



East Suffolk  
Community  
Partnerships  
*Bringing ideas to life*

Carlton Colville  
Kessingland  
Southwold  
& villages

## Carlton Colville, Kessingland, Southwold and villages Community Partnership Meeting

20 July 2022, 6pm

Kessingland Parish Council, Hall Rd, Kessingland, Lowestoft NR33 7PP

### Partnership Priorities

- Increase active and sustainable transport provision, particularly for rural communities
- Reduce social isolation and loneliness
- Facilities, activities and employment for young people

---

Prior to the meeting there will be a tour of the Kessingland Men's Shed starting at 5.15pm.

### Meeting Goals

1. Review and refresh the Community Partnership's priorities for 2022/23

Standing Items		Lead	Supporting papers
1	Action Notes	Alli Stone, Democratic Services Officer	Yes
2	Community Partnership Board Update	Nicole Rickard, Head of Communities	Yes
3	Current projects update <ul style="list-style-type: none"><li>• <i>Sports equality project proposal</i></li></ul>	Gemma Fraser, Communities Officer	Yes
4	Community issues, including Youth Voice themes	All	Discussion
5	Date of the next meeting	All	None
Meeting Items		Lead	Supporting papers
6	Updated Data Pack	Gemma Fraser, Communities Officer	Yes
7	Priority Workshop	All	Workshop
Focus questions			
1. How should the current priorities be adjusted for the 2022/23 year?			

**Chair:** Councillor Norman Brooks (East Suffolk Council)

**Vice-Chair:** Councillor Michael Ladd (Suffolk County Council)

**Communities Officer:** Gemma Fraser  
[gemma.fraser@eastsuffolk.gov.uk](mailto:gemma.fraser@eastsuffolk.gov.uk)

**Partnership Organisations:**

East Suffolk Council  
Suffolk County Council  
Local Town and Parish Councils  
Suffolk Constabulary  
Great Yarmouth and Waveney Clinical  
Commissioning Group  
Community Action Suffolk  
Business Community  
Youth Community  
Environment

**Filming, Videoing, Photography and Audio Recording at Partnership Meetings**

Members of the partnership may record / film / photograph or broadcast this meeting.

The Council cannot guarantee public seating areas will not be filmed or recorded. By entering the Meeting Room and sitting in the public seating area, those present will be deemed to have consented to the possible use of filmed images and sound recordings. If you do not wish to be recorded, please speak to a member of the Democratic Services team at the earliest opportunity.

If you require this document in large print, audio or Braille or in a different language, please contact the Democratic Services Team on 01502 523521 or email:  
[democraticservices@eastsuffolk.gov.uk](mailto:democraticservices@eastsuffolk.gov.uk)

## **Carlton Colville, Kessingland, Southwold and villages Community Partnership**

### **Action Notes of the Meeting held on Thursday, 12 May 2022 at 6pm at Wrentham Village Hall**

ESC Councillors – Councillor Norman Brooks (Chairman), Councillor David Beavan, Councillor Letitia Smith

SCC Councillors – Cllrs Michael Ladd, Cllr Melanie Vigo Di Gallidoro

Town and Parish Councils – Cllr Ian Bradbury (Southwold Town Council), Neil Coleby (Clerk Kessingland Parish Council), Cllr Claire Gower (Kessingland Parish Council), Cllr Julie McClean (Kessingland Parish Council), Cllr Chris Thomas (Carlton Colville Town Council)

Partnership Organisations –

Others present (non-voting) – Gemma Fraser (Communities Officer), Nicole Rickard (Head of Communities), Alli Stone (Democratic Services Officer)

Item	Discussion
1.	<p><b>Welcome and Apologies for Absence</b></p> <p>The Chairman, Councillor Norman Brooks (NB) welcomed everyone to the meeting. The Chairman informed the meeting that Gemma Fraser had started as the new Communities Officer for the area and welcomed her to the first meeting.</p> <p>Apologies were received from Cllr Jenny Ceresa, Ian Castro, Phil Love and Alison Ayres.</p>
2.	<p><b>Action notes</b></p> <p>The notes of the meeting held on the 16 February 2022 were agreed.</p>
3.	<p><b>Community Partnership Board Update</b></p> <p>A written update had been shared with the group, Nicole Rickard (NR) highlighted the following points:</p>

	<ul style="list-style-type: none"> <li>• Work being carried out with Suffolk MIND on mental health and wellbeing in communities, as part of a package of work across Suffolk.</li> <li>• Board would receive details of a programme of activities concerning the cost of living crisis and inequality.</li> <li>• Two new financial Inclusion Officers have been employed to provide support on the cost of living and debt.</li> </ul> <p>The Community Partnership raised the following points:</p> <ul style="list-style-type: none"> <li>• There is a general issue with volunteer availability for projects across this CP and the district.</li> <li>• Cllr David Beavan (DB) asked that transport projects be evaluated to ensure that they are truly environmentally friendly, flexible and on demand. The current electric busses had a short battery life and took a long time to charge and were a 'sticking plaster' for the issues not a true solution. NB and Cllr Letitia Smith (LS) agreed to raise this issue with the Board and other transport groups.</li> </ul>
4.	<p><b>Update on the CP Projects</b></p> <p><b>Carlton Colville community cuppa</b> To provide a meeting area for a tea and chat style event. Will be using a venue in the wider area and partnering with BSEVC to fund for the next twelve months, starting in July. Will initially target over 65s, looking to expand to different age groups based on experience gathered over the next twelve months. Will be held on one Friday a month, with a similar event for carers being held at another venue on another Friday by BSEVC. Every third event will be a 'Chinwag' with more entertainment. <b>ACTION:</b> Cllr Chris Thomas to speak with Gemma Fraser about funding for advertising banners.</p> <p><b>Southwold Skate Park</b> Community engagement day held in April with over 100 people attending. Feedback gathered on what the skate park should look like.</p> <p><b>Carlton Colville Virtual Walks</b> Two walks, the longer one is ready to go and will be uploaded in a few weeks. The second walk is being prepared to focus on the Second World War history in the area.</p> <p><b>Kessingland Men's Shed</b> Membership increasing and projects ongoing for other groups in the village, the men's shed have also made the beacon for the Jubilee which will be put near the beach.</p>

