

Framlingham, Wickham Market and villages Community Partnership Meeting

Thursday 25 January 2024, 6pm Castle Community Rooms, Framlingham

Partnership Priorities

- Transport (especially around health appointments & isolated communities)
- Mental Health (all ages) links to a lack of physical activities available
- Intergenerational skills exchange (Men's Shed, sports, allotments & arts)
- Support for Volunteers (Cross-Cutting Theme)

Meeting Goals

• To agree new priorities and ways of working going forward

Standi	ng Items	Lead	Supporting papers	
1	Action Notes	Alli Stone, Democratic Services Officer	Yes	
 2 Where are we now? (15 minutes) Community Partnership Board Update Does the CP want to escalate anything to the next CP Board meeting? Are there opportunities to work with the Board/other CPs on specific projects e.g. Tackling Inequalities programme? Projects Updates, including projects discussed at the last meeting Does the CP agree with the proposed way forward for these projects? 		Sam Kenward, Communities Officer	Yes	
3	 Project Proposals For each proposed project: Do you agree that it meets the priority? Do you like the idea outlined and the cost involved? Do you support the proposal? 	Sam Kenward, Communities Officer	To follow over email	

4	Priorities 2024/2025 Does the CP want to add environmental care as a priority? What best to do with regard to the intergenerational skills exchange priority?	All – discussion
5	Ways of Working as a Partnership What are the key strengths, weaknesses, opportunities and threats at our Community Partnership? What can we do to strengthen our partnership working approach?	All – discussion
6	Dates of the next meeting To be confirmed	

Chair: Councillor Sally Noble (East Suffolk Council)	Partnership Organisations:
	East Suffolk Council
Vice-Chair: Anne Westover	Suffolk County Council
Communities Officer: Sam Kenward	Local Town and Parish Councils
Sam.kenward@eastsuffolk.gov.uk	Suffolk Constabulary
	Ipswich and East Suffolk Clinical
	Commissioning Group
	Community Action Suffolk
	Business Community
	Youth Community
	Environment

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Framlingham, Wickham Market, Kelsale, Yoxford and Villages Community Partnership

Action Notes of the Meeting held at Hacheston Village Hall on Thursday 5 October 2023

Attendees:

Councillor Sally Noble (Chair), , Cllr David Chenery (Wickham Market Parish Council), Cllr Richard Cooper (Marlesford Parish Council), Cllr John Cross (Great Glemham Parish Council), Cllr Gemma Dempsey-Gray (Wickham Market Parish Council), Cllr David Findley (Ufford Parish Council), Klaus Fortmann (Clerk – Campsea Ashe Parish Council), Jane Healey (Greenprint Forum), Dick Jenkinson (Wickham Market Good Neighbours), Cllr Vince Langdon Morris (East Suffolk Council) Cllr Jeremy Williams (Stratford and Furnham Parish Council), Anne Westover (Wickham Market Green Gym)

<u>Others present</u> – Luke Bennett (Partnerships Manager, East Suffolk Council), Sam Kenward (Communities Officer, East Suffolk Council), Alli Stone (Democratic Services Officer, East Suffolk Council)

Apologies:-

Item	Discussion				
1.	Action Notes				
	The action notes of the meeting held on 25 July 2023 were confirmed as a correct record.				
2.	Election of Vice Chair				
	Cllr Noble proposed that Anne Westover be appointed Vice Chair of the Community Partnership for the 2023/24 year. Jane Healey seconded the nomination and on the agreement of the Partnership Anne Westover was appointed as Vice Chair.				
3.	Updates				
	Membership Update Sam Kenward (SK) stated that there were three proposed new members, Cllr Edward Watson for Huntingfield Parish Council, Marian Hedley Lewis for Saxmundham Community Allotment and Rosamund Webb and Robert Webb for Station House Community Connections (Campsea Ashe).				







	 It was very difficult determining which need based and community services
	were available.
	 RC stated he would like to speak with some of the communities and providers and identify their needs and what gaps there were.
	 Several Parish newsletter covered the area, and information could be
	placed in all of these.
	 A lot of information was available through the Connecting Communities
	website, but not many people were aware of it.
4.	Project Proposals
	Intergenerational cooking workshops - £5991.87
	This would be for a pilot scheme in each ward. Previous projects had been run in
	other CP areas and had been very successful.
	Cooking had been highlighted as an area of concern following the pandemic. This
	would be aimed at all ages, promoted to families through schools and to older
	people through coffee mornings and meet up groups. Information would also be
	passed to social prescribers and surgeries. Sessions would be facilitated by
	Abbeycroft Leisure who had provided similar groups and sessions before, and they
	would also provide equipment.
	The CP raised following questions:
	Did the four hours include set up or was this the length of the session?
	Would transport be provided? - SK confirmed they would speak to community
	transport providers and put on a service if necessary
	Could this be offered to any of the refugee groups in the communities?
	Who the target groups were? SK confirmed it would be aimed at different age
	groups. Previously the sessions had been for one group of people who would
	develop their skills over the weeks, but it could be opened to different people
	depending on numbers. The CP felt that the opportunity should be widened so
	different people could attend on different weeks.
	ACTION: The CP agreed the project in principle, the intergenerational skills task
	and finish group would provide some local feedback to fine tune the proposal.
	Youth opportunity fund - £7000
	This would provide a pot of funding to enable young people to access
	opportunities they wouldn't otherwise be able to – for example covering trip costs,
	uniforms, club subscriptions.
	Organisations to receive funding had been identified. They would be given criteria
	this could be spent against, and there would be a grant agreement to ensure this
	was only spent in these areas.



5.	Updates following workshop
	back to the Community Partnership.
	ACTION: A project group would be formed to pull together a proposal to bring
	Anne Westover commented that similar style of events had been run in Wickham Market and had been very successful
	pride in patch scheme suggested at full council.
	This would encompass mental health and intergenerational skills aims, and the
	communities to create and restore larger pieces of habitat.
	how to create a small piece of habitat in their gardens, or to encourage
	It was envisioned that events would be held in various locations to show people
	create habitats in their own areas and gardens.
	biodiversity events to engage families and local organisations to get people to
	Cllr Noble summarise a project she wanted to propose to set up a series of
	ACTION: The CP agreed to allocate £2250 to mental health youth events.
	provide a good selection of data.
	SK stated he was aiming to target around 40 people per event as this would
	to answer questions and provide guidance.
	be provided by a local vendor. The police and other stakeholders would also attend
	This money would be spent from budget rolled forward from last year. Food would
	Events would run to provide activity during holiday periods, but also survey young people to understand what they would like to see in their communities.
	like and to promote support services like MIND, art therapy activities.
	This project would engage with young people and see what support they would
	Mental Health Youth events - £2250
	fund.
	ACTION: The CP agreed to allocate £7000 in funding to the youth opportunity
	any groups needed additional funding or hadn't spent any funding.
	this with small grants. SK agreed to update the CP on the fund at the next meeting to confirm whether
	The Parish Councils present stated that they could also be approached to add to this with small grants
	receipts.
	groups had systems set up to do this – either paying subs directly, or reimbursing
	How would the money be distributed to those who needed it? SK confirmed most
	administer this.
	SK confirmed he had spoken with the schools and they had confirmed they could
	done elsewhere but would add value to what else was done.
	providing similar help. SK noted this, the CP would not want to duplicate any work
	Could Suffolk Community Foundation provide some input to this, as they were also
	The CP raised following questions:



	Two issues were raised which were not covered in the priorities: cost of living and environmental issues. The CP were asked to give a steer on how these should be managed and incorporated.
	SN stated she supported adding in Environmental Care as a priority and to cost of living proof all projects to ensure they were low/no cost and accessible.
	It was noted that volunteering was part of all projects, but was slightly out of the remit of the CP. It was also commented that volunteering was better led by other groups who had better resources.
	It was agreed that an email would be sent to all CP members to confirm the priorities.
6.	Date of the next meeting
	The dates of the next meeting are: 25 January 2024 7 March 2024

The meeting concluded at 8.28pm

Communities Officer update 18th January 2024

Task and Finish Groups

- Transport
 - Transport mapping has been completed
 - Targeted engagement happening in rural locations identified to see more about transport needs
 - There have also been conversations around how to use local opportunities to promote Katch using local networks e.g. newsletters
- Mental health
 - Task and Finish Group has deliberated via email on project proposals (to be discussed at the meeting)
- Intergenerational skills exchange
 - 2 meetings and email deliberation on project proposals (to be discussed at the meeting)

Project updates supported at the last meeting					
Project	Locations	Cost	Update/progress		
Priority – intergene	erational skills				
Intergenerational community cooking workshops	All three wards	£5,991.87	 Agreed at last meeting to be refined by the Task and Finish Group Suggestion to make it more of a mentor system where an older resident and a family are paired to cook together Suggestion of piloting in Wickham Market first and then extending Also suggested about partnering with the WM Open Pantry for a session (mostly attended by young parents who drop their children off at the local primary school and then go to the church for a cup of coffee, a chat and to pick up the essential food items that they need) Suggested to host a Wickham Market event there (on Thursday from about 1000 till 1400) so those attending the pantry could benefit - could be held at either the Beehive or the Beehive field Could then use some of the basic ingredients from the pantry that are often not selected by those who attend, to show them how to easily turn it into a tasty meal The organisers thought that with advertising the event should be well attended 		

Project updates supported at the last meeting

			 Possible locations for Framlingham (Castle Community Rooms) and Kelsale and Yoxford (SAX Community Allotment)
Priority – Mental h	ealth		
Youth Opportunity Fund	Organisations in all three wards	£7,000	 Some delay to get this set up but now set up in January
Flood support	All three wards	£2,500	 Needing to make it more specific but working with partners in each ward to look at this
Wickham Market youth mental health event	Wickham Market	£750	 20 young people attended the event in October The day was also the first weekday after the floods so the event was dual purposed to enable local people to chat to ESC Useful feedback received about mental health needs and youth facilities in Wickham Market – this will be fed into the task and finish group

Stakeholder and parish council (PC) engagement

- I asked the Suffolk Association of Local Councils to run a survey with PCs that haven't attended the CP in a year to gauge reasons why and what we can do to foster engagement
- Key headlines:
 - 8 out of 21 parishes responded all 8 responses from Framlingham and Kelsale and Yoxford wards
 - Most pressing issues they are currently facing:
 - Flooding / Block Drains/Excessive Field Run Off
 - Traffic/Speeding/Condition of Highways
 - Bus Services (school and local)
 - Dog Fouling
 - Neighbourhood Plan
 - Reason for not attending:
 - Lack of available time
 - Council has just reformed
 - Work commitments
 - Dates/Availability
 - Alternative ways they could feed in if can't attend meetings:
 - Attendance of the Communities Officer at Parish Council Meetings 6
 - An email to the Communities Officer 5
 - A telephone conversation between the Communities Officer and a Member of the Parish Council 1
 - One to one meeting with the Communities Officer -1
 - Best ways to feed in ideas and insights:
 - Standing agenda on parish council meeting 3
 - Email to the Communities Officer 3
 - Submitting a survey response before a meeting 2

Framlingham, Wickham Market, Kelsale, Yoxford and villages Community Partnership possible projects January 2024

This is not a definitive list of project ideas. These ideas have been suggested by the Task and Finish Groups and through conversations with groups, councillors and members of the public. Some of the projects are proposed extensions of projects/activities/provision that took place earlier this year.

Members can feel free to suggest their own ideas and these can be developed by working together with support from the Communities officer. Some outline costs are included in the summaries so the Community Partnership can consider whether it would like to contribute any funding.

Please read and review these proposals with the following key questions to in mind:

- Do you agree that it meets the priority?
- Do you like the idea outlined and the cost involved?
- Do you support the proposal?

To ensure discussion time at the meeting is as productive as possible and to ensure meetings produce steers and outcomes, please email any feedback on day to day issues/concerns/views (e.g. venues, times, dates) to Sam directly. This can then be incorporated once the project has been approved (if it is approved).

Where the Community Partnership likes the idea of a project but feels it needs some more scoping, the Community Partnership can approve the idea and the spend with the relevant Task and Finish Group to then work on and report back.

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Project name: Wickham Market Community Choir	14
Project name: Hour Community Men's & Ladies Shed	15

Project	Priority	Area covered	Project cost	Progress
Intergenerational	Intergenerational	All three	£5,991.87	Being refined by the Task
community	skills	wards		and Finish Group
cooking				
workshops				
Youth	Mental Health	Organisations	£7,000	Some delay to get this set
Opportunity		in all three		up but now set up in
Fund		wards		January
Flood support	Mental Health	All three	£2,500	Needing to make it more
		wards		specific but working with
				partners in each ward to
				look at this
Allocated thus £15,491.84				
far:				
2023/24 budget	/24 budget £25,000			
Remaining	£9,508.16			
budget from this	13,300.10	-3,300.10		
year's budget				

Projects already supported from this year's budget

Allocations made from the Task and Finish Group budgets (allocated in previous financial year):

Transport:

- £3200 allocated
- £800 remaining

Transport mapping happening, identifying transport needs in specific rural areas and promoting Katch

Mental Health:

- £2,550 allocated
 - £2,250 on youth MH events
 - £300 on Wild About Wickham event
- £1400 remaining proposals put forward to this meeting

ISE:

• £4,000 remaining – proposals put forward to this meeting

Table of potential projects for consideration

Project	Area covered	Project cost
Mental Health priority T&FG		
Mental health survey	All of the area	£0
MH activities – 'try it'	All three wards	£4,000
Wild Wellbeing Day	Wickham Market ward	£1,500
Field to Fork ETS top-up	All of the area	£5,000
Total cost of projects	£10,500	
Amount from this year's budget (minus the	£9,100	
£1400 in the T&FG budget from last year)		

Intergenerational Skills Exchange priority T&		
WM Men's Shed	Wickham Market ward	£3,000
SAX Community Barn Project	Kelsale and Yoxford ward	£800
WM Community Choir	Wickham Market ward	£ To be
		determined
Hour Community Men's & Ladies Shed	Framlingham ward	£ To be
		determined
Total cost of projects	£6,360 (assuming £2,560.00 for WM Community	
	Choir and contribution for Hour Community TBD)	
Amount from this year's budget (minus the	£2,360	
£4000 in the T&FG budget from last year)		

Project name: Mental health survey

Project summary: In-house survey promoted on social media and by community groups

What the project will do and involve?

- in-house survey promoted on social media and by community groups
- Asking residents about challenges being faced around mental health
- This should provide us with a clearer picture of needs and possible solutions which we can then look at delivering
- Outline draft questions:
 - 1. Parish you reside in
 - 2. What are the key challenges you would say you're facing around mental health and emotional wellbeing? This might include financial security/cost of living, work stress, issues in the community e.g. not getting on with neighbours, issues of integrating in community e.g. new to area and not knowing anyone
 - 3. What would you say are things that currently exist within your community that help your mental health?
 - Green spaces to cycle and walk at
 - Opportunities to do things you wouldn't ordinarily do to provide a bit of escapism
 - Connectivity with friends and family
 - Support services to chat and advise
 - 4. What do you think is missing or can be improved in the community? Please circle as many as apply
 - A 'go to' place for information
 - People to talk to about issues affecting you
 - Support and guidance
 - Activities to take your mind off things
 - 5. Please expand on your answer to Q4 e.g. what specific support and guidance, what specific activities
 - 6. How would you say you are coping with the cost of living? 1 being coping not so well, 5 being coping really well (please circle your answer)
 - 7. In past 12 months, have you needed emotional support and didn't receive it?
 - Yes
 - No
 - 8. If yes to Q7, why? Please circle as many that apply
 - Didn't know where to go to

- Prefer to manage myself
- What was on offer 'wasn't right'
- Services too busy
- Barrier to it transport
- Not ready
- Barrier to it cost or perceived cost
- Service I need is not available locally
- Don't believe in sharing issues with others
- 9. What specifically would support your mental health and emotional wellbeing? Any particular activity or project you would like to do?
- 10. Anything else you'd like to add?

How this project will address the Community Partnership priority?

Mental health priority as developing sense of key needs within the community which the Community Partnership can help around

Targets

SMART	This project
Specific – how does it meet the need?	 Will develop sense of key needs which we can work further around
	call work further around
Measurable – what are the targets of numbers engaged/participating?	100 responses to the survey
Achievable – is it achievable and how can it be delivered efficiently?	 Promoting with community groups and on social media
Relevant – what is the need? Data?	Will provide further information for us to consider when looking at projects
Time bound – what is timescale for delivery?	Survey responses by Easter

How will it integrate community/stakeholders?

• Promoted through stakeholders and community groups as well as local facebook groups

Budget:

£0

- Is there match funding? N/A

Accountable body/bodies:

• Communities Officer

Monitoring and evaluation:

- How will it monitor?
 - Survey responses
- How will it present back?
 - \circ Survey findings

Partner groups involved:

• Local community groups

How will it be publicised and promoted?

• Through local community groups to share with users and via social media

How will it be sustainable?

 Will develop sense of key needs which we can work further around – so action will go beyond this project as will be implementing findings

Does it align with SCC and ESC priorities and policies?

• Shares focus of mental health

What is the environmental impact/legacy?

• Focus mainly online with limited print runs for community groups that would like them

Project name: MH activities - 'try it'

Project summary: Grant fund for organisations to run activities in their area that are providing an opportunity to try something residents wouldn't be able to do otherwise – e.g. DJing workshop, film making workshop

What the project will do and involve?

- Grant fund that organisations can apply for to run activities in the patch
- Organisations apply and a panel decides where to approve funding
- Suggested focus on rural areas to try and run something in the parish itself to save needing to travel e.g. something for older people that is different to coffee morning, something different for young people etc

How this project will address the Community Partnership priority?

