The hall
Worligworth	8pm once a month
Yoxford	I don't really like the bands our vllage hires
Yoxford	At lunch time