	<p><b>Kessingland Community Kitchen and Wildlife garden</b> Men's shed have made some seed swap boxes for the garden so people can swap unwanted seeds and plants. School children helping to making plant markers for the garden.</p> <p><b>Bramfield School</b> Still fundraising for remaining funds for outdoor barn, NB has contributed from locality project, they may approach the partnership again.</p> <p><b>Sports Equality Project</b> GF is meeting with Suffolk Wildlife Trust and National Trust about an outdoors project to compliment more formal sports projects.</p> <p>£5060 allocated in February Small Grants to four projects. One to a Jubilee Tea Party in Mutford, Kessingland Men's shed to replace windows, Mutford Church for repairs, Pakefield Singers for extra staging for the choir.</p>
5.	<p><b>Community Partnership Data Pack 2022</b></p> <p>NR gave a presentation on the updated data pack for the Community Partnership.</p> <p>There is some data missing from this pack as Census data has not been released, but there will be a dashboard created on the East Suffolk website when the full data is available.</p> <p>NR highlighted the following points:</p> <ul style="list-style-type: none"> <li>• No huge overall change compared to two years ago.</li> <li>• There had been a significant increased in prevalence of depression in the area.</li> <li>• Increase from 6.7 to 13.1 of adults in receipt of universal credit. Although some of this will be due to the roll out of universal credit and it was not clear whether more people are claiming benefits or if more people have been moved to Universal Credit. In general, there has been an increase in claimants of benefits in East Suffolk</li> </ul> <p>NR asked the group to consider the following questions</p> <p>What caught your eye or surprised you?</p> <ul style="list-style-type: none"> <li>• Range of social isolation across the area, less isolation in the middle of the district but higher at either end.</li> </ul>

	<p>What gaps are there, is there anything you would like to know more about or that is missing?</p> <ul style="list-style-type: none"> <li>• Correlation between lack of exercise and age of population</li> <li>• Understanding of how life expectancy is calculated</li> <li>• Understanding of whether increase in Universal Credit uptake is due to increase in benefits or changes to universal credit</li> <li>• Whether age and social isolation could be compared, to see which age group this affects more</li> <li>• Percentage of single parents, and how social isolation affects this group</li> <li>• Details on protected characteristic groups</li> <li>• More details on how each section is defined, and what is happening over time</li> </ul> <p>What other issues are important based on local knowledge?</p> <ul style="list-style-type: none"> <li>• Issue for provision for young people who left school at the end of the pandemic, who are particularly socially isolated</li> <li>• Expectation that social isolation would affect men more than women</li> <li>• Homelessness and substance abuse</li> <li>• Children born during covid compared to other generations</li> <li>• Average age at practises where depression/dementia is measured to understand the age group this affects.</li> </ul>
6.	<p><b>Community Partnership Actions 2022/23</b></p> <p>It was agreed that this would be discussed at the next meeting when some questions around the data pack had been answered, and an action plan drawn up.</p>
7.	<p><b>Date of Next Meeting</b></p> <p>It was confirmed that the next meeting would take place on:</p> <p>Wednesday, 20 July 2022 at</p>

The meeting concluded at 19.55pm.

## COMMUNITY PARTNERSHIP CHAIR'S BRIEFING NOTE

### COMMUNITY PARTNERSHIP BOARD – 13 JUNE 2022

HELD AT BT, THE HUBBLE ROOM, ADASTRAL PARK, IPSWICH, IP5 3RE

#### 1 Introduction

All eight Community Partnerships are represented on the Community Partnership Board by their respective Chairs. The meeting agendas and papers can be viewed [HERE](#)

#### 2. Vice Chair for 2022-23

Lisa Perkins will continue as Vice Chair of the Community Partnership Board. Lisa is Director of BT Adastral Park and Research Realisation.

#### 3. Focus on Community Partnerships

The Board received the following update on activity of the eight Community Partnerships: [Community Partnerships Summary of Activity](#)

The Board then received a short presentation from the [Carlton Colville, Kessingland, Southwold and Villages Community Partnership](#) and the [Framlingham, Wickham Market and Villages Community Partnership](#)

#### 4. Implementation of the Peer Challenge Action Plan

The Board received a verbal update from Nick Khan:

A major step in our development of the Community Partnerships was to invite a team from the Local Government Association to review our progress and make recommendations on what they observed. The review took place over three days 12 – 14 October 2021. At the conclusion of the review, the Team shared insights they had gained through the process and gave recommendations for East Suffolk Council and the Community Partnership Board to consider. Although the review was very positive, there were areas identified where we could do better.

The Community Partnership Delivery Group is delivering the Peer Review Action Plan to address these issues on behalf of the Board. The first phase is structured around three priorities:

1. Each Community Partnership needs to RESET after lockdown:
  - Review / refresh priorities
  - Produce a focussed Plan of what they will deliver
  - Set SMART outcomes
2. Each Community Partnership needs to equip itself to deliver its plan:
  - Build confidence to take a proactive problem-solving approach
  - Engage the right people to get the job done
  - Gain the necessary skills to perform the task well
3. We must all communicate what we do:
  - Between Community Partnerships to share best practice
  - Internally within East Suffolk Council to embed the process
  - Externally to promote the benefits of Community Partnerships to our residents

## **5. Annual Report 2021-22**

Steve Gallant presented the [Annual Report 2021-22](#) which reviewed the progress that the Board and the eight individual CP's have made in achieving their original ambitions.

Covid restrictions and lockdown have had a profound effect on the development of CP's BUT we should recognise the outstanding achievement of all eight CP's and the Board by continuing to operate virtually, finding creative ways to engage online, and delivering tangible support to their communities during the pandemic.

With SALC support we have had successes in engaging Town and Parish Councils – but there is more to do, so we have recommissioned SALC for another 12 months.

We have enjoyed good support from our private sector partners on the Board, but not so much at CP level. The Board set up a small task group to develop proposals on how we can work more closely with our local businesses.

We recognise that we have not publicised the magnificent work that the Community Partnerships are doing enough and are taking steps to address this. Early progress includes:

- Completely refreshed website so that our residents can easily find out more about their Community Partnership.
- Publishing our first quarterly e-newsletter to promote communications between the CP's and partner organisations.

## **6: Report from the Tackling Inequalities Task Group**

Chris Abraham introduced the [Report from the Tackling Inequalities Task Group](#) and the accompanying [Outcome Proposal](#) that included a request for £100,000 this financial year.

Nicole Rickard reported that the Task and Finish Group had used information provided by Suffolk County Council based on their Making Ends Meeting cost of living profile and information dashboard. As a result, four themes have been identified – see below – and it is key to identify any gaps in provision, boost funding available and collaborate with existing projects.

Money:

Key Challenges – Are people accessing the right benefits? Can people budget properly? Do they have access to a bank account? Are people able to afford the relevant ID documentation (e.g. passport or driving licence) they required to access bank accounts and other services? How do we identify and assist those people who were Just About Managing (JAMs)?

Food and Essentials:

Key Challenges - Some people have a lack of cooking facilities, cannot afford to purchase cookers and must rely on food made with hot water. Others are just unable to afford basic items such nutritious food, school uniform / interview clothes or basic items for personal

hygiene, such as a toothbrush. People may also lack the skills to cook with basic, nutritious ingredients. Some people in work are in desperate need of assistance from Food Banks but are not able to attend during their opening hours.

#### Energy and Fuel:

Key Challenges – The high cost of energy to heat homes and to cook, as well as the high cost of fuel, affecting all forms of transport, both personal and public.