Mental health priority as having the opportunity to try new activities will boost sense of wellbeing as being able to have additional sense of fulfilment from a different activity and meeting new people

Targets

SMART	This project
Specific – how does it meet the need?	 Provides boost for wellbeing as meeting new people and fulfilment of doing something a bit different that they are interested in
Measurable – what are the targets of numbers engaged/participating?	Projects to benefit at least 15 residents per session
Achievable – is it achievable and how can it be delivered efficiently?	 Can be delivered by locally rooted organisations who know their communities well and can identify what 'try it' activity would work well – e.g. DJing workshop where young people have expressed interest in music
Relevant – what is the need? Data?	 Many of the opportunities are in larger areas where transport can be an obstacle to get to – putting opportunities into rural areas will help access to trying something

	different that can carry mental health and social interaction impact
Time bound – what is timescale for delivery?	• To be completed by end of 2024

How will it integrate community/stakeholders?

- Opportunity to apply for grant will be shared through local networks
- Then the funded projects will be promoted through local networks to generate attendance and participation

Budget:

£4,000

- Is there match funding? **No.**

Accountable body/bodies:

- Funded organisations
- Communities officer

Monitoring and evaluation:

- How will it monitor?
 - o Staff observations about interactions
 - Case studies
- How will it present back?
 - Impact report

Partner groups involved:

• Organisations that receive funding

How will it be publicised and promoted?

- Through organisational networks to generate grant applications
- Through social media, newsletters, posters, leaflets to generate attendance and participation

How will it be sustainable?

• Review monitoring at the end of the funded 'try it' projects to see if there is scope for it to continue – if so, is it through additional funding (if so, what?) or through a self funding or partial self funding model

Does it align with SCC and ESC priorities and policies?

• Aligns with focus on mental health and social isolation

What is the environmental impact/legacy?

• N/A

Project name: Wild Wellbeing Days at Foxburrow Nature Reserve

Project summary: Funding Wild Wellbeing Day for local residents including funding for transport to Foxburrow Nature Reserve

What the project will do and involve?

- Fund 3 days (36 total places available) for local residents to explore the venue and connect with nature
- Residents are referred for this by doctor surgery, occupational therapists, Good Neighbour Schemes, community group, school etc
- £300 fund for transport to get there
- The format of the day takes the focus of 10am-2.30pm with four activities on and around the site
- Some themes of the days on offer include 'Prescribing a dose of Vitamin "N"-Let's spend a day unwinding and being immersed in the natural world, taking a good dose of nature to promote our wellbeing' and 'Let's spend a day learning how to work with the sun to create artistic images using natural forms, while strolling through this serene landscape'
- Activities include:
 - Immersive and sensory experience green crafts e.g. willow weaving, stick wrapping and whittling
 - Wildlife walk
 - Reflection in the woods
 - Making a bee log

How this project will address the Community Partnership priority?

Mental health priority as connecting and engaging with nature can boost mindfulness and reflection

Targets	
SMART	This project
Specific – how does it meet the need?	 Providing opportunity for people to connect with nature and reflect in nature
Measurable – what are the targets of numbers engaged/participating?	• At least 25 places a day filled – 75 total
Achievable – is it achievable and how can it be delivered efficiently?	 Delivered in partnership with Suffolk Wildlife Trust who run Foxburrow Reserve
Relevant – what is the need? Data?	 Examples from other areas suggest providing a cohort with the opportunity to connect with nature leads to positive impacts on mental health and social interaction
Time bound – what is timescale for delivery?	Run between April and October 2024

How will it integrate community/stakeholders?

 Ask partners including schools, doctors surgeries, occupational therapists, Good Neighbour Scheme and community groups to refer people for this or recommend people for this – so it is focused and targeted

Budget:

£1,500

- £1,200 3 days at Foxburrow Reserve x £400
- £300 transport funds to enable people to get there
 - Is there match funding? **No.**

Accountable body/bodies:

• Suffolk Wildlife Trust

Monitoring and evaluation:

- How will it monitor?
 - o Staff observations about interactions
 - Case studies
 - Survey before and at the end about impact on mental health
- How will it present back?
 - Impact report

Partner groups involved:

- Suffolk Wildlife Trust
- Referral partners e.g. schools, doctor's surgery, occupational therapists, Good Neighbour Scheme, community groups, social prescriber
- Transport provider e.g. CATS

How will it be publicised and promoted?

• Promoted to referral partners to refer residents for this

How will it be sustainable?

• Following review of the project, can see what other schemes/projects the cohort can be referred to/signposted to

Does it align with SCC and ESC priorities and policies?

• Aligns with focus on mental health and connecting with nature

What is the environmental impact/legacy?

• Increased awareness and appreciation of nature and benefits for mental health

Project name: Field to Fork Ease the Squeeze top-up

Project summary: Purchasing 500 packs to distribute to local schools and community venues to supplement central Ease the Squeeze scheme

What the project will do and involve?

- Following successful scheme last year, purchase 500 packs to distribute to local schools as well as libraries and other groups
- Only Wickham Market Primary were part of the scheme last year due to deprivation statistics extend the opportunity to all schools and other community locations e.g. libraries
- Packs include a small planter, compost pellets, seeds and a growing guide

How this project will address the Community Partnership priority?

Mental health priority as link to wellbeing and mental health for families and individuals as gardening and growing can help to soothe around worries elsewhere in your life

Targets

SMART	This project
Specific – how does it meet the need?	 Community gardening projects in the area are popular so this would be good to build on Provides families and individuals with an opportunity to grow food when they might not be able to afford it or might not know how to start
Measurable – what are the targets of numbers engaged/participating?	500 people to benefit
Achievable – is it achievable and how can it be delivered efficiently?	 Achievable as the funding would go to the Ease the Squeeze project as a top-up and they can then order more resources with the funding as part of the roll-out of the general project – these additional 500 packs will be ringfenced for this patch
Relevant – what is the need? Data?	 Conversations with stakeholders have shown that community growing is very popular and this would be a good way to extend the opportunity to more families in the patch
Time bound – what is timescale for delivery?	Packs to be distributed in Spring 2024

How will it integrate community/stakeholders?

• Contacts with schools and libraries, community groups etc

Budget:

£10 per pack x 500 = £5,000

Community groups		37
Total for schools		463
Kelsale Primary	164	82
Yoxford and Peasenhall	90	45
Dennington	77	39
Wickham Market	169	85
Thomas Mills	0	0
Easton	74	37
Sir Robert Hitchams	350	175
	students	
School	Number of	Number of packs (50%)

- Is there match funding? No

Accountable body/bodies:

- Field to Fork Ease the Squeeze lead
- Communities Officer

Monitoring and evaluation:

- How will it monitor?
 - Number of packs distributed
 - Survey to monitor progress
- How will it present back?
 - o Impact report

Partner groups involved:

- Schools
- Libraries
- Community groups/venues

How will it be publicised and promoted?

- Packs will be distributed by ESC staff at school picking up time this visit will be publicised by the school
- Packs will be placed in community venues

How will it be sustainable?

• Potential to support schools/families to set up 'growing clubs'

Does it align with SCC and ESC priorities and policies?

- Aligns with cost of living priority
- Also aligns with environmental priorities around sustainability and food

What is the environmental impact/legacy?

- Educating about growing food and where food comes from
- Also helps set patterns of growing food and thinking about food sustainability

Project name: Wickham Market Men's Shed

Project summary: Support to make essential works to the shed

What the project will do and involve?

- Works to include:
 - Assess electrical circuit and ensure fit for purpose (it looks good at the moment each unit has its own fuse board).
 - o Install additional board to install two emergency cut-off switches.
 - Install additional double sockets in workshop (doubling up of existing and adding 5 additional double points on opposite side for work stations and on end elevation)
 - o Install additional double sockets in middle portacabin (probably two in number).
 - Supply electrical certificate.
 - Up to one week's labour

How this project will address the Community Partnership priority?

Intergenerational skills exchange by providing a functional space where likeminded people can come together AND exchange skills and make/repair things. Not necessarily skills sharing across different

generations but enabling skills to be shared in the community that lead to tangible outcomes (e.g. things repaired/mended and works done in the community by the community).

Targets

SMART	This project
Specific – how does it meet the need?	 Providing a functional space where skills sharing can happen
Measurable – what are the targets of numbers engaged/participating?	 Currently engaging 5 members – can grow with more functional facilities
Achievable – is it achievable and how can it be delivered efficiently?	 Can be delivered by a contractor Will make the space more functional for sessions and activities
Relevant – what is the need? Data?	 Works needed to make the space more functional
Time bound – what is timescale for delivery?	• By end of 2024

How will it integrate community/stakeholders?

• Will provide more functional facilities for existing and new members of the Shed to use

Budget:

£3,000

The broad quote given is £3k but it could be less (they asked for a maximum cost given that they needed to apply for a grant). They will do a full spec once they can give the contractor the go ahead for the work.

- Is there match funding? No.

Accountable body/bodies:

• Wickham Market Shed

Monitoring and evaluation:

- How will it monitor?
 - Case studies
 - o Photos
 - How will it present back?
 - Monitoring report

Partner groups involved:

- Wickham Market Shed
- Already establishing links with other groups in the area (e.g. refurbished benches for PC and church) and can further embed with more of a base

How will it be publicised and promoted?

• Through press and website

How will it be sustainable?

• Will mean the space can be used for longer as more functional space

Does it align with SCC and ESC priorities and policies?

• Aligns with general working in the area of Men's Sheds playing pivotal roles in the community

What is the environmental impact/legacy?

• N/A

Project name: SAX Community Barn Project (located in Kelsale)

Project summary: Contribution to the Barn project

What the project will do and involve?

- The SAX Community Fridge was able to start the SAX Community Allotment project using the East Suffolk Council's Field To Fork grant in February 2023. They are now looking to expand its operations based on our experience gained so far and the vision and enthusiasm of the allotment's land owner
- On the allotment is a large barn in need of renovation. This SAX Community Barn would provide a dry, covered area primarily to be used to by the volunteers of the SAX Community Allotment, but this could be expanded to enable it to hold a variety of educational events such as growing workshops, cookery demonstrations (utilising the herbs and vegetables from the allotment which is about 100 yards from the barn) for both adults and school children, outdoor nature events, community events and facilitate links with forestry schools. The presence of rewilded land on the farm and the recent appearance of an abundance of wild orchids together with the location of the farm next to woodland areas means that local flora groups might also be attracted to use the barn as a base for associated activities.
- They are in talks with both the Saxmundham Health nurses and the local Connect for Health social prescribing team to have weekly sessions for patients/referrals and carers.
- The money would contribute to linking electricity and renovating the barn as a dry space during inclement weather

How this project will address the Community Partnership priority?

Intergenerational skills exchange by bringing people together to facilitate opportunity to chat and share experiences.

Targets

SMART	This project
Specific – how does it meet the need?	 Creates a more functional space where people can meet, chat and share experiences and skills
Measurable – what are the targets of numbers engaged/participating?	Average of 20 per session
Achievable – is it achievable and how can it be delivered efficiently?	 A large amount of the fundraising has been done – this is to support them to 'get over the line'
Relevant – what is the need? Data?	 This has been popular within the local area and supporting it to have a more functional indoor space will mean it can do more to bring people together
Time bound – what is timescale for delivery?	• By end of 2024

How will it integrate community/stakeholders?

• Will provide more functional facilities for existing and new users to use

Budget:

£800 being asked for

Cost of works is £11,000 – including making the barn dry during inclement weather and linking electricity to the site

The quote was originally for £9,500 but quote for electricity increased from £3,500 to £5,000 leaving them with a deficit of £800. Please note that they are in the process of getting further quotes. Therefore they are asking if it is possible for us to make up some of this amount from our fund. As above, the barn would be used to tackle mental health issues, social isolation and the produce from the allotment would also promote healthy eating and alleviate food poverty.