#### Housing:

Key Challenges – Increased pressure on the home rental sector. More people falling into rent arrears and then facing potential eviction over time. Homes falling into disrepair as homeowners or landlords cannot afford to repair them, which will exacerbate other issues such as poor health

Nicole provided the Board with a list of 65 projects identified by the Task Group for them to consider and the top scoring projects were as follows:

E3 Network of 'Warm Rooms' for Winter 2022/23

F1 Food Network Coordinator

M3 Expand the Family Early Intervention Model

F3 Expand 'Your Local Pantry' across the District

M1 Develop a comprehensive ES Financial Inclusion Framework

E9 Handyperson to fit draught excluders, curtains, LED bulbs etc

F7 Expand 'Cooking on a Budget' classes

H5 Use data to identify people who need support asap

F11 and F15 Fund microwaves and slow cookers (and energy cards)

F5 'Comfort Food' project – a free hot meal and drink at a local café

M8 A fund to pay for people to access ID documents

M7/M12 MECC for key workers / workers to go where people are

F8 Food to Fork projects – community allotments/gardens/planters

E12 Access to clean, warm bedding

M5. Build on digital projects (libraries) to make kit and support from digital champions available

F14 Fund School Uniform, Prom and Interview clothes

The Board agreed that the outcome proposal attached to the report, requesting the allocation of £100,000 to the emerging East Suffolk Cost of Living programme was approved – and that a report on progress be received at the next Board meeting on 5 September 2022.

**7: Outcomes from the Annual Forum 2022:**

Luke Bennett gave a summary of the [Report on the Outcomes of "Bringing Ideas to Life" the Community Partnership Annual Forum 2022](#)

The Board agreed that the Forum had achieved high impact against its original purpose.

**8: Update from the Mental Health Task and Finish Group**

Nicole Rickard updated the Board on [Progress in Delivering the Well Minds East Suffolk Project](#) since the Stage 2 outcome proposal was approved in late March 2022

Luke Bennett, Partnerships Manager, East Suffolk Council.



East Suffolk  
Community  
Partnerships  
*Bringing ideas to life*

Carlton Colville  
Kessingland  
Southwold  
& villages

Carlton Colville, Kessingland, Southwold and Villages Community Partnership

## Outcome Proposal Form 2022-23

Please ensure you answer all the questions highlighted in **GREEN** before submitting, thank you!

There are four distinct sections, to help the application flow and support completion of the form.

**SECTION A: Highlights the outcomes; the difference this programme or project will make 'on the ground'; a summary of how you will deliver it and how you will measure success.**

Programme or Project Name: <b>Sports Equality</b>	
Name of Organisation(s) that will deliver it: <b>Suffolk Positive Futures and Klondyke Community Group (under the umbrella of RDC)</b>	
Brief Description of What the Programme/Project is (2 lines max.):	Reducing isolation amongst identified groups, especially young people aged 16-24, through increased participation in sport.
Partnership Budget Funding Request:	<b>£5,600</b>

### 1. Outcomes and Beneficiaries:

The CP will need to fully understand these and how they will be measured before they can consider funding a programme or project: Therefore, please state what the anticipated outcomes of the programme or project are and who they are targeted at.

*Please note: Outcomes are the specific **changes or impact** that you want to result from the programme or project. Your outcomes need to be measurable so that you can prove that your project has driven the change and created the impact you said it would. The best way to make your outcomes measurable is to ensure they are specific rather than general. And the best way to ensure you will achieve your outcomes is to make them realistic. If it's very difficult to measure or to achieve your expected outcome, you should consider whether it needs replacing or expressing differently.*

*Your Beneficiaries are the people who will benefit from your programme or project. Please be as specific as possible.*

**Some examples of good outcome descriptions are shown in the Appendix at the foot of this form**  
**Your Outcomes and Beneficiaries:**



### **Beneficiaries:**

The beneficiaries will primarily be young people, with a target group of 16-24 year olds. We know that projects like these work best as open invitation and in that situation a wider demographic is helpful. We are therefore proposing that the projects be open to anyone of secondary age (age 11 to 18) plus up to 24. The two groups we have selected are experienced at attracting this age group and engaging with them in a meaningful way.

### **Outcome:**

**The overall desired outcome is to reduce loneliness and increase long term participation in sporting activities for young people.**

### **SMART outcomes:**

#### **Klondyke Skate Park Project**

To contract a skating outreach company to run 3 taster events, each engaging with 25 young people, across a 12 month period. The skateboarding coaches will engage with the young person, referring into long term sporting activities and/or give skills for the YP to practice on their own. As well as the coaches, each session will also be attended by professionals used to working with young people who will engage and identify any barriers to inclusion in activities. Out of 25 young people attending each session we are aiming for 5 to be referred onto further activity or support.

This project has a bonus additional outcome because we propose that it is run alongside the development of the new skate park. The additional outcome is to engage each of the 25 young people on the design and potential usage of the skate park, therefore increasing buy-in and community ownership.

#### **Suffolk Positive Futures**

This project is in the earlier stages of discussion than Klondyke Skate Park but the proposed outcome is to contract Suffolk Positive Futures to roll out their free youth sports project, currently being run in Lowestoft, to at least one area (ideally two) in the community partnership with a particular focus on areas with youth deprivation, anti-social behaviour and a lack of access to youth centred community services. An initial discussion has been held with SPF and they are keen to partner with us.



East Suffolk  
Community  
Partnerships  
*Bringing ideas to life*

Carlton Colville  
Kessingland  
Southwold  
& villages

## 2. Programme/Project Description: *How you will achieve your stated outcomes for your chosen beneficiaries*

**We need to know the following:**

***Practically, what you intend to do to achieve your outcomes -- How you intend to do it -- How it demonstrates value for money -- How it relates to the beneficiaries stated in section 1 -- How many people you intend to reach / give benefit to.***

The two voluntary sector groups we are proposing have prior experience in working with young people, particularly within the target group of 16-24 year olds. Klondyke Community Group is made up of committed, community minded residents in Southwold. The group is headed by a ex police officer and an ex professional skateboarder used to coaching young people. Suffolk Positive Futures are part of a national organisation running drop in sports or boxing sessions for young people normally excluded from mainstream activities. They take referrals from police, social workers and schools.

The proposal is to split the project into two: £1500 for Klondyke Community Group to run three skatepark taster sessions with professional coaches. These will be part of existing engagement events run to get the community involved with the new skatepark project (which the CP contributed towards in 21/22). The skate park has the potential to be a hub for young people in Southwold with ad hoc personal skating with friends or organised activities. The aim is for the young people reached with this project to form a core group that runs long term.