- Is there match funding? Yes £10,200
- Hubbub, the environmental charity £3,700
- An anonymous donor £1,000
- A fundraising event £500
- Not yet confirmed but applied for: £5,000 from the East Suffolk Connect team

Accountable body/bodies:

• SAX Community Fridge

Monitoring and evaluation:

- How will it monitor?
 - o Case studies
 - o Photos
- How will it present back?
 - Monitoring report

Partner groups involved:

• SAX Community Fridge

How will it be publicised and promoted?

• Through press and website

How will it be sustainable?

- Will mean the space can be used for longer as more functional space
- Could be a base for the intergenerational community cooking

Does it align with SCC and ESC priorities and policies?

 Aligns with general working in the area of strengthening facilities to offer more benefit for users

What is the environmental impact/legacy?

• N/A

Project name: Wickham Market Community Choir

Project summary: Support the Community Choir to continue

What the project will do and involve?

- It is a choir that was started with a grant from the community partnership once before and it now has around 20 members and grows each term
- They perform at the Christmas and Summer markets and in 2023 and 2024 are performing at the local care home in Wickham, improving their enrichment
- Some people travel from local villages to join in and there is a mix of younger users and older users
- The funding will help keep it running and keep it free for local people so that it is truly accessible for everyone in and around Wickham Market
- This is for funding to run the choir for a full year, from Summer Term 2024 to the end of Spring Term 2025.

How this project will address the Community Partnership priority?

Intergenerational skills exchange by bringing people together to facilitate opportunity to chat, share experiences and bond over music.

Targets

SMART	This project
Specific – how does it meet the need?	 Singing is an impetus to create a sense of community and bonding and this can lead to people making friends and sharing skills and experiences This then spills over beyond the choir as people catch up outside and share insights
Measurable – what are the targets of numbers engaged/participating?	 Increase usage from 20 users currently to 25
Achievable – is it achievable and how can it be delivered efficiently?	 Already running and becoming more and more established so continuing it to embed and grow further
Relevant – what is the need? Data?	 Already has usage of 20 people so continuing it will help it grow in numbers and as a platform for people to come together and share stories and skills
Time bound – what is timescale for delivery?	• Summer Term 2024 to the end of Spring Term 2025

How will it integrate community/stakeholders?

• Open for all and being fully funded means barriers are minimised to get involved

Budget:

T&FG suggestion is a contribution to be determined at the meeting with this to be the last award from the CP and support to be provided by the CO to support to become more sustainable

Cost of project is £2,560.00

• £2,000.00 for the choir lead

- £560.00 for the village hall hire
 - Is there match funding? No.

Accountable body/bodies:

• WM Parish Council

Monitoring and evaluation:

- How will it monitor?
 - Case studies
- How will it present back?
 - Impact report

Partner groups involved:

- WM Parish Council
- Choir leader
- Village Hall (hired)

How will it be publicised and promoted?

- Social media
- Posters
- Word of mouth

How will it be sustainable?

- Will seek further grants and funding to keep the community choir going
- CO to support to be sustainable going forward

Does it align with SCC and ESC priorities and policies?

• Aligns with focus on mental health and social isolation

What is the environmental impact/legacy?

• N/A

Project name: Hour Community Men's & Ladies Shed

Do have a site - detail

Project summary: Contribution towards costs of the Men's and Ladies shed

What the project will do and involve?

- Contribute towards costs of the shed
- Background and latest information below:
- In the 13 yrs. that Hour Community have been operating in and around Framlingham it is noticeable that the majority of clubs in the town that have been set up to give older people somewhere to go, are, in the main, frequented by women, so in 2021 they set up a Men's Shed.

- The aim of this was to provide a space for men to go and regain some purpose in their life, and a Men's Shed would appear to be the best tried and tested way of doing this. The Men's Shed could be deemed a gender specific project but if you look at it from a family point of view it will be someone's father, grandfather, or even husband, who just needs something to give them a reason to get up in the morning, which will have an impact on that family.
- In 2020, they set up a Furniture Project which enables people to donate unwanted furniture items, knowing that they will be recycled and put to good use in helping others to improve their living conditions and benefiting the most vulnerable members of their local community. The basic concept of a Furniture Project is based on reduce, reuse, recycle; allowing unwanted furniture to be upcycled and then resold at a low cost to those in receipt of benefits or on low incomes, thus reducing waste, which dove tails with the men's shed from the point of view of providing projects to repair and upcycling.
- Men's Shed has been running for two years and has proven very popular. Those attending have enjoyed making/repairing things and have also benefited by engaging with fellow volunteers. They now see the Men's Shed and Furniture Project as partner projects.
- In July 2022 following an approach by two ladies who wanted to start a Ladies Shed, they set aside a three-hour session for them on a Wednesday evening, and it has proven very popular. The ladies have indicated that they would like to do more painted/decoupage work rather than carpentry, which is a great addition to the work being caried out by the men's Shed.
- They have a Volunteer manager for the project, and they have also been able to offer someone with learning difficulties work experience which has been very successful and much appreciated by him and his family.
- The Renovation Project 2024: In October 2022 they acquired a 'Gypsy Bow Topped Wagon' (a Vardo) as a restoration project for both sheds which has now been delivered to site.
 - Why a Vardo The thinking behind this initiative was to have a project that everyone who attends the Sheds can help with and once completed can be used as an example of what can be done at men's and ladies sheds. It will also be used for promotional work for the charity as a whole.

How this project will address the Community Partnership priority?

Intergenerational skills exchange by providing a functional space where likeminded people can come together and exchange skills. Not necessarily skills sharing across different generations but enabling skills to be shared in the community.

SMART	This project
Specific – how does it meet the need?	 Providing a functional space where skills sharing can happen Benefits of the provision: Improves health and theyllbeing by alleviating health issues, isolation, and depression Improves social interaction especially for those who have recently retired Provides the opportunity to learn new skills, share existing skills, ideas, and knowledge

Targets

	 Environmental benefit through
	recycling furniture instead of giving
	to landfill.
	 Provides low-cost furniture for low
	earners and those in receipt of
	benefits
	 Creates goodwill within the
	_
	community
Measurable – what are the targets of numbers	Sessions to have at least 10 attendees
engaged/participating?	
Achievable – is it achievable and how can it be	Achievable as building on success to date
delivered efficiently?	• Will make the space more functional for
	sessions and activities
Relevant – what is the need? Data?	Research has shown the negative impact of
	loneliness and isolation on a person's
	health and wellbeing. Recently they have
	seen more evidence come to light that
	shows loneliness and isolation can be as
	hazardous to their health as obesity and
	excessive smoking. Surveys from mental
	health charities are finding that millions of
	people report feeling lonely daily.
	• Men typically find it more difficult to build
	social connections than women, and unlike
	women of a similar age, less older men
	have networks of friends and rarely share
	personal concerns about health and
	personal worries. It is not the case for all
	men, but for some, when retirement
	comes, it can feel like personal identity and
	purpose is lost. Men's Sheds can change all
	of that.
	 Sheds are about meeting like-minded
	people and having someone to share your
	worries with. They are about having fun,
	sharing skills and knowledge with like-
	minded people, and gaining a renetheyd
	sense of purpose and belonging. As a by-
	product of all of that they reduce isolation
	and feelings of loneliness, they allow men
	to deal with mental health challenges more
	easily and remain independent, they
	rebuild communities and, in many cases,
	they save men's lives.
	 Funding further supports momentum to continue
Time bound what is timescale for deliver 2	
Time bound – what is timescale for delivery?	Ongoing

How will it integrate community/stakeholders?

• Will provide more functional facilities and services for existing and new members of the Shed to use

Budget:

Contribution to be decided

Over the last three years they have raised, and invested, over £50,000 in this project and now have a well-equipped shed and shop but, as with every project, like this, there are ongoing cost that have to be met on and annual basis, and these are what they seek funding for.

The Vardo renovation project is now fully funded as is the rent for the year, but after budgeting for income from the furniture project and odd jobs that the Shed does for the town council, of \pm 9600, they are left with a shortfall of \pm 5520.

	Budget 2024 £	Funded
DBS	۲ 50	
TRAINING	300	
ADVERTISING (leaflets and posters)	100	
ADMIN (5 hours per week at £14.50 per		
hour)	3770	
ELECTRIC (£50 per week)	2600	
OFFICE EXPENSES	100	
EQUIPMENT (tools)	1000	
TOILET HIRE	1400	
INSURANCE Building & liability	2400	
INSURANCE OFFICE	100	
TELEPHONES	240	
ACCOUNTANCY	100	
BOOK KEEPING	400	
WEBSITE	150	
VAN INSURANCE	1000	
FUEL	1200	
ТАХ	210	
RENT	9000	9000
Vardo Restoration	10000	10000
TOTAL	34120	19000
BALANCE INCOME from sale of furniture and odd		15120
Jobs		9600
Shortfall		5520

- Is there match funding? Income from sale of furniture and odd jobs for Framlingham Town Council

Accountable body/bodies:

Hour Community

Monitoring and evaluation:

- How will it monitor?
 - Staff observations about interactions
- How will it present back?
 - o Impact report

Partner groups involved:

Hour Community

How will it be publicised and promoted?

• Through press

How will it be sustainable?

• Funding will support them to continue and further build momentum – also allows more time to fundraise for future years and using this funding as leverage and match funding for this

Does it align with SCC and ESC priorities and policies?

• Aligns with general working in the area of Men's Sheds playing pivotal roles in the community

What is the environmental impact/legacy?

- Supporting people to develop skills around repair and upcycling
- Users repair and upcycle items that can then be sold on via the shop promoting an attitude of buying items that have a prolonged and repurposed life

Priorities review

Key questions and suggestions:

- Retain Transport and Mental Health as priorities
- Remove 'Support for Volunteers' as a cross cutting theme
- All projects for all priorities must be 'cost of living proofed' to ensure they were low/no cost and accessible
- Does the CP want to add environmental care as a priority?
- What best to do with regard to the intergenerational skills exchange priority?

Current priorities:

- 1 Transport (especially around health appointments & isolated communities)
 - Increase available transport services, and increase uptake of existing services, specifically around health appointments and isolated communities.
- 2 Mental health (all ages) links to lack of physical activities available
 - Improve the offering of existing physical activities and create new opportunities based on identified gaps in provision which support an individual's mental health
- 3 Intergenerational skills exchange (Men's Sheds, sports, allotments & arts)
 - Create a local network of intergenerational skills exchange groups, including building on existing assets.
- 4 Support for Volunteers (Cross-Cutting Theme)

Points and suggestions from conversations already

- Retain Transport and Mental Health as priorities
- At the last meeting, it was noted that volunteering was slightly out of the remit of the CP and better led by other groups who had better resources **remove 'Support** for Volunteers' as a cross cutting theme
- Two issues were raised at the workshop in July: cost of living and environmental issues; Suggested at last meeting that all projects for all priorities must be 'cost of living proofed' to ensure they were low/no cost and accessible
- Raised that intergenerational skills exchange might need a different focus; maybe keeping the focus on skills sharing but losing intergenerational reference – suggestion below
- Raised that environment should be added as a priority

Environment as a priority

Some context

• Suffolk Nature Strategy



<u>Transport East's rural mobility survey dashboard (end of 2022):</u>

Questions included "are there opportunities for public / community charging for EV vehicles?" and "please rate level of parish support for achieving net zero"

Village	Are there opportunities for public / community charging for EV vehicles?	Please rate level of parish support for achieving net zero	Village	Opportunities for EV vehicles	Support for net zero
Badingham	Ν	2	Heveningham	Ν	3
Campsea	Y	4	Ubbeston	Ν	3
Chediston	Ν	1	Marlesford	Υ	3
Cookley	Ν	1	Parham	N/A	2
Cretingham	Ν	3	Rendham	Ν	3
Monewden	Ν	3	Saxstead	Ν	3
Ноо	Ν	3	Ufford	Υ	3
Dennington	N	3	Wickham Market	Y	4
Hacheston	Ν	3	Yoxford	Υ	1

- 18 responses from our 38 parishes (47.4%)
- Average 2.6
- 5 yeses from 18 responses on EV 28%

Living Environment Deprivation Domain 2019:

- The Living Environment Deprivation Domain measures the quality of the local environment. The indicators fall into two subdomains. The 'indoors' living environment measures the quality of housing; while the 'outdoors' living environment contains measures of air quality and road traffic accidents. It is one of seven domains that combine to produce the overall Index of Multiple Deprivation.
- Most of our patch is in the 10% most deprived areas in England on this factor



Co-op Wellbeing score:

Data sources collated and local areas given a score for different categories. One category is 'Housing, space and environment' which is defined as 'Affordable, secure, quality housing, a safe and clean surrounding environment, and well-kept, accessible and inclusive public spaces for people of all ages'. UK average is 55 and a higher number denotes more evidence of quality housing, safe and clean environment and well kept spaces.