The second part of the project is to commission Suffolk Positive Futures to run a sports outreach project, similar to their Lowestoft outreach, in the CP area (excluding Southwold). This would be a total value of £4,100 though we would seek match funding elsewhere with a hope of running this project for at least 3 years. We would aim for Suffolk Positive Futures to be engaging at depth with at least 30 young people over the life of the project and referring at least 10 of those onto long term engagement in sport. It is likely that many more will pop in and out. The aim would be to reduce isolation, increase aspiration and improve wellbeing (both physical and mental). We would also aim to reduce anti-social behaviour in the community (though a direct causal link can be difficult to prove). Transport issues will be considered when setting up the group(s) and all effort will be made to break down any barriers to inclusion.

## 3. Evidence of Meeting Outcomes – Impact / On-Going Monitoring & Evaluation:



As your work progresses, you will need to provide strong evidence that you're achieving your outcomes. So please tell us exactly what you will be measuring, how and when.

*For example, what information do you need to record as the programme or project develops to prove you are achieving your outcomes? How will you get this information? How often will you need to record it? Please note we will send you a quarterly monitoring sheet to complete and return, likewise at programme/project or funding end.*

For the Klondyke Community Group Project monitoring will be carried out by staff/volunteer feedback. Each person will be asked to comment on the number of interactions and any referrals. It wouldn't be appropriate to undertake direct questioning for monitoring purposes because of the short term nature of the interactions, however we aim to be able to identify regular users of the skate park and those involved in the new project and will be able to evaluate outcomes from them at the end of the 12 month period.

For the Suffolk Positive Futures Group, we will use existing monitoring processes in place. As they are working in much greater depth we should be able to gather soft data on loneliness, confidence, aspiration and more.

#### 4. Community Partnership Priorities:

**Which Community Partnership priority or priorities does your programme/project deliver against:**

Facilities, Activities and Opportunities for Young People  
Reducing social isolation and loneliness

#### 5. Identification of Need:

**How was the need for the programme/project identified (up to 200 words):**

*Please specify how the idea for your programme or project developed, e.g., as a result of a Task & Finish Group, Parish/Neighbourhood Plan, Market Town health check, questionnaire or another means of consultation/engagement, etc. You can also show need through anecdotal evidence such as ticket sales/reviews or events.*

**It is important your answer describes how the need relates to the CP Priorities you stated in 3.**



We started this project with a scoping exercise; looking at facilities and opportunities for young people in the CP area. The natural way to reach young people is through secondary schools or further education settings as it adds value to an existing community asset, overcomes transport issues and other barriers. We don't have secondary schools or any FE colleges (except for a pupil referral unit and an adolescent inpatient mental health setting, both of which draw from across Suffolk and occasionally beyond.) This means young people often have friends that live a car ride away rather than locally which along with rurality and deprivation can cause isolation.

We considered engaging through existing sports providers in our primary schools but the initial scope of this project was for young people, not children and primary school sports provision is relatively strong.

We then looked at private sports providers offering opportunities for young people. There are some; Kessingland Football Club for example but there isn't even coverage across the CP. The young people that have access to transport and funds tend to travel out to places like Lowestoft and Beccles. We aren't averse to commissioning private providers, but because of the inconsistent geographical coverage we began to look at voluntary sector groups instead.

Although our CP area does not have the same level of poverty as Lowestoft or Felixstowe, we do have pockets of deprivation, both rural and suburban. These young people already travel for education or work, sporting activities are beyond the reach of many families. These areas tend to have higher levels of nuisance and anti-social behaviour. We have recently had increased reports of vandalism and crowds gathering leaving behind drug paraphernalia in Carlton Colville.

## 6. Stakeholders:

**Which (if any) stakeholders will be involved and how will they contribute to the programme/project, e.g., Time / Money / Facilities, etc. Please remember to flag up time given by volunteers**

Klondyke Community Trust committee and volunteers  
Southwold Town Council – support, resources, landowners of Klondyke Skate Park  
East Suffolk Council Communities Team – time and support  
Suffolk Positive Futures



Local parish/town council hosting SPF project

**Section B: This should highlight practicalities including timings and funding / costs:**

**7. When the programme/project will start & finish:**

Start Date (MM/YY)	August 2022	Finish Date (MM/YY)	Summer 2023
--------------------	-------------	---------------------	-------------

**8. Resources/Costs/Funding:**

Please provide a breakdown of the total programme/project resources needed and budget costs (add extra rows if necessary):	Item	Costs
	Klondyke Community Group	£1500
	Suffolk Positive Futures	£4100
		£
		£
		£
		£
		£
		£
	Total	£5,600
How much CP FUNDING are you requesting?	Funding already allocated in 21/22 budget.	
Do you have a FUNDING REQUEST to ESC or other source of funding pending? If so, please give details:	We will seek additional funding for the Suffolk Positive Futures Project.	
If there is a FUNDING SHORTFALL, please explain how/where you aim to make that up and when:		



Please SUMMARISE the programme/project funding, i.e., total cost, funds already secured, grant applied for, any match-funding, any shortfall:	Item	Costs
	Own Funds:	£
	Match-Funding Secured (if any):	£
	Community Partnership Funding you are applying for:	£
	Any Shortfall:	£
	Total Programme/Project Cost	£

## 9. Sustainability:

<b>How will the programme/project be sustained / continued once any funding awarded has been used (if relevant)?</b>
<p>For the Klondyke Community Group the project will enter a new phase once the skate park is completed so ongoing funding for this type of engagement won't be required. Once the park is built and we have been able to engage the community much more we will have a clearer idea of the longer term plans.</p> <p>For the Suffolk Positive Future project it is highly desirable that this is a long term project rather than short term, this type of work takes a long time to yield results. We will seek funding to extend the project from alternative sources. The CP funding would allow us to make a start and prove worth.</p>

## 10.Publicity:

<b>How will you promote and publicise the programme/project?</b> We require you to acknowledge the Community Partnership funding provided by East Suffolk Council in any relevant publicity.
Social media campaign Town and parish councils Printed posters and leaflet drop

## Section C: The 'small print'!.....



## 11.Delivery Organisation Status:

<input checked="" type="checkbox"/> Community or voluntary group <input type="checkbox"/> Registered Charity <input type="checkbox"/> Community Interest Organisation (CIO) <input type="checkbox"/> Local Branch of a National Organisation <input type="checkbox"/> Charitable Company Limited by Guarantee	<input checked="" type="checkbox"/> CIC / Social Enterprise <input type="checkbox"/> School <input type="checkbox"/> Village Hall/Recreation Ground Comm. <input type="checkbox"/> Town or Parish Council <input type="checkbox"/> Other - please state:
If registered charity, please state number:	
If registered as a company e.g., Community Interest Company or Limited by Guarantee, please state number:	

## 12.Supporting Documents:

**Does the organisation have the relevant policies and procedures in place?** Please click in those boxes (it turns to a 'x') those which are applicable to your organisation/this programme or project and attach copies (or give web-links) with your submission:

Constitution / set of rules	Yes <input type="checkbox"/>	No <input type="checkbox"/>	Not applicable <input type="checkbox"/>
Child Protection Policy	Yes <input type="checkbox"/>	No <input type="checkbox"/>	Not applicable <input type="checkbox"/>
Vulnerable Adults Policy	Yes <input type="checkbox"/>	No <input type="checkbox"/>	Not applicable <input type="checkbox"/>
Health & Safety Policy	Yes <input type="checkbox"/>	No <input type="checkbox"/>	Not applicable <input type="checkbox"/>
Equal Opportunities Policy	Yes <input type="checkbox"/>	No <input type="checkbox"/>	Not applicable <input type="checkbox"/>

**Please ensure you have attached copies or given a web-link to copies, as any funding awarded cannot be given without these. Click in this box to confirm you have:** ☐

**If any are 'not applicable' please explain below why, as most organisations we fund would be expected to have all of the above in place or at least be 'work in progress'. Thank you:**

**All to be provided.**

## Section D: The Declarations and Authorisation:



East Suffolk  
Community  
Partnerships  
*Bringing ideas to life*

Carlton Colville  
Kessingland  
Southwold  
& villages

### 13.Applicant Lead Declaration & Data Protection:

Name of Application Lead: Gemma Fraser

Contact email address: gemma.fraser@eastsuffolk.gov.uk

Phone number:

**Only complete the following if they are different to the above:**

Delivery Organisation Receiving Funding: Suffolk Positive Futures and RDC (on behalf of Klondyke Community Group)

Contact Name: through Gemma initially

Contact email address:

The information you have supplied is being collected to allow us to process your proposal for the Community Partnership. By completing this form, you consent to East Suffolk Council using your information in this way. If you do not provide your consent, we will not be able to process this application. Your information will not be used for any other purpose unless we obtain your consent or unless permitted by law. Due to corporate retention requirements for financial information, your information will be retained for 7 years. You can request that your information is deleted at any time. Data will be processed and held securely and in accordance with the UK General Data Protection Regulation and the Data Protection Act 2018 (and any updates).

Further information about data protection and the full Communities Team privacy notice can be found on the East Suffolk Website:

<https://www.eastsuffolk.gov.uk/assets/Your-Council/Access-to-Information/Privacy-Notices/Communities-Privacy-Notice.pdf>

**Please ensure you have answered all the questions above highlighted in GREEN before signing.**

Signature: G. Fraser

Date: 09.07.2022

**Simply type your name above if you agree to be bound by the terms set out in this form. We will treat this as your signature on the form.**

**The following are to be completed by East Suffolk Council Councillors only:-**

14.



East Suffolk  
Community  
Partnerships  
*Bringing ideas to life*

Carlton Colville  
Kessingland  
Southwold  
& villages

#### Community Partnership Chair Declaration:

*This Outcome Proposal has been developed and endorsed by the Community Partnership and I am happy to propose and approve it on that basis:*

Community Partnership Chair Name(s):	
Signature(s): <i>(typed will suffice)</i>	
Date:	

#### 15. Authorisation from Cabinet Member:

Cabinet Member Name:	
Signature(s): <i>(typed will suffice)</i>	
Date:	

Please submit this Outcome Proposal to [grants@eastsuffolk.gov.uk](mailto:grants@eastsuffolk.gov.uk)

Hard copies can be submitted and returned to:

Funding Team, East Suffolk House, Station Road, Melton, Woodbridge, IP12 1RT.