Village	Score	Village	Score
Yoxford	62	Bruisyard	63
Wickham Market	63	Linstead Parva	36

Petistree	50	Chediston	47
Ufford	74	Walpole	50
Lower Hacheston	50	Huntingfield	57
Campsea Ashe	65	Heveningham	54
Marlesford	63	Sibton	58
Little Glenham	57	Peasenhall	51
Stratford St Andrew	59	Rendham	76
Farnham	77	Sweffling	77
Framlingham	61	Great Glenham	73
Dennington	61	Ubbeston	49
Badingham	44	Cratfield	57

Suffolk Air Quality Profile June 2021:

https://www.healthysuffolk.org.uk/asset-library/Suffolk-Air-Quality-Profile.pdf

The UK compiles and reports an annual air pollutant emissions inventory known as the National Atmospheric Emissions Inventory (NAEI) (19). This provides a database of national emissions estimates for air pollutants and greenhouse gases. This data has been used to provide maps of air pollutant emissions and air pollutant concentrations across Suffolk based on a 1kmx1km grid. Figure 7 shows the modelled emissions of oxides of nitrogen (NOx) across Suffolk with the highest emissions clearly following the major transport routes. Figure 8 shows the modelled emissions of Particulate Matter (PM10) across Suffolk with highest emissions mainly based in the larger towns and following the path of the A14: a major connective road across the county.



<u>Suffolk Observatory – The areas selected in this report are: Framlingham, Kelsale &</u> <u>Yoxford, Wickham Market:</u>

Other methods of travel to work (2021)



• Travelling by foot to work, being a passenger and cycling were most other methods to travel to work outside driving

Anecdotal evidence

Flooding:

- In engagement in the aftermath of the floods across the patch, a common theme with affected residents was an anger about rivers not being dredged, drains not being unblocked and silt being allowed to collect over time – a theme of how caring for the environment earlier on would have avoided or reduced the impact of the floods
- At Youth Take Over Day 2023, students from Thomas Mills school spoke about their experiences in the floods and how they wanted to see agencies do more to avoid this happening again

Mentions of environment in Neighbourhood Plans:

- Easton NP:
 - 'Our vision for Easton is to have a thriving and vibrant community, accepting organic growth to its housing and population, whilst keeping its rural and historic character, *its valued green spaces, natural environment*, safe roads, and avoidance of light pollution for its natural dark skies.'
- Ufford NP:
 - Mention of green spaces and the natural environment
- Framlingham NP:
 - Vision: The *green environment* has been further extended and enhanced, framing all new developments in managed 'green' spaces. This has served to *increase levels of biodiversity* and has ensured the adequate protection of sensitive areas.
 - Objective Six: Protect green spaces of value to the community and maintain the high quality natural and historic environment.

village should rer and ensure that i development has	tives: 4. Maintaining the on main rural, preserve its op ts heritage is protected. adequate landscaping a on our lanes, byways, foc	Green Environment We intend that the ben landscape, its views and allotments Our aim is to ensure that any nd green spaces and does not have a tpaths and encircling green landscape
Wickham Market	Framlingham	Kelsale and Yoxford
Green GymAllotments	 Sustainable Framlingham 	 Saxmundham Community Allotment
Gardening club	Greener Fram	 Cookpole Energy Action Kelsale school link with
 Wild about Campsea Ashe 	Wildflower project	t Galapagos Conservation Trust: <u>What Kelsale Primary</u> School learned about
 River water quality testing 		<u>Galapagos - Galapagos</u> <u>Conservation Trust</u>
Climate emergency gro	ups in various parishes	

Climate emergency groups in various parishes Forest schools working with local schools around nature and biodiversity

Reframed priorities

Two options: Which suits better? (highlighted in yellow is the difference between the two suggestions)

1/ Change ISE priority to skills sharing	2/ Make ISE a cross cutting theme priority
priority with additional priority about	with 3 rd priority being about
environmental care (cross cutting theme)	environmental care
 Transport (especially around health	 Transport (especially around health
appointments & isolated communities) Increase available transport services,	appointments & isolated communities) Increase available transport services,
and increase uptake of existing services,	and increase uptake of existing services,
specifically around health appointments	specifically around health appointments
and isolated communities.	and isolated communities.
 2 Mental health (all ages) – links to lack of physical activities available Improve the offering of existing physical activities and create new opportunities based on identified gaps in provision which support an individual's mental health 	 2 Mental health (all ages) – links to lack of physical activities available Improve the offering of existing physical activities and create new opportunities based on identified gaps in provision which support an individual's mental health

 3 Enabling communities to share skills and knowledge around sports and arts Build on existing assets such as Men's Sheds, sports, allotments & arts to provide more opportunities to share skills within communities 	 3 Facilitate opportunities for local people to care for the environment and biodiversity Connect groups, information and tips with local residents to increase interest in environmental care and care for biodiversity
 Facilitate opportunities for local people to care for the environment and biodiversity (cross cutting theme) Connect groups, information and tips with local residents to increase interest in environmental care and care for biodiversity 	 Enabling communities to share skills and knowledge around sports and arts (cross cutting theme) Build on existing assets such as Men's Sheds, sports, allotments & arts to provide more opportunities to share skills within communities and generations