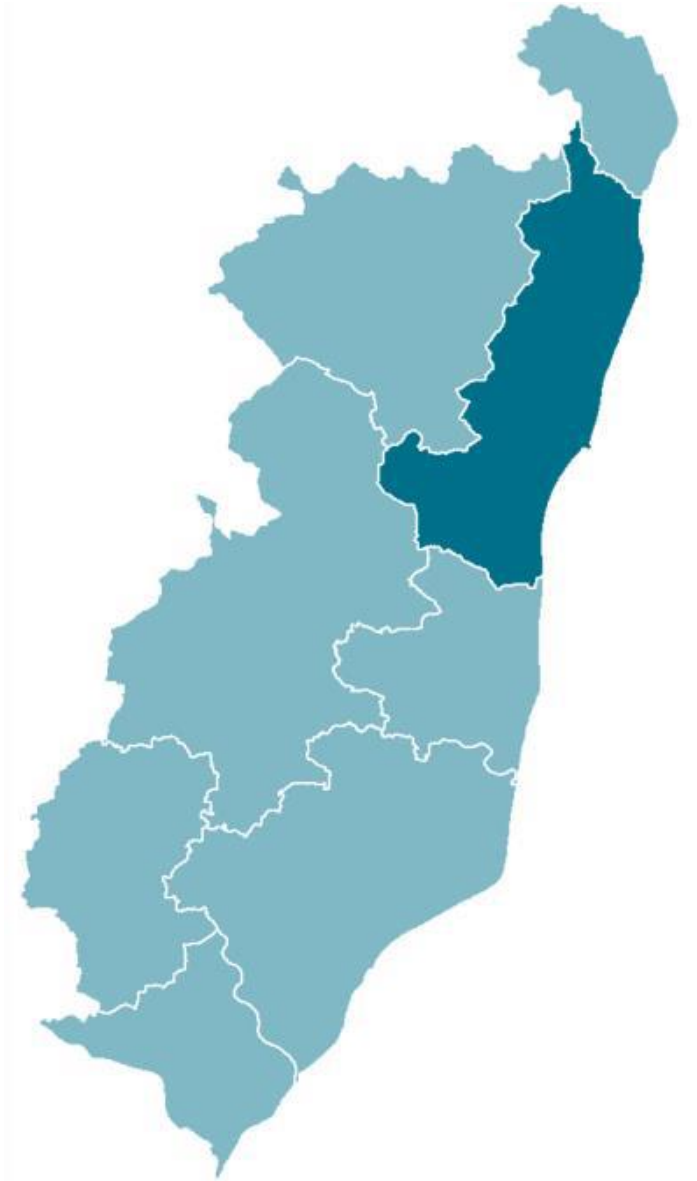


East Suffolk  
Community  
Partnerships  
*Bringing ideas to life*

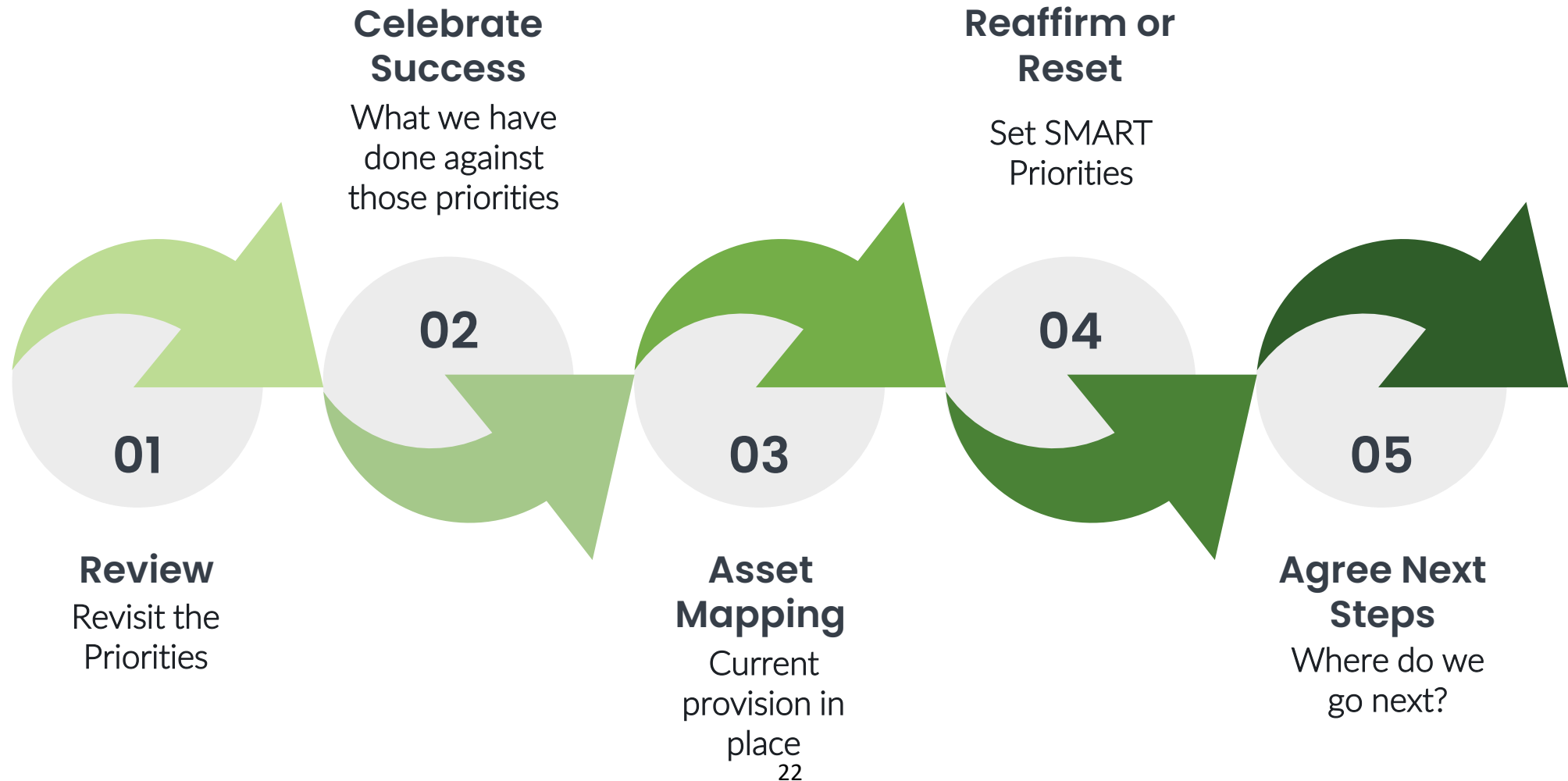
Carlton Colville  
Kessingland  
Southwold  
& villages

# Reviewing Priorities

After 3 years of the Community Partnership and the ESC Peer Review, we have been asked to review our priorities and reaffirm, adjust or reset them.



# What Are We Doing Now?



# Priorities Set in 2019

01

Increase active  
and sustainable  
transport,  
particularly for  
rural  
communities

02

Reduce social  
isolation and  
loneliness

03

Facilities,  
activities and  
education for  
young people

# Priority 1

Increase active and sustainable transport provision,  
particularly for rural communities



## The Issues:

- Rurality
- Age demographic (larger than average elderly population).
- Deprivation and Cost of Living crisis
- Lack of volunteers for existing community services.
- Environmental concerns and the need to come away from petrol/diesel car use by individuals
- Confidence post Covid

# Community/services Transport

## East Suffolk bus stops

This data shows all services running on Saturday 12 March, Sunday 13 March, and Monday 14 March 2022.

Data is based on regular services only so if a service runs e.g. on one or two days a week it is not included

Some services are still running a COVID timetable

Some services are running a reduced service due to driver shortages

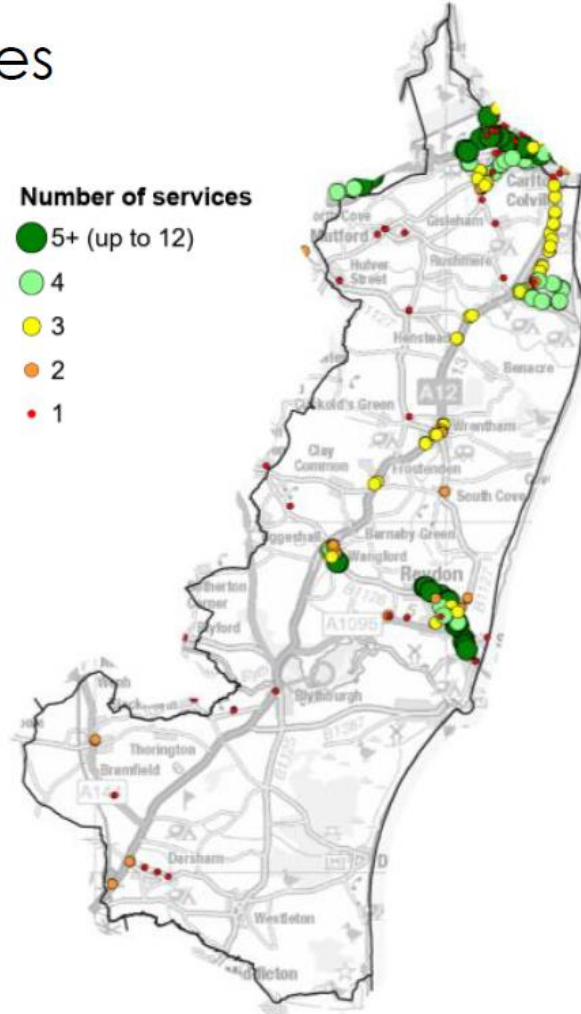
Community Transport, including the Connecting Communities Demand Responsive Transport services are not included

## Regular Provision

Source: Bus stop data: Suffolk County Council

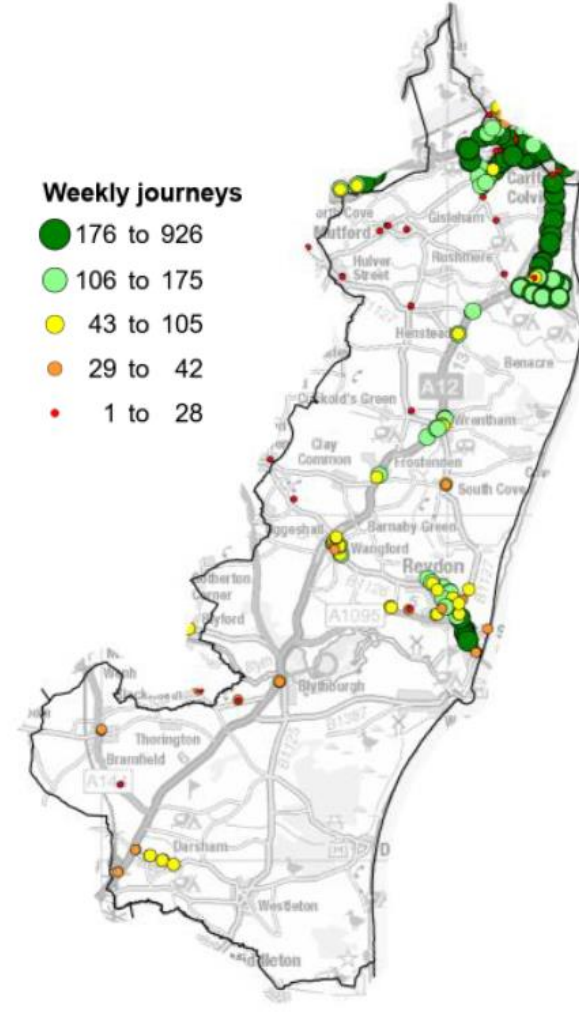
### Number of services

- 5+ (up to 12)
- 4
- 3
- 2
- 1



### Weekly journeys

- 176 to 926
- 106 to 175
- 43 to 105
- 29 to 42
- 1 to 28





# CP ACTION ON PRIORITY 1 2019-2022 :

We haven't directly  
funded any transport  
projects

HOWEVER....



- It was recognized early on that transport is a significant issue across East Suffolk so it was set as a priority at board level and there is a dedicated task group. The expansion of BACT was an action from this group.
- Norman, our chair, is the ESC Cabinet Member with responsibility for transport so we are plugged in to wider discussions
- We are in the middle of the Active Travel Agenda process with it being presented to council Autumn 22.



Any other observations on current provision or past CP involvement?



Do we want to keep, adjust or  
move on from

“Increase active and sustainable  
transport provision, particularly for  
rural communities”

as a priority?

# If “keep” or “adjust”, how might we move forward in a SMART manner?



What assets do we already have that we could utilise, expand or promote?

- BACT
- Community transport
- Large population of car users
- Existing taxi services
- ?



What can we influence at community level?

- Public awareness of existing services?
- Volunteer recruitment?
- Enabling members of our community to feed into wider policy discussions.
- ?



What small projects could have a big impact?

- Bike or e Bike hire schemes?
- Car sharing schemes?
- Up to date and immediately available information on local transport services?
- Improved network of higher capacity EV chargers in our area?
- ?

# If move on...

Do we wish to make a statement of commitment instead?

“The Carlton Colville, Kessingland and Southwold Community Partnership is committed to improving access to active and sustainable transport, particularly in rural areas.

We acknowledge that capacity for significant impact lies at board and council level and we will continue to feed into and support wider policy and projects within our locality.

Although the Community Partnership will not be taking direct action on transport, we commit to making transport and accessibility a core consideration when considering all other priorities.

# **HOLD THAT THOUGHT...**

We'll be discussing this in the  
workshop sessions

# Priority 2

## Reduce Social Isolation and Loneliness



### The Issues:

- Rurality
- Age demographic: larger than average elderly population
- Mental health issues.
- Family situations : new parents, domestic abuse etc
- Deprivation and Cost of Living crisis
- Lack of volunteers for existing community services.
- Covid
- Digital interactions – this is complicated though!

# **Social Isolation:**

The inadequate quality and quantity of social relationships with other people at the different levels where human interaction takes place (individual, group, community and the larger social environment).

# **Loneliness:**

An emotional perception that can be experienced by individuals regardless of the breadth of their social networks

“Loneliness is a subjective feeling about the gap between a person’s desired levels of social contact and their actual level of social contact. It refers to the perceived quality of the person’s relationships. **Loneliness is never desired and lessening these feelings can take a long time.**

Social isolation is an objective measure of the number of contacts that people have. It is about the quantity and not quality of relationships. People may choose to have a small number of contacts.

When they feel socially isolated, this can be overcome relatively quickly by increasing the number of people they are in contact with.

That is, bringing people together to increase the number of social contacts is not an end in itself – **to combat loneliness, the quality of relationships needs to be addressed.”**

## Health and Wellbeing Impact

*“Loneliness acts as a fertilizer for other diseases,” Dr. Cole said. “The biology of loneliness can accelerate the buildup of plaque in arteries, help cancer cells grow and spread, and promote inflammation in the brain leading to Alzheimer’s disease. Loneliness promotes several different types of wear and tear on the body.”*

Cole SW, Capitanio JP, Chun K, et al. [Myeloid differentiation architecture of leukocyte transcriptome dynamics in perceived social isolation](#). *Proceedings of the National Academy of Sciences USA*. 2015;112(49):15142-15147.

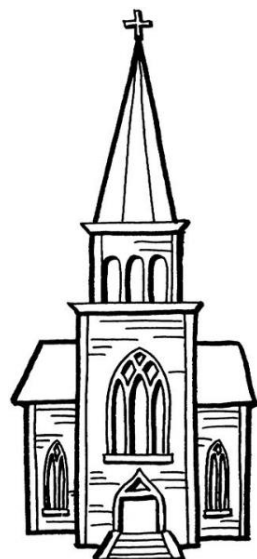
## Economic Impact of Loneliness

1. Sick leave associated with ill health effects of loneliness costs £20 million.
2. Lost working days caring for someone suffering from the ill health effects of loneliness costs £220 million.
3. Reduced productivity costs related to lower wellbeing from loneliness are £665 million
4. Costs associated with increased voluntary staff 'turnover' are £1.62 billion.

New Economics Foundation. The cost of loneliness for UK employers



Many churches  
running groups



Active Parish and  
Town Councils  
committed to  
strong, healthy  
communities

## An Example of Current Provision

Not intended to be complete



Thriving pubs and  
social clubs in many  
of our towns/villages



Several social  
prescribing schemes



Strong  
voluntary/community  
sector in larger  
population areas

(rural areas have less  
coverage and lack of  
volunteers is a pressing  
issue)



ESC and SCC Teams

Community Transport  
Schemes



Wellbeing Team

Rural Coffee Caravan



Sporting clubs across  
the area.



Many volunteering  
opportunities

## A Example of Current Provision

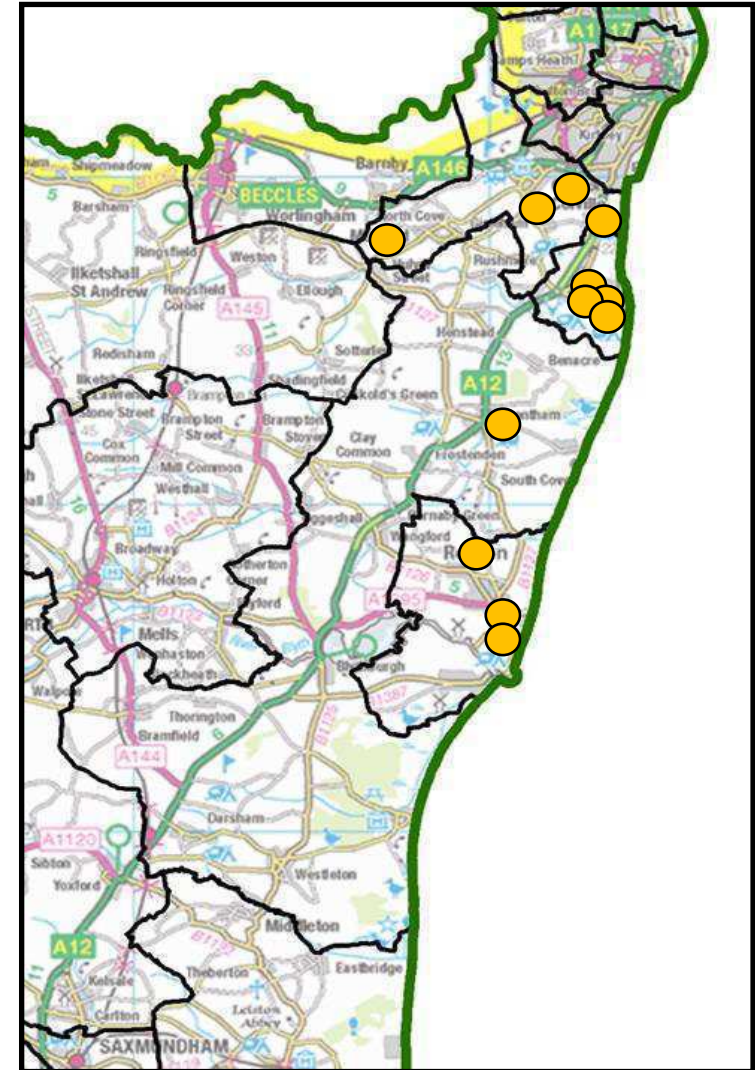
Not intended to be complete

# CP ACTION ON PRIORITY 2 2019-2022 :

4 projects funded and  
supported in 19/20 and  
20/21

9 projects funded and  
supported in 21/22

Total Spend: £22,936



● DANES, Voice of a Friend and Talking Benches in multiple locations

# **CP ACTION ON PRIORITY 2 2019-2022 :**

**4 projects funded and  
supported in 19/20 and  
20/21**

**9 projects funded and  
supported in 21/22**

**Total Spend: £22,936**

- Talking Benches
- Voice of a Friend
- Sole Bay Arts Centre
- DANES
  
- Kessingland Men's Shed x 3
- Kessingland Community and Kitchen Garden
- Greener Growth
- Mates on Mondays
- Involve Active
- Pakefield Singers



Any other observations on current provision or past CP involvement?

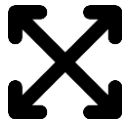


Do we want to keep, adjust or  
move on from

“Reduce Social Isolation and  
Loneliness”

as a priority?

# If “keep” or “adjust”, how might we move forward in a SMART manner?



How can we strengthen or expand the existing services we already have?

- What issues do our services face?
- What's working well and could be rolled out elsewhere?
- Is the issue isolation or loneliness? What difference might that make to our response?
- What else do we need to consider?



Are there any gaps that we can fill?

- Do we need to facilitate engagement with rural communities?
- Can we get “upstream” and address any of the root causes of isolation/loneliness as set out above?
- What else do we need to consider?



How can we create sustainable solutions rather than short term fixes?

- How can we enable communities to find answers that work for them?

# If “move on”...

Do we feel there are enough interventions already in place?

Do we feel that we have had enough of an impact in the last 3 years  
and can move on to something else?

Do we feel there are more pressing priorities?

# **HOLD THAT THOUGHT...**

We'll be discussing this in the  
workshop sessions

# Priority 3

## Facilities, Activities and Education for Young People



### The Issues:

- Rurality: Can make access to facilities, activities and desired educational opportunities difficult
- No secondary schools in our CP area. This means young people have to travel to attend school and might not have local peers
- Mental health issues.
- Deprivation and Cost of Living crisis. We have pockets of significant poverty and a significant rise in Universal Credit claimants in the last 3 years
- Digital interactions – this is complicated though!



### **Youth Groups**

Eg Kessingland  
Southwold/Reydon

Access to groups in  
other areas eg  
Lowestoft, Bungay,  
Beccles and Leiston

## **A Picture of Provision for Young People**

**Detached Youth  
Work**  
Carlton Colville



**Skate Parks and  
Shelters**  
Kessingland  
Southwold  
Carlton Colville



**Uniformed Groups**  
Across the area



**Sports Clubs**  
Primarily, but not  
exclusively, bigger  
population areas

**Access to Further  
Education and  
Apprenticeships**



**Youth Voice**



# **CP ACTION ON PRIORITY 3 2019-2022 :**

**3 projects funded and  
supported 19/20 and  
20/21**

**3 projects funded and  
supported in 21/22**

**Total Spend: £21,850**

- The Loft Youth Centre
- Detached Youth Work  
Carlton Colville
- Kessingland Youth Café
  
- Southwold Skate Park
- Gisleham Outreach
- Sports Equality across area



Any other observations on current provision or past CP involvement?

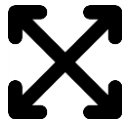


Do we want to keep, adjust or  
move on from

“Facilities, activities and education  
for young people”

as a priority

# If keep or alter, how might we move forward in a SMART manner?



How can we strengthen or expand the existing services we already have?

- What issues do our services face?
- What's working well and could be rolled out elsewhere?
- What else do we need to consider?



What can we influence at community level?

- Do we need to facilitate engagement with young people in rural communities?
- What else do we need to consider?



What might we focus on?

- “Do few things but do them well” *St Francis of Assisi*
- How can we make it specific, measurable, achievable, realistic and timely?

# If “move on”...

Do we feel there are enough interventions already in place?

Do we feel that we have had enough of an impact in the last 3 years  
and can move on to something else?

Do we feel there are more pressing priorities?



East Suffolk  
Community  
Partnerships  
*Bringing ideas to life*

Carlton Colville  
Kessingland  
Southwold  
& villages

# Workshop Session

After 3 years of the Community Partnership and the ESC Peer Review, we have been asked to review our priorities and reaffirm, adjust or reset them